MAYO CLINIC

Out-of-Hospital PEA Arrest, STEMI, and Acute LV Free Wall Rupture

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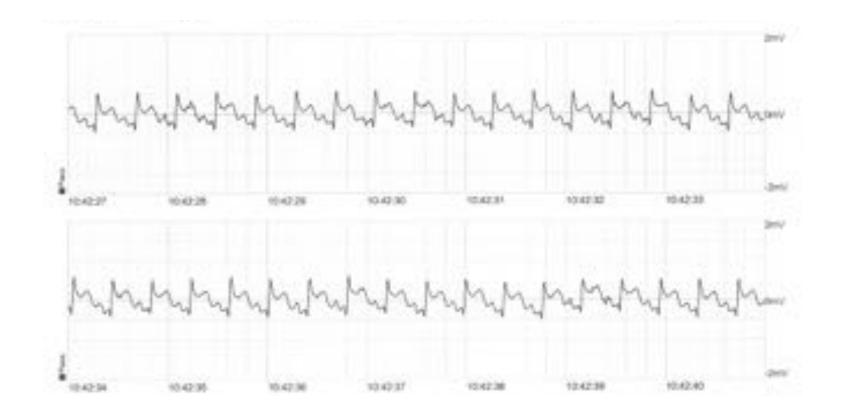
Mayo Clinic

Medical Director, City of Rochester Early Defibrillation Program Rochester MN USA

Clinical History

- > 01/17/2015: 67 yo male arrested in presence of police officers
- > Prior to losing consciousness: "I am going to die"
- > CPR initiated for PEA arrest
- » ROSC achieved with epinephrine, vasopressin and endotracheal intubation





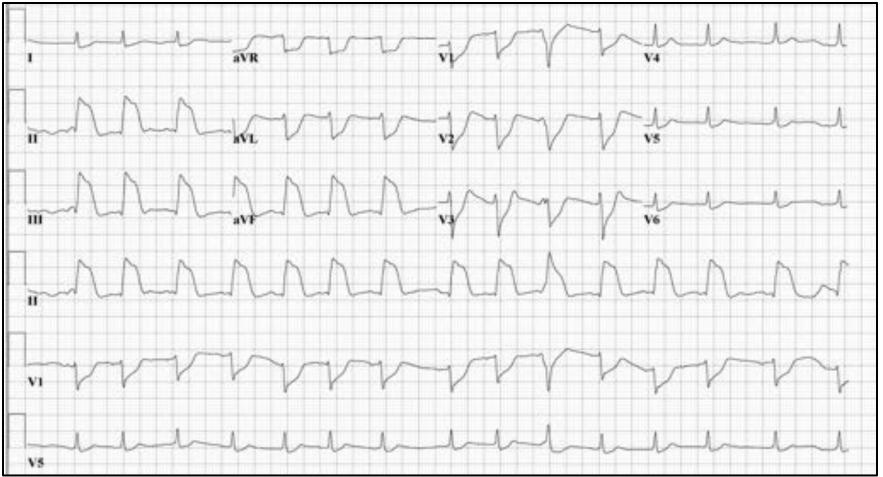


Emergency Department Course:

- CPR with intermittent ROSC
- Six 1-mg doses of epinephrine
- Bedside ultrasound: Significant pericardial effusion
- Unsuccessful attempts at pericardiocentesis
- Compressions restarted \rightarrow Cath Lab activated
- At this time, a 12-lead ECG was obtained



ECG in Emergency Department





Coronary Angiography

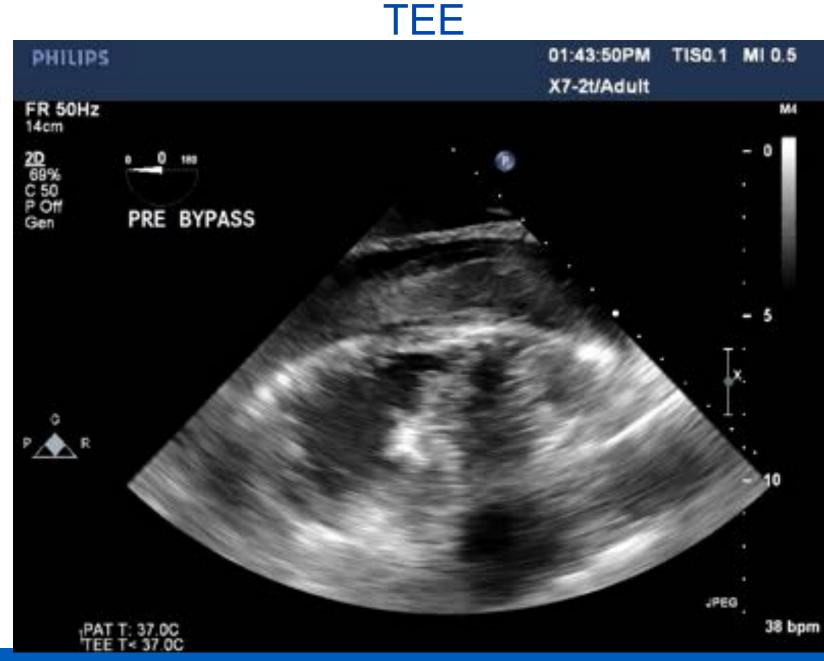
Coronary Summary: The proximal right coronary artery was 100% occluded and intracoronary thrombus was present



Left Ventriculography

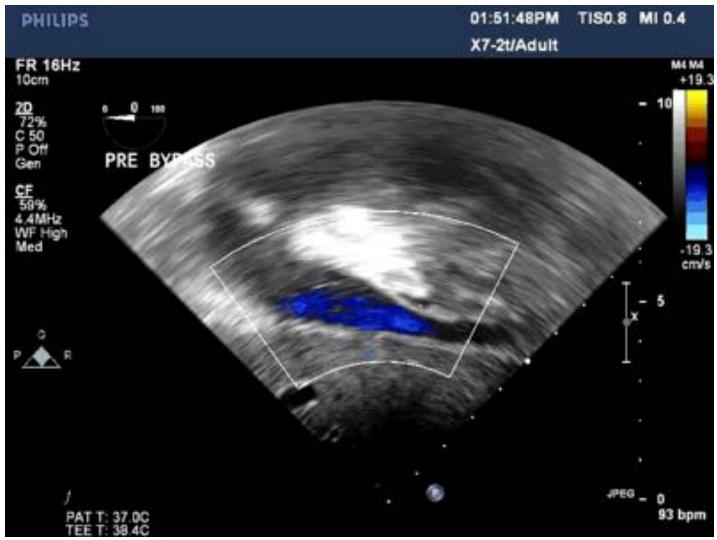
- Abnormal biplane LV angiogram , visual EF 15-20%
- Akinesis of the diaphragmatic and posterobasal segments.
- Posterobasal LV wall rupture with
- extravasation of contrast into the pericardium







TEE





Final Impressions

- 1. INTRAOPERATIVE TRANSESOPHAGEAL ECHOCARDIOGRAM
- 2. PREBYPASS
- 3. Complete free wall rupture of basal inferior wall of left ventricle, adjacent to ventricular septum.
- 4. Blood flow from left ventricle into pericardial space with hemopericardium.
- 5. Normal left ventricular size; moderately decreased function; estimated ejection fraction 35%.



Operative Interventions

- Repair of LV free wall rupture
- Intra-aortic balloon pump placement
- Central VA ECMO support



Hospital course

- Cerebral infarct during LV rupture, resuscitation & ? surgery.
- SAH with ECMO & severe coagulopathy
 - EEG severe encephalopathy, generalized seizures
 - Neuro change- fixed pupils, loss of cough & gag reflex
 - Head CT new large intraparenchymal hemorrhage with severe mass effect.



01/22

01/23

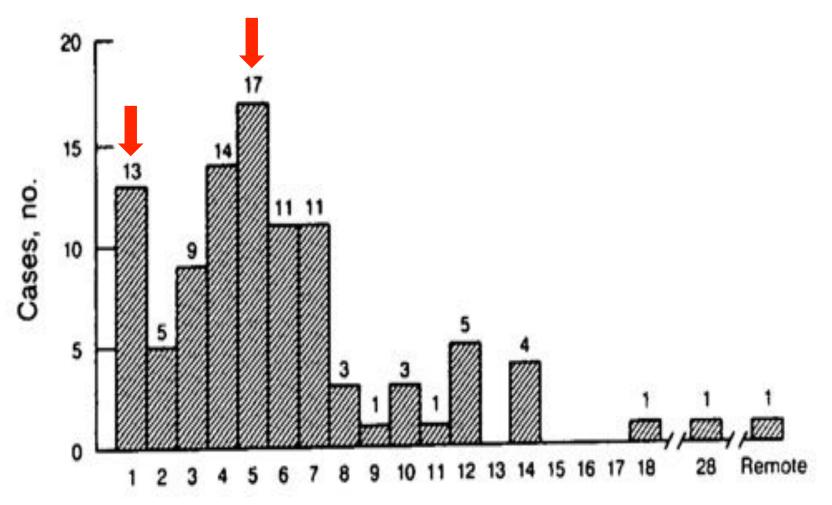
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Myocardial Free Wall Rupture

- Most common mechanical complication.
 - 4-13% of STEMIs
- Anterior MI, single vessel disease, no previous MI
- Usually within 5 days in 50%, within 2 weeks in 90%



Histo-pathologic age of infarct





Batts, Ackermann, Edwards Hum Pathol 1990

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Summary Considerations

- Shock: Consider mechanical complications
- Consider direct transfer from ED to OR for LV free wall rupture
- In the cath lab, consider bi-plane LV angiography for diagnosis

