

# Development, Testing, Trialing And Approval Of New Leads

Robert C. Canby, M.D., F.A.C.C., F.H.R.S.  
Texas Cardiac Arrhythmia Institute at  
St. David's Medical Center, Austin, TX



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# MY CONFLICTS OF INTEREST ARE

**Physicians Advisory Board: Medtronic**

**Research: MDT, BSci, SJM, BioControl, Biosense, Admittance Technologies**

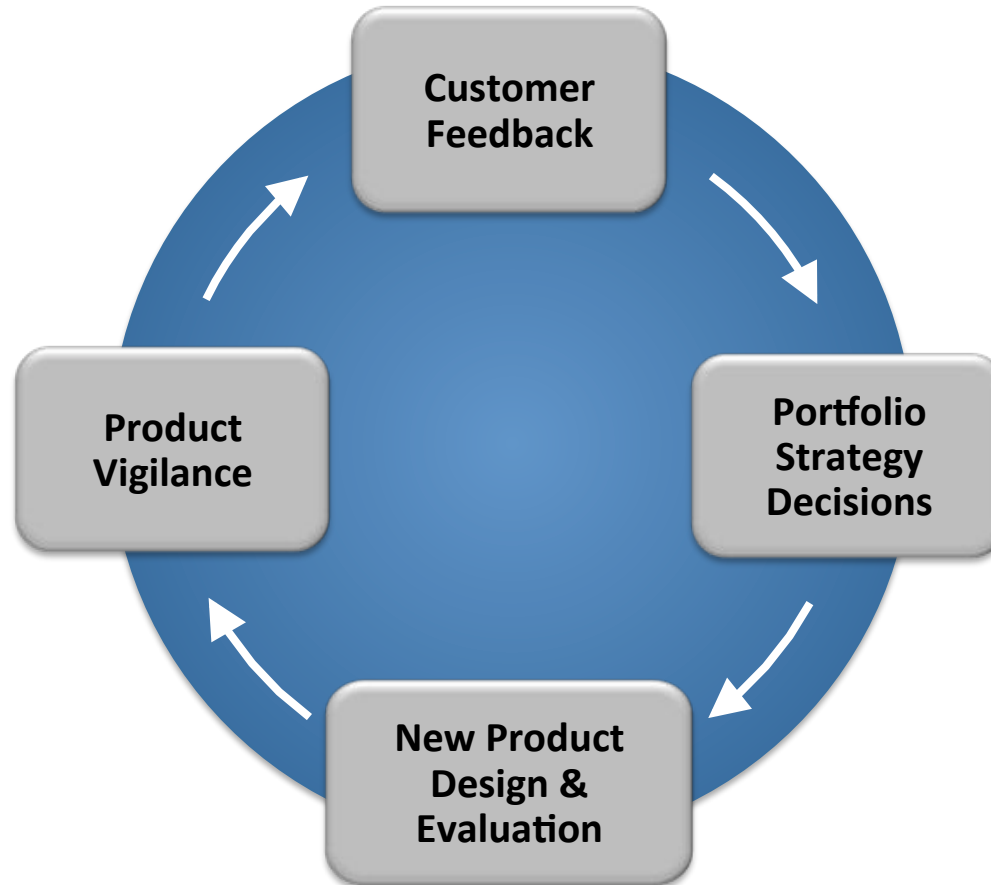
**Physician Training Programs SJM, Spectranetics**

# Design of a Product

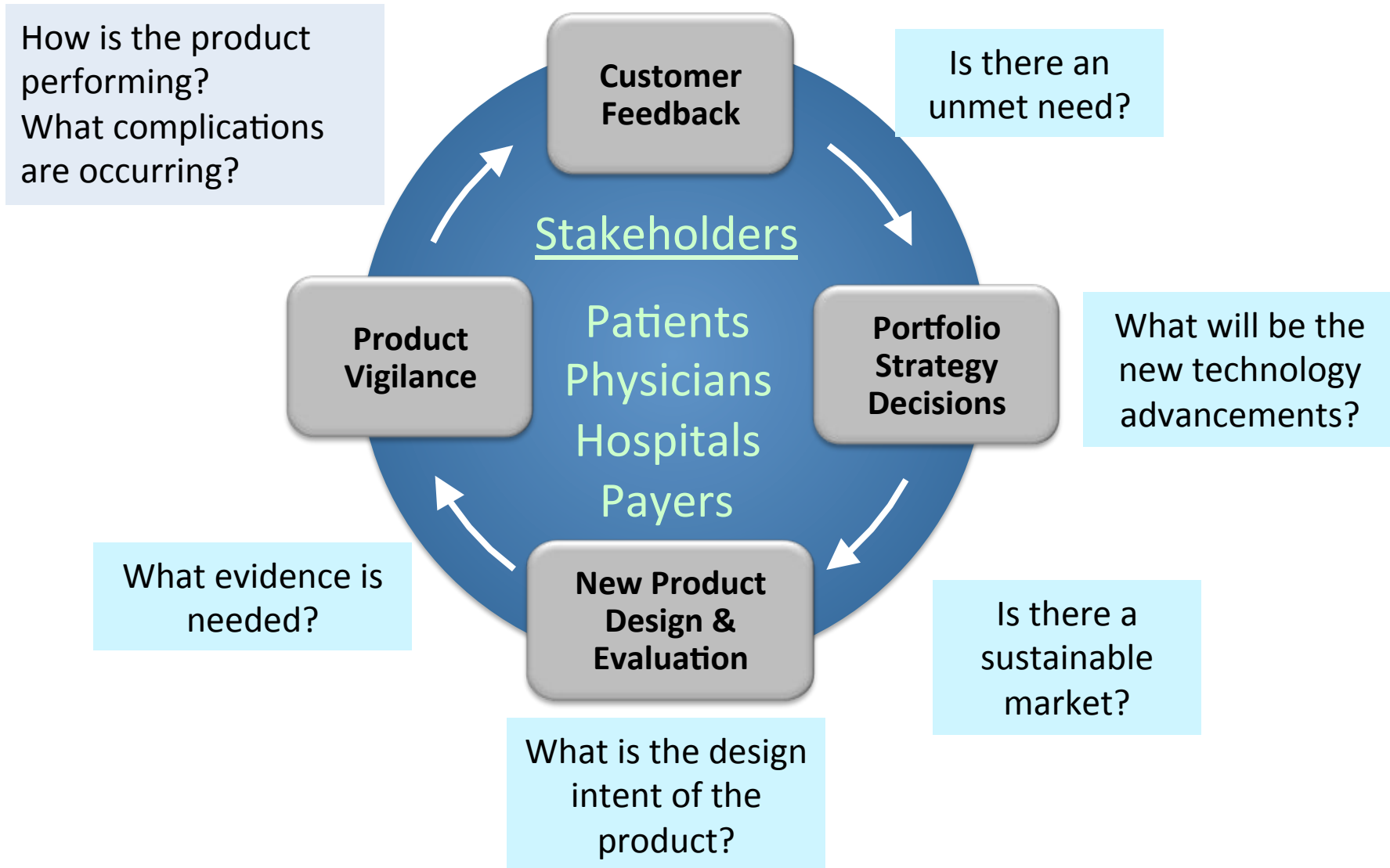
## Things to consider

- Voice of the customer- what are the unmet needs
- Reliably-what is the expectation of the product?
- Manufacturability- can the product be manufactured with a high degree of consistency, lowest cost and highest quality

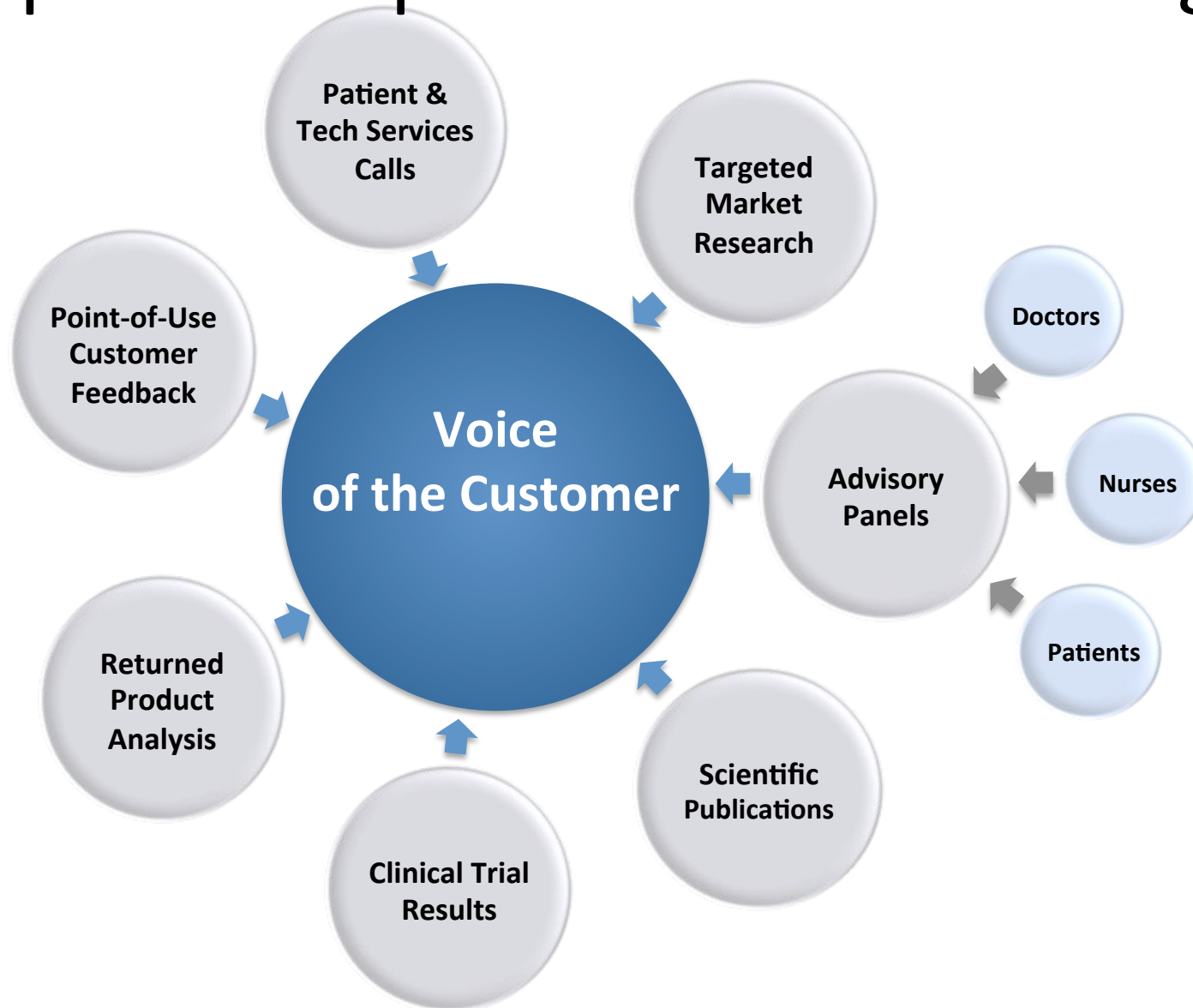
# Product Development Cycle



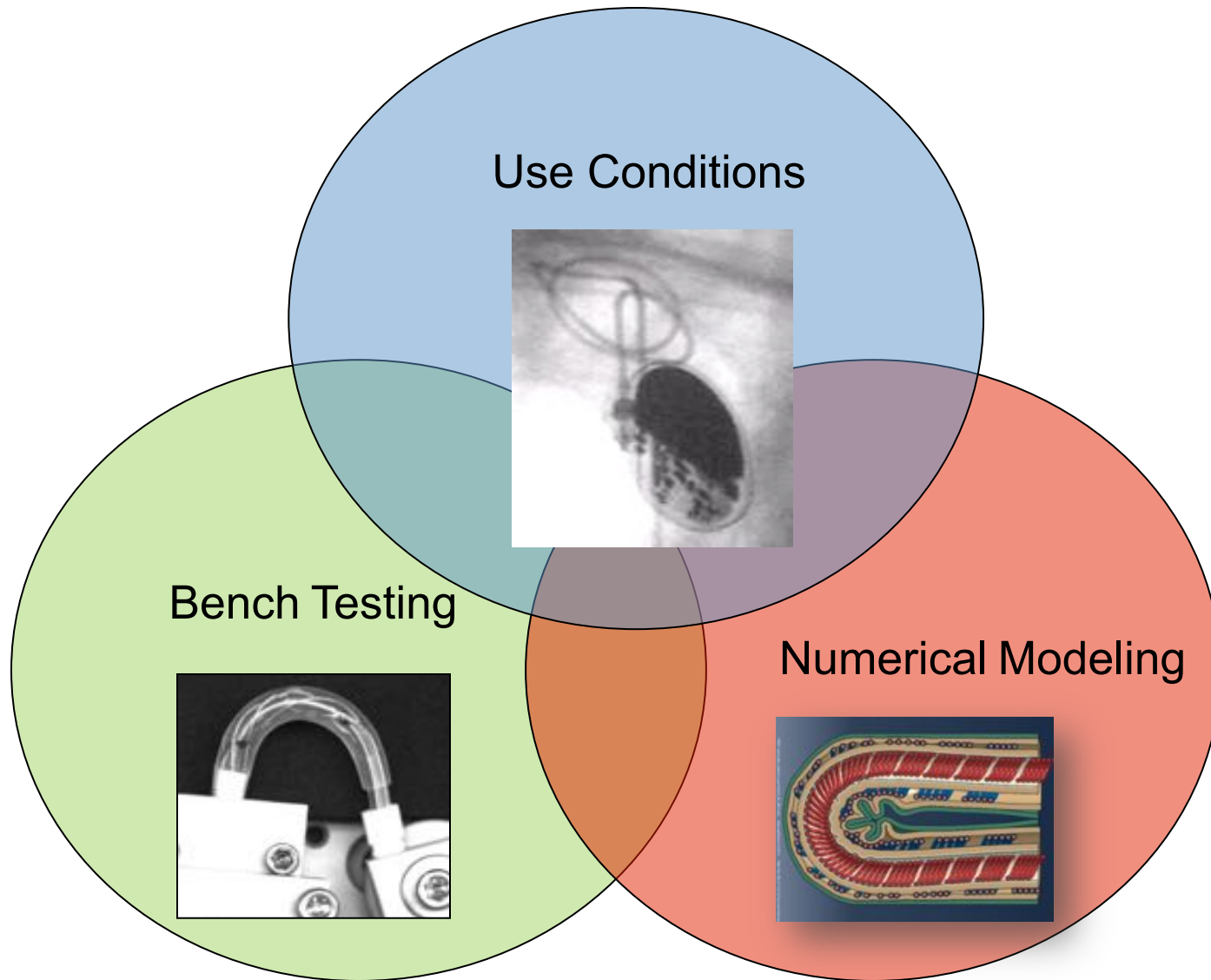
# Product Development Cycle



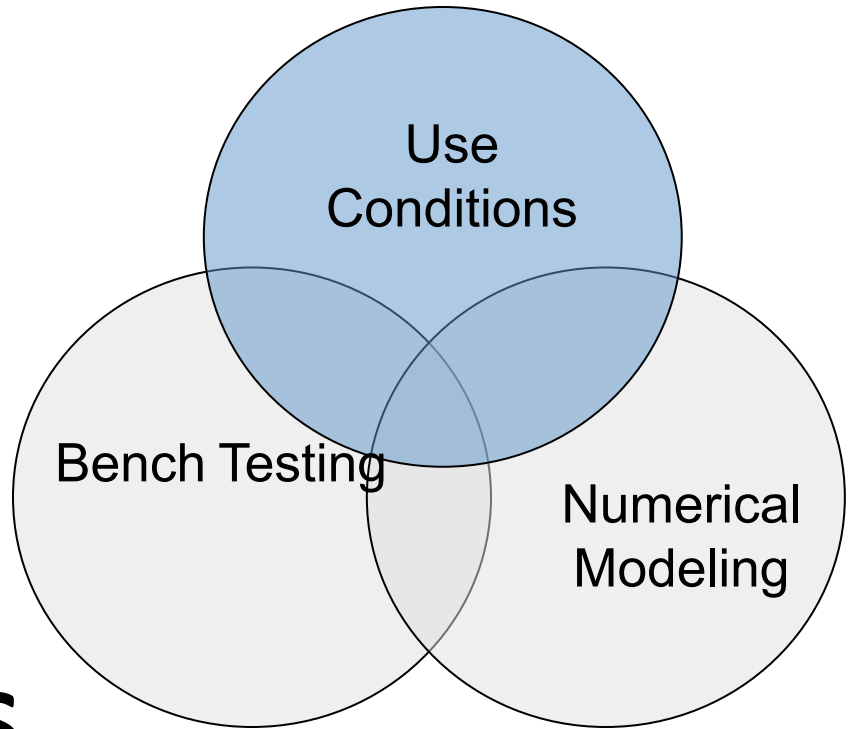
# Important input into Product Design



# Three Fundamentals For Developing And Testing Reliable Product

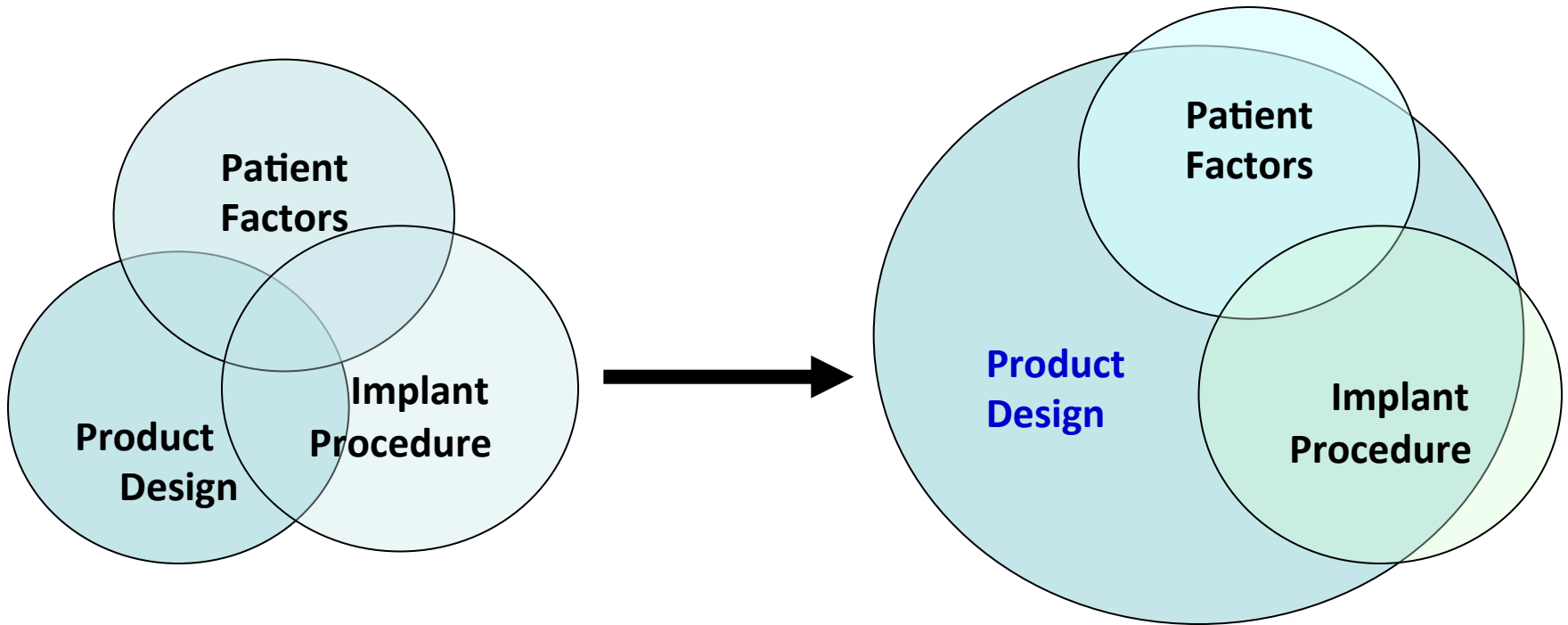


# USE CONDITIONS





# Understanding Use Conditions



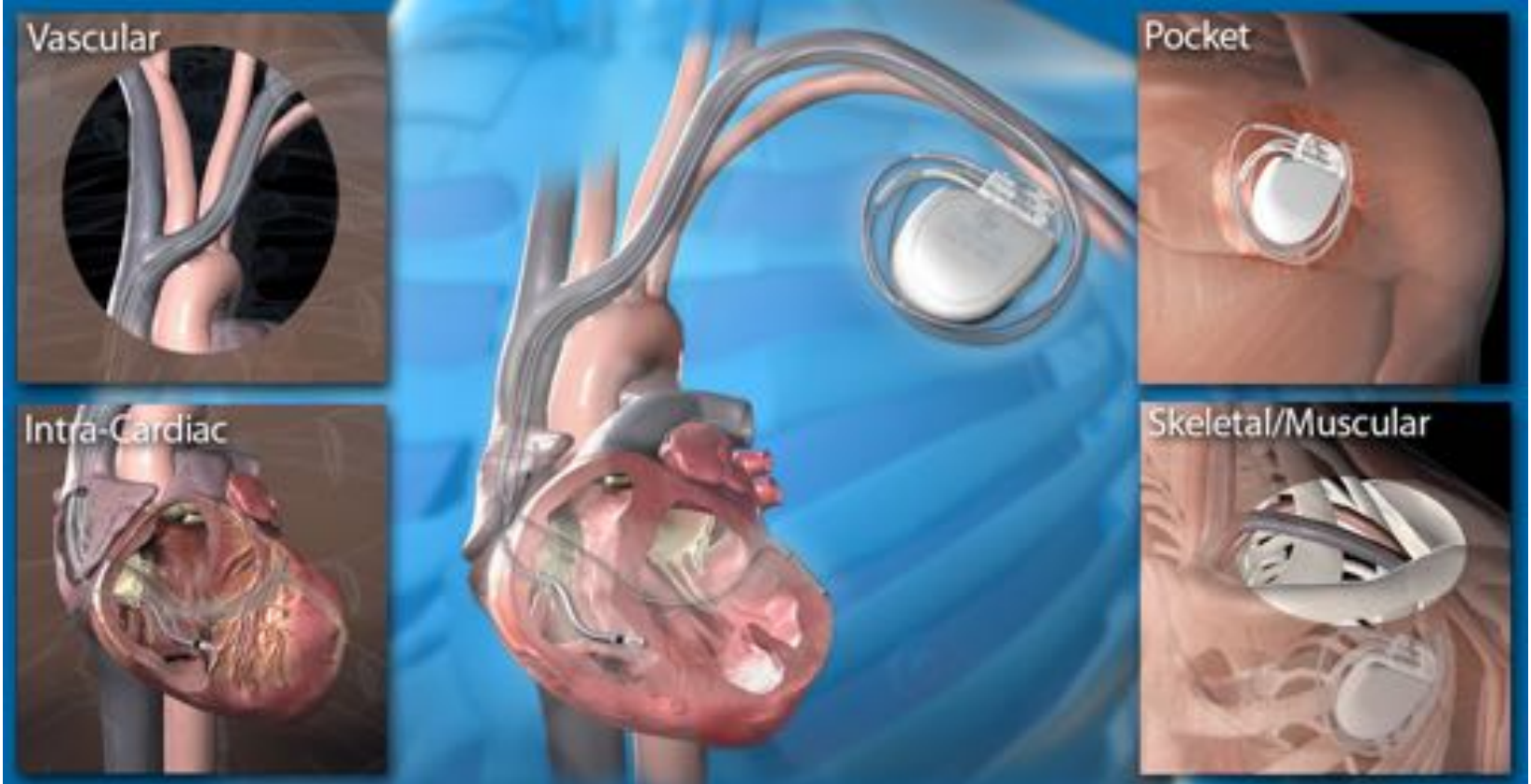
**Wilkoff, “Lead failures: Dealing with even less perfect” Journal of the Heart Rhythm Society July 2007**

**“There are three contributing factors to lead failures: lead construction, implantation technique and patient factors”.**

# Use Conditions : Different Zones, Different Loads

Lead shape changes with respiration,  
~10's of millions of cycles, relatively low  
stress

Lead shape changes with arm  
movement. Millions of cycles,  
potentially high stress

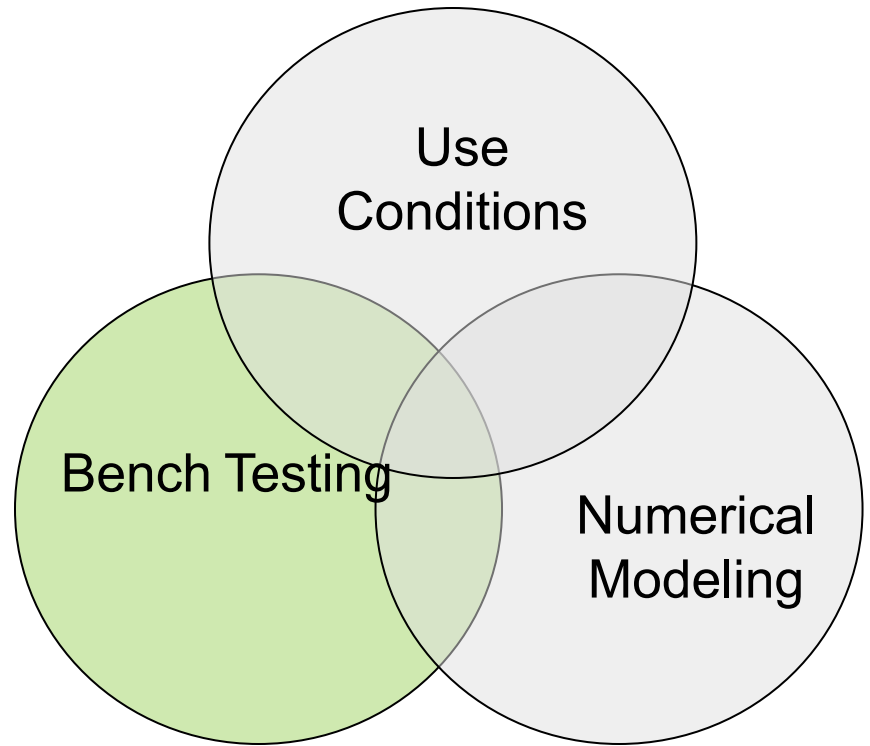


Lead shape changes with every heart beat.  
~100's of million of cycles, relatively low  
stress

Lead shape changes with arm movement.  
Millions of cycles, potentially high stress



# BENCH TESTING



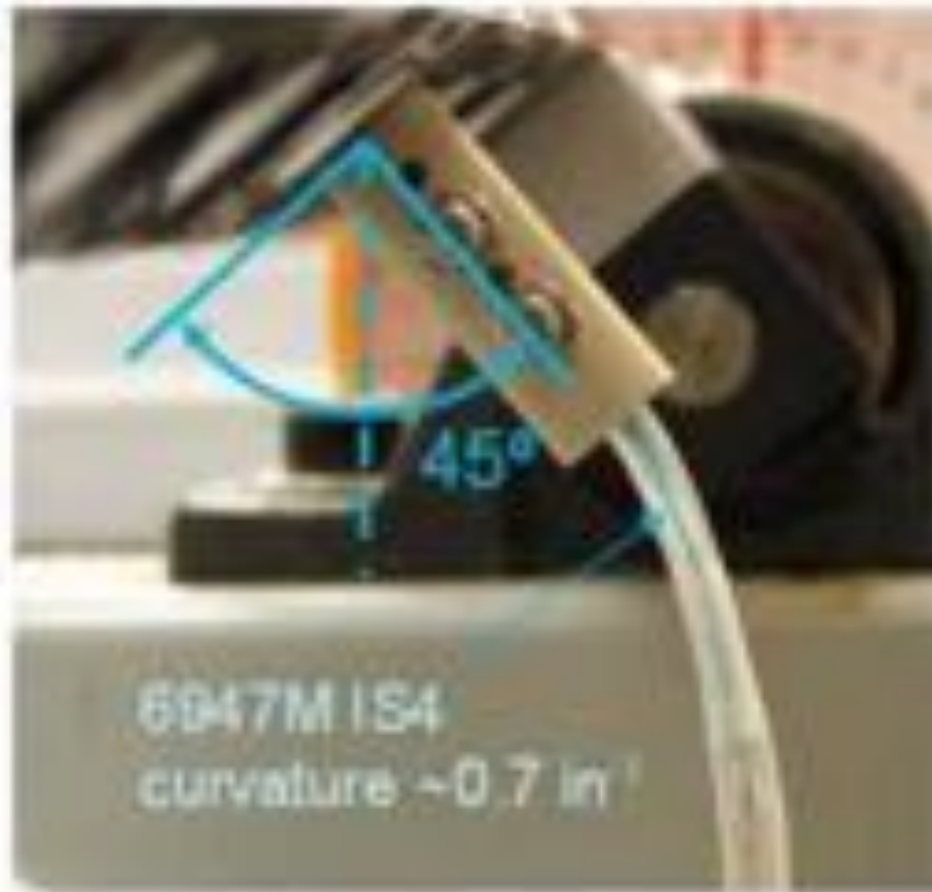
# Bench Testing for Leads

- Electrical checks (before & after tests)  
Resistance, Impedance, Insulation Integrity
- Preconditioning  
Sterilization, temp cycles, temp shock, shipping simulation
- Distal tip, body, and connector flex tests  
Up to 400 million cycles, multiple orientations for asymmetrical leads
- Tip stiffness testing  
Buckling test against hard surface, pressure vs. tip area
- Junction & overall tensile testing
- Connector insertion/extraction
- Stylet & guidewire compatibility tests
- Suture sleeve tests (slippage)

Focus for Improvements?

Making testing predictive of field clinical performance.

# Connector Bench Testing ISO Standard ±45° connector test



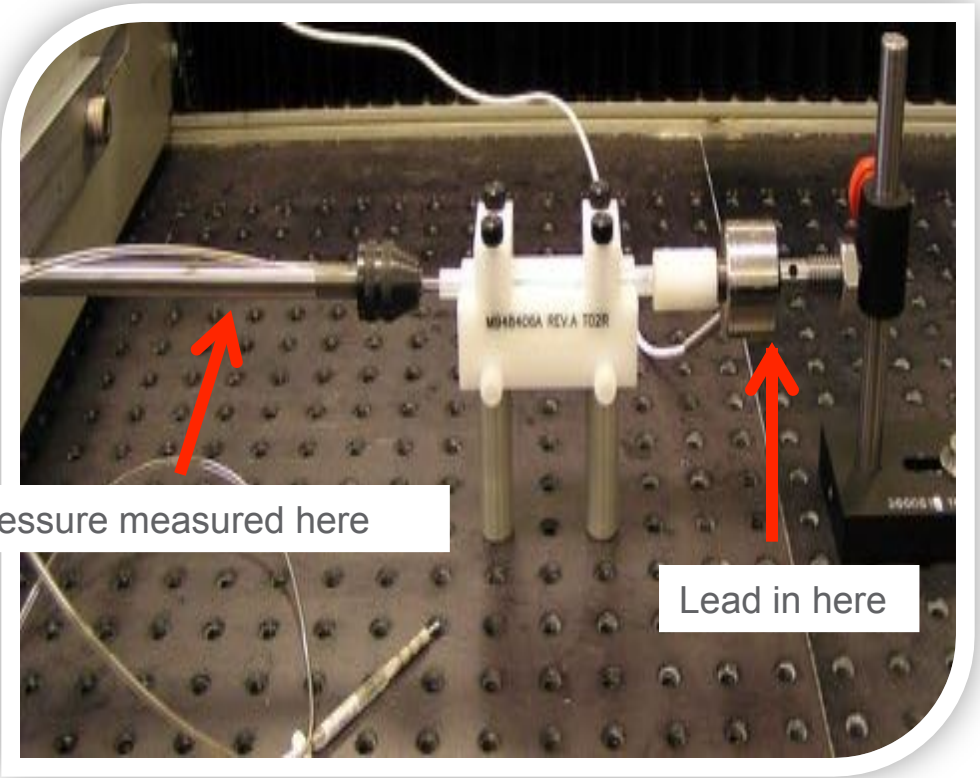
300  
grams



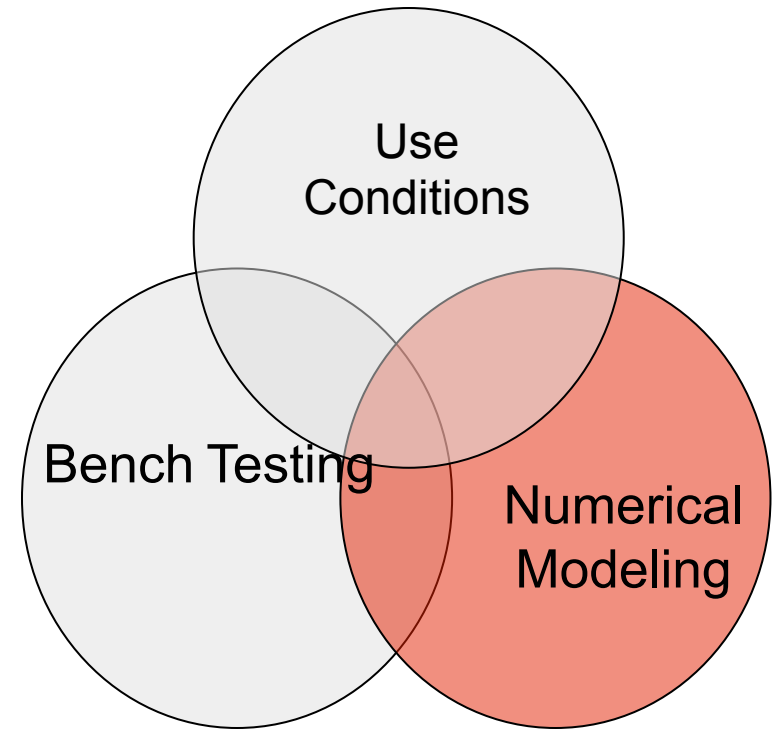
Moving beyond standards to predict reliability.  
Example of lead stiffness tests adjusted for the leads application.



**RIGHT HEART TIP STIFFNESS TEST**

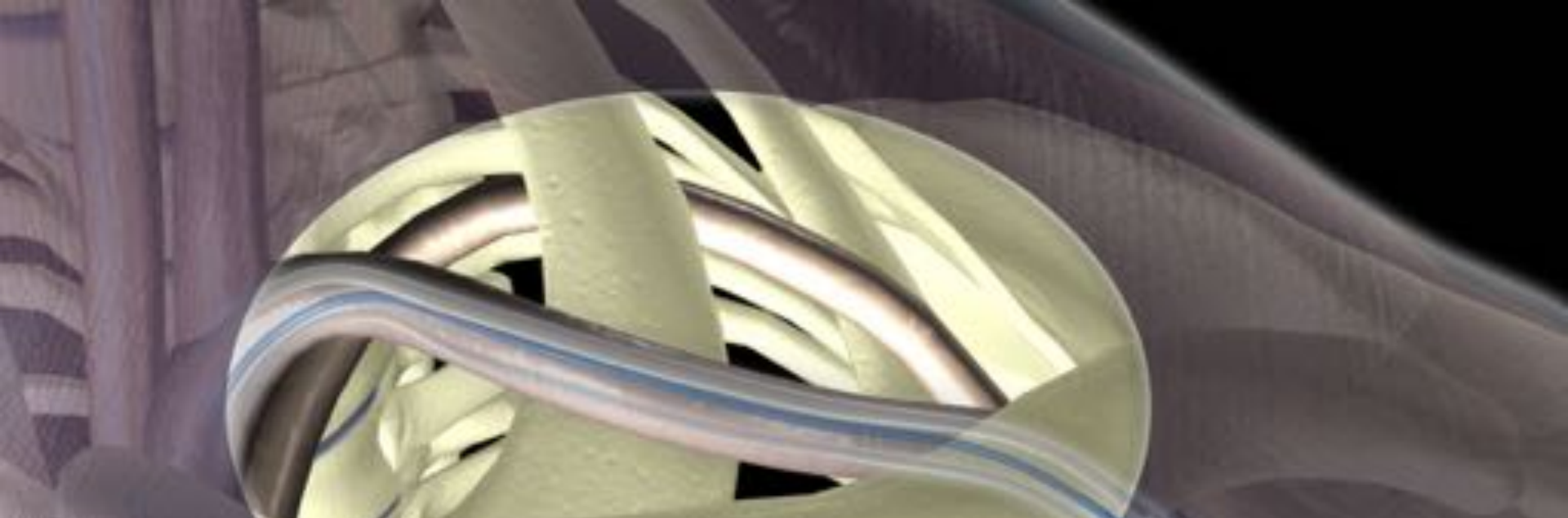


**LEFT HEART TIP STIFFNESS TEST**



# NUMERICAL MODELING

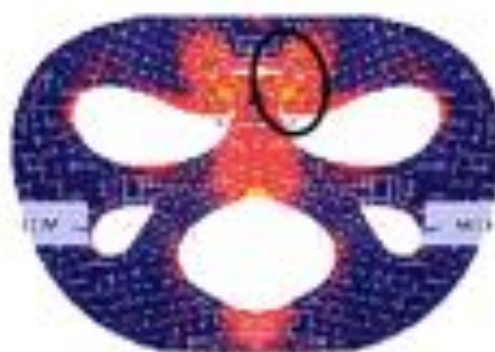




## Mechanical Integrity (clavicle/ first rib)



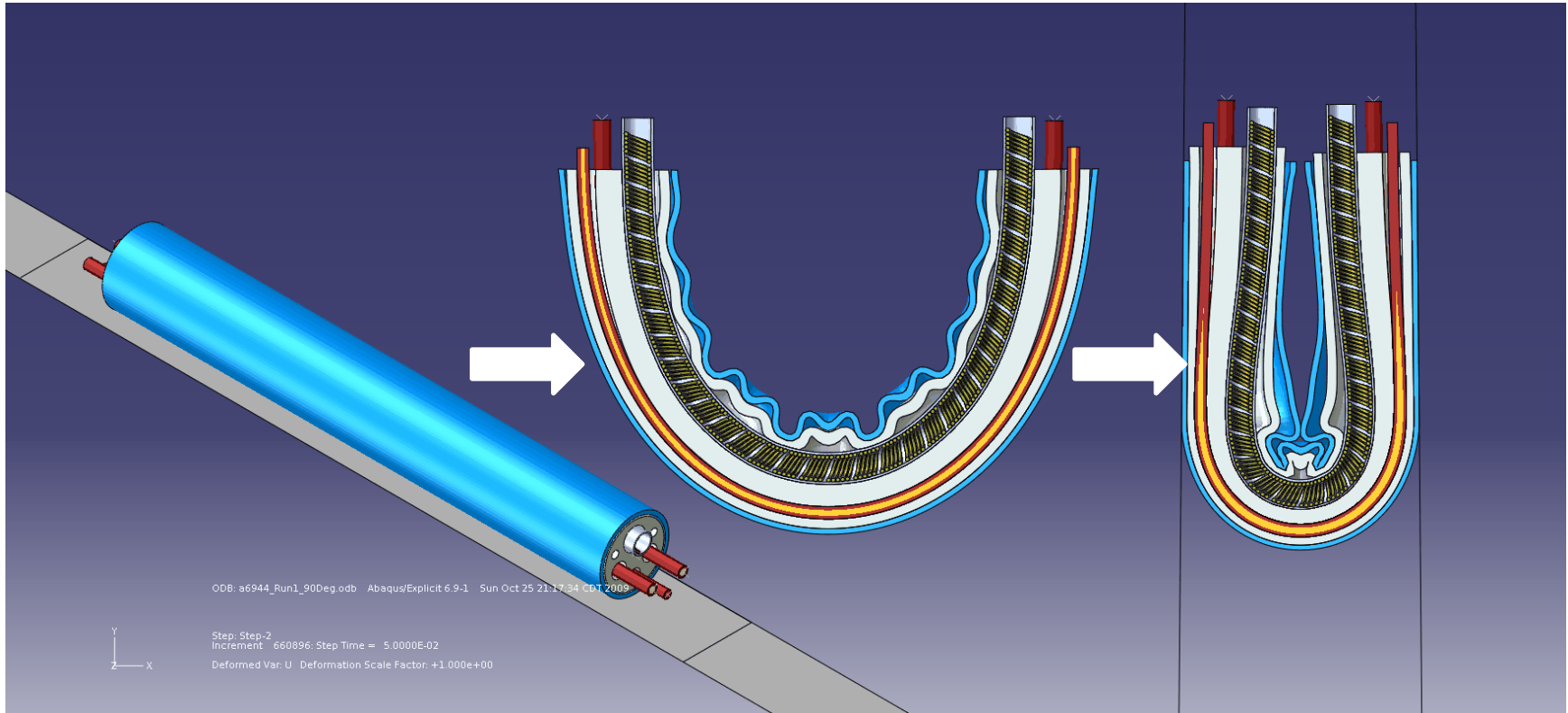
Tubing without compression lumens: under severe pressure, stress concentrated between conductor lumens



Tubing with winder lumens: under severe pressure, stress concentrated between conductor lumen and winder lumen

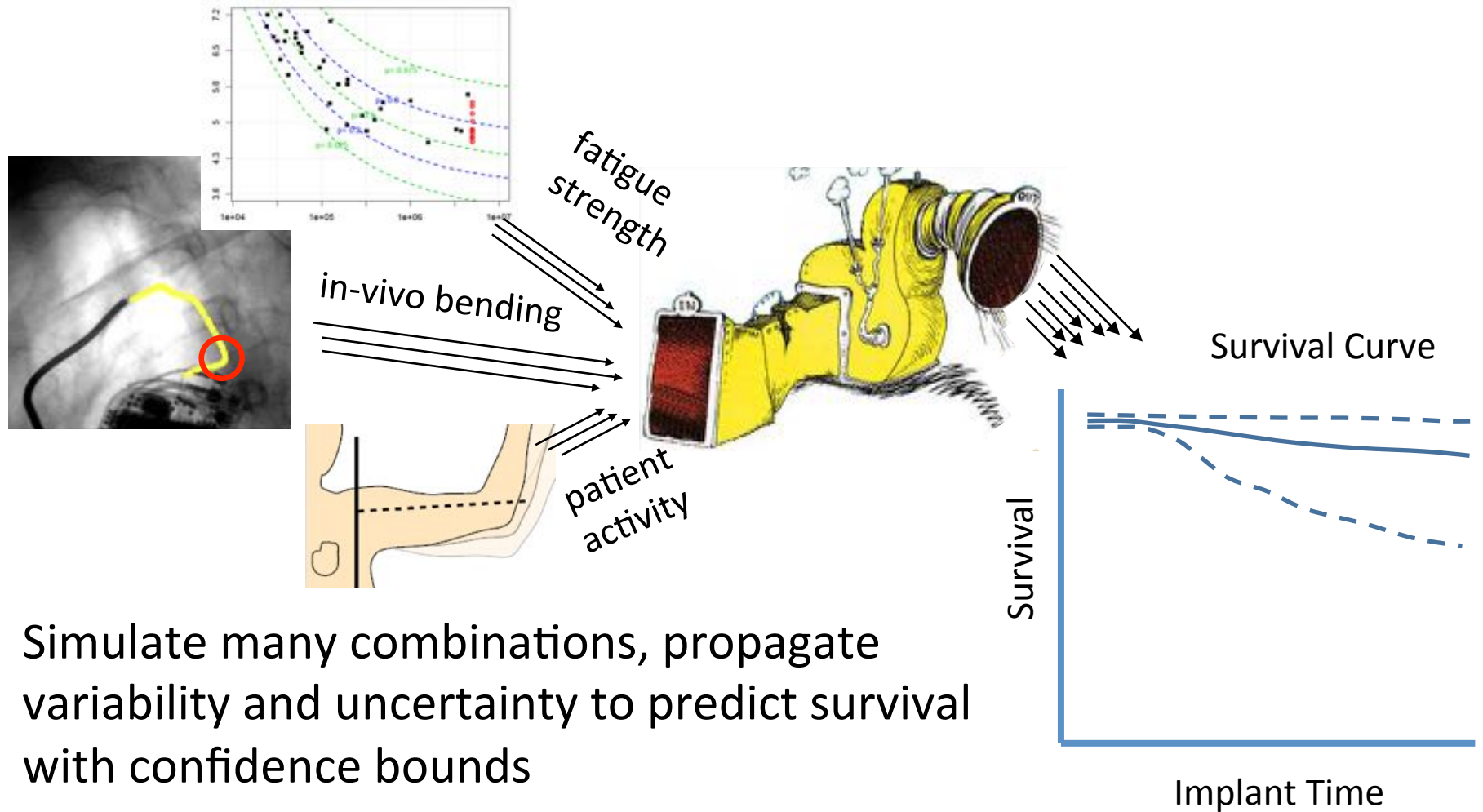


# Numerical Simulation Of Lead Bending

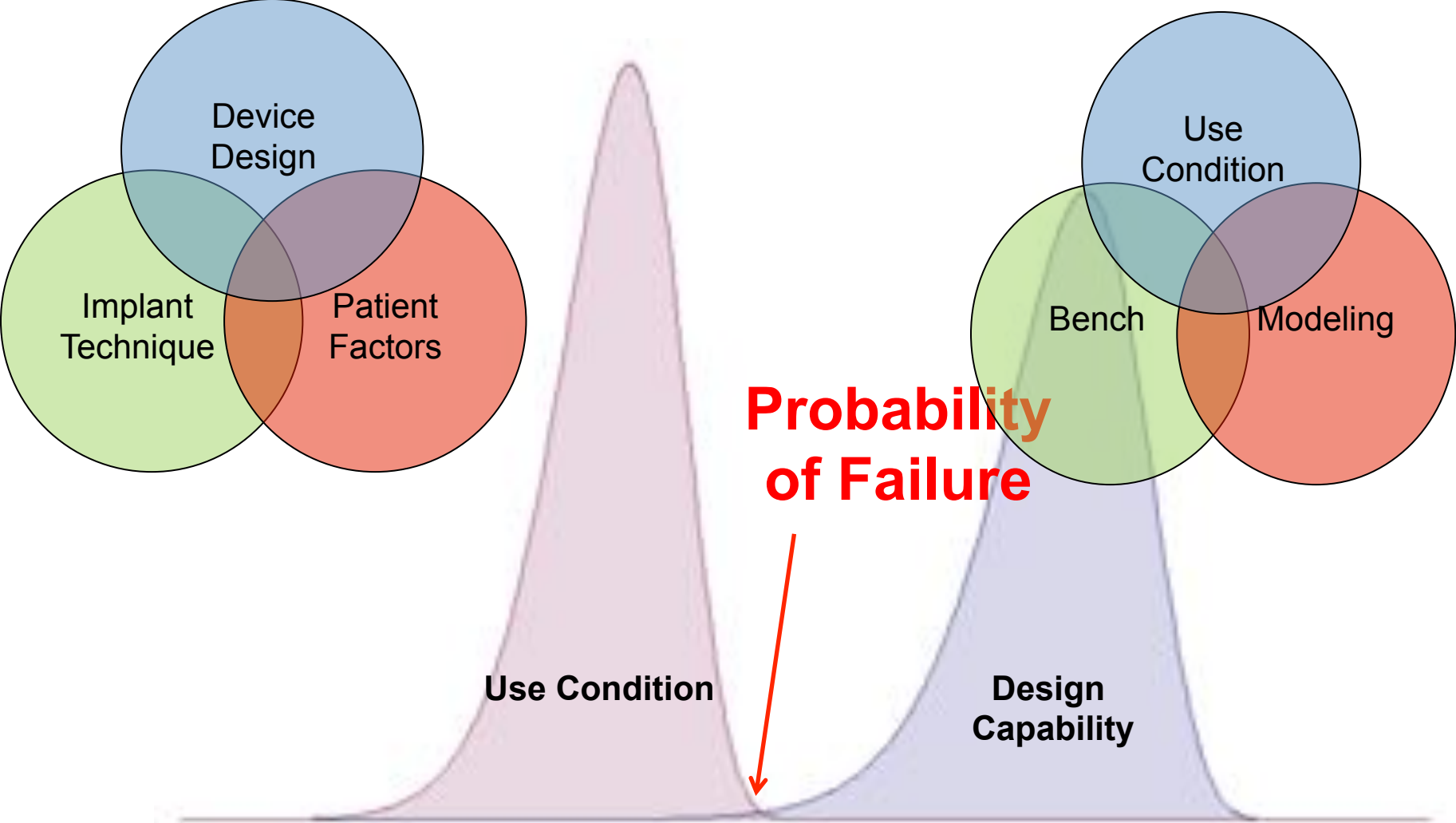


- Loading based on in-vivo use conditions
- Model outputs will be stress / strain (for structures)

# Putting it all together to understand survivability



# Importance of In-vivo Use Conditions in Development



# Safety

“There is reasonable assurance that a device is safe when it can be determined based on valid scientific evidence that the probable benefits to health from use of the device for its intended uses and conditions of use, when accompanied by adequate directions and warnings against unsafe use, outweigh the probable risks.”

21 CFR 860.7

# Effectiveness

“There is reasonable assurance that a device is effective when it can be determined, based upon **valid scientific evidence**, that in a significant portion of the target population, the use of the device for its intended uses and conditions of use, when accompanied by adequate directions for use and warnings against unsafe use, will provide **clinically** significant results.”

21 CFR 860.7

Approval

# Premarket Data Types



	Pros	Cons
Bench Testing	<ul style="list-style-type: none"><li>• Simulate long/severe usage</li><li>• Large sample sizes</li><li>• Diversity of mech/elec tests</li><li>• Consistent repeat tests</li></ul>	<ul style="list-style-type: none"><li>• In vivo loads often not well defined or modeled</li><li>• Tests hard to validate with actual performance data</li></ul>
Animal Studies	<ul style="list-style-type: none"><li>• In vivo data</li><li>• Handling data</li><li>• Biostability data</li></ul>	<ul style="list-style-type: none"><li>• Not perfect representation of human anatomy</li></ul>
Human Clinical Studies	<ul style="list-style-type: none"><li>• The real deal for implant data and acute performance</li></ul>	<ul style="list-style-type: none"><li>• Usually only acute data</li><li>• Small sample sizes</li><li>• Time / cost</li></ul>
Similar Device Information	<ul style="list-style-type: none"><li>• For minor changes, old device performance can support new device data</li></ul>	<ul style="list-style-type: none"><li>• Not sure of quality of post-market data</li></ul>



# Understand the Agencies: Regulatory Agency Mission



**Goal:** Protect and promote the public health. Get safe and effective medical devices to market as quickly as possible while ensuring that medical devices currently on the market remain safe and effective

**Method:** Looks for compliance with Standards and Quality System Requirements which are verified during submission reviews and FDA Audits

**Philosophy:** FDA, then physicians and professional guidelines assess effectiveness



**Goal:** Get safe medical devices to market as quickly as possible while instituting a post-market surveillance system to ensure patient safety

**Method:** Looks for compliance with Standards and Quality System Requirements which are verified during submission reviews and Notified body Audits

**Philosophy:** Physicians and professional guidelines assess effectiveness

# Risk Based Device Classification



Based on degree and severity of risk, and the benefit of the device.

- \* Class I: Low Risk [Exempt or 510(k)]
- \* Class II: Moderate Risk [510(k)]
- \* Class III: High Risk [PMA/PMA-S approval required]



Classes based on principles of classification:

- Length of time in continuous use
- Degree of invasiveness
- Active or not
- Part of body with which the device is in contact (e.g., heart, CNS)
- Special rules for tissues and drugs

- \* Class I: Low Risk [Technical File]
- \* Class IIa: Medium Risk [Technical File]
- \* Class IIb: Medium-high Risk [Technical File]
- \* Class III: High Risk [Design Dossier]

# Europe: CE Marking



CE marking symbolizes the fact that the natural or legal person having affixed the marking has verified

- that the product conforms to all EU provisions for harmonization which apply to that product
- has subjected the product to the appropriate conformity evaluation procedures

# Contents of Technical File/Design Dossier Similar to US Requirements

- Description of the apparatus, usually accompanied by block diagram
- Wiring and circuit diagrams
- General Arrangement drawing
- List of standards applied (Essential requirement checklist)
- Records of risk assessments and assessments to standards
- Description of control philosophy/logic
- Datasheets for critical sub-assemblies
- Part list
- Copies of any markings and labels
- Copy of instructions (user, maintenance, installation)
- Clinical Evaluation Report (CER)
- Packaging Description/Validation
- Biocompatibility
- Design Verification Data
- Quality control & commissioning procedures
- Declaration of Conformity

# Perspectives & Solutions

Post-approval studies for new designs and major design changes can be used to validate bench testing and can provide data on the true performance of pacemaker and ICD leads

- FDA requires post approval studies for new leads with substantive changes from other market approved leads. Design elements include:
  - ✓ 5 year studies
  - ✓ 1000+ subjects (0.4% event rate, 1.0% upper confidence bound)
  - ✓ Full enrollment in first year
  - ✓ 95% freedom from adverse events endpoint @ 5 yrs
  - ✓ Trend analyses & frequent reporting

# Summary

- Design
  - Unmet needs and expectations
- Testing
  - Use conditions, Bench, Modelling
- Trials
  - In vivo/ human trials
- Approval
  - Premarket safety and effectiveness, post-market