

**LONG-TERM RESULTS OF AF ABLATION  
IN PARTICULAR SETTINGS**



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**Division of Cardiology - Asti**

**University of Turin - Italy**



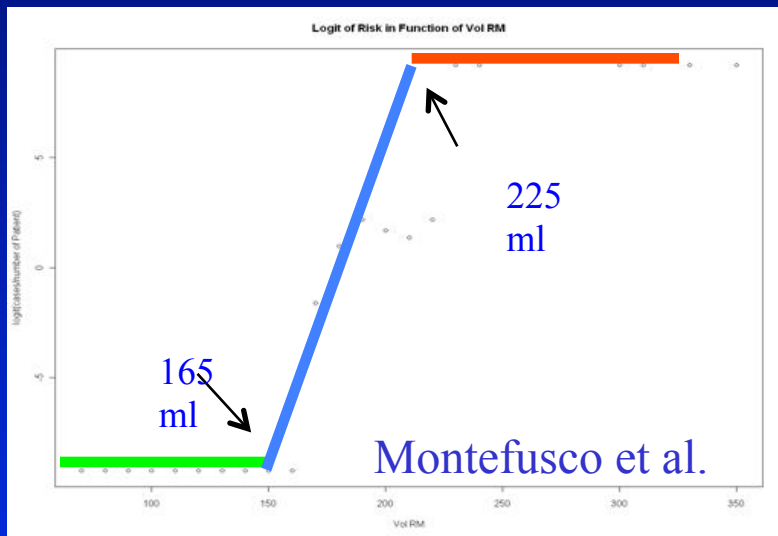
**Patients included  
into AFib Ablation trials**



**... the others...**



# 1- Dilatation of left atrium



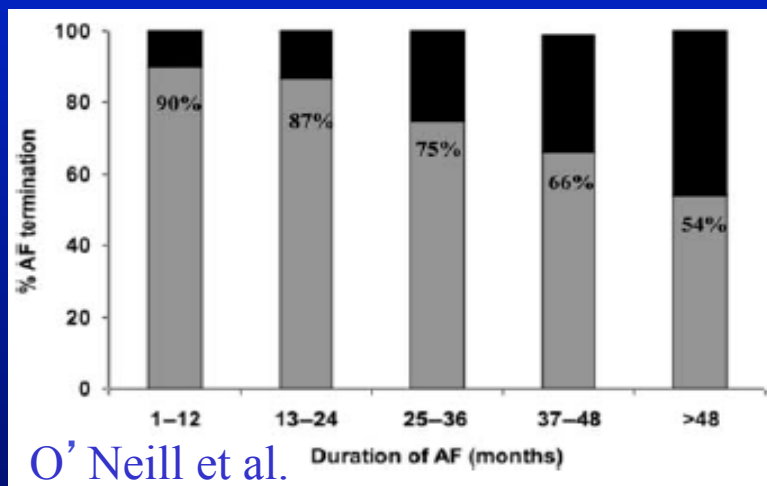
Beukema WP. *Circulation* 2005; 112:2089

Berruezo A. *Eur Heart J* 2007; 28:836

Montefusco A, *JCM* 2010

Di Donna P. *Europace* 2010; 12:347

# 2-Duration of atrial fibrillation



Della Bella *Europace* 2005; 7: 95

O' Neill M. *E HJ* 2009; 30:1105

Balk E. *JCE* 2010, Vol pp. 1-9

Rostock T. et al. *Heart R.* 2011

**889** patients underwent **AFTCA**

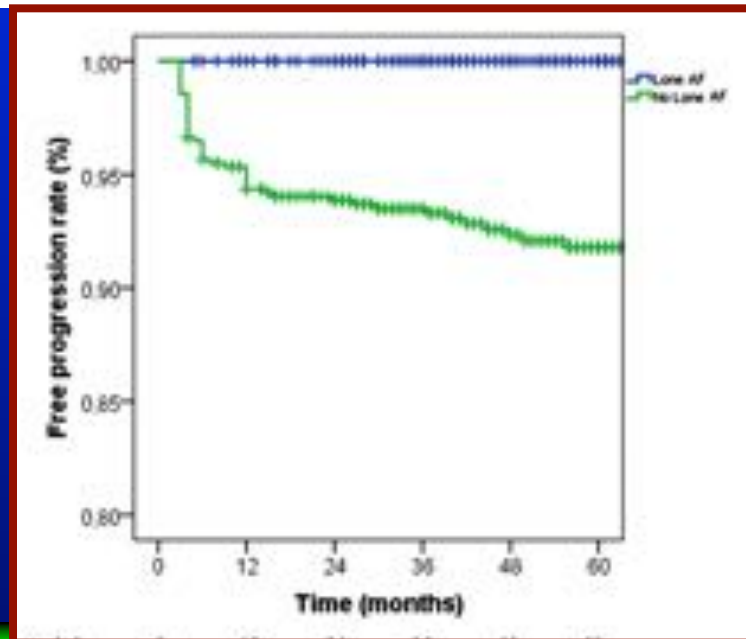
mean age **57<sub>±</sub> 11** years;

**53.3%** parox AF, **40.5%** persist AF, **6.2%** long-standing AF).

**F-up of 64 months** (range 41–84 years)

**AF progression despite AFTCA** occurred in 57 cases (**6.4%**).

Independent predictors of progression: **comorbidities/**  
**cardiomyopathies** and **baseline persistent/long-standing AF** (odds  
ratio 11.3, 95% confidence interval 2.6–48.0, P o.001, and odds  
ratio 1.6, 95% confidence interval 1.2–2.1, P o.001, respectively).



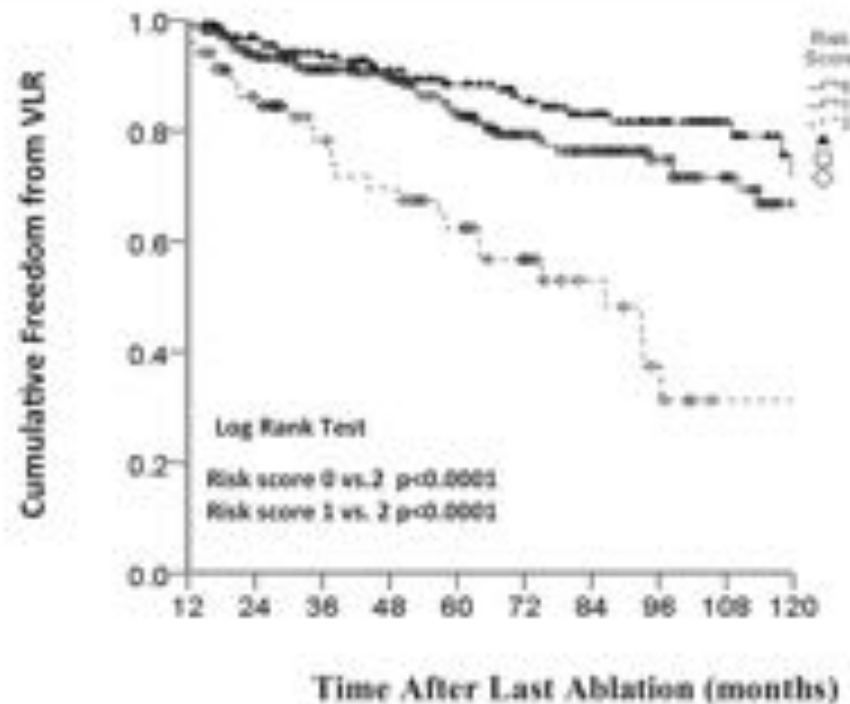
**Scaglione et al.**  
**Heart Rhythm 2014**



## Very long-term outcome after initially successful catheter ablation of atrial fibrillation

Jonathan S. Steinberg, MD, FHRS, Rachel Palekar, BA, Tina Sichrovsky, MD, Ayscha Arshad, MD, Mark Preminger, MD, Dan Musat, MD, Richard E. Shaw, PhD, Suneet Mittal, MD, FHRS

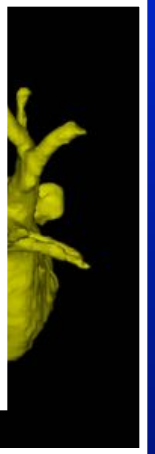
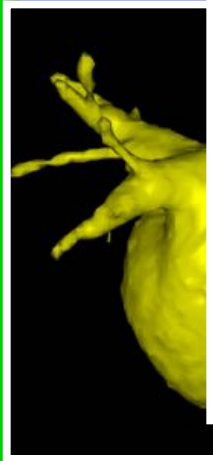
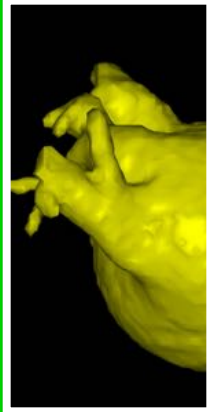
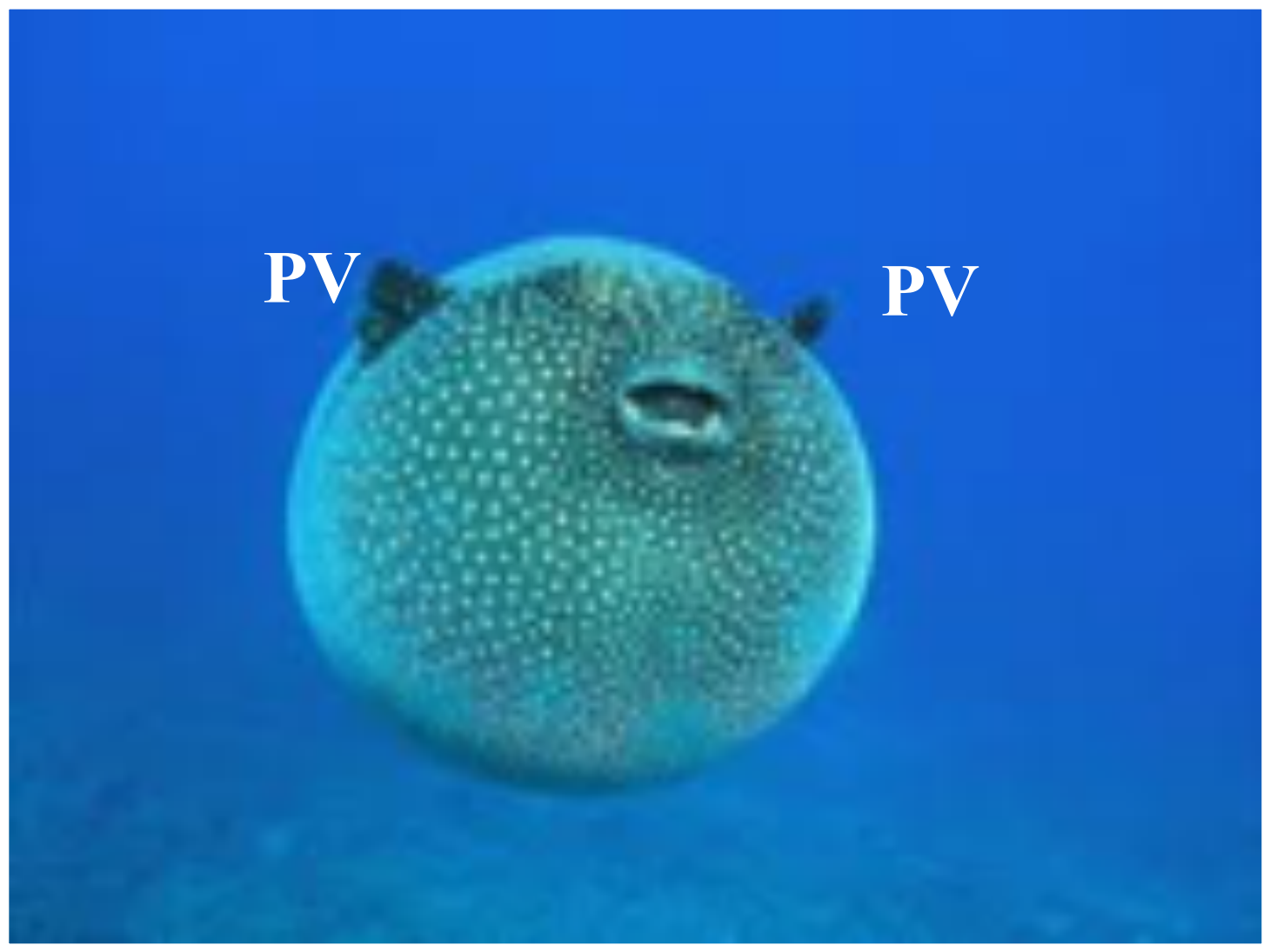
**Persistent AF  
Hypertension**



**Figure 3** Kaplan-Meier plot for freedom from atrial fibrillation based on the presence of 0–2 independent risk factors (history of persistent atrial fibrillation and hypertension). VLR = very late recurrence.

PV

PV



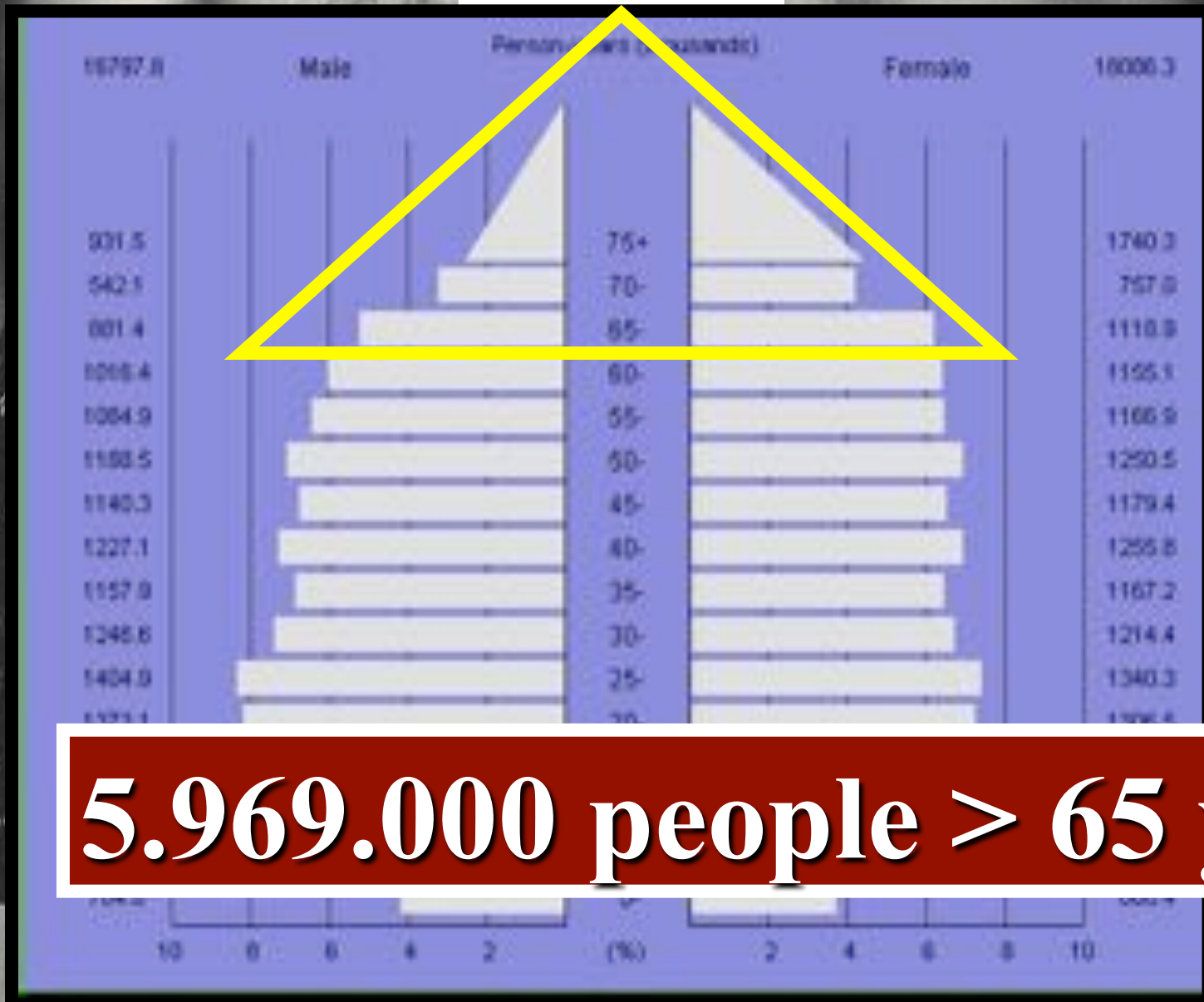
...the others...  
Who are they?



Elderly patients  
Valvular heart disease  
OSAS  
COPD  
GUCH



# Italy







## **AGE and AF TROUBLES**

**Co-morbidity Higher TE and bleeding risk**

**Persistent > Paroxysmal**

**Etiopatogenesis**

**Drugs: side effects**

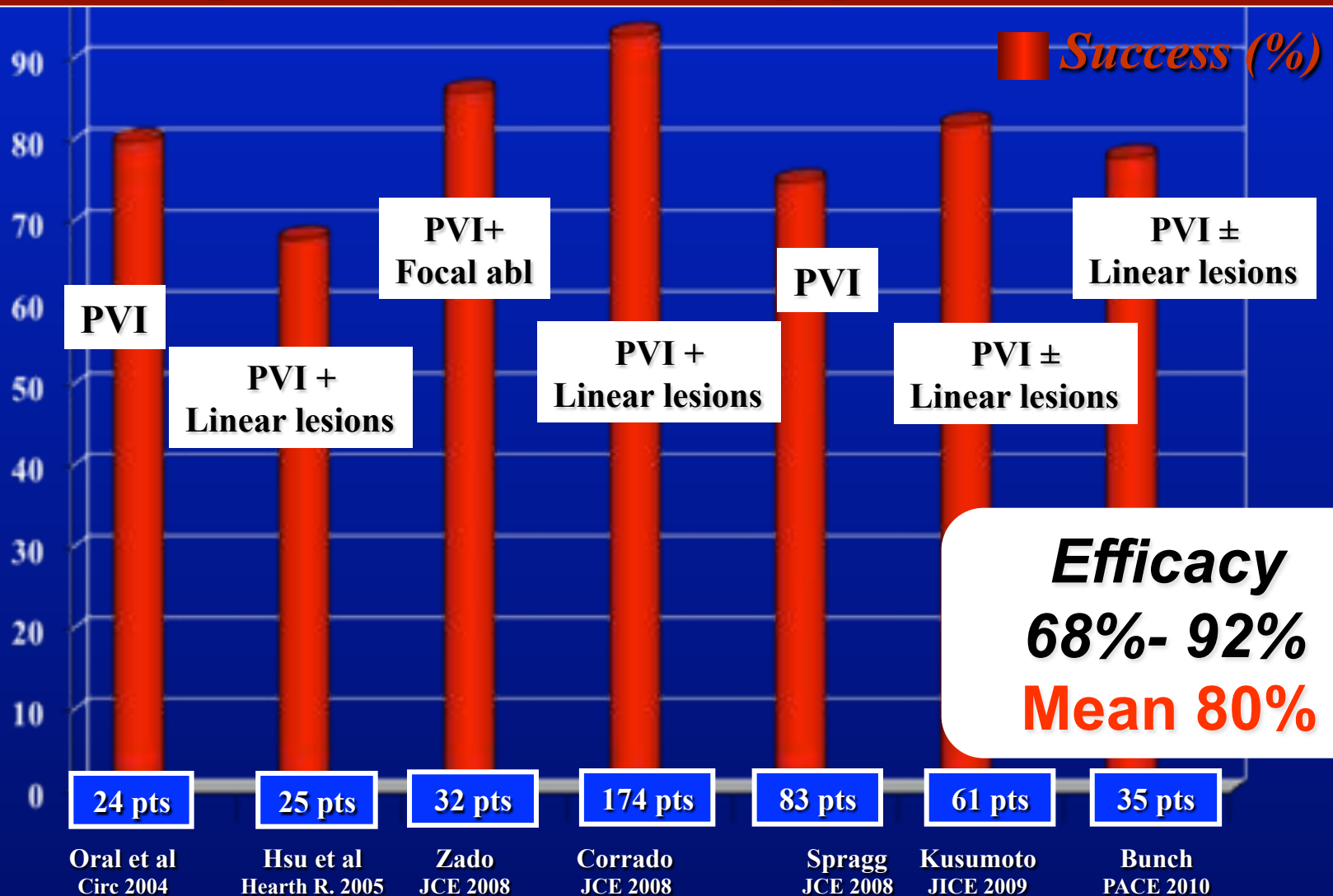
## Clinical characteristics in elderly patients

Study	N. Of pts	Age (Years)	Male	AF type	LA size (mm)	SHD	Comparisons
Bhargava et al. (2004)	103	>60 (66.6 ± 4.18)	77%	PAF (52%) Pers. (8%) Perm. (40%)	43.4 ± 0.6	63%	Age <50, ≤60
Oral et al. (2004)	24	>70 (73 ± 2)	54%*	All PAF (88%)	42±7	N/A	Age <70
Hsieh at al. (2005)	37	≥65 (72 ± 4)	92%	PAF	37 ± 5	62%	AVJ ABL + pacing
Hsu et al. (2005)	22	≥65	59%*	Perm.	49 ± 3	36%	Age <45, ≤45, <65
Zado et al. (2008)	34	≥75 (77 ± 2)	44%*	All PAF (53%)	44 ± 10	88%*	Age <65, ≤65, <75
Corrado et al. (2008)	174	≥ 75	63%	All PAF (55%)	46 ± 6	68%	None
Spragg et al. (2008)	83	≥70	N/A	PAF pers.	N/A	N/A	Age <70
Bunch et al. (2010)	35 (717)	≥80	45%	PAF (46%) / pers	24 ± 9	31%	Age <80

\*p <0.05

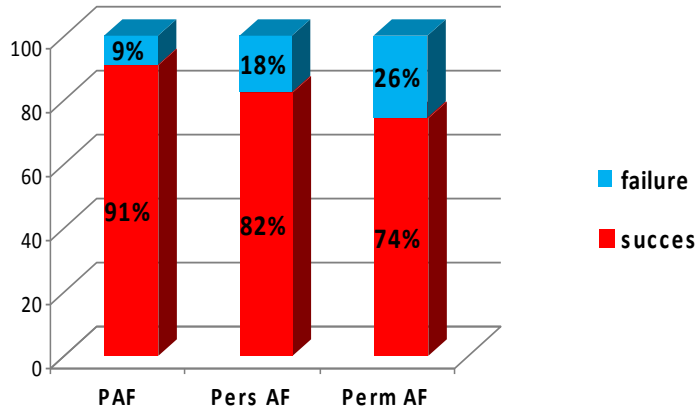
# AF Ablation in the Elderly: Results from 7 retrospective studies

434 pts > 70 years / 3935 total population (11%)

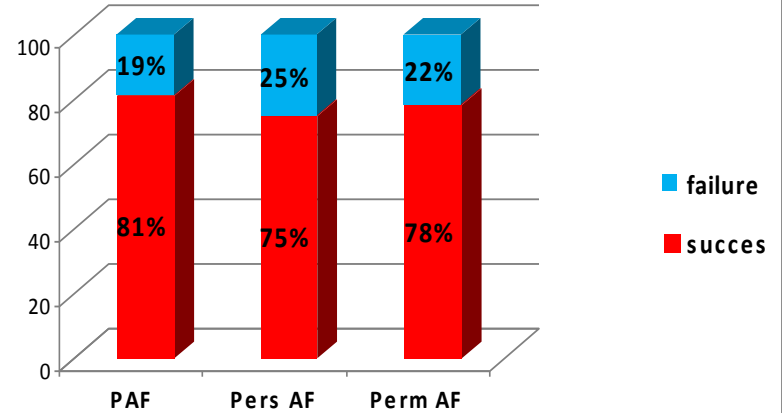


# Impact of Age on the Outcome PVI for AF Ablation

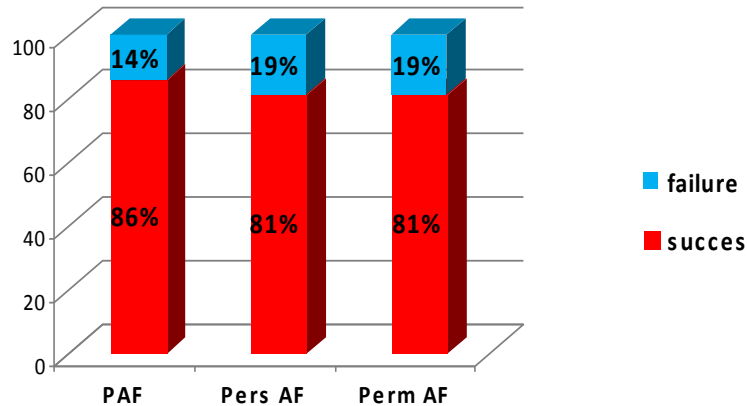
<50 y



>60 y



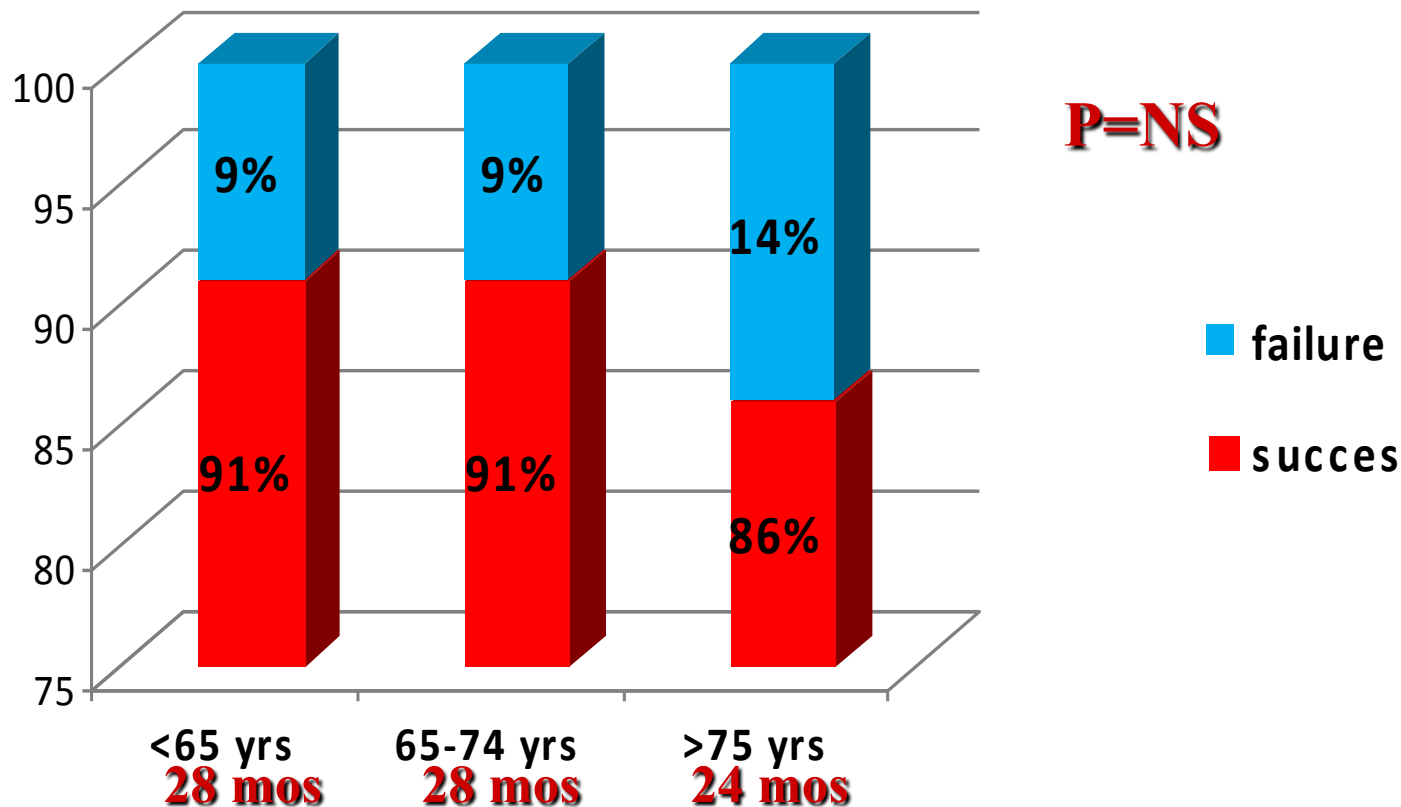
50-60 y



Bhargava et al. JCE  
2004

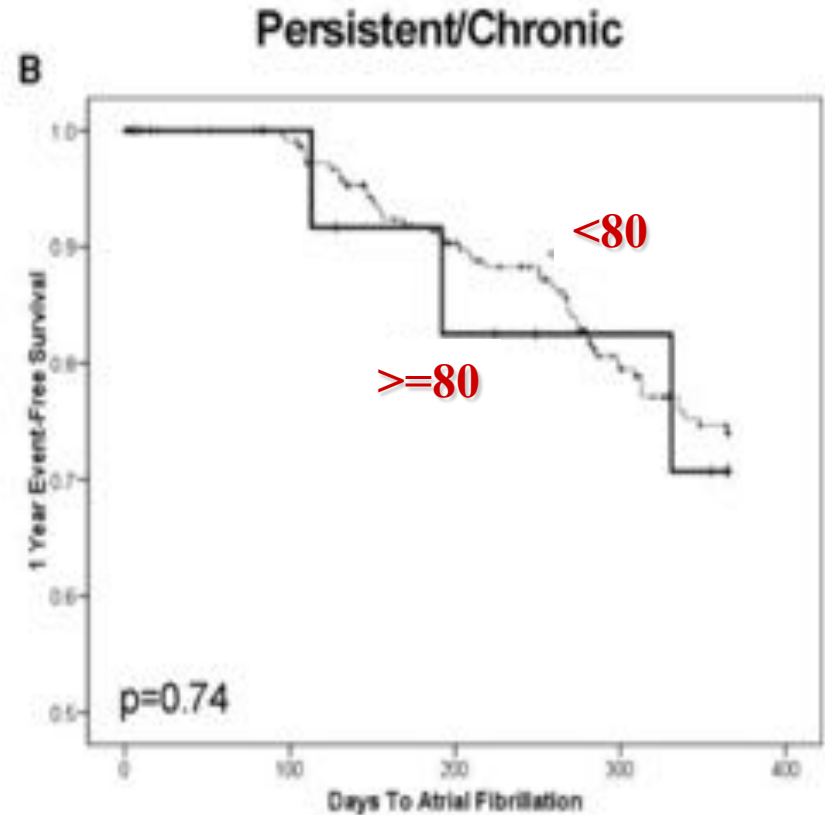
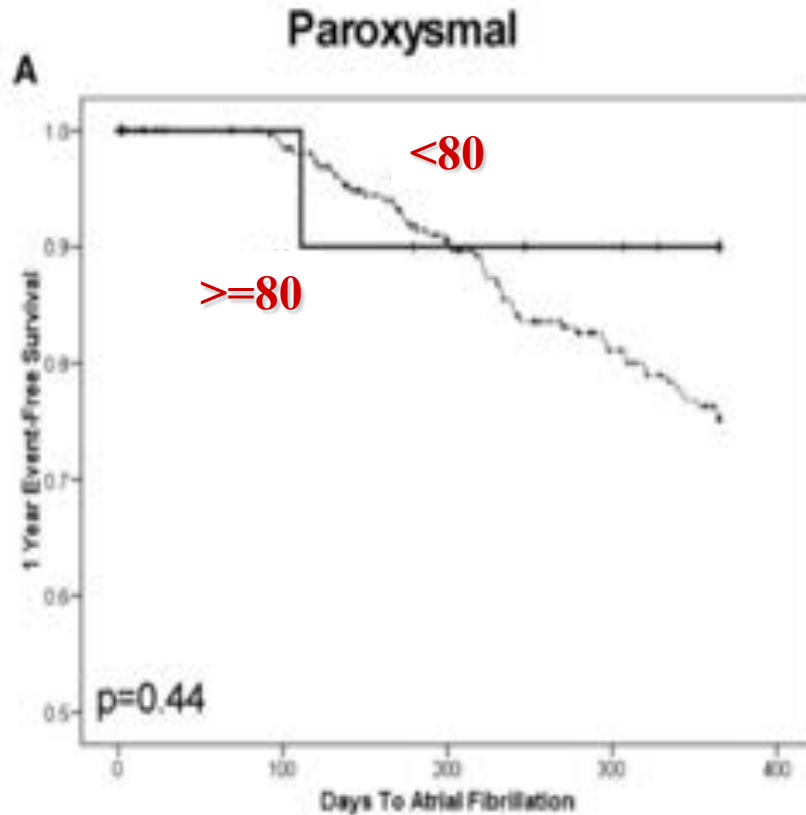


## Impact of Age on the Outcome PVI for AF Ablation



# Outcome of AF ablation during 1 Y follow up

## PVI-lines



# AF Ablation in the Elderly: our center experience

412 subjects, mean age 76 yrs, male 72%, Persistent AF 100%, prospective non randomized study

AF Ablation, n 153 pts

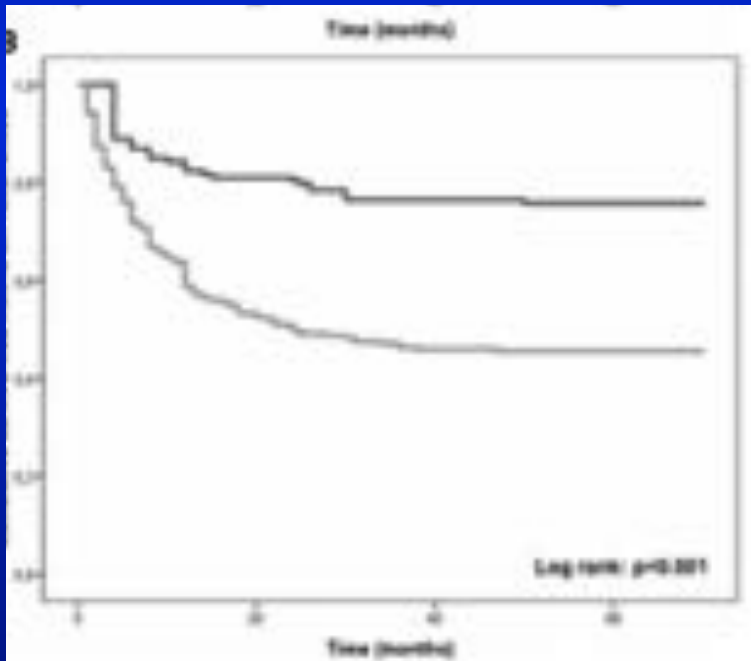
No differences between groups

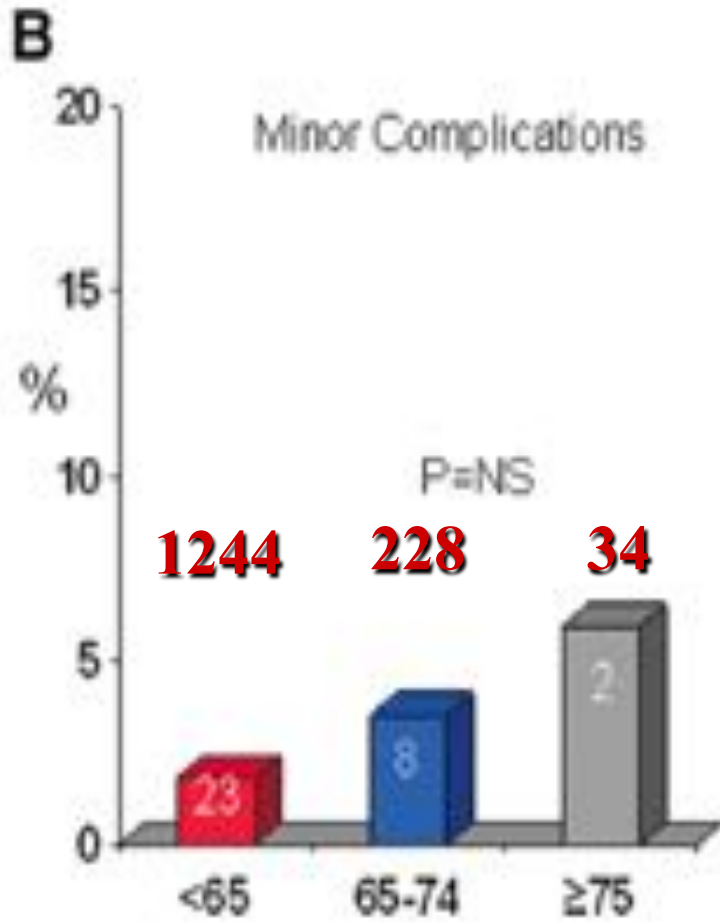
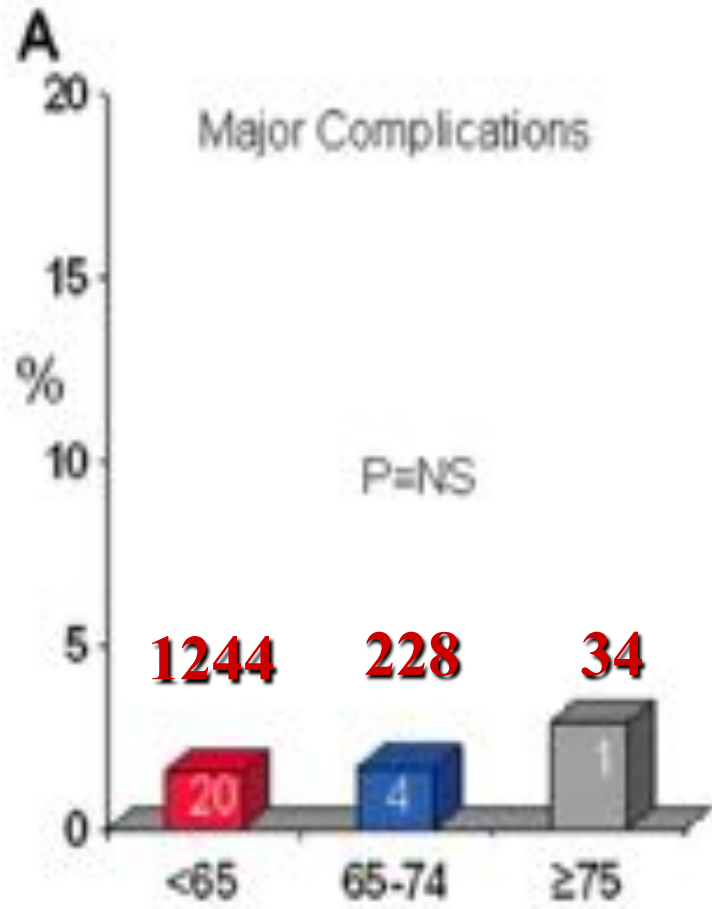
AAD n 259 pts

Follow up  $60 \pm 17$  months

76 % vs 46 % (p value < 0.001)

In elderly persistent AF patients, catheter ablation is more effective in maintaining SR and in improving QoL than AAD







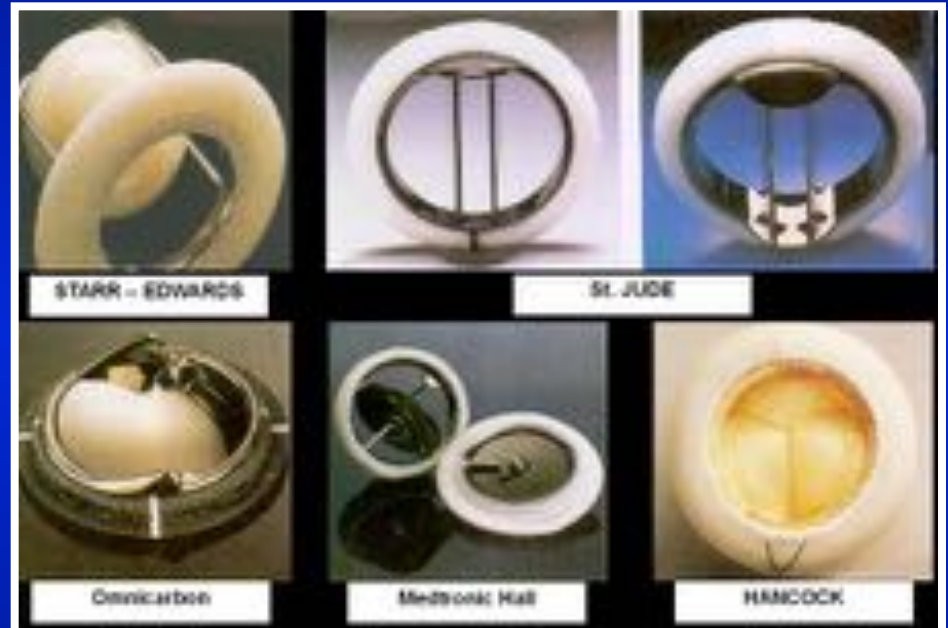
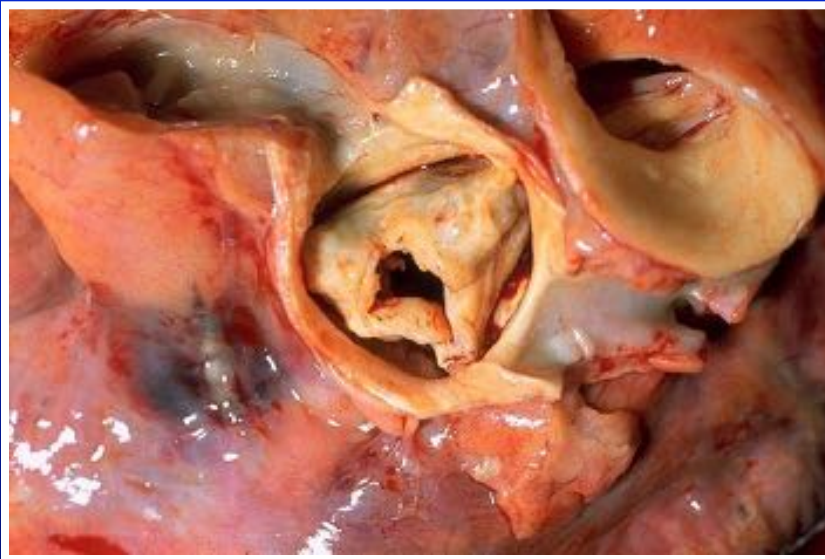
## **1) CONCLUSIONS:**

**AF ablation in elderly is feasible**

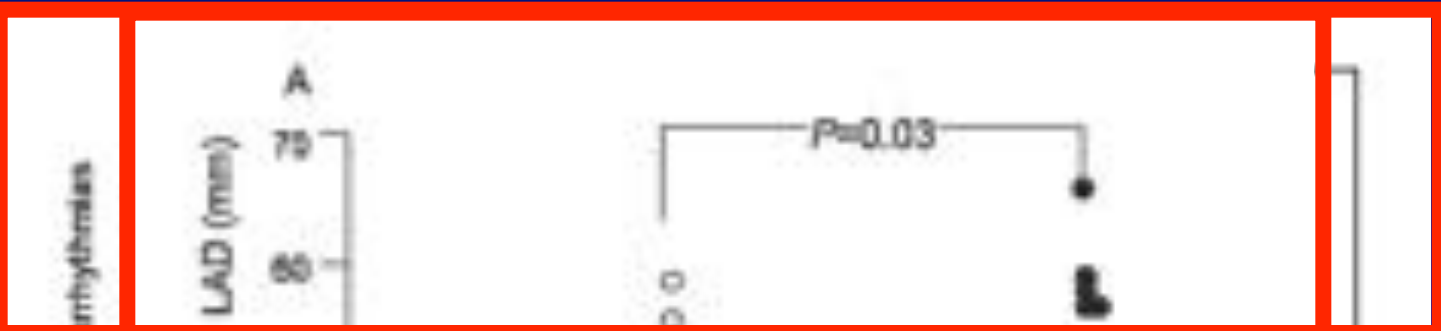
**...success rate is good and comparable with  
younger pts**

**...complications rate is similar (vascular  
access\*)**

# VALVULAR HEART DISEASE AND PROSTHESES



Few articles



**Conclusion:** CPVI combined with CFAE ablation was safe and efficacious for persistent AF treatment in patients with VHD. The outcome was comparable with that in patients without VHD. More x-ray exposure was needed to avoid valve prosthesis impairment.



	Lone AF	disease	CV
Fluoroscopy time (min)	83 ± 26	85 ± 20	8
Procedure time (h)	4 ± 1	4 ± 1	
Mean number of RF lesions/PV (min)	9.4 ± 3.4	9.7 ± 2.6	9.

p = not significant.

AF = atrial fibrillation; PV = pulmonary vein; RF = radiofr

Patient demographics and clinical characteristics are shown in Table 1. Of 391 patients, 197 (50%) patients had structural heart disease, including 94 (24%) patients with LV dysfunction, defined as ejection fraction below 50%. 102 (26%) with known clinically significant valv

**Table 2** Pulmonary vein isolation and follow-up res

	Lone AF	Valve disease	CV
Fluoroscopy time (min)	83 ± 26	85 ± 20	8
Procedure time (h)	4 ± 1	4 ± 1	
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p = not significant.

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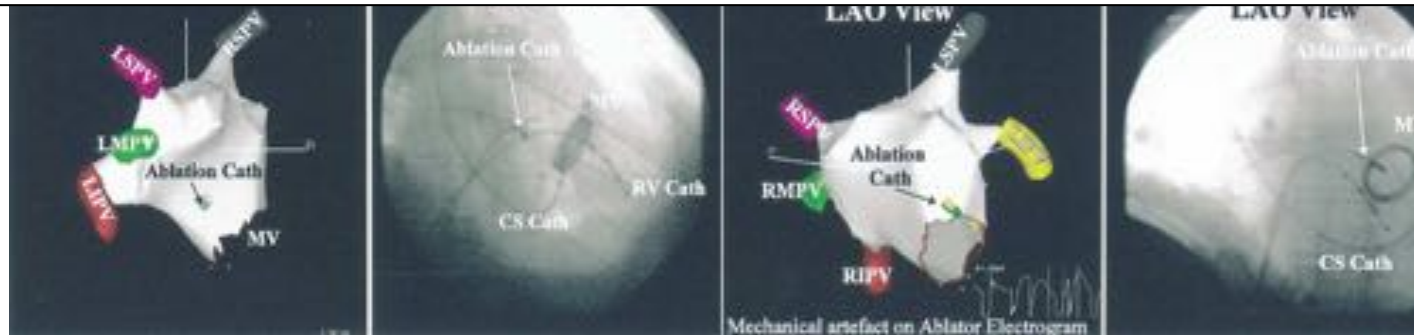


other (6–9). Also, a considerable number of patients have ~~with~~ ~~without~~ from areas other than  
AF recurrence after ablation of typical AFL (16). The AFL if the appropriate  
reasons for co-existence are not entirely clear, but it is (21,22). Indeed, it  
possible that PV triggers may initiate AFL as well as AF, or mature atrial beats  
may convert AFL to AF (7,10,11). We have reported, for AFL (9,23,24). Because  
example, that in patients with both typical AFL and AF, arrhythmogenic substrate  
PVAI alone was sufficient to control both arrhythmias (10). currence as a result  
The results presented in this series are consistent with our Early recurrence  
previous report. Indeed, 94% (219 of 234) of patients who PVAI for the first  
had pre-existing AFL were cured by PVAI alone in the transient finding an  
control group (Group 2). In contrast, only 15 of 24 PCS (10,12). In the study  
patients (63%) with pre-PVAI AFL were free of AFL after AFL recurrence (vs  
PVAI. Furthermore, 21 (33%) PCS patients experienced PVAI procedure) vs  
AFL occurrence after PVAI. These results demonstrate that term AFL recurrence  
the elimination of PV triggers may not prevent the occur- present study, 18%  
rence of AFL in a significant number of patients with PCS. previous PCS and

From the Division of Cardiac Pacing and Arrhythmias, San Raffaele Hospital, Milan, Italy. Drs. Lang and Mesas were Research Fellows at the Hospital University in Milan at the time of data collection.

Manuscript received July 2, 2004; revised manuscript received October 8, 2004, accepted November 22, 2004.

esophageal ec  
chronic AF  
thrombus. Th  
tained betwe



**Figure 2.** Simultaneous images of catheter positions as seen on fluoroscopy and CARTO. The fluoroscopy helps establish the precise location of the mitral valve ring in relation to the CARTO map. CARTO has the advantage of being able to see the catheter tip position in multiple views simultaneously. However, with fluoroscopy, the valve leaflets are clearly visible, and contact between the catheter and the leaflets can be readily identified. The **electrogram inset in the panels in the third column** shows the typical appearance of a mitral annular electrogram recorded from the ablation catheter, whereas the inset just below it shows the characteristic artifact seen when the catheter is in contact with the mechanical leaflets.

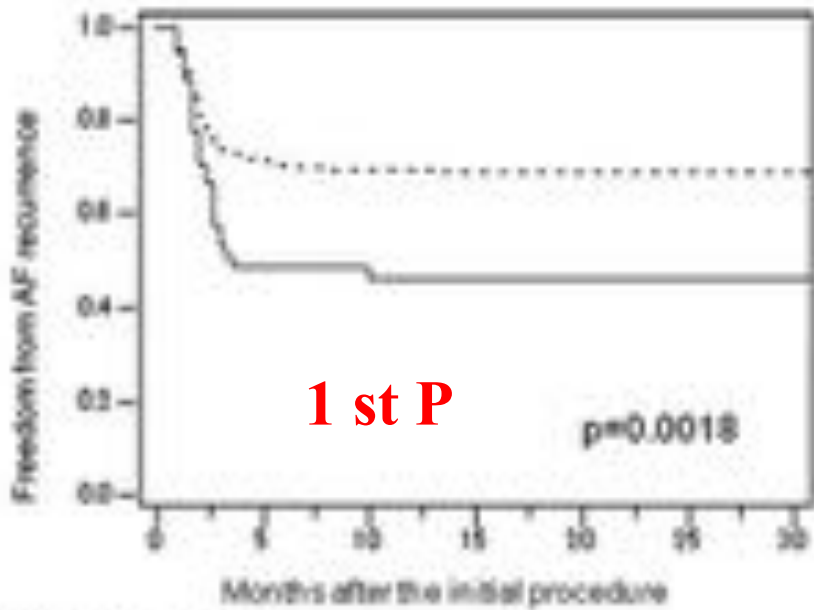
MVP: 1 TIA and 1 pseudoaneurism

Lang et al JACC 2005

or segmental ablation at SVC–right atrial junction in 4 patients). Total procedural time ( $199.4 \pm 49$  minutes vs  $166.6 \pm 27.5$  minutes,  $P < .001$ ), mean RF time (48 minutes vs  $36 \pm 8$  minutes,  $P < .01$ ), and fluoroscopy (60  $\pm$  17 minutes vs  $53.8 \pm 6.8$  minutes,  $P < .01$ ) were prolonged in the valve group compared to controls (Table 2). At 3-month follow-up, no significant difference was seen between groups I and II with regard to recurrence rate or antiarrhythmic medication of AF only (10% [n = 5] vs 10% [n = 9],  $P = \text{NS}$ ), atrial flutter only (18% [n = 9] vs 18% [n = 3],  $P = \text{NS}$ ), and combination of AF and atrial flutter (10% [n = 5] vs 6% [n = 3],  $P = \text{NS}$ ). Similar to the control group, no significant difference was seen in the recurrence of other arrhythmias between groups I and II at 6 months (22% vs 16%,  $P = \text{NS}$ ) and at 12 months (20% vs 18%,  $P = \text{NS}$ ). Eighty-five percent of patients in group I and 67% of patients in group II with recurrences underwent redo ablation. In the prosthetic valve group, 12 of 18 flutters were atypical and 6 were typical right atrial cavotricuspid isthmus.

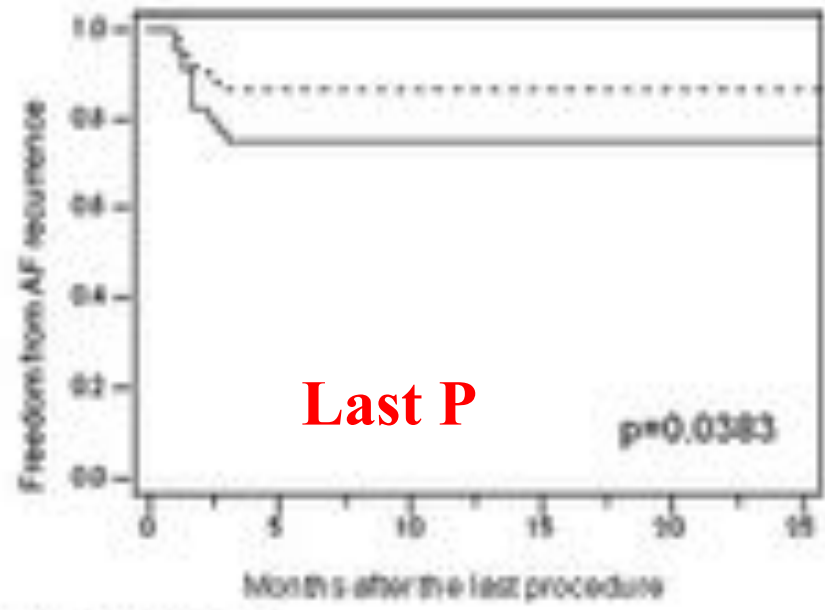


# PVAI + LINES (IN PERSISTENT AF)



Number of patients at risk

Group 1	45	23	22	16	13	13	11
Group 2	436	313	306	312	237	180	117



Number of patients at risk

Group 1	45	36	36	26	22	18
Group 2	436	364	364	302	231	200

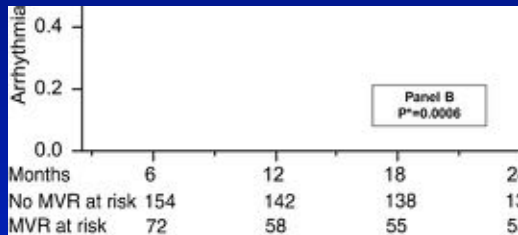
**MULTIPLE PROCEDURE AND ANTIARRHYTHMIC DRUGS  
NO DIFFERENCE IN COMPLICATIONS  
MORE ATRIAL TACHYCARDIAS IN VHD**

**Miyazaki S ET AL JCE 2010**

Dr. Callahan receives speaking honoraria from Biotronik and Boston Scientific. Dr. Lindsay is a consultant to Biosense Webster. All other authors have reported that they have no relationships to disclose.

Manuscript received January 1, 2011; revised manuscript received March 2, 2011, accepted March 21, 2011.

around the mitral annulus (1) from chronic mitral valve di may potentially contribute patients. We aimed to ev



**Figure 2** Kaplan-Meier Curves for Arrhythmia-Free Survival After AF Ablation

Kaplan-Meier curves for arrhythmia-free survival after atrial fibrillation (AF) ablation in patients with mitral valve replacement (MVR) (blue lines) and without MVR (red lines). (A) Arrhythmia-free survival after a single ablation. (B) Arrhythmia-free survival after the last ablation ( $1.4 \pm 0.6$  vs.  $1.2 \pm 0.5$  ablations per patient in patients with and without MVR). \*Log-rank test p value.

prosthetic valve damage, or entrapment of the ablation catheter within the prosthesis. The incidence of procedure-related complications were similar in both groups (Table 4).

### Discussion

This is the largest study to date to evaluate the feasibility, safety, and outcomes of AF ablation in patients with MVR. We have demonstrated that the procedure is feasible and is not associated with increased risk of complications, particularly no catheter entrapment occurred. An average of 1.4 ablations per patient was required to restore SR off-rhythm in 70% of patients with MVR referred for ablation. Also, ablative therapy allowed arrhythmia-free survival with medications that have previously failed in an additional 13% of patients. Only 17% continued to have drug-resistant AF. In a group of patients who have failed medical management, this may still be considered a clinical success. However, the overall success rates of radiofrequency

ablation were not associated with increased risk of complications, particularly no catheter entrapment occurred. An average of 1.4 ablations per patient was required to restore SR off-rhythm in 70% of patients with MVR referred for ablation. Also, ablative therapy allowed arrhythmia-free survival with medications that have previously failed in an additional 13% of patients. Only 17% continued to have drug-resistant AF. In a group of patients who have failed medical management, this may still be considered a clinical success. However, the overall success rates of radiofrequency

No differences

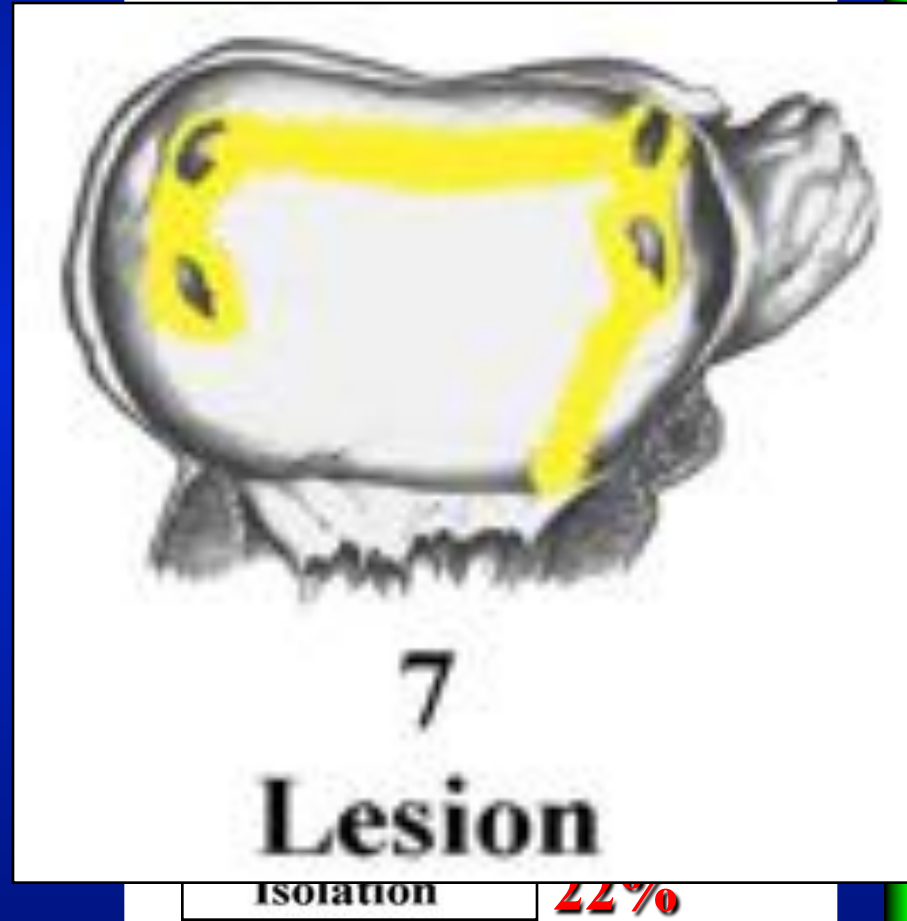
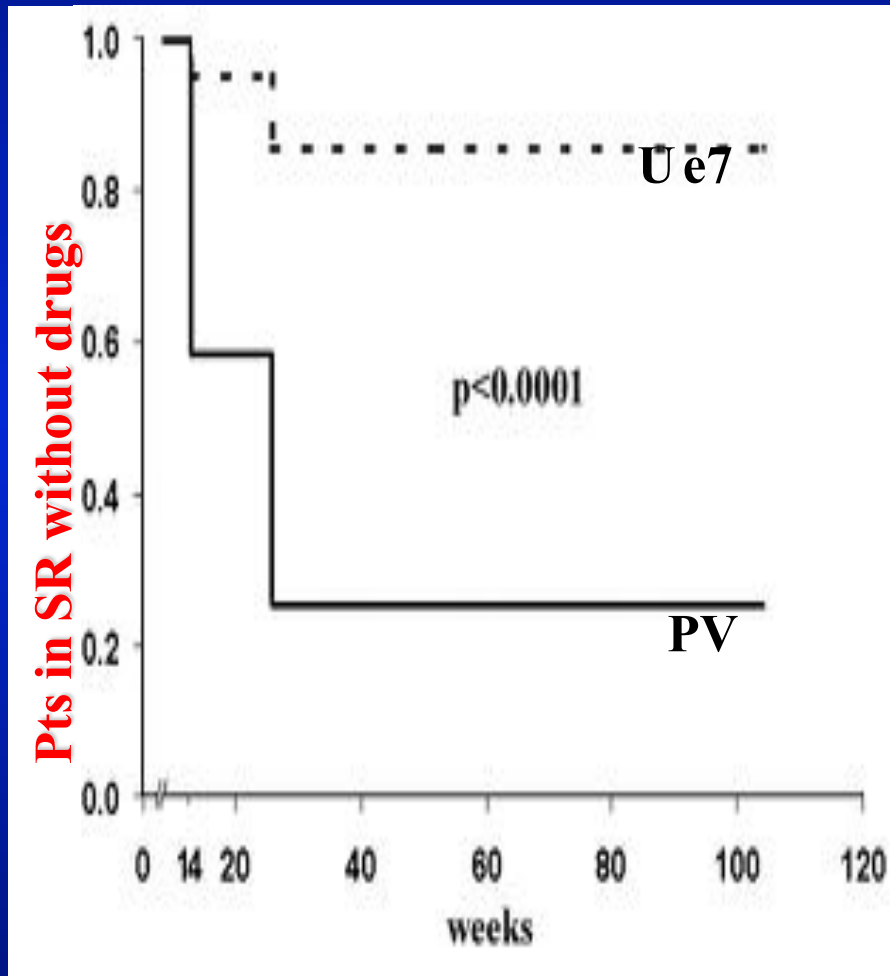
Hussein et al JACC 2011

the procedure. Ablation was typically performed on a day with a therapeutic international normalized ratio (INR). In cases in which the INR was subtherapeutic at a time during the 3 weeks before ablation, a transesophageal echocardiogram was performed before ablation to exclude the presence of a thrombus.

Two decapolar catheters with 5-mm electrodes and 2-mm interelectrode spacing were placed in the right atrium and coronary sinus (CS), with the proximal poles located at the CS ostium. A phased-array diagnostic ultrasound catheter (5.5–10 MHz, 8 Fr, AcuNav, Medtronic, Mountain View, CA) was advanced to the fossa ovalis in the right atrium. In cases in which atrial flutter was the presenting rhythm, overdrive pacing was initially performed from the proximal and distal catheters to determine their location relative to the tachycardia and to exclude right atrial flutter. After excluding right atrial flutter, heparin was initiated to achieve an activated partial thromboplastin time of >350 seconds, and this was maintained throughout the procedure.

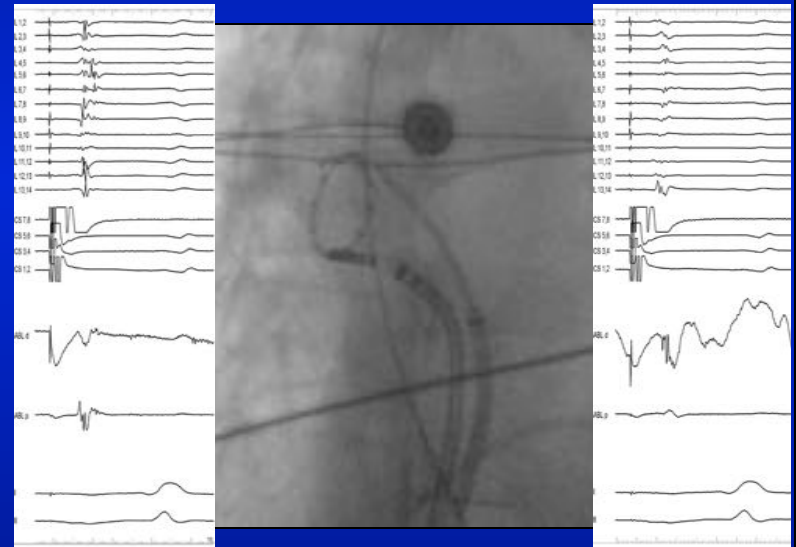
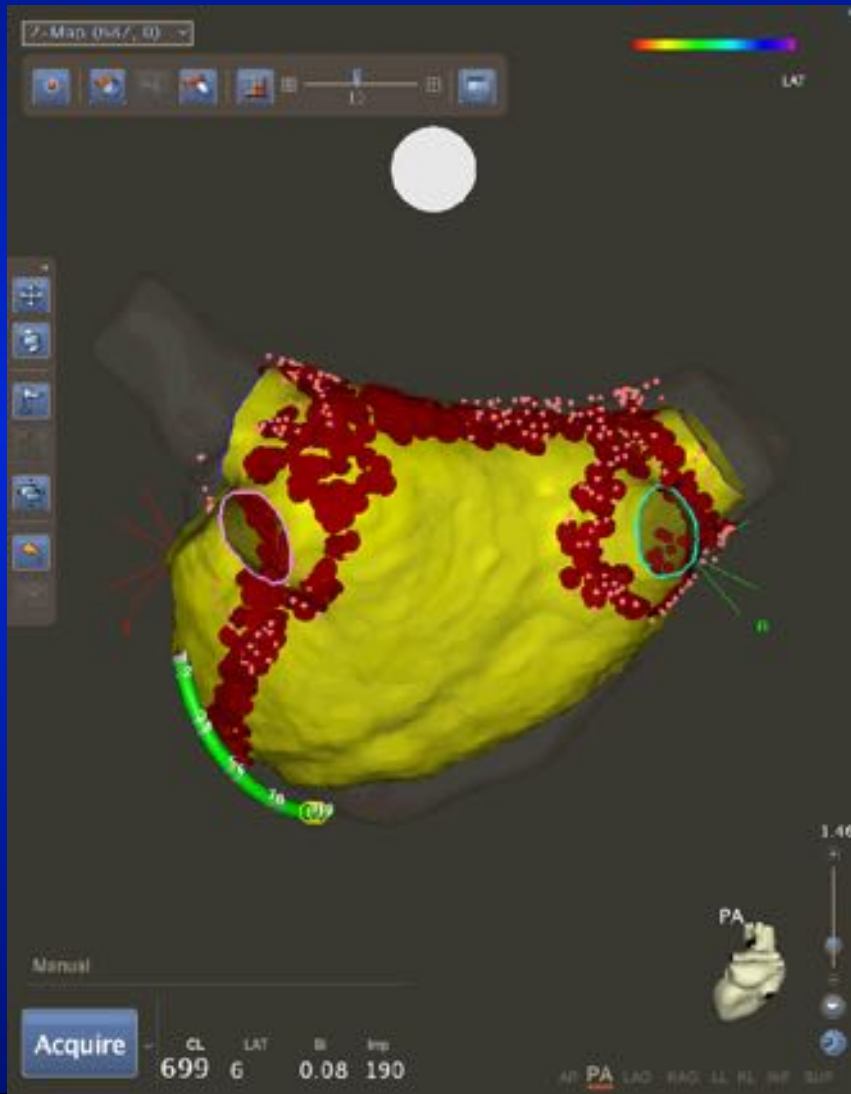
# SURGICAL CRIOABLATION

## CHRONIC AF IN VALVULAR PATIENTS





# “7” ablation scheme



Scaglione et al Unpublished data

## Scaglione et al. Unpublished data 55 Pts with long-term follow up

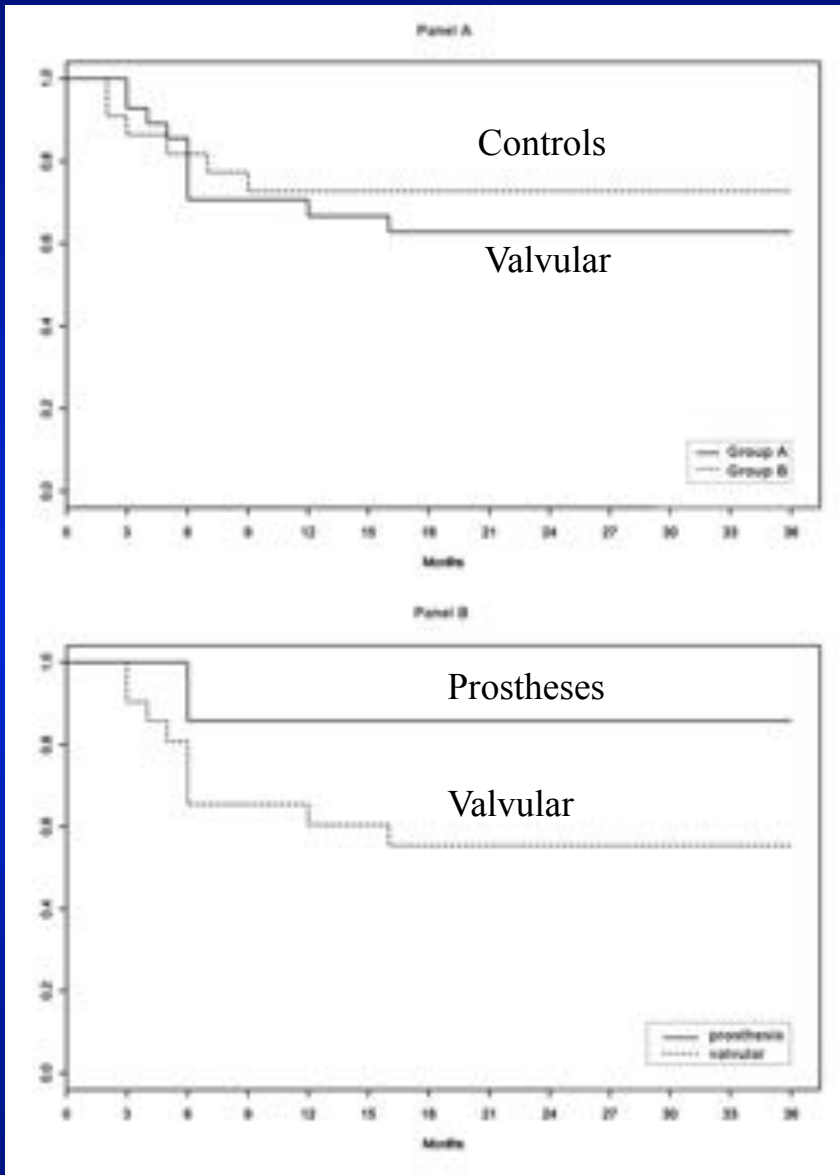
	Prosthetic population			Population with valvular disease		
	M	Ao	M + Ao	M	Ao	M + Ao
PAF	0	0	1	7	1	1
Pers AF	10	3	4	14	3	4
Perm AF	0	0	1	5	1	0
Stenosis	-	-	-	0	0	1
Regurgitation	-	-	-	24	4	5
Stenosis + Regurgitation	-	-	-	2	0	0

## Results after 2 procedures

**VALVULAR:** 64% were in SR without AAD follow-up 36 months

**Non VALVULAR:** 70% were in SR without AAD follow up 36 months

**VALVULAR:** 56 % were in SR senza AAD  
**PROSTHESES:** 88% were in SR without AAD follow up 36 months



## **2) CONCLUSIONS:**

**AF ablation in valvular and prosthetic pts is feasible**

**...success rate seems to be less good if compared with non valv. pts, however is quite satisfactory**

**...complications rate is similar ( non fatal complications higher in 1 report)**

**...requires higher Xray exposure**

**...F-up presents higher incidence of AT/flutter**

# Circulation

JOURNAL OF THE AMERICAN HEART ASSOCIATION



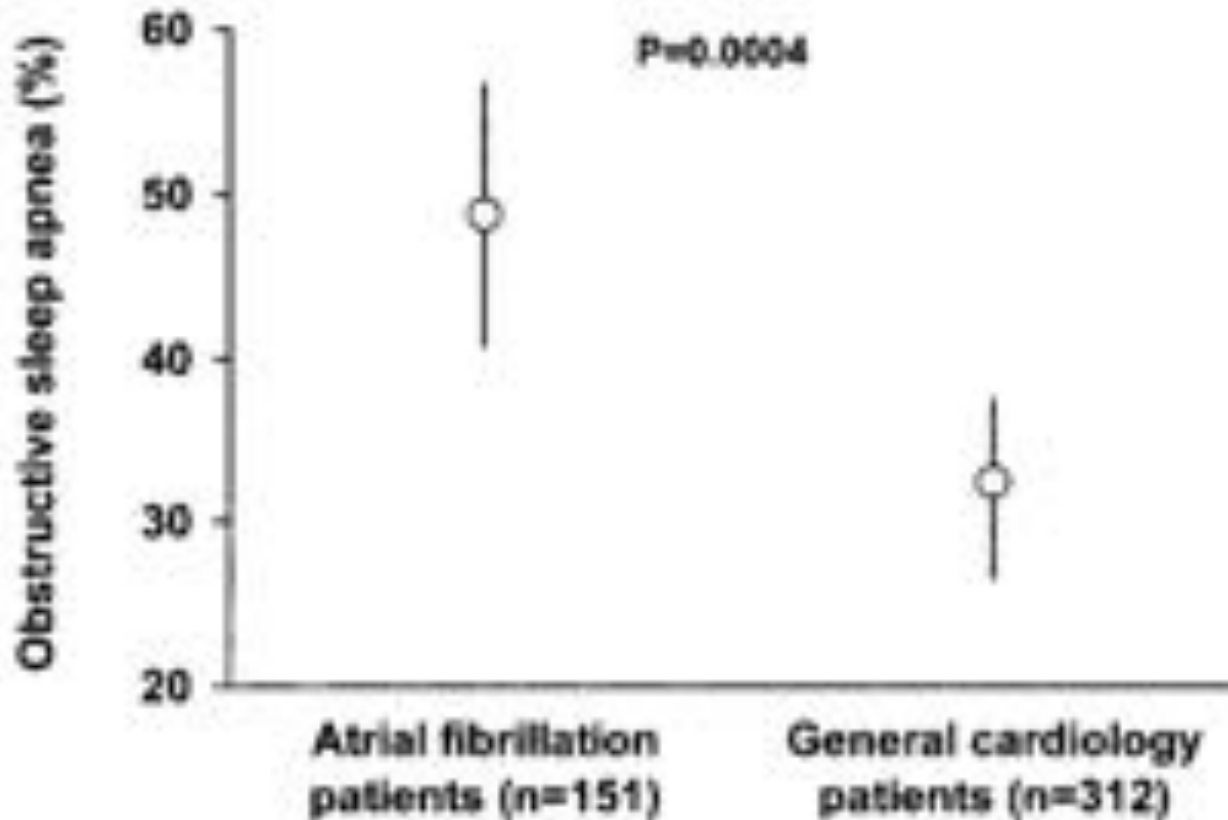
American  
Heart  
Association®

## Association of Atrial Fibrillation and Obstructive Sleep Apnea

Apoor S. Gami, Gregg Pressman, Sean M. Caples, Ravi Kanagala, Joseph J. Gard, Diane E. Davison, Joseph F. Malouf, Naser M. Ammash, Paul A. Friedman and Virend K. Somers

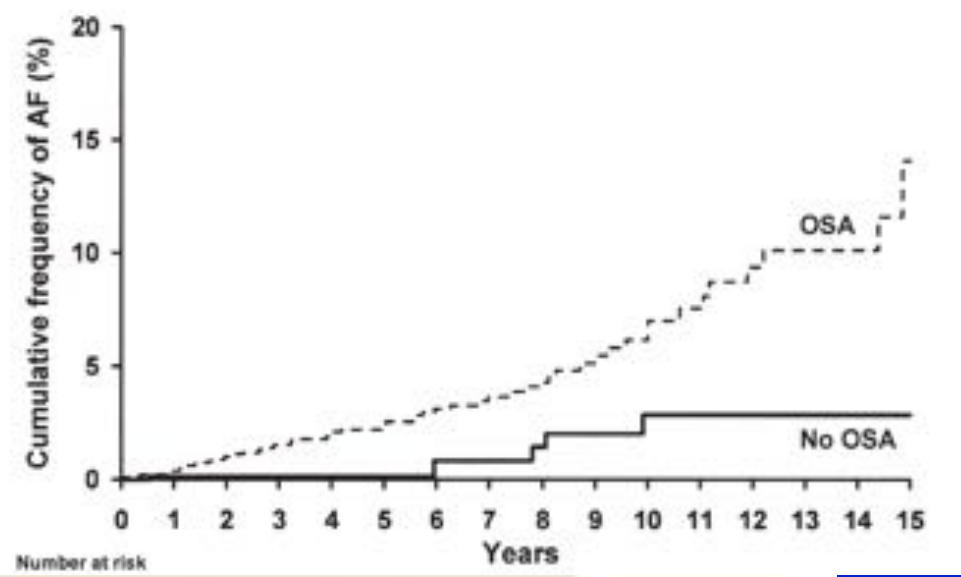
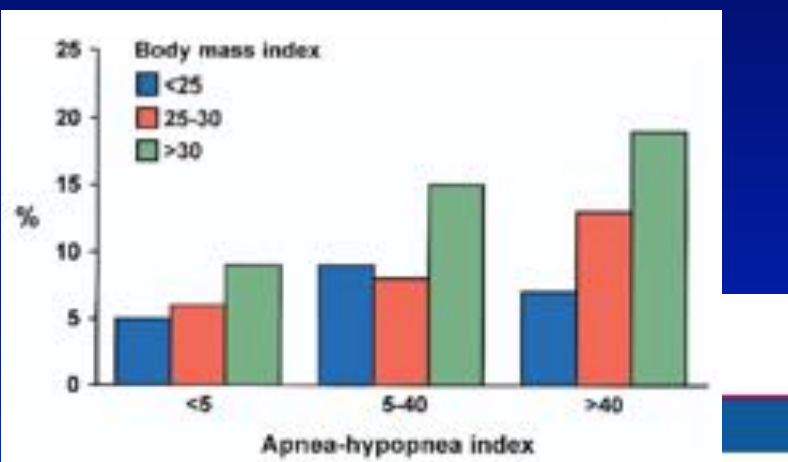
*Circulation*. 2004;110:364-367; originally published online July 12, 2004;  
doi: 10.1161/01.CIR.0000136587.68725.8E





**Prevalence of OSA is significantly higher in patients with AF than in patients without past or current AF**

**49% [95% CI 41% to 57%] vs 32% [95% CI 27% to 37%], p=0.0004**



### Obstructive Sleep Apnea

**Table 3** Risk of Incident Atrial Fibrillation, Multivariate Models

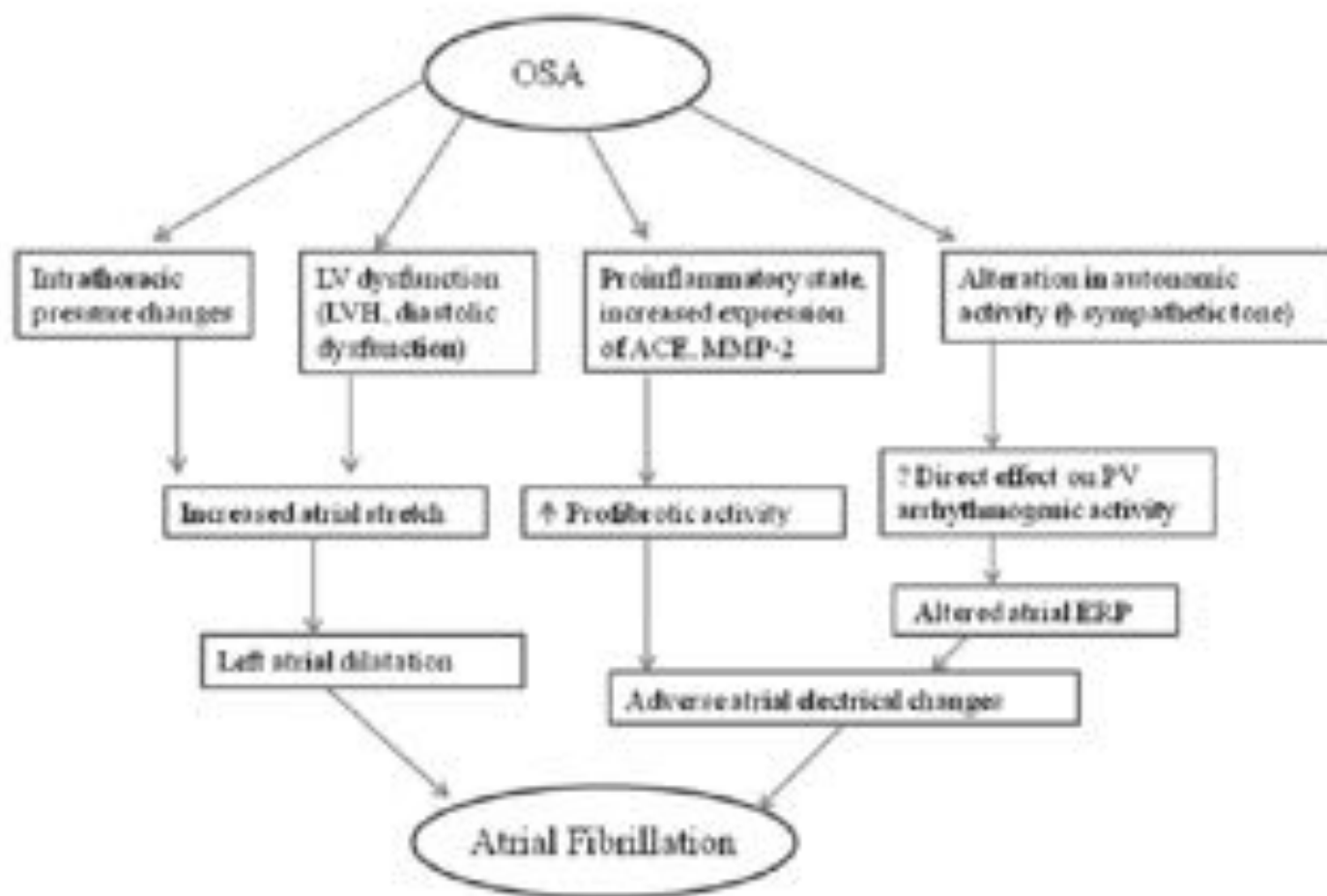
	HR	95% CI	p Value
<b>&lt;65 yrs old</b>			
Age (per 10 yrs)	2.04	1.48-2.80	<0.001
Male gender	2.66	1.33-5.30	0.006
Coronary artery disease	2.66	1.46-4.83	0.001
Body mass index (per 1 kg/m <sup>2</sup> )	1.07	1.06-1.10	<0.001
Decrease in nocturnal oxygen saturation (per -1%)*	3.29	1.35-8.04	0.009
<b>≥65 yrs old</b>			
Heart failure	7.68	4.32-13.66	<0.001

\*For a 0.5-U change in the logarithm of the difference between awake oxygen saturation and mean nocturnal oxygen saturation.

CI = confidence interval; HR = hazard ratio.



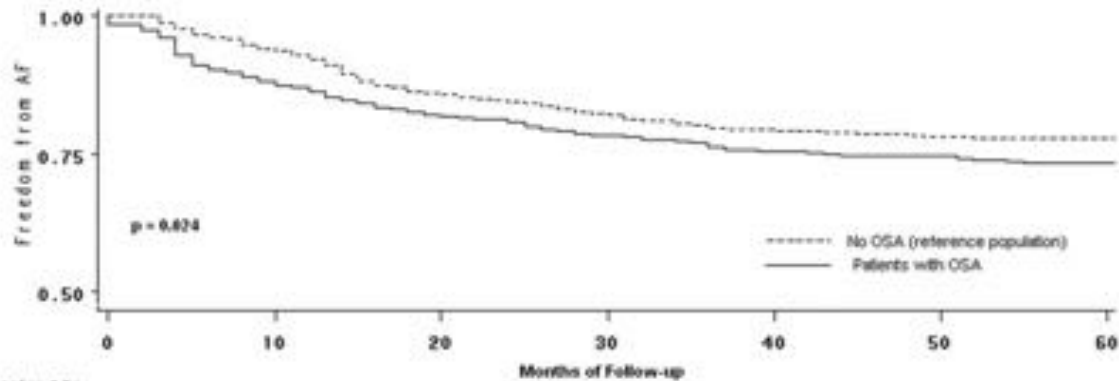
# Contributory mechanisms for the pathogenesis of AF in the patients with OSA



**Safety and Efficacy of Pulmonary Vein Antral Isolation in Patients With Obstructive Sleep Apnea: The Impact of Continuous Positive Airway Pressure**

Dimpi Patel, Prasant Mohanty, Luigi Di Biase, Mazen Shaheen, William R. Lewis, Kara Quan, Jennifer E. Cummings, Paul Wang, Amin Al-Ahmad, Preeti Venkatraman, Eyad Nashawati, Dhanunjaya Lakkireddy, Robert Schweikert, Rodney Horton, Javier Sanchez, Joseph Gallinghouse, Steven Hao, Salwa Beheiry, Deb S. Cardinal, Jason Zagrodzky, Robert Canby, Shane Bailey, J. David Burkhardt and Andrea Natale

*Circ Arrhythm Electrophysiol.* 2010;3:445-451; originally published online August 5, 2010;  
doi: 10.1161/CIRCEP.109.858381



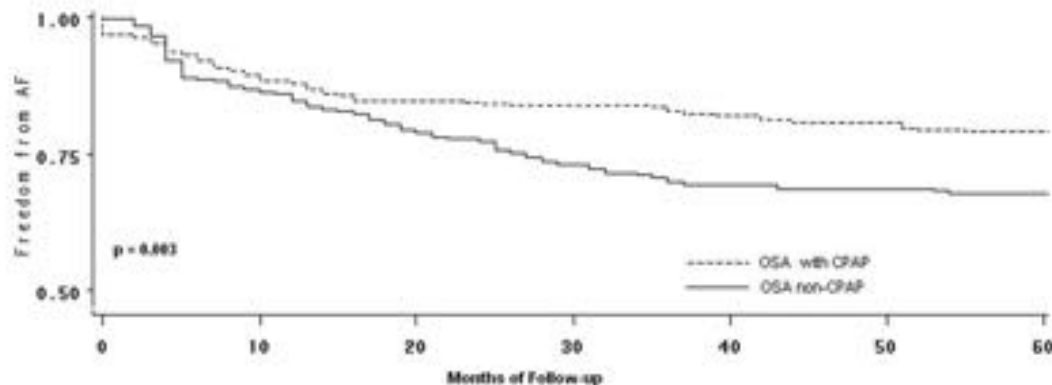
NON-OSA

# at risk	2360	2217	1898	1338	376	352	341
AF-free (95%CI)	1	0.94 (92-95)	0.86 (83-88)	0.82 (80-84)	0.79 (77-82)	0.78 (75-81)	0.78 (75-80)

OSA

# at risk	640	569	492	319	192	160	155
AF-free (95%CI)	1	0.87 (85-90)	0.82 (79-85)	0.78 (75-81)	0.75 (72-78)	0.74 (71-77)	0.73 (70-77)

Figure 2. Kaplan-Meier curve comparing freedom from AF recurrence among patients with and without OSA.



No CPAP

# at risk	325	277	230	181	90	89	84
AF-free (95%CI)	1	0.86 (82-90)	0.79 (74-83)	0.73 (68-78)	0.68 (64-74)	0.68 (63-73)	0.68 (62-73)

On CPAP

# at risk	315	282	258	134	103	76	71
AF-free (95%CI)	1	0.88 (85-92)	0.85 (81-89)	0.84 (80-88)	0.82 (78-86)	0.80 (75-84)	0.79 (75-84)

Figure 3. Kaplan-Meier curve showing probability of AF-free survival among patients with OSA+CPAP and OSA patients without CPAP.

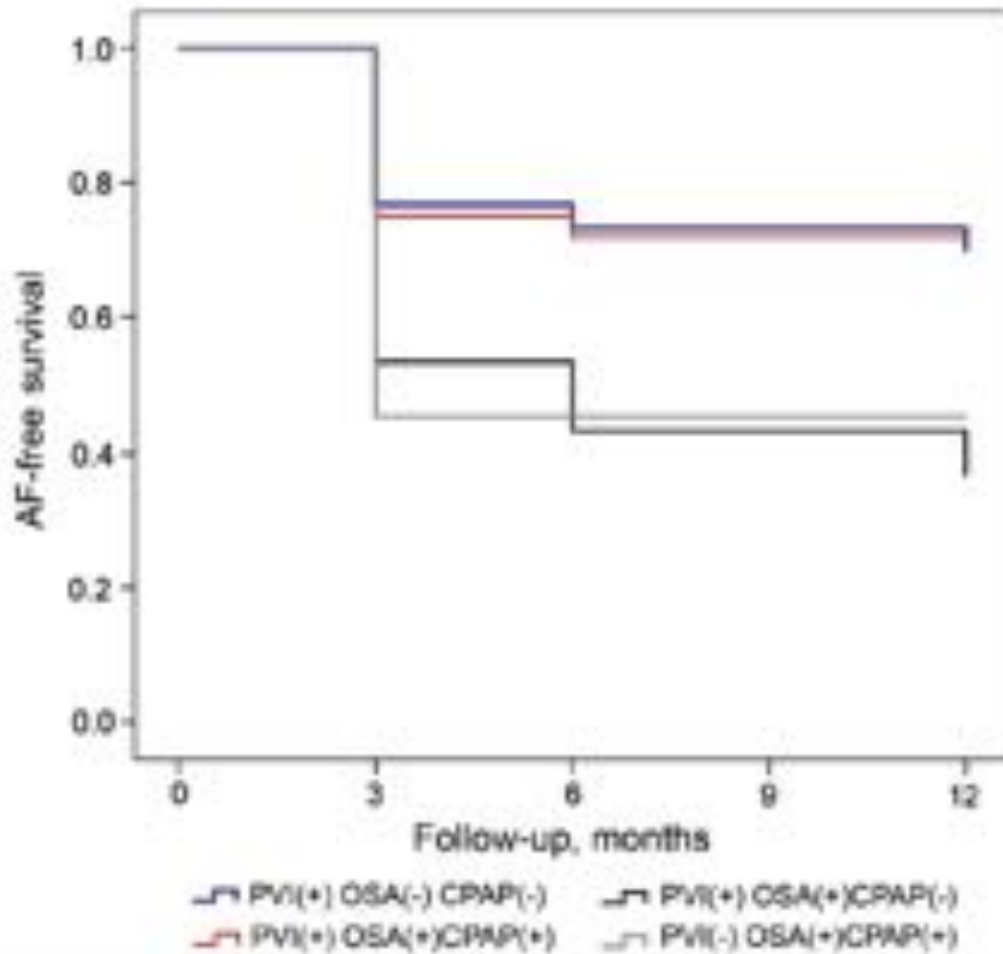
78% vs 73%,  
p=0.024

79% vs 68%,  
p=0.003

## **Treatment of Obstructive Sleep Apnea Reduces the Risk of Atrial Fibrillation Recurrence After Catheter Ablation**

Adam S. Fein, MD, Alexei Shvilkin, MD, PhD, Dhaval Shah, MD, Charles I. Haffajee, MD, Saumya Das, MD, Kapil Kumar, MD, Daniel B. Kramer, MD, Peter J. Zimetbaum, MD, Alfred E. Buxton, MD, Mark E. Josephson, MD, Elad Anter, MD

*Boston, Massachusetts*



**Figure 2**

**Kaplan-Meier Survival Curves According to Treatment Group**

Logrank  $p = 0.02$ . AF = atrial fibrillation; other abbreviations as in Figure 1.

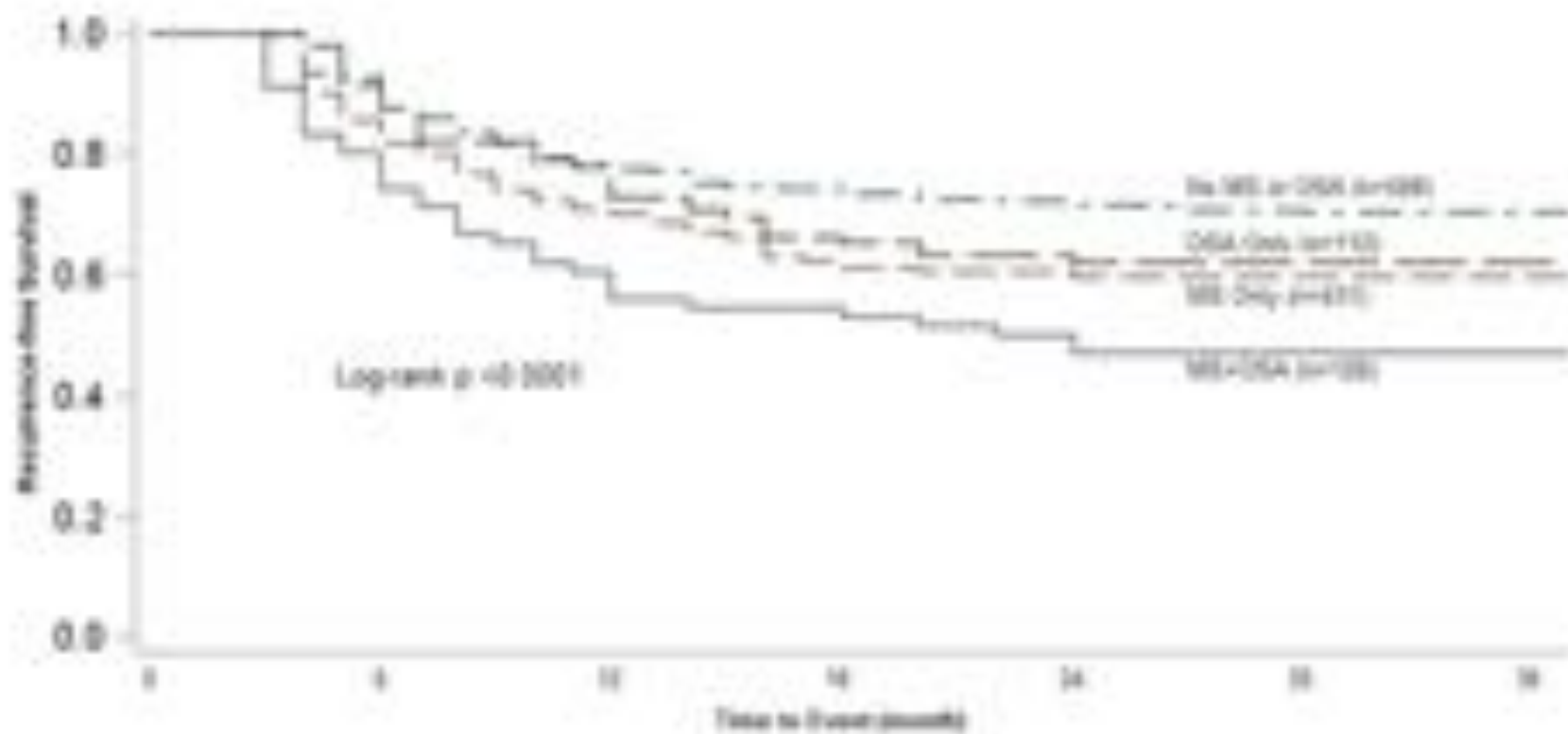
### CPAP therapy:

- **↑**AF free survival rate (71.9% vs 36.7%,  $p=0.01$ )
- **↑**AF-free survival off AAD or redo ablations (65.6% vs 33.3%,  $p=0.02$ )

AF recurrence rate of CPAP patients was similar to a group of patients without OSA (HR0.7,  $p=0.46$ )

# Long-Term Outcome of Catheter Ablation in Atrial Fibrillation Patients with Coexistent Metabolic Syndrome and Obstructive Sleep Apnea: Impact of Repeat Procedures versus Lifestyle Changes

SANGHAMITRA MOHANTY, M.D., M.S., F.H.R.S.,<sup>\*,†</sup> PRASANT MOHANTY, M.B.B.S., M.P.H.,<sup>\*</sup> LUIGI DI BIASE, M.D., Ph.D., F.H.R.S.,<sup>\*,‡,§,¶</sup> RONG BAI, M.D., F.H.R.S.,<sup>\*,#</sup> CHINTAN TRIVEDI, M.D., M.P.H.,<sup>\*</sup> PASQUALE SANTANGELI, M.D.,<sup>\*,§</sup> FRANCESCO SANTORO, M.D.,<sup>§</sup> RICHARD HONGO, M.D.,<sup>||</sup> STEVEN HAO, M.D.,<sup>||</sup> SALWA BEHEIRY, R.N.,<sup>||</sup> DAVID BURKHARDT, M.D.,<sup>\*</sup> JOSEPH G. GALLINGHOUSE, M.D.,<sup>\*</sup> RODNEY HORTON, M.D.,<sup>\*</sup> JAVIER E. SANCHEZ, M.D.,<sup>\*</sup> SHANE BAILEY, M.D.,<sup>\*</sup> PATRICK M. HRANTZKY, M.D.,<sup>\*</sup> JASON ZAGRODZKY, M.D.,<sup>\*</sup> and ANDREA NATALE, M.D., F.H.R.S., F.E.S.C., F.A.C.C.,<sup>\*,‡,||,\*,†,‡,||</sup>





## Efficacy of catheter ablation of atrial fibrillation in patients with obstructive sleep apnoea with and without continuous positive airway pressure treatment: a meta-analysis of observational studies

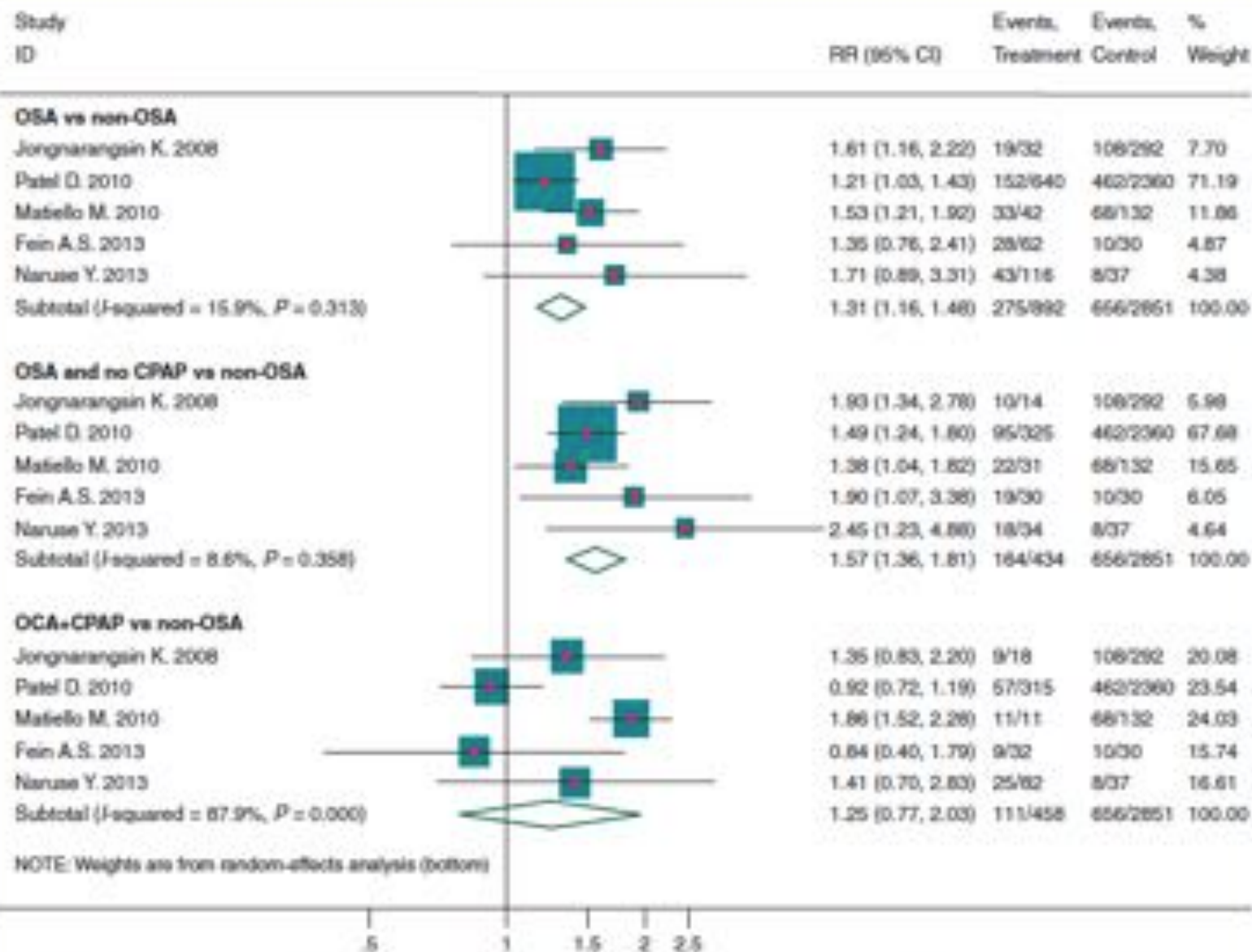
Li Li<sup>1\*</sup>, Zeng-wu Wang<sup>2</sup>, Jie Li<sup>1</sup>, Xing Ge<sup>1</sup>, Li-zhu Guo<sup>1</sup>, Ying Wang<sup>1</sup>, Wei-hua Guo<sup>1</sup>, Chen-xi Jiang<sup>3</sup>, and Chang-sheng Ma<sup>1,3\*</sup>

**Table 1** Study characteristics

Publication year and principal investigator	Study method	AF treatment method	OSA diagnostic method	OSA treatment method	Detection methods of AF recurrence	Loss to follow-up (n)	Interval of follow-up (months)	Quality score
2008 Jongnarangsin et al. <sup>8</sup>	Retrospective observation	Ablation: PV CFAE	PSG	CPAP	Self-report	0	7	8
2010 Patel et al. <sup>9</sup>	Retrospective evaluation	Ablation: PV, LA posterior wall or superior vena cava	PSG	CPAP	Documented AF	0	20	9
2010 Madiello et al. <sup>1</sup>	Retrospective observation	Ablation: PV, LA roof and posterior wall	BQ PSG	CPAP	Documented AF	0	12	8
2013 Fein et al. <sup>18</sup>	Retrospective observation	Ablation: PV	PSG	CPAP	Documented AF	0	12	9
2013 Naruse et al. <sup>14</sup>	Prospective case-control	Ablation: PV, LA posterior wall, or superior vena cava	PSG	CPAP	Documented AF	0	18	9

BQ, Berlin questionnaire; CFAE, complex fractionated atrial electrogram; LA, left atrial; PSG, polysomnography; PV, pulmonary vein isolation; AF, atrial fibrillation; OSA, obstructive sleep apnoea.





**Figure 2** Forest plot in the comparison of AF recurrence after catheter ablation in patients with OSA and non-OSA (top), OSA and no CPAP vs non-OSA (middle), OSA + CPAP and non-OSA (bottom).

### **3) CONCLUSIONS:**

**AFib ablation success in OSAS is less good  
than in controls**

**...CPAP after ablation is able to reduce this  
success gap**

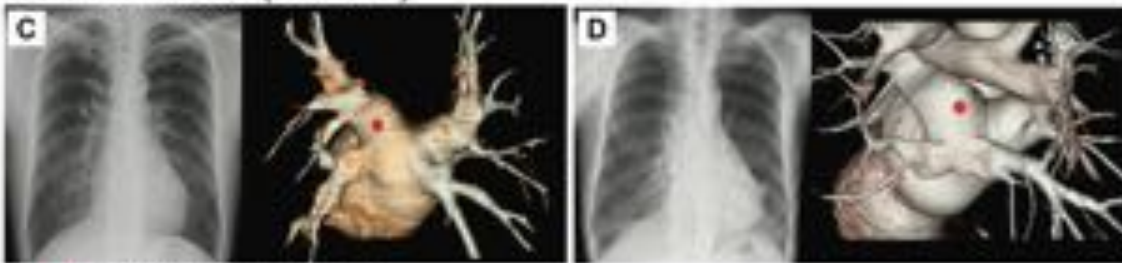
# Catheter Ablation of Atrial Fibrillation in Patients With Chronic Lung Disease

Seung-Young Roh, MD; Jong-Il Choi, MD, PhD; June Young Lee, PhD; Jae-Jin Kwak, MD; Jae-Seok Park, MD; Ji-Bak Kim, MD; Hong-Euy Lim, MD, PhD; Young-Hoon Kim, MD, PhD

## Patients with destructive lung due to Tuberculosis (A and B)



## COPD Patients (C and D)



● : arrhythmogenic focus

Figure 1. Chest radiographs and pulmonary vein computed tomography 3-dimensional reconstruction images of the representative patients in the chronic lung disease group. A and B, Images of the patients with a lung destroyed by tuberculosis. C and D, Images of patients with chronic obstructive pulmonary disease (COPD). A red dot indicates the site of arrhythmogenic focus-initiated atrial fibrillation in each patient.

Circ Arrhyth Electrophysiol 2011

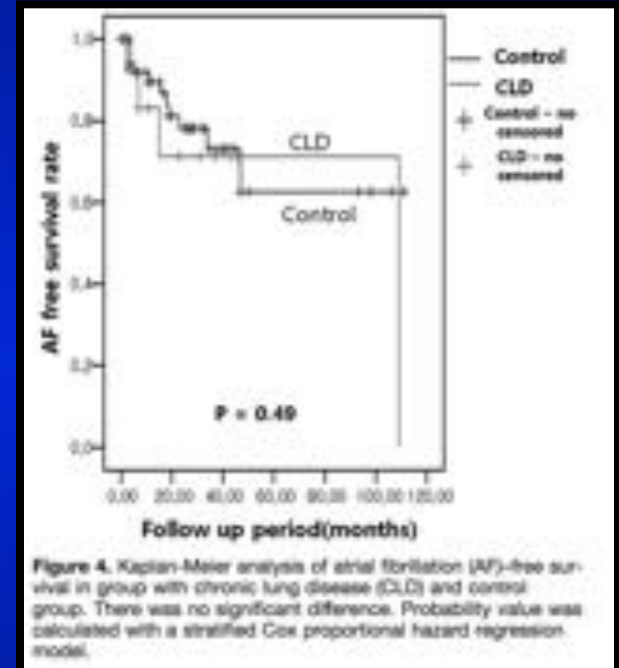
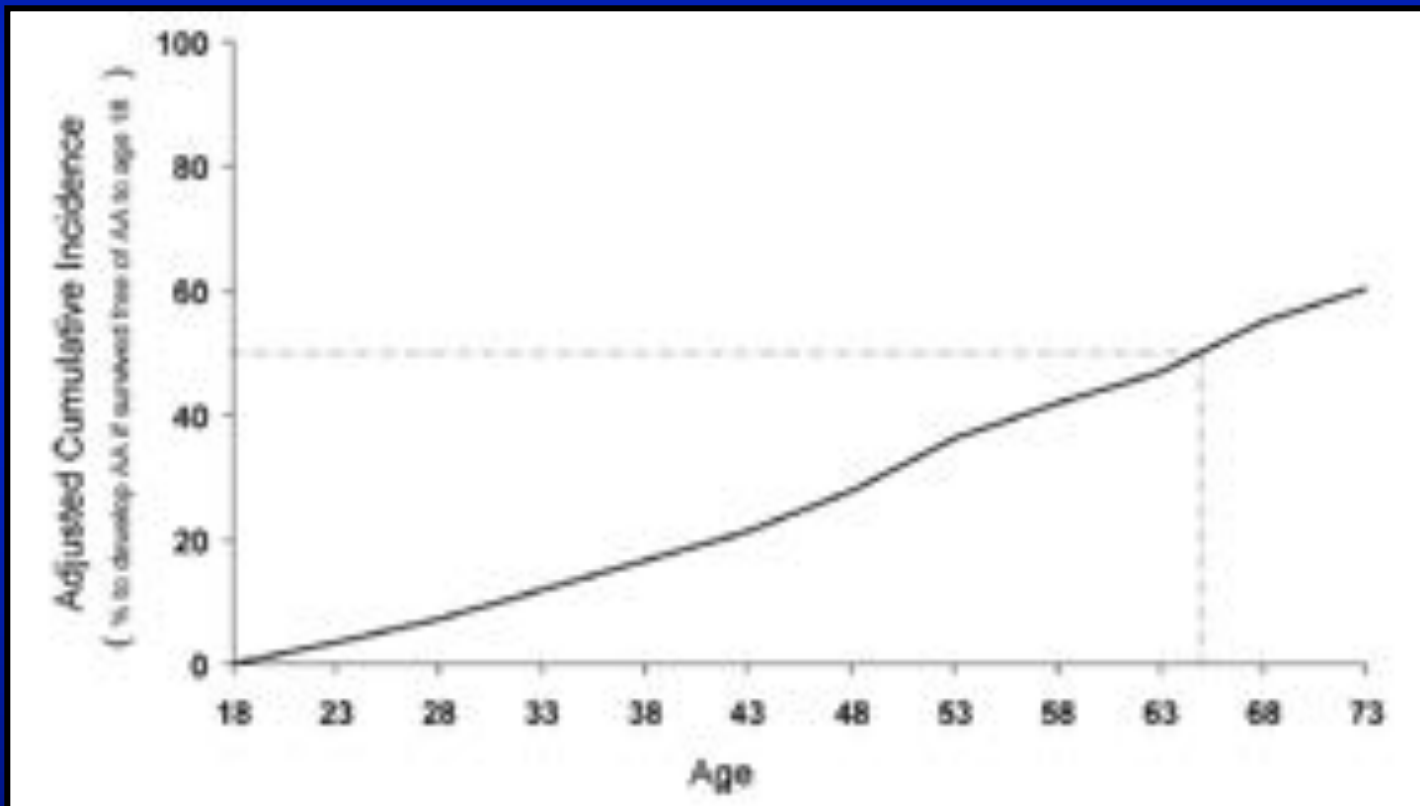


Figure 4. Kaplan-Meier analysis of atrial fibrillation (AF)-free survival in group with chronic lung disease (CLD) and control group. There was no significant difference. Probability value was calculated with a stratified Cox proportional hazard regression model.

**AF pts with CLD have significant alterations in PV anatomy related to foci. Higher prevalence of RA foci. RFCA can be performed safely with a comparable success rate to that in patients with normal lungs.**

# Atrial Arrhythmias in Adults with Congenital Heart Disease: *Age Distribution*



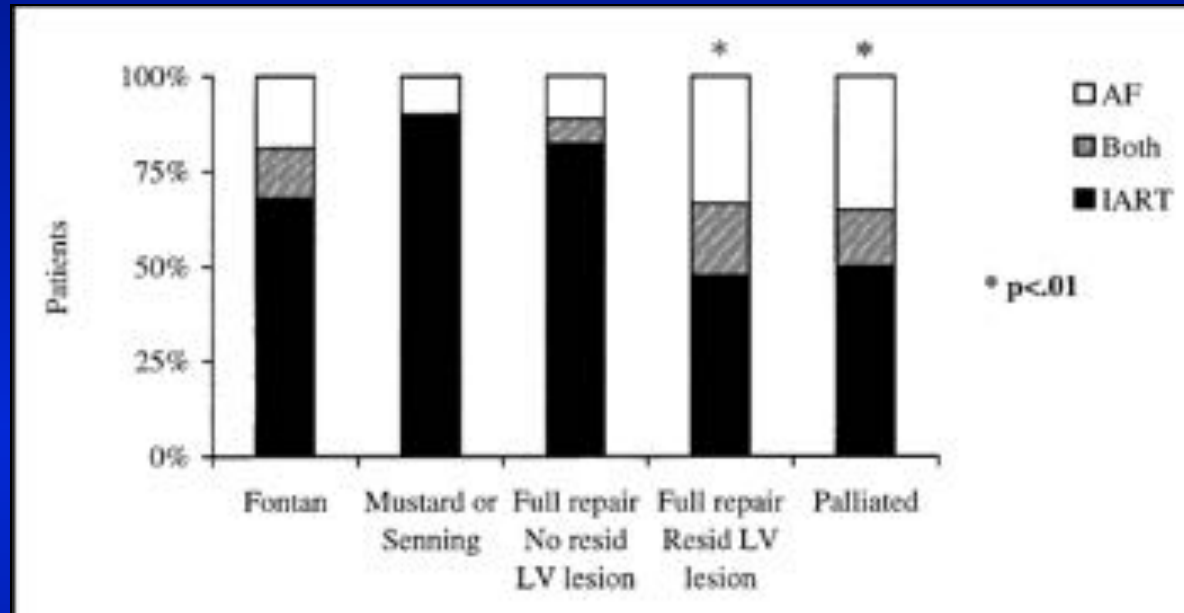
# Interventional Electrophysiology in Patients With Congenital Heart Disease

Relative Risk for Specific Arrhythmias in Common Congenital Heart Defects

	LRT	AF	WPW	VT/SCD	SA Node Dysfunction	Spontaneous AV Block	Traumatic AV Block
VSD	+			+			+
ASD	+	+					
TOF	++			++			+
AS		+		++			+
D-TGA (M&S)	+++			++	+++		
CAVC	+					+	++
SING V (F)	+++	+		+	+++		
L-TGA	+		++	+		++	+++
Ebstein's anomaly	++		+++	+			

AF indicates atrial fibrillation; WPW, Wolff-Parkinson-White syndrome; SCD, sudden cardiac death; SA, sinoatrial; VSD, ventricular septal defect; ASD, atrial septal defect; TOF, tetralogy of Fallot; AS, aortic stenosis; M&S, after the Mustard or Senning operation; CAVC, common AV canal defect; SING V (F), single ventricle after the Fontan operation; + + +, high risk; + +, moderate risk; and +, slight risk.

## Prevalence of AF and IART in Congenital Heart Disease



- ✓ Up to a third of patients with CHD and atrial tachycardia who require cardioversion may have AF
- ✓ Patients with significant and unrepaired lesion may be relatively more prone to AF

# Clinical case

R.G. Male, 66 y

Diabetes mellitus, smoker, hiatal hernia, previous dysthyroidism.

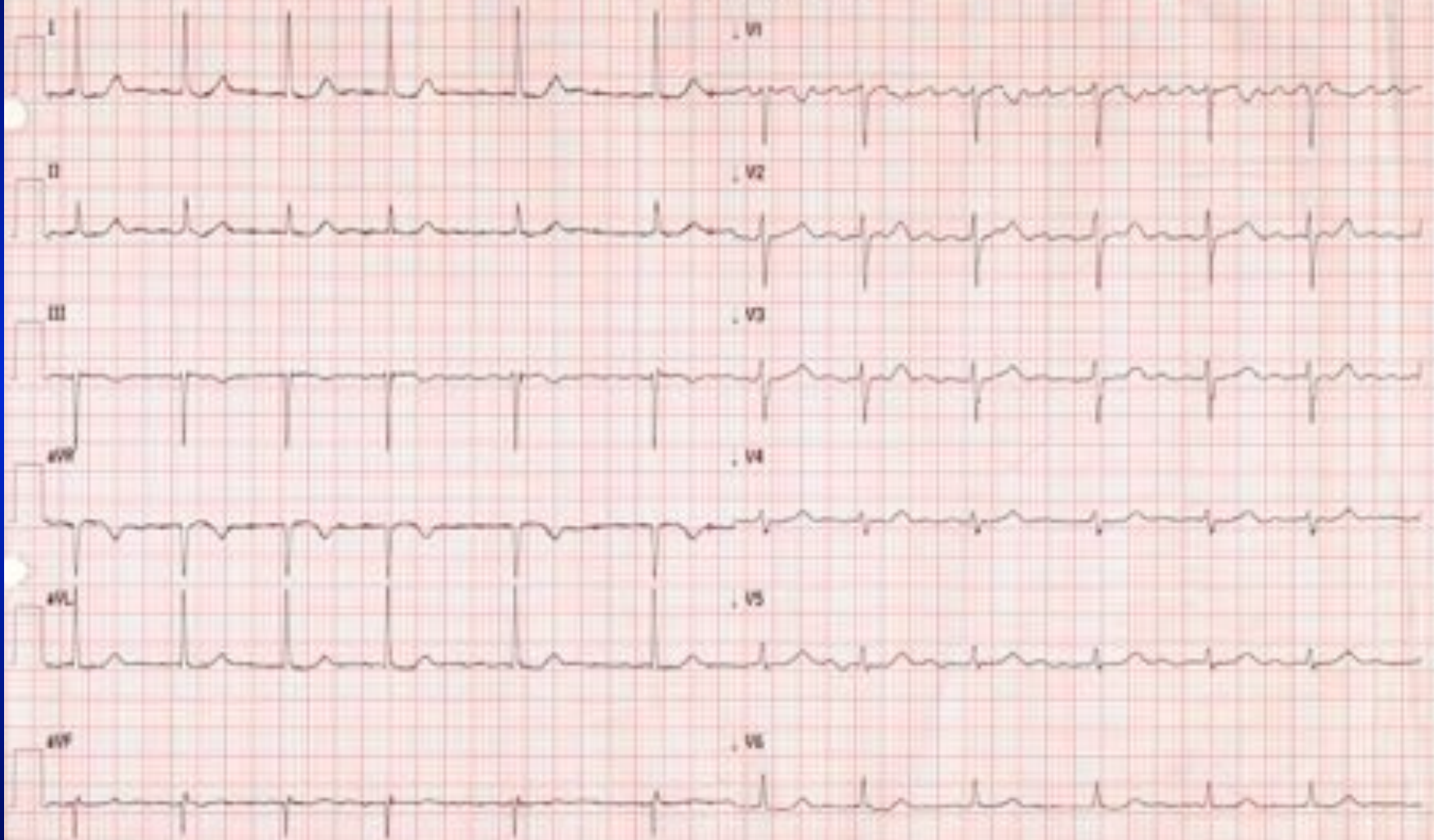
*Congenital heart disease: interatrial septal defect (ostium primum) and pulmonary valve stenosis > surgical repair in 1986 (39y)*

1997 (50y) Atrial flutter → EP study → typical atrial flutter → *IVC-TA isthmus ablation*

2010 (63y) new episodes of atrial flutter/AF (pharmacological CV with propafenone/amiodarone) → prophylaxis with propafenone 325 mg bid → very frequent AF episodes → *indication to ablation*



REPORT NON CONFERMATO





# Update on Interventional Electrophysiology in Congenital Heart Disease

## Evolving Solutions for Complex Hearts

### Ablation for AF in CHD

As mentioned, AF is emerging as a more significant problem as patients with CHD attain older ages.<sup>12</sup> There is now a small but growing literature describing catheter ablation of AF for this population. Most cases have involved fairly straightforward lesions, such as atrial septal defects,<sup>43,46</sup> although a few reports of more complex anatomy also exist. One item that may set these cases apart from more conventional AF ablation in a structurally normal heart is the challenge of achieving left atrial access across patches and septal occlusion devices, but there is now ample evidence that this can be accomplished safely.<sup>23,45,46</sup> Catheter ablation for AF will almost certainly become a more common intervention for CHD in the near future.

## Very long-term results of electroanatomic-guided radiofrequency ablation of atrial arrhythmias in patients with surgically corrected atrial septal defect

**Table 1** Baseline characteristics

Males/females	18/28
Patients' mean age (years)	49 ± 13
Patients' mean age at surgery (years)	25 ± 13
Defect type	
Ostium secundum ASD	41/46
Ostium primum ASD	5/46
Known correction modality	28/46
Autologous/synthetic patch	17/28
Continuous suture	10/28
Combined approach	1/28
Second surgical intervention	6/46
Surgical reintervention on ASD	3/6
Percutaneous closure of ASD	1/6
Botallo duct closure	1/6
Right outflow tract reconstruction	1/6





## Very long-term results of electroanatomic-guided radiofrequency ablation of atrial arrhythmias in patients with surgically corrected atrial septal defect

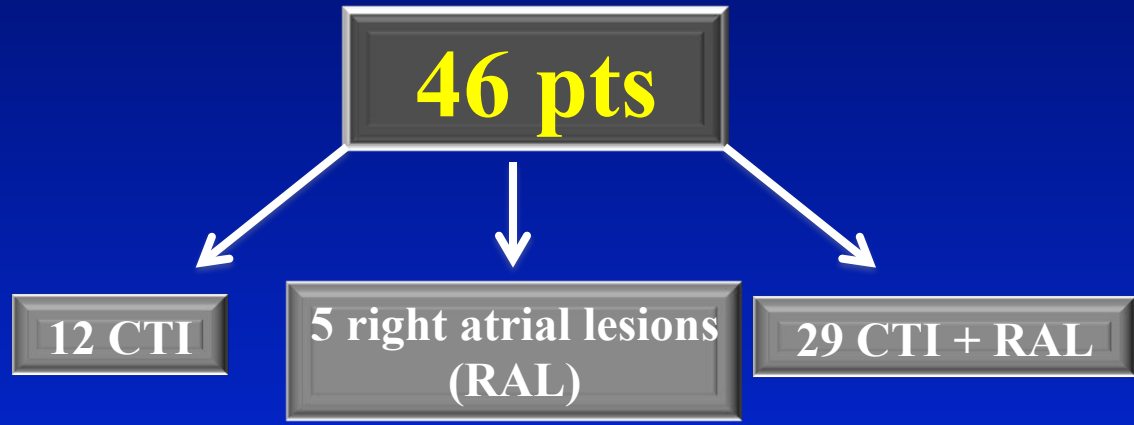
Arrhythmia's onset after surgery (years)	19 ± 12
Symptoms	40/46
Arrhythmia	
Typical atrial flutter	22/46
Atypical atrial flutter	16/46
Atrial tachycardia	8/46

AF present in 40 % of pts

# Long Term Ablation Results (FU 7 ± 3.8 y)

**Successful single  
ablation procedure  
35/46 (76%)**

**I**



**11 pts**

## OVERALL RESULTS

**Success without  
AAD 40/46 (87%)**

**Success with AAD  
44/46 (96%)**

**Consent denied  
2/46 (4%)**

**Nn induc -> AAD**

**III**

**2 Recurrences  
(1 RAL, 1 Atypical A Fl)**

# Pulmonary Vein Isolation for the Treatment of Drug-Refractory Atrial Fibrillation in Adults with Congenital Heart Disease

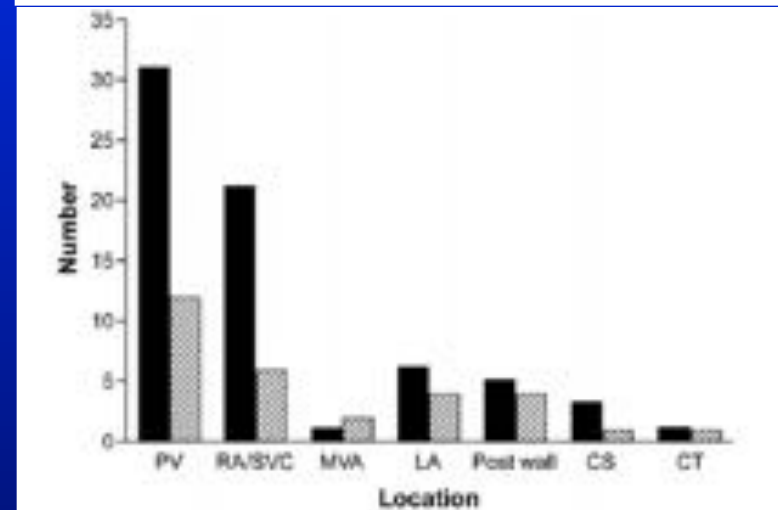
## Congenital Heart Disease (36pts)

- Atrial septal defect 22 (61%)
- Ventricular septal defect 6 (17%)
- Tetralogy of Fallot 1 (3%)
- Double outlet left LV and TGA 1 (3%)
- Coartation of aorta 1 (3%)
- Epstain anomaly 3 (8%)
- Bland-Garland White Syndrome 2 (6%)

## Noncongenital Structural Heart Disease (355):

- Coronary artery disease
- Valvular heart disease
  - EF <50%
- Prior noncongenital cardiac surgery

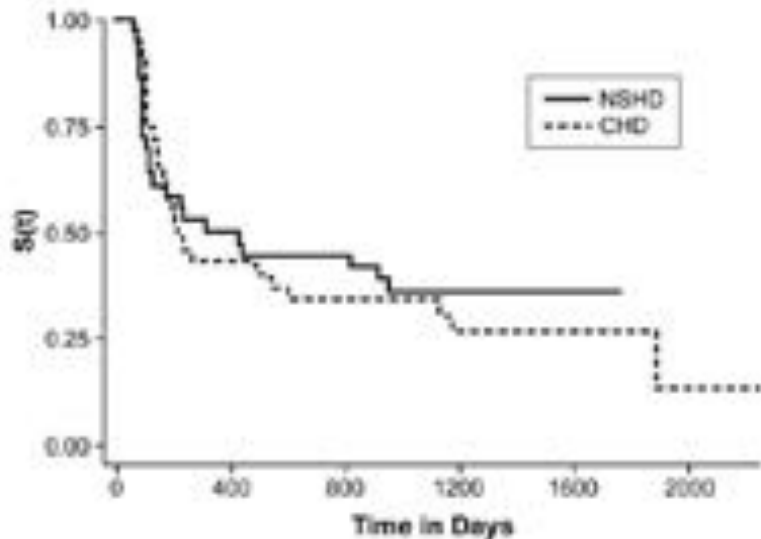
## AF Ablation



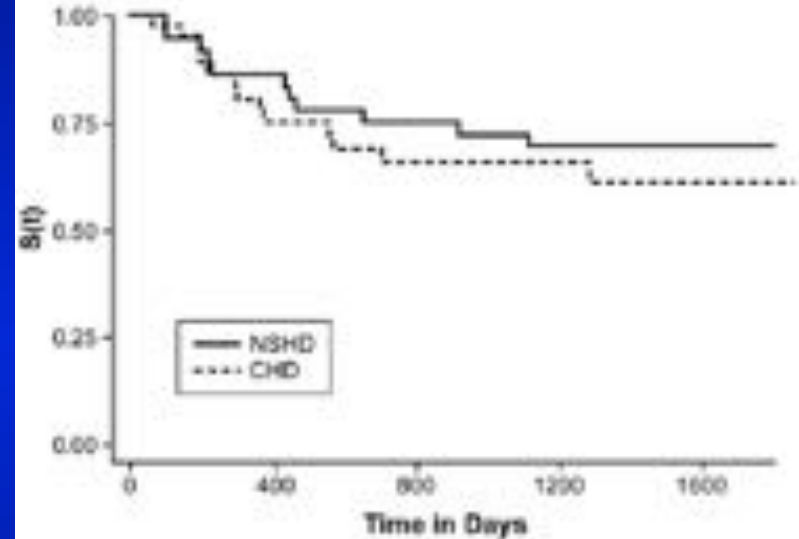


# Pulmonary Vein Isolation for the Treatment of Drug-Refractory Atrial Fibrillation in Adults with Congenital Heart Disease

## Success off ADD



## Success on ADD



Two pts with Tetralogy of Fallot and TGA failed ablation attempts “as many of the ablation catheters were not designed to reach the left atrium and PVI”

	CHD	NSHD	P value
Complications n (%)	n = 36	n = 355	
Mean	6 (17%)	38 (11%)	.42
Vascular access site	3 (8%)	5 (1%)	<.05
Embolic event	1 (3%)	0 (0%)	.5
Pulmonary stenosis	2 (5%)	29 (8%)	.47
Stroke	0 (0%)	4 (1%)	.5

# Clinical case

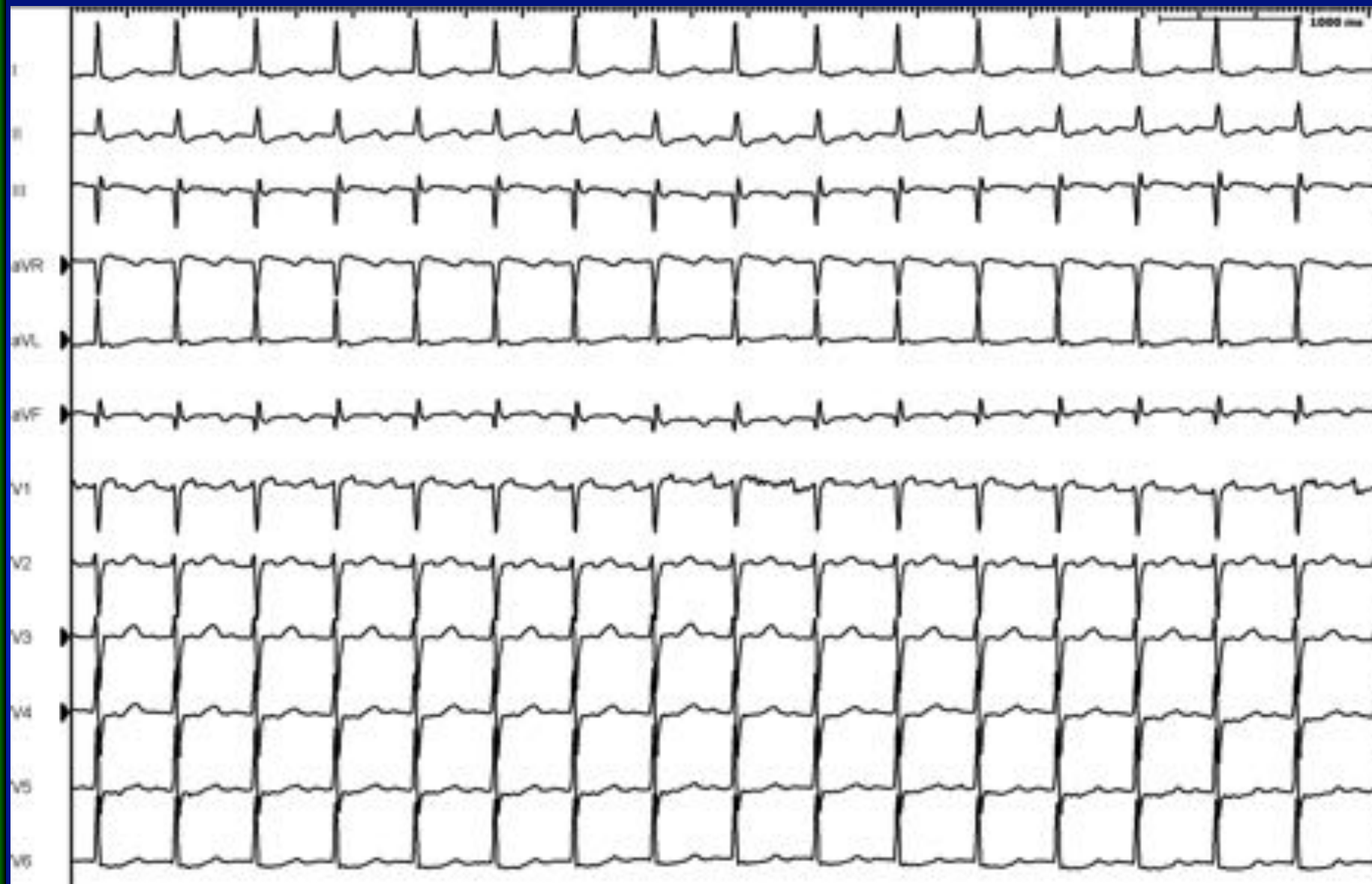
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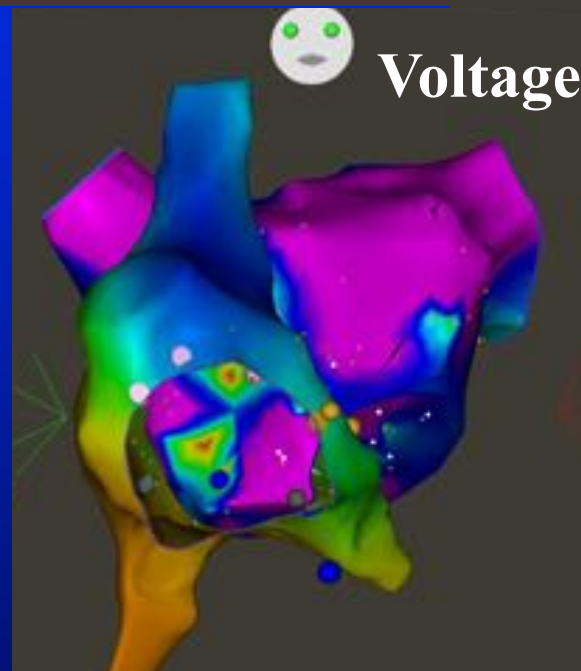
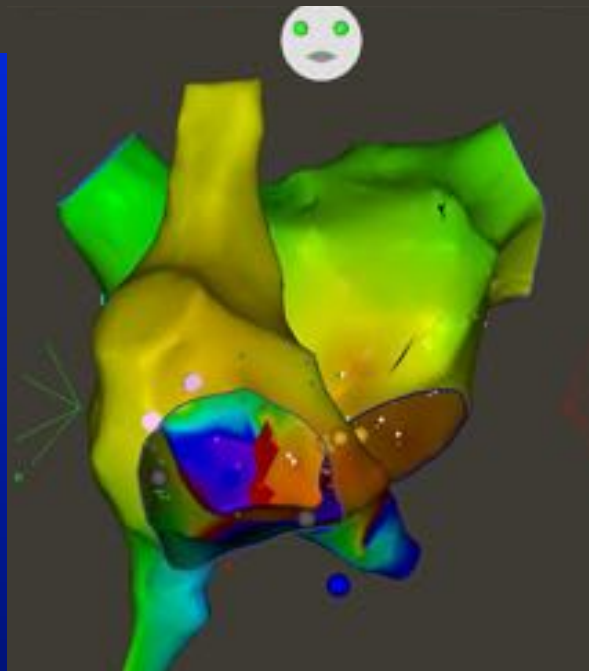
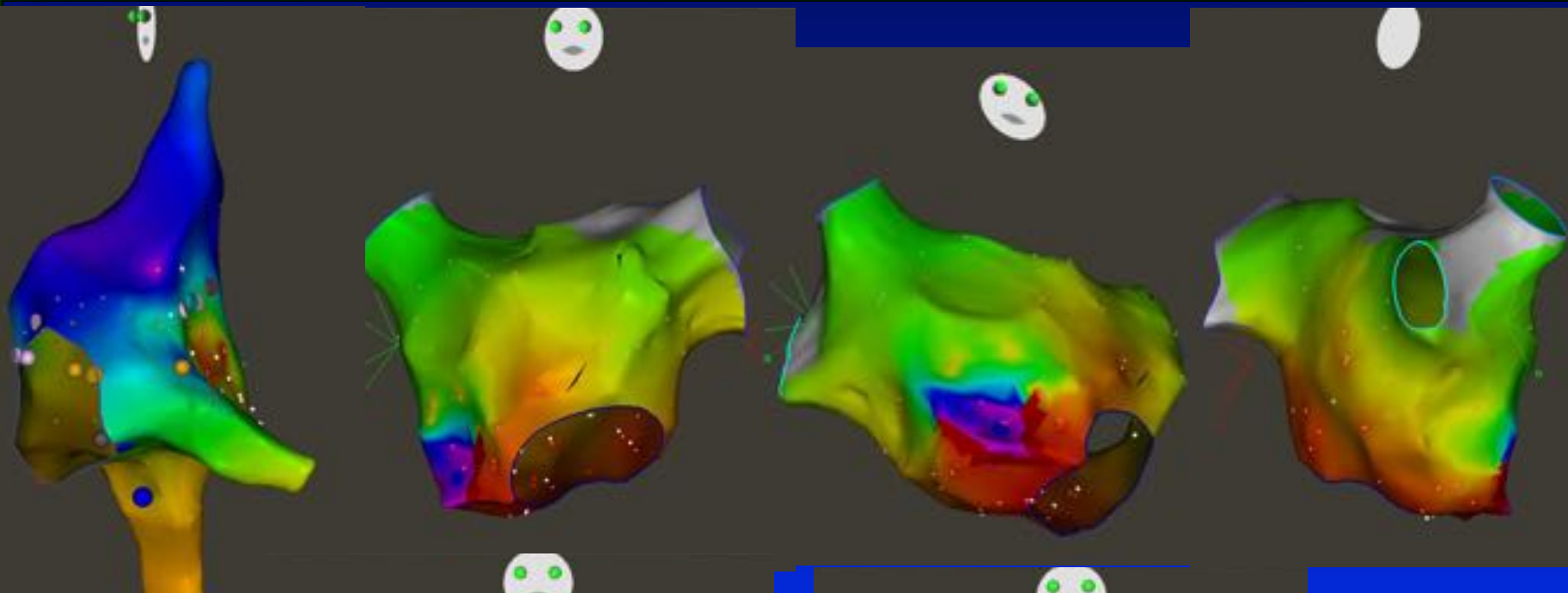
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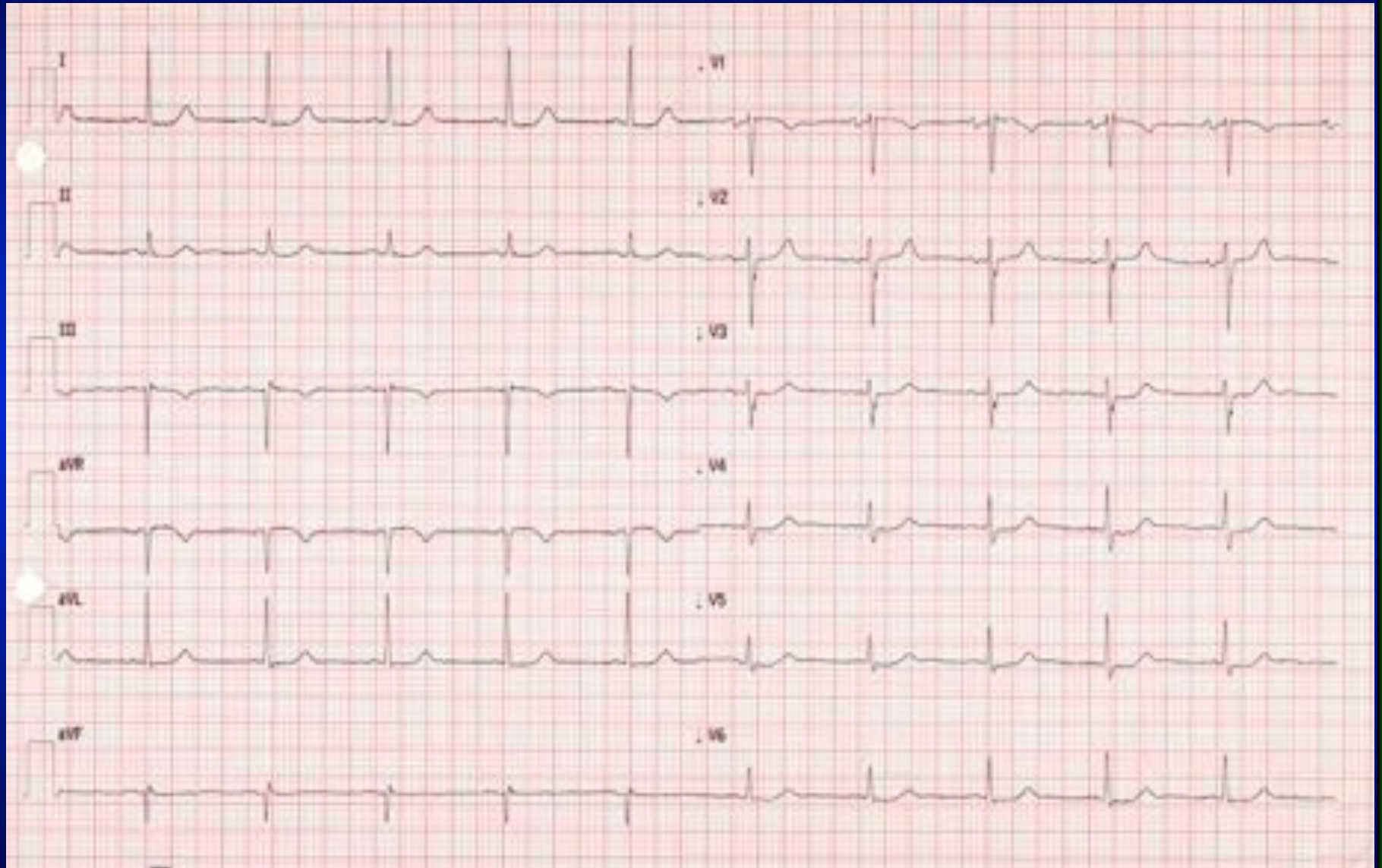




Voltage map



# Follow up



#### **4) CONCLUSIONS:**

**AF is less frequent than IART in GUCH**

**First we have to eliminate the circuits related to IART**

**AF ablation is feasible but require experienced centers**

**AF ablation results are less good and similar to NCSHD**

**The importance of patient selection**



# SR

**3 rd**

**2 nd**

**1 st**



**It is convenient to intervene  
at an early stage**

**...before it's too late**

