



# Balloons, lasers, contact force sensing: will new technologies improve results of AF ?

Claudio Tondo, MD, PhD

*Cardiac Arrhythmia Research Centre*

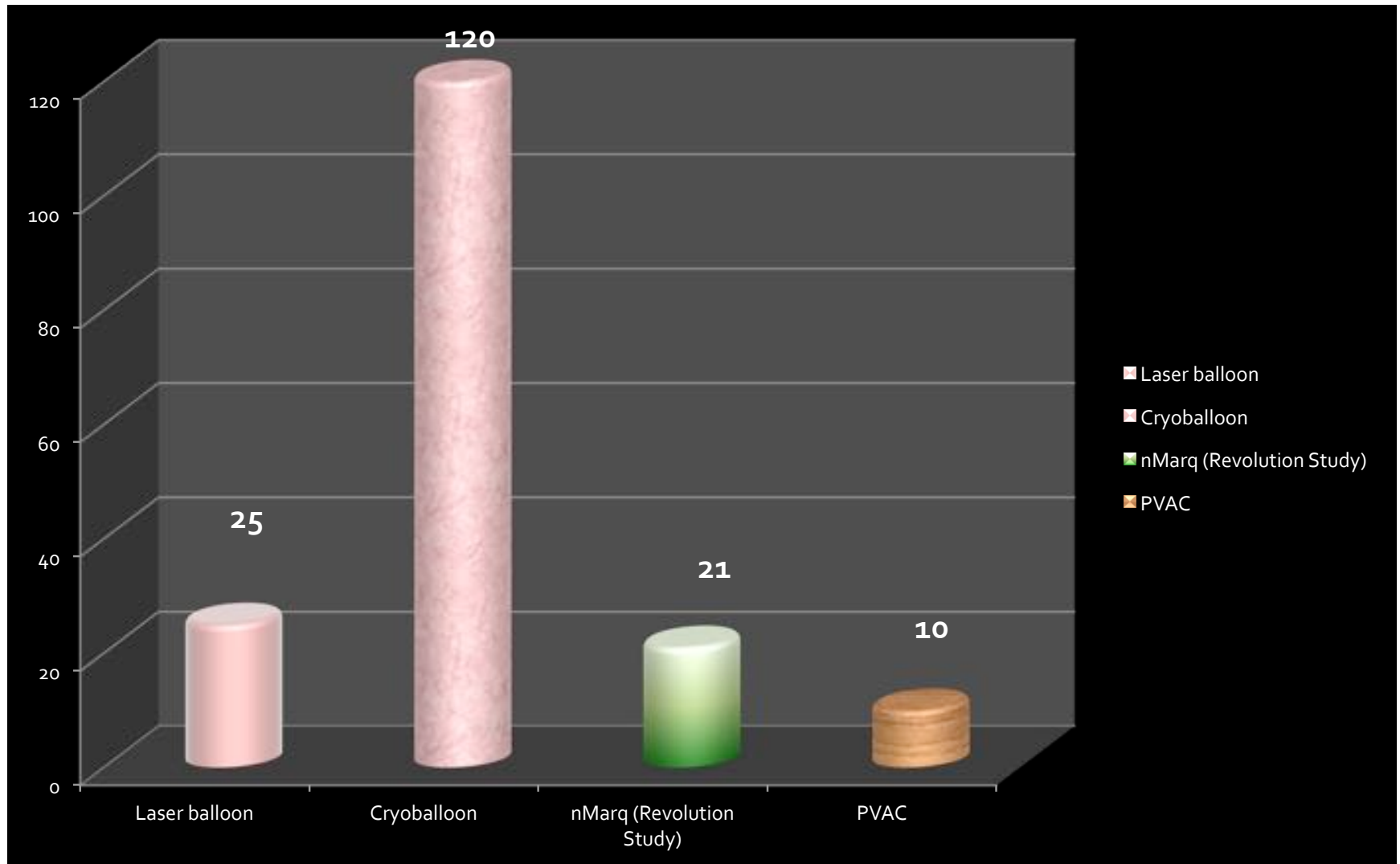
*Centro Cardiologico Monzino, IRCCS*

*Dept. of Cardiovascular Sciences-University of Milan, Milan, Italy*

*and*

*Texas Cardiac Institute, Austin, Tx, USA*

# NEW TECHNOLOGIES UPDATE: CUMULATIVE CCM EXPERIENCE



# Technology Advancement for Atrial Fibrillation Ablation

## AGENDA

### - Balloon-based technology :

- 1 . Cryo energy
2. Laser energy

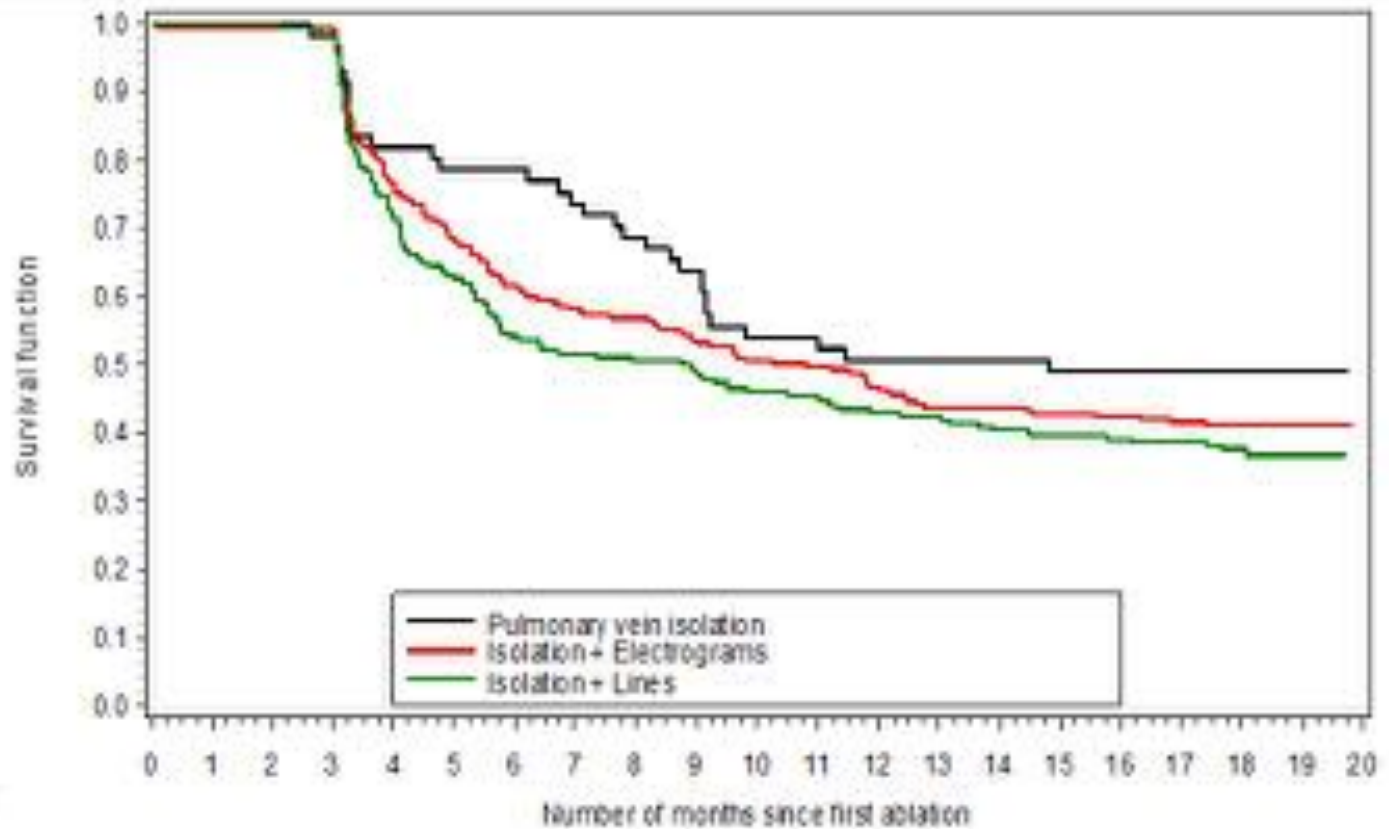
### - Loop-shaped mapping catheters:

1. N-Marq
2. PVAC Gold

### - RF current delivery through CF sensor technology

(ECI= Electrical Coupling Interval)

# STAR AF 2 Trial



## No. at Risk

	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
Pulmonary vein isolation	61	60	50	41	36																	23	
Isolation + Electrograms	244	242	161	137	124																		72
Isolation + Lines	244	240	152	133	115																		57

*“Less may be more”* Verma A. ESC 2014

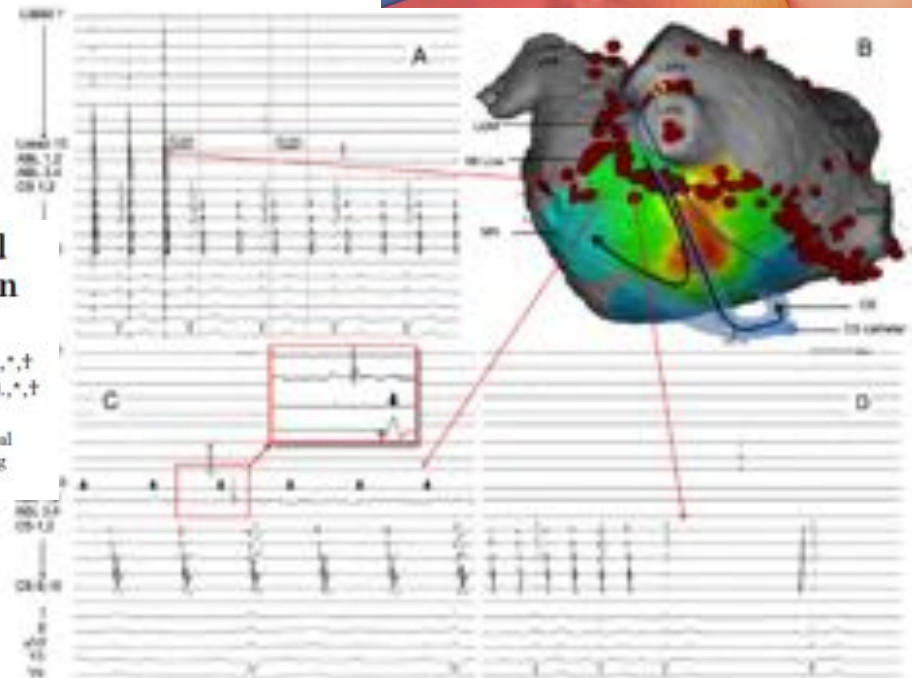
# Challenges Associated with the Conventional Focal Ablation Approach



## Atrial Tachycardias Utilizing the Ligament of Marshall Region Following Single Ring Pulmonary Vein Isolation for Atrial Fibrillation

WILLIAM W.B. CHIK, M.B.B.S.,\* †, JACKY KIT CHAN, M.B.B.S.,\* †, DAVID L. ROSS, Ph.D.,\* †, JACKIE WAGSTAFF, R.N.,\* †, EDDY KIZANA, Ph.D.,\* †, ARAVINDA THIAGALINGAM, Ph.D.,\* †, PRAMESH KOVOOR, Ph.D.,\* † and STUART P. THOMAS, Ph.D.\* †

From the \*Cardiology Department, Westmead Public and Private Hospitals, Sydney, Australia; †Sydney Medical School, University of Sydney, Sydney, Australia; and ‡Ruttonjee and Tang Shiu Kin Hospitals, Wan Chai, Hong Kong, SAR



## Simplifying atrial fibrillation ablation: How far can we go?

### **German GAP-AF (AFNET 1) prospective randomized multicenter trial**

- At three month follow-up, sinus rhythm had been achieved in 37.8% (46) of patients who had complete ablation, versus 20.8% (26) with incomplete ablation (P<0.001).
- Mean number of days in sinus rhythm was 60 days for the complete group versus 16 days for the incomplete group (P<0.001).
- At three months, when patients were taken back to the EP lab for a repeat investigation, 70% of those randomized to complete PVI had gaps versus 89% randomized to incomplete PVI.

*“The study shows us for the first time that complete isolation of the pulmonary veins is more effective than incomplete isolation”.*

*KH Kuck.*

# New technologies for AF



*Force Time  
Integral*



**Lesion Index**

The only index assessing real-time  
lesion size combining information  
from Force, Time and Power

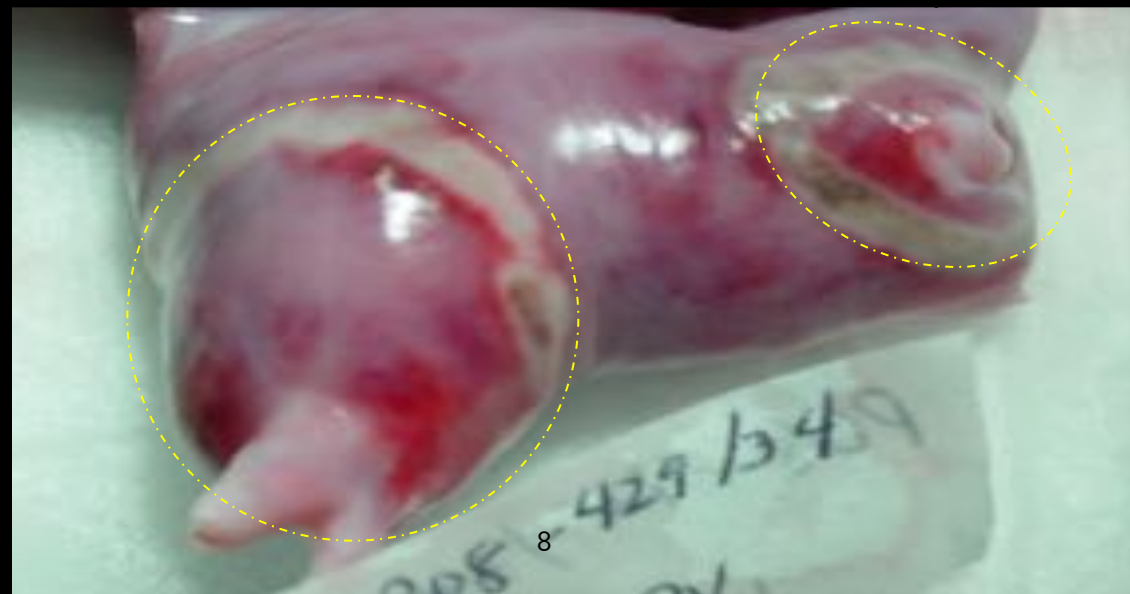
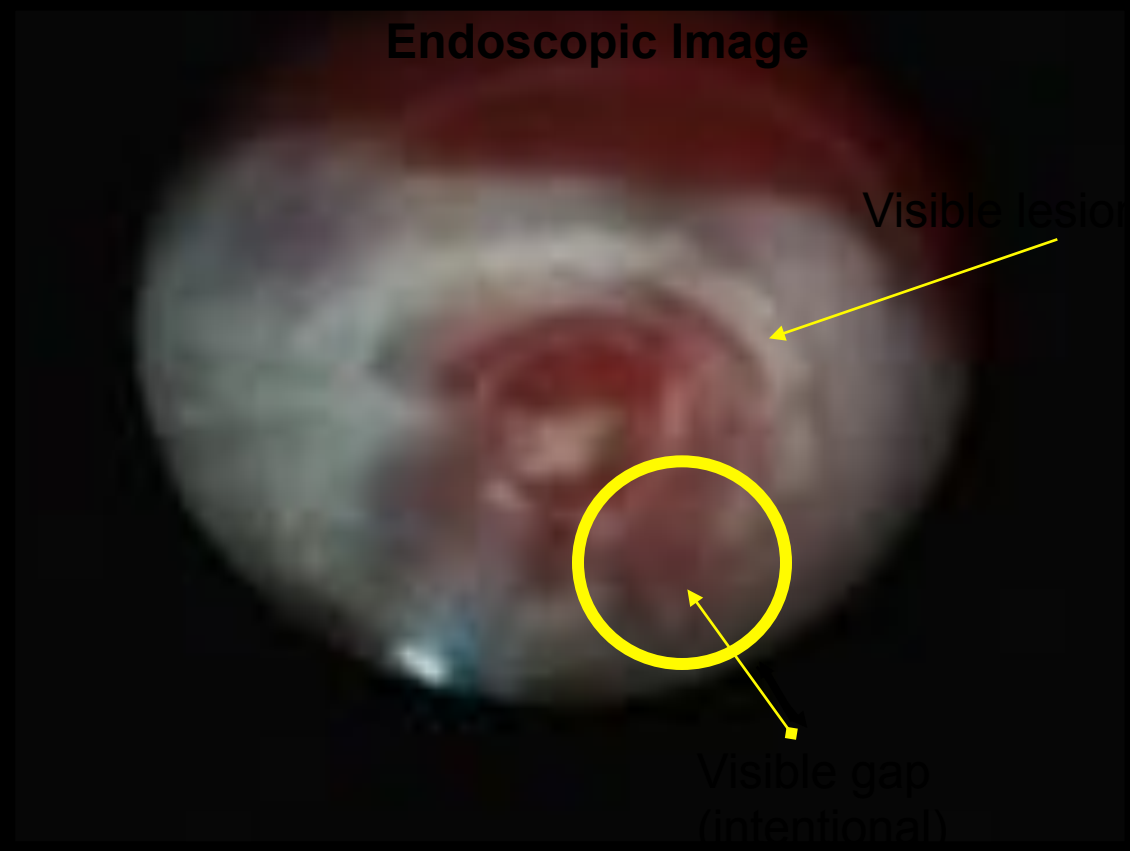




# Gross Pathology



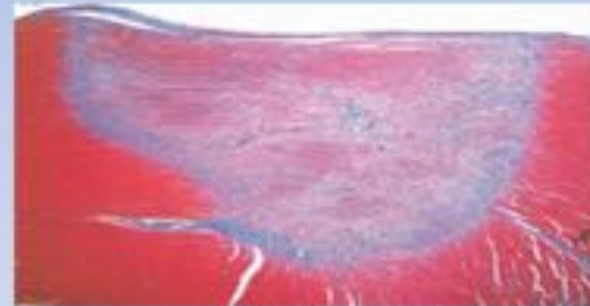
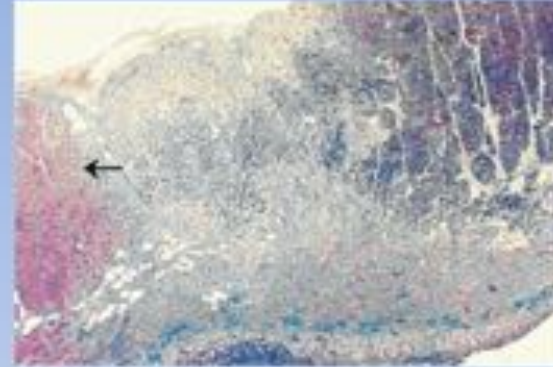
# Endoscopic Image



CardioFocus U. Miami Pig P08-429/34  
EAS-AC Ablation August 11, 2008  
Vivek Reddy, MD



# Different type of lesion





Europace  
doi:10.1093/europace/eus027

2012

## 2012 HRS/EHRA/ECAS Expert Consensus Statement on Catheter and Surgical Ablation of Atrial Fibrillation: Recommendations for Patient Selection, Procedural Techniques, Patient Management and Follow-up, Definitions, Endpoints, and Research Trial Design

***“...point-by-point RF energy and Cryoballoon ablation are the two standard ablation systems used for catheter ablation of AF today...”***

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the last ablation attempt (including redos within the blanking period), respectively, in the cohorts for (blue lines). Thin vertical lines = mean follow-up times for the 2 groups.

DIGIL VVECHHAIH, COLUUA INER, and SIMONE NOUSH

with data management and follow-up, Astrid Kleemey

The first repeat procedures, whether cryoballoon or radiofrequency ablation, increased the percentage of recurrence-free patients by 13.3 percentage points. Subsequent repeat procedures increased rates by a fraction of this amount. Two conclusions might be drawn. First, cryoablation is an equally valid alternative to radiofrequency for repeat procedures. Second, lack of success is most likely due to underlying pathologies rather than to the method used. If so, the challenge would be to identify in advance this subgroup of patients who are particularly resistant to PVI and consider alternative treatments, rather than attempt incremental procedural improvements.

**Choice of** advocated (11,12), but the larger b (13,14). By region of t temperature rence rates However, t an antral is smaller 23- size lung t

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*Long-term rates of freedom from AF over several years after cryoballoon ablation appear comparable to those with radiofrequency energy ablation.*

sulting, Wayland, Massachusetts; and the Massachusetts General Hospital, Boston, Massachusetts. The STOP AF study was funded by Medtronic, Inc. (which purchased Cryocath over the course of the study). Dr. Packer receives research funding from Biosense Webster, Boston Scientific/EPT, Endosense, EpiEP, EP Advocate, Medtronic CryoCath LP, Minnesota Partnership for Biotechnology and Medical Genomics/University of Minnesota, National Institutes of Health, St. Jude

Dr. Whee  
Dr. Irwin  
Guerra is :  
service on  
a research  
service on

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in 17 cases, a 28-mm balloon in 9 cases, with both sizes in 2 cases, and with only the Freezor M one reablation case.

**Stroke occurrence/neurologic events.** Stroke occurred in 5 of 228 (2.2%) randomized and crossover patients. One procedure-related stroke occurred during intervention in a patient crossing over to cryoablation therapy, which was the only procedure-related stroke event (0.4%, 1 of 228). An additional patient had a sustained nonprocedure-related cerebral vascular event during follow-up. In 1 postablation patient, a small stroke occurred on day 183 of follow-up, which was treated with ablation for atrial flutter. A second patient had a lacunar infarct of indeterminate age on CT scan on day 51. An additional patient had transient

Stroke	no		
TIA	0	0.0	4
Tamponade	0	0.0	3
Myocardial infarction	0	0.0	1
Hemorrhage requiring transfusion	0	0.0	2
New atrial flutter	1	1.2	3
Atrial esophageal fistula	12	14.6	6
Death	0	0.0	0
New or worsened arteriovenous fistula	0	0.0	1
Pseudoaneurysm	0	0.0	2
Phrenic nerve palsy	0	0.0	1
Persistent phrenic nerve palsy	0	0.0	22
PV stenosis	0	0.0	4
	0	0.0	5

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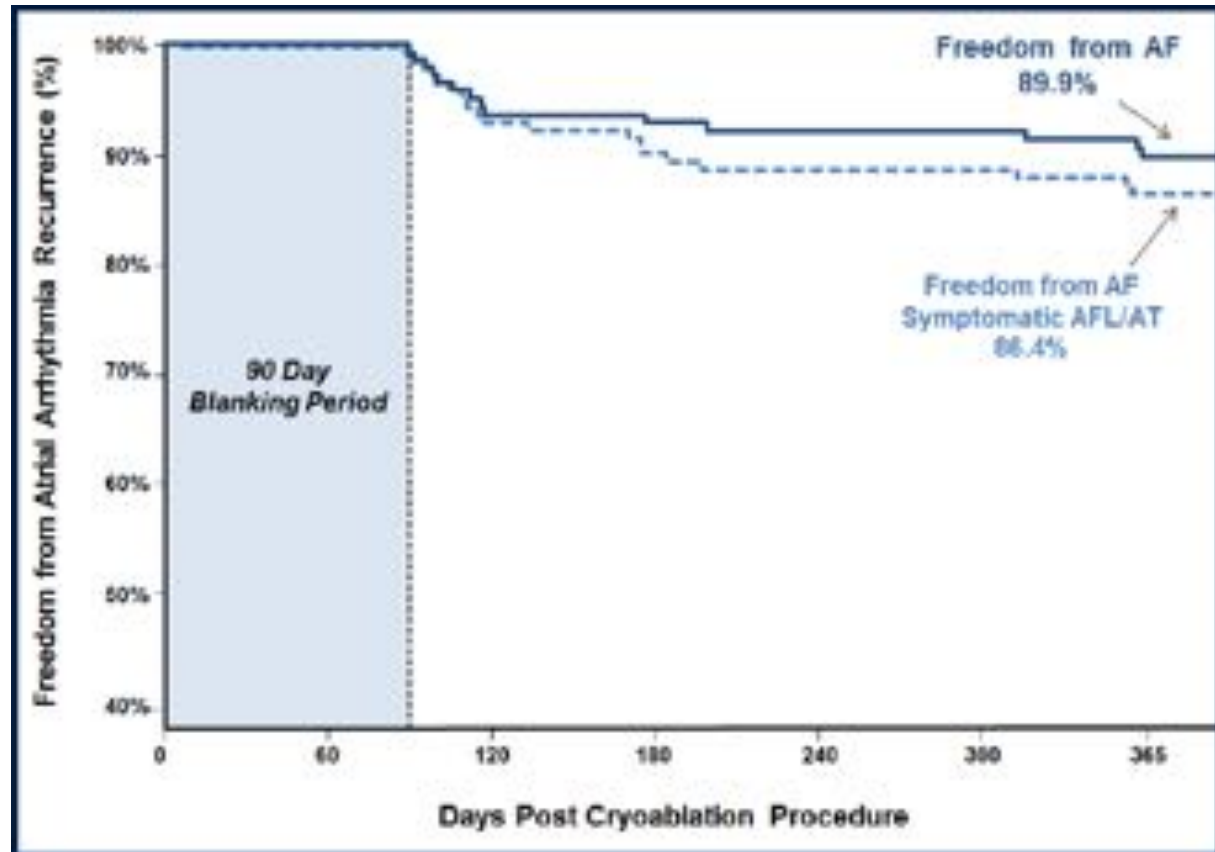
PV = pulmonary vein; TIA = transient ischemic attack.

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*The STOP AF trial demonstrates that cryoballoon ablation is effective in preventing recurrent, symptomatic, paroxysmal AF in patients who are resistant to at least one antiarrhythmic drug.*

# *STOP AF: second generation CB interim results HRS 2015*

- Nearly 90% freedom from AF at 12 months (n=146)
- 12 month freedom for AF and symptomatic AFL/AT was 86.4% (n=146)
- Low 2.9% (10/341) repeat ablation rate during the 90 day blanking period
- 5.9% (20/146) adverse event rate







## Comparison between radiofrequency with contact force-sensing and second-generation cryoballoon for paroxysmal atrial fibrillation catheter ablation: a multicentre European evaluation

Fabien Squara<sup>1,2\*</sup>, Alexandre Zhao<sup>2</sup>, Eloi Marijon<sup>3,4</sup>, Decebal Gabriel Latcu<sup>5</sup>, Rui Providencia<sup>3</sup>, Giacomo Di Giovanni<sup>6</sup>, Gaël Jauvert<sup>2</sup>, Francois Jourda<sup>3</sup>, Gian-Battista Chierchia<sup>6</sup>, Carlo De Asmundis<sup>6</sup>, Giuseppe Ciconte<sup>6</sup>, Christine Alonso<sup>2</sup>, Caroline Grimard<sup>2</sup>, Serge Boveda<sup>3</sup>, Bruno Cauchemez<sup>2</sup>, Nadir Saoudi<sup>5</sup>, Pedro Brugada<sup>6</sup>, Jean-Paul Albenque<sup>3</sup>, and Olivier Thomas<sup>2</sup>

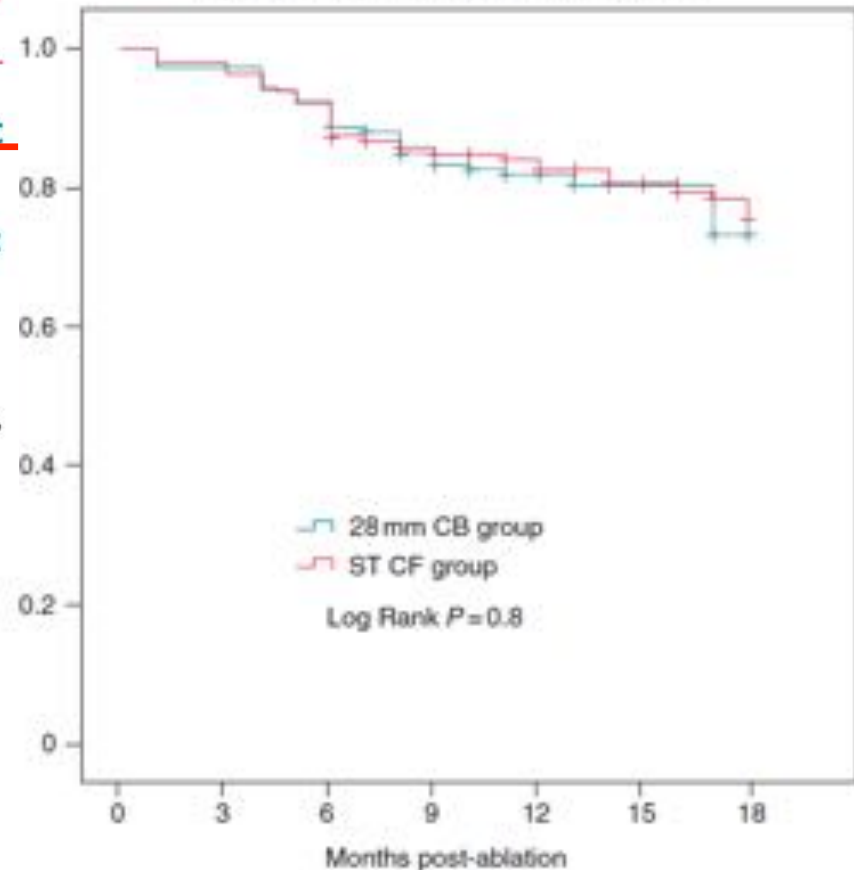
376 patients enrolled in 4 centers: 198 in CFS group and 178 in the Cryoballoon group

Procedure time was 122.5±40.7 min for CFS compared to 109.6±40 min for Cryoballoon (p=0.003)

Overall complication rates were similar in the CFS and Cryoballoon group 7.1% vs. 7.3%, respectively

Freedom from arrhythmia recurrence was 73.3% in the Cryoballoon group compared to 76% in the CFS group (p=0.63)

Freedom from atrial arrhythmia recurrence



Proportion of patients free from arrhythmia recurrence

	3 months	6 months	9 months	12 months	15 months	18 months
ST CF group	96.2%	87.4%	84.8%	82.5%	80.4%	75.5%
28 mm CB group	97.3%	88.7%	83.4%	81.9%	80.3%	73%

Number of patients at risk

	3 months	6 months	9 months	12 months	15 months	18 months
ST CF group	153	139	127	105	72	57
28 mm CB group	146	133	111	108	42	27



# Rationale and Design of FIRE AND ICE: A Multicenter Randomized Trial Comparing Efficacy and Safety of Pulmonary Vein Isolation Using a Cryoballoon versus Radiofrequency Ablation with 3D-Reconstruction

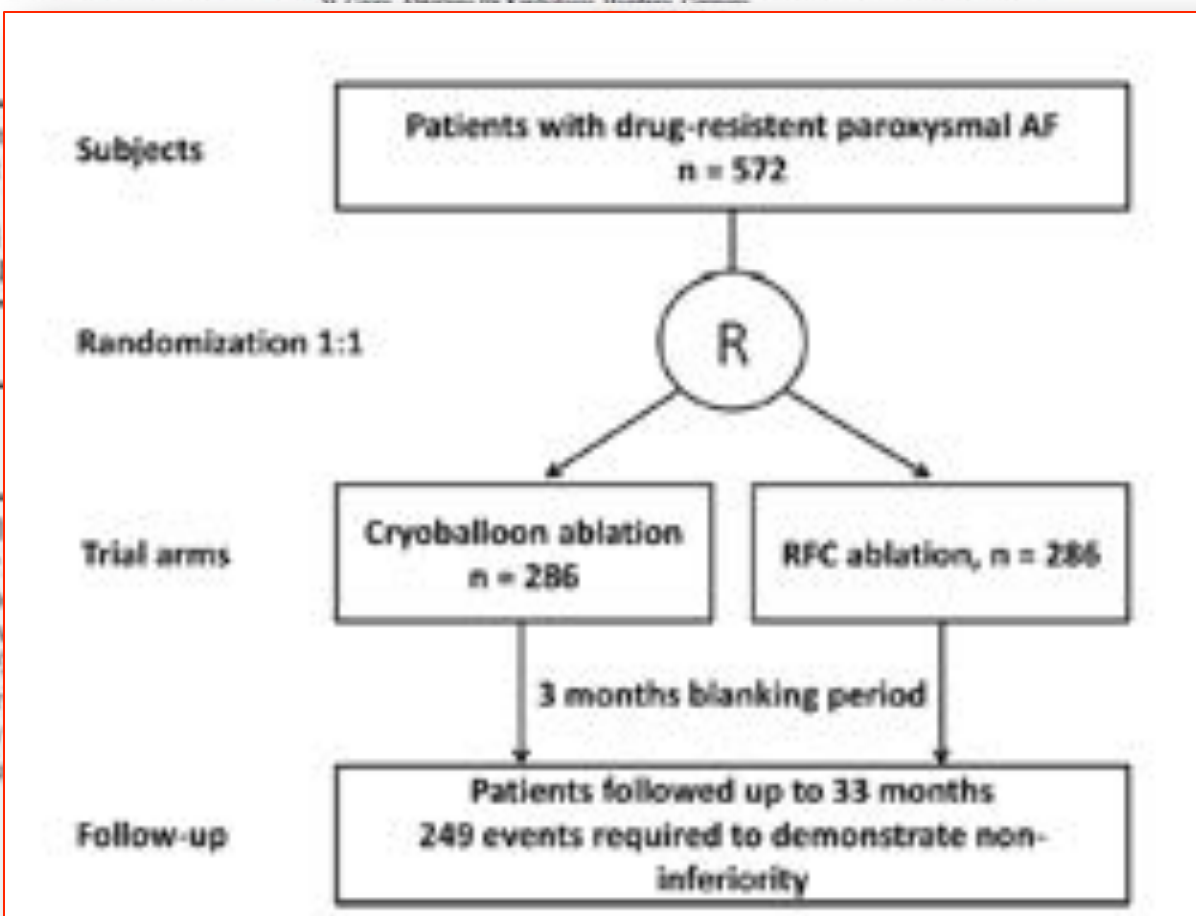
ALEXANDER FÜRNKRANZ, M.D.,\* JOSEP BRUGADA, M.D.,† JEAN-PAUL ALBENQUE, M.D.,  
Ph.D.,‡ CLAUDIO TONDO, M.D., Ph.D.,§ KURT BESTEHORN, M.D., Ph.D.,¶  
KARL WEGSCHEIDER, Ph.D.,\*\* FEIFAN OUYANG, M.D.,†† and KARL-HEINZ KUCK, M.D.††

From the \*Cardiologisches Centrum Bethanion, Wilhelm Epstein Strasse, Frankfurt, Germany; †Hospital Clinic, University of Barcelona, Vilanova, Barcelona, Spain; ‡Clinique Pasteur, Toulouse Cedex 3, France; §Department of Cardiovascular Medicine, Cardiac Arrhythmia Research Centre, Centro Cardiologico Monzino, University of Milan, Milan, Italy; ¶IKKF GmbH, Munich, Germany; \*\*Institut für Medizinische Biometrie und Epidemiologie, Universitätsklinikum Hamburg-Eppendorf, Hamburg, Germany; and ††Asklepios Klinik

Symptomatic paroxysmal  
Documented treatment  
Age 18-75 years  
Patient is mentally and  
Patient is able to verbal

Any previous left atrial  
Any cardiac surgery or  
Stroke or transient isch  
Myocardial infarction  
Ejection fraction < 35%  
Anteroposterior left atr  
Right-sided pulmonary  
Implanted prosthetic va

the trial protocol  
tic options of this trial

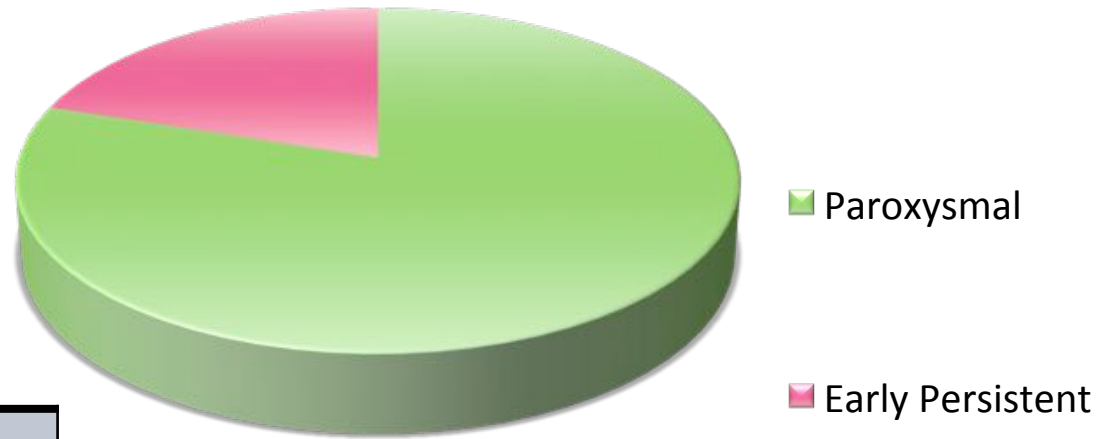


# Cardiac Arrhythmia Research Center-Centro Cardiologico

## Cryoballoon: Single Center experience

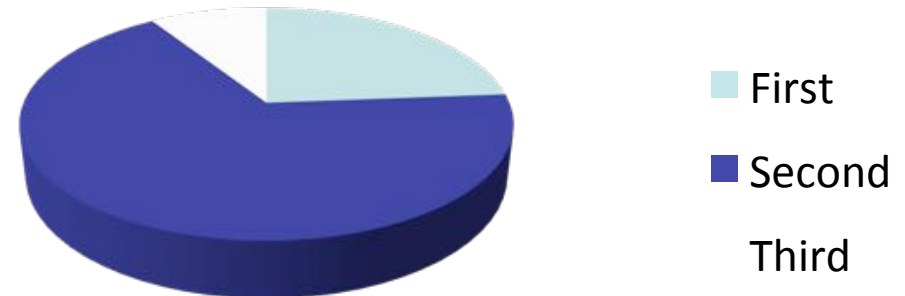
**328 patients treated**

**240 pts with 1 at least 1y follow up**



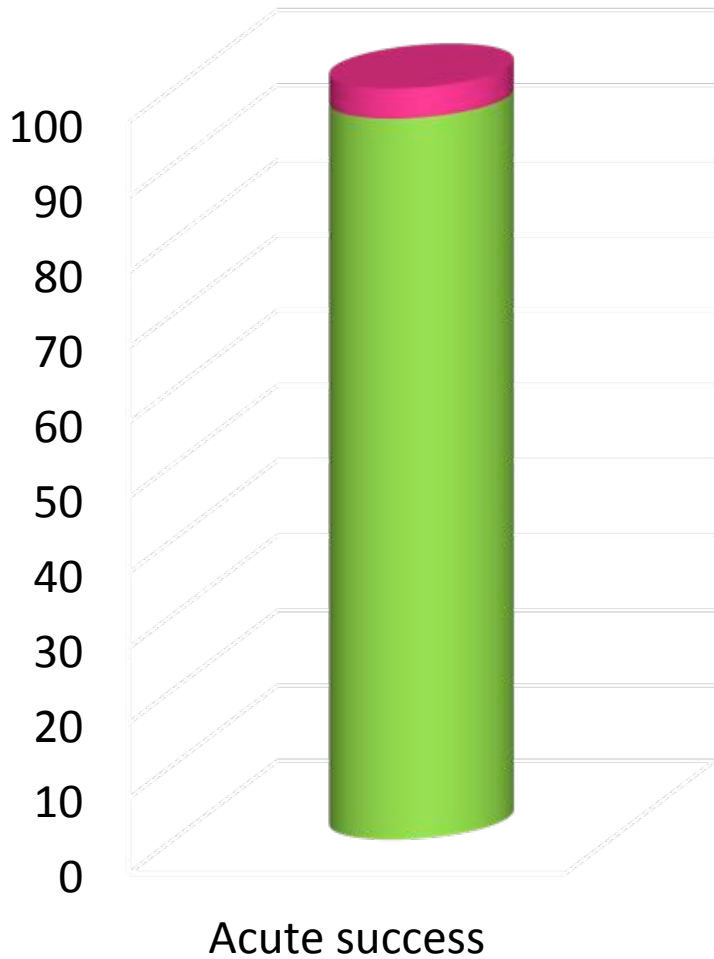
CAD	10 %
Hypertension	21 %
Valve disease	6.3 %
LA area (mean±SD)	20.9±4.9
LVEF (mean±SD)	65±4.3
AADs failure	90 %
AADs / pts	1.6

### CB generation



# Cardiac Arrhythmia Research Center-Centro Cardiologico

## Cryoballoon: Single Center experience



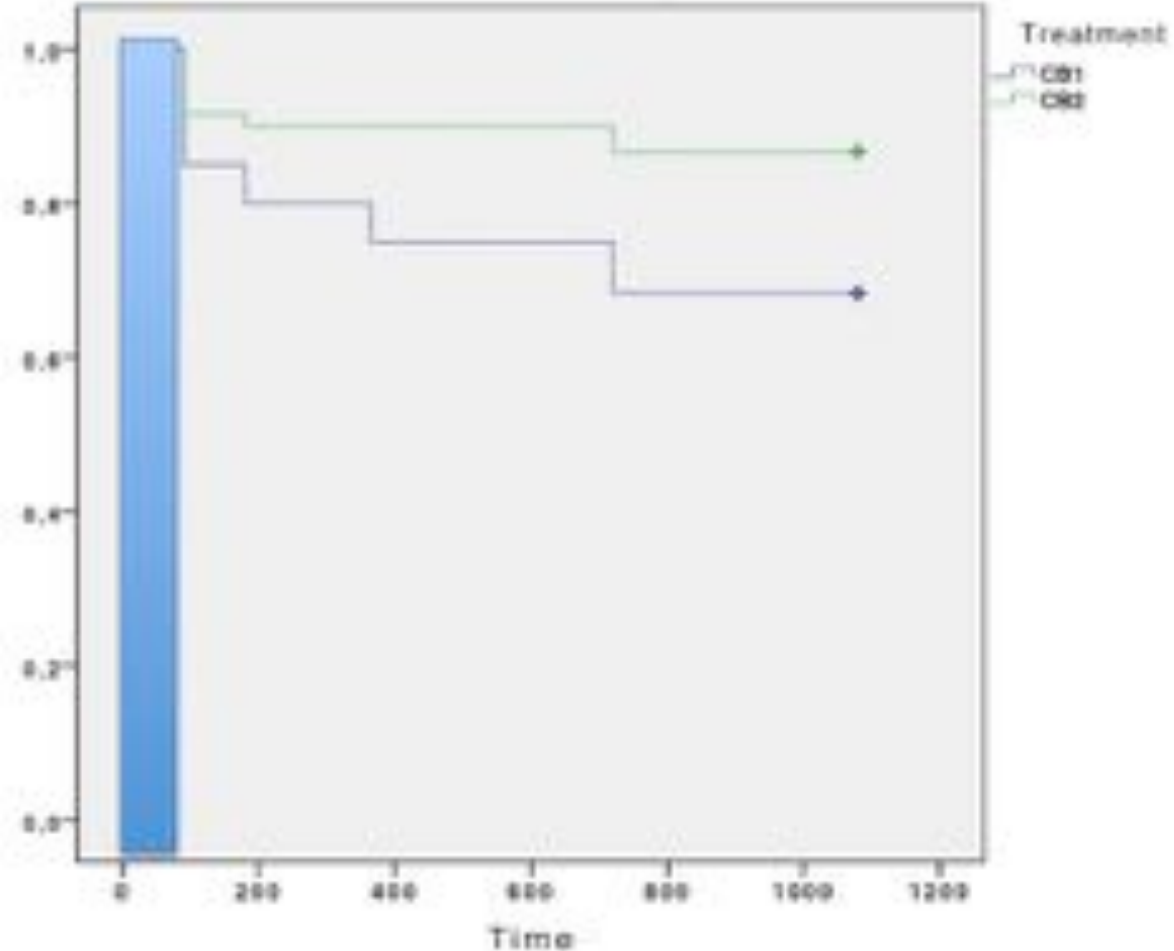
■ Touch-up with RF

■ Successfull

Complications	n (%)
Stroke / TIA	0
Pericardial effusion	3 (0.9%)
Cardiac tamponade	1 (0.3%)
Vascular injury	7 (2.1%)
PV stenosis	0
Phrenic nerve palsy (transient and persistent)	6 (1.8%)

# *Cryoballoon: first vs second generation*

The ADV catheter compared to the first generation balloon allows to obtain a significantly higher success rate after a single PVI procedure during the long-term follow-up. Fluoroscopy and procedural times were significantly shortened using the ADV catheter. The overall long-term success was significantly different between the two groups (68.3 vs 86.7% respectively;  $p = 0.017$ )



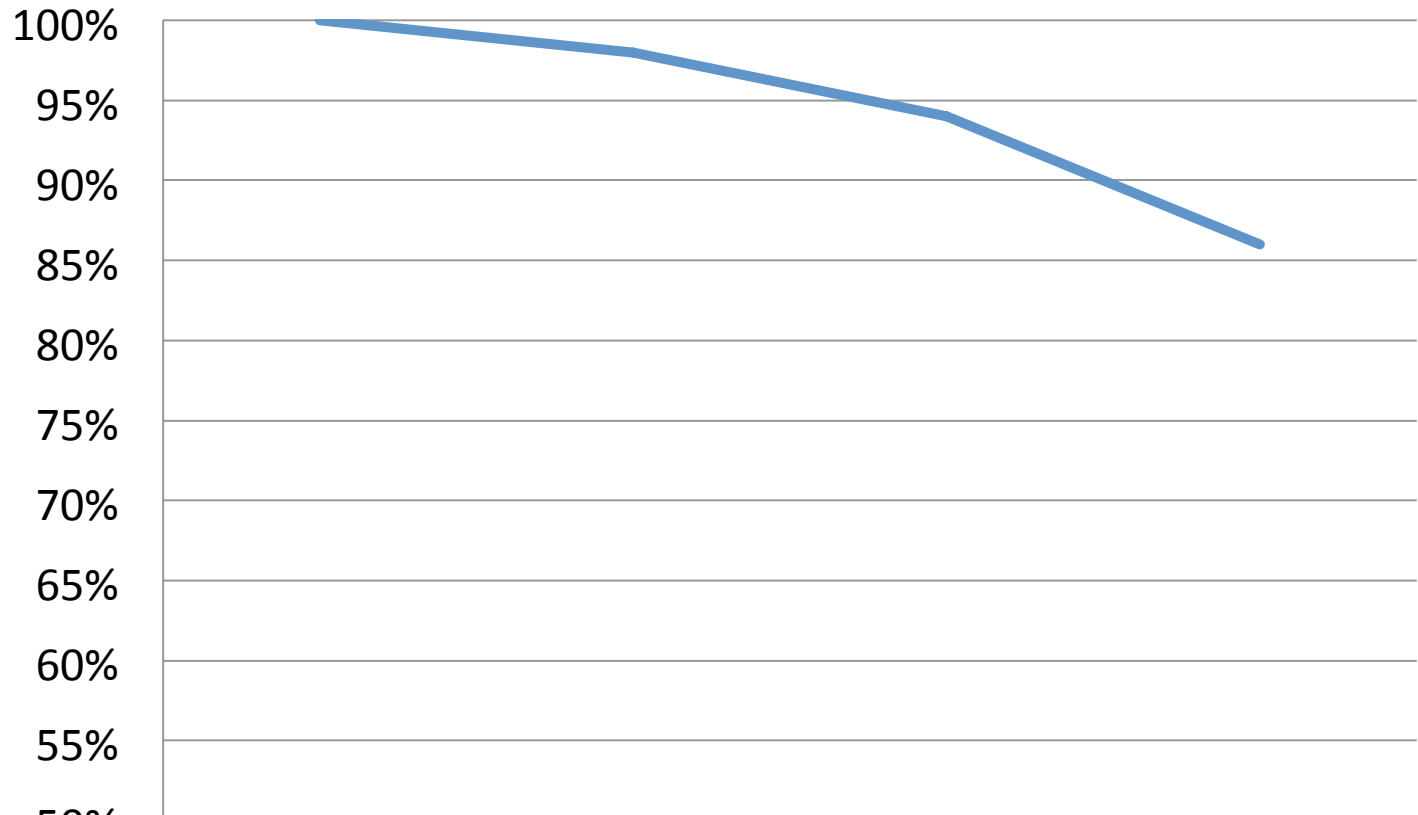
	CB 1 <sup>st</sup>	CB 2 <sup>nd</sup>	<i>p</i>
Procedure time, min (mean ± SD)	153.1 ± 32	102 ± 24.8	0.019
Fluoroscopy time, min (mean ± SD)	36.3 ± 16.8	14.2 ± 13.5	< 0.001

# Cardiac Arrhythmia Research Center-Centro Cardiologico

Cryoballoon: Single Center experience

Overall Results

## Freedom-from-AF

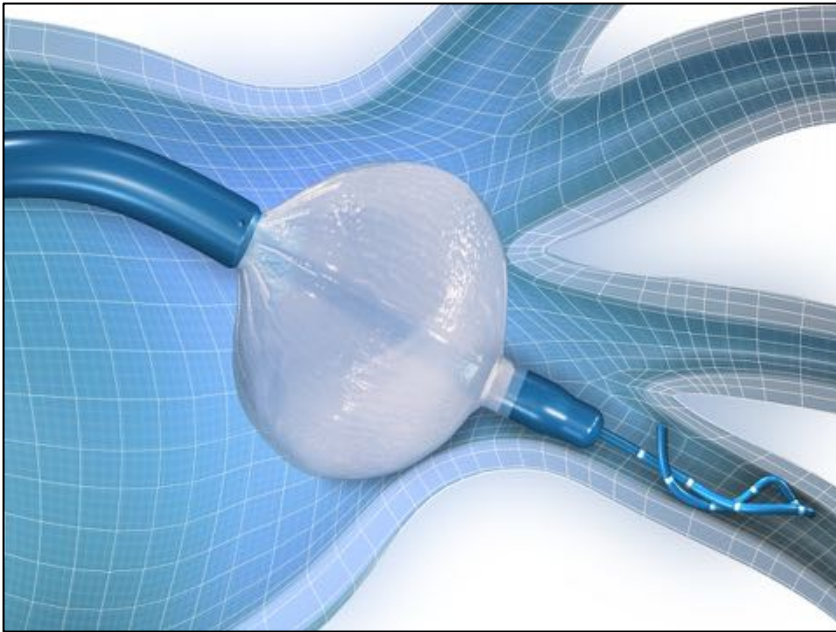


	30 days	90 days	180 days	360 days
Freedom-from-AF	100%	98,0%	94,0%	86,0%

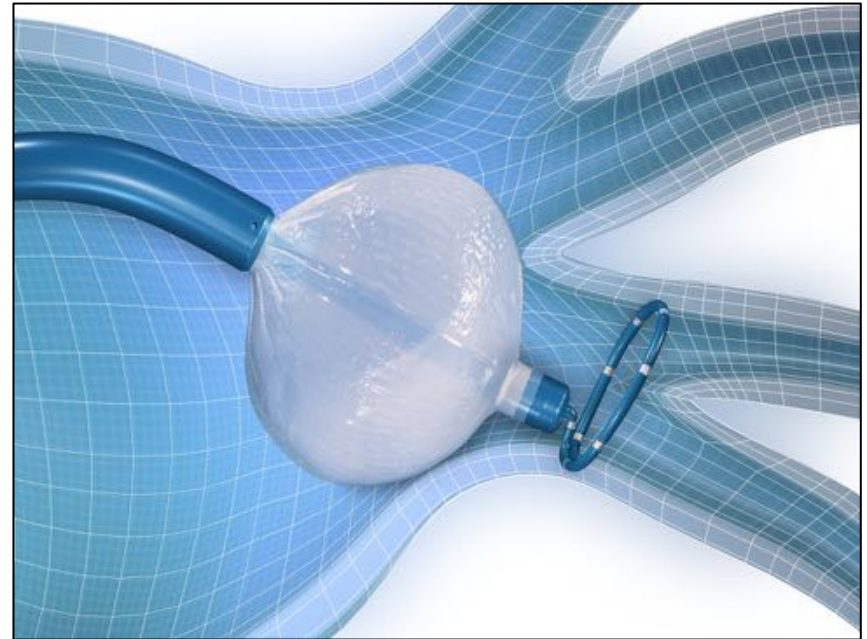
# Shorter Tip Potential Benefit

## Early PV Branching

Arctic Front Advance



Arctic Front Advance ST



- *Recording Rate: LSPV 76.6%; LIPV 60%; RSPV 73.3%; RIPV 50%*



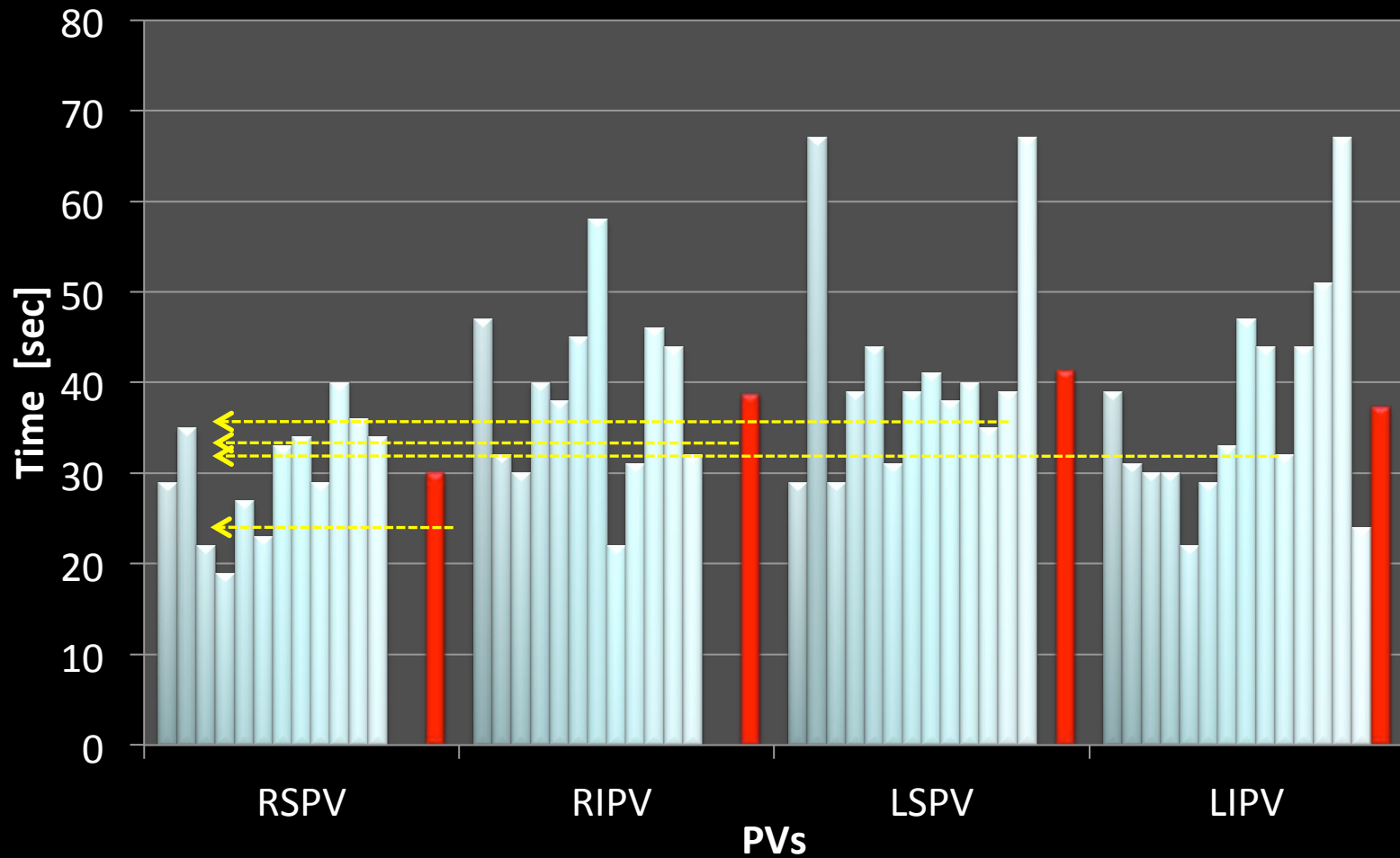
## *Time-to-PVI assessment: third generation*

*after 30 pts...*

- *LSPV 76.6%*
- *LIPV 60%*
- *RSPV 73.3%*
- *RIPV 50%*

LSPV	LIPV	RSPV	RIPV
1	1	1	0
1	1	1	0
1	1	1	1
0	0	1	0
1	0	1	1
1	1	0	0
1	0	1	1
0	1	0	1
1	0	1	0
0	0	0	0
1	1	1	1
1	0	1	0
1	0	1	1
0	0	1	0
1	1	1	0
1	1	0	1
1	1	1	0
0	0	0	0
1	1	1	1
1	1	1	1
1	1	1	0
1	0	0	1
1	1	1	1
1	1	1	1
0	1	1	0
0	0	1	1
1	1	0	1
1	1	1	1
1	1	1	0
1	0	0	0

# Time to PVI - Arctic Front Advance

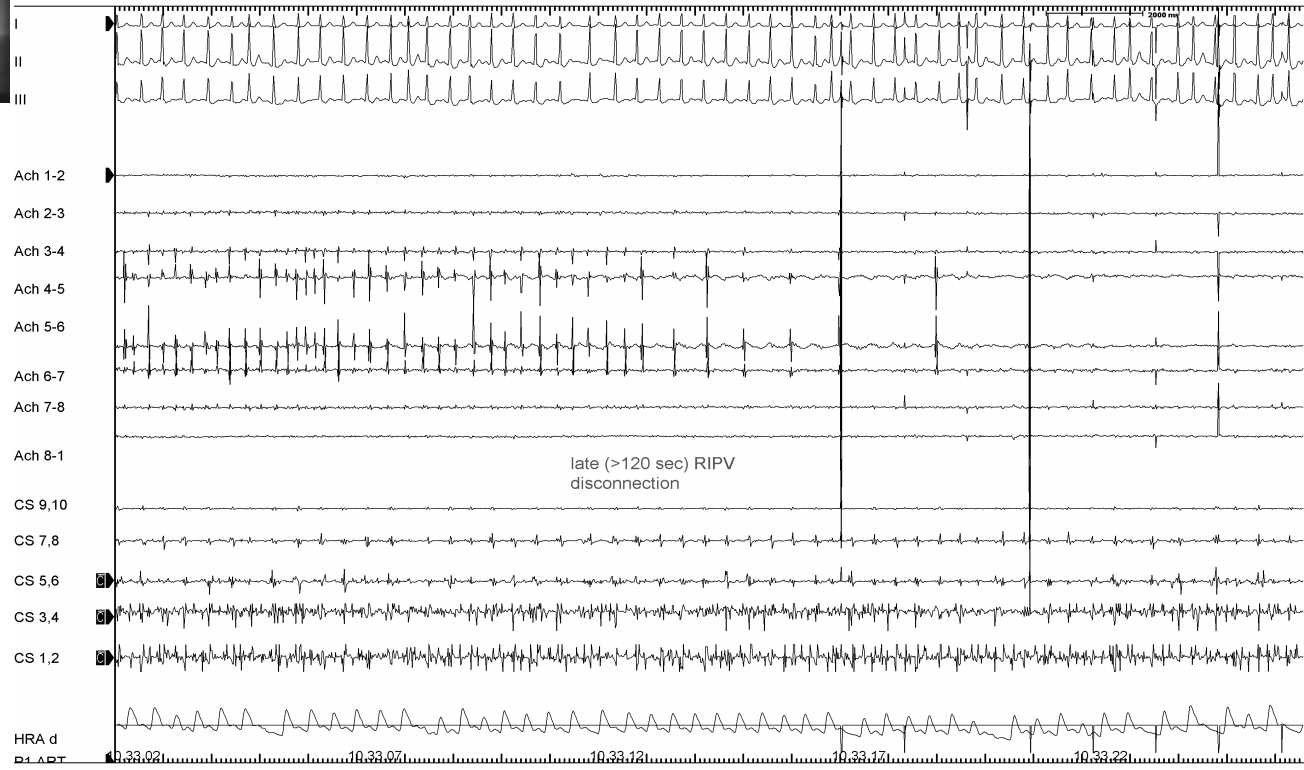


# Cryoballoon: predictor of isolation?



**Empiric predictor:**

**T°/Time 1:1 ratio  
in the first 20"-30"**



# Durability of Pulmonary Vein Isolation with Cryoballoon Ablation: Results from the Sustained PV Isolation with Arctic Front Advance (SUPIR) Study

VIVEK Y. REDDY, M.D.,\* LUCIE SEDIVA, M.D.,† JAN PETRU, M.D., Ph.D.,† JAN SKODA, M.D.,† MILAN CHOVANEC, M.D.,† ZITA CHITOVOVA, M.D.,† PAOLA DI STEFANO, Ph.D.,‡ ETHEL RUBIN, Ph.D.,§ SRINIVAS DUKKIPATI, M.D.,\* and PETR NEUZIL, M.D., Ph.D.†

\*Mt. Sinai Hospital, New York, New York, USA; †Hornolka Hospital, Prague, Czech Republic; ‡Medtronic Clinical Research Institute, Milan, Italy; and §Medtronic Inc., Minneapolis, Minnesota, USA

2015

**TABLE 5**  
PV Reconnections and Clinical AF Recurrence

Subject ID	Remapped	No. of PVs with Gaps	Location of Gap(s)	Clinical AF Recurrence
1	Yes	0		No
2	Yes	0		No
3	No	ND		ND
4	Yes	0		No
5	Yes	0		No
6	Yes	0		No
7	Yes	3	LSPV ridge area, LIPV anterior LAA area, RSPV posterior superior area	Yes
8	Yes	0		No
9	Yes	0		No
10	Yes	0		No
12	Yes	0		No
13	Yes	1	RIPV inferior aspect	ND
14	Yes	2	RSPV anterior/middle aspect, RIPV inferior aspect	Yes
15	Yes	0		No
15	Yes	0		No
17	No	ND		ND
18	Yes	0		No
19	Yes	0		No
20	Yes	0		No
21	Yes	0		No
22	Yes	1	RIPV inferior aspect	No

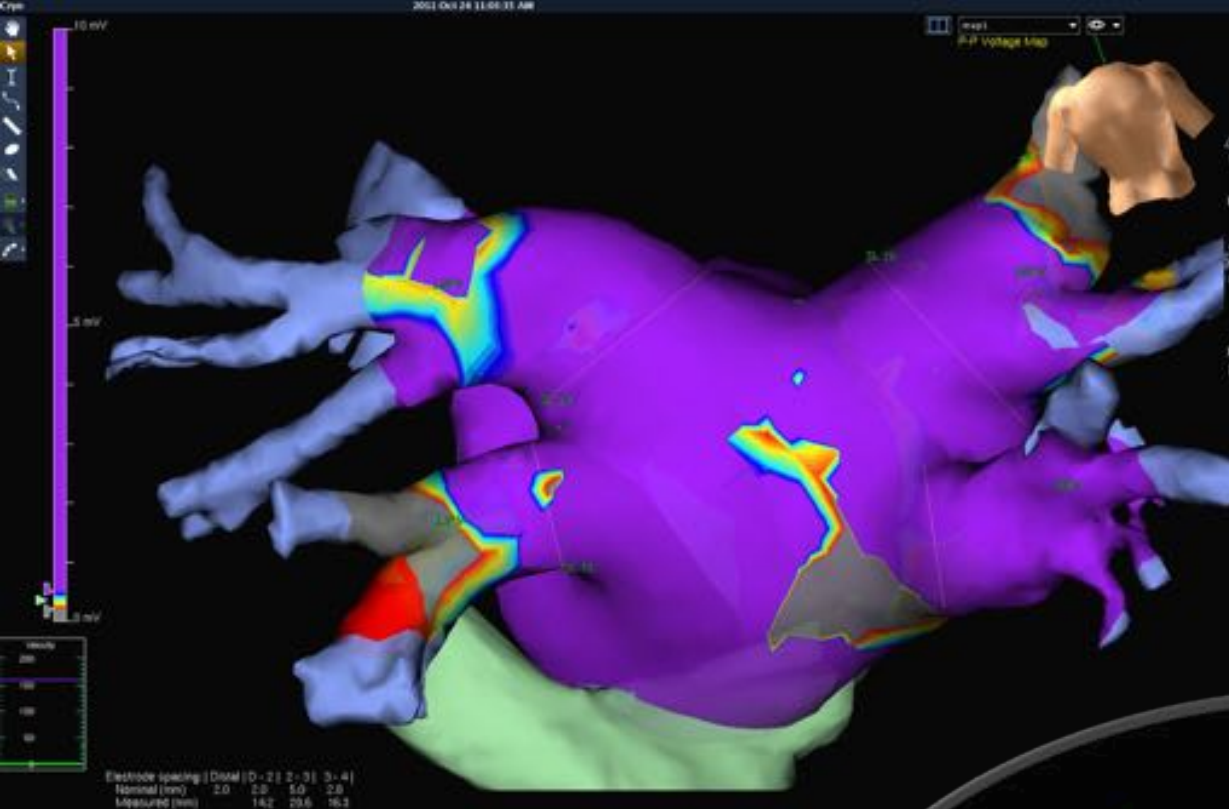
ND = not determined.



91% of PVs still isolated at 3 months check

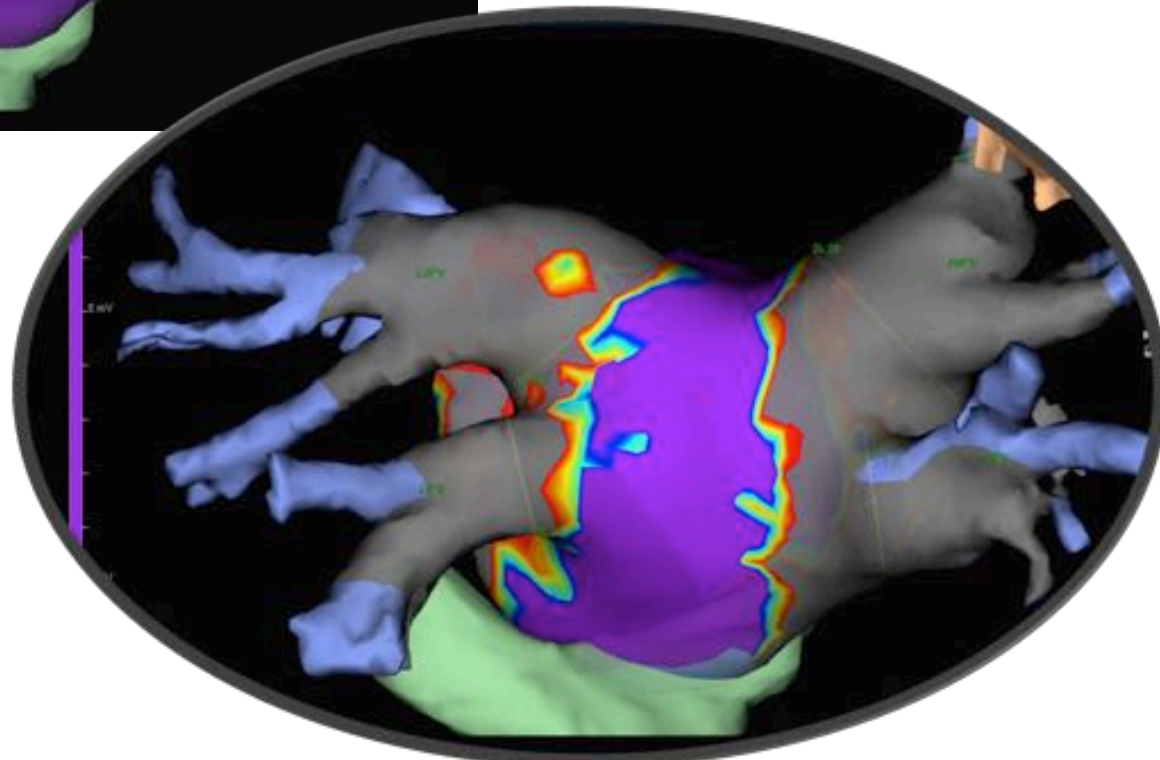


Good correlation between AF recurrences and gaps



**CryoAblation**

**Post-CryoAblation  
Voltage Map**



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medication. As demonstrated by preprocedural CT/ MRI, there was significant interpatient and inpatient variability in catheter sizes: left inferior PV, 12.5 to 23.0 mm (mean, 17.2±2.4 mm); left superior PV, 13.0 to 23.0 mm (17.8±2.4 mm); right inferior PV, 14.0 to 24.0 mm (17.9±2.1 mm); right superior PV, 14.0 to 24.0 mm (19.8±3.1 mm); and left common PV, 23.0 to 24.0 mm (19.8±3.1 mm).

### **Clinical Phase: Treatment Parameters**

The total procedure time was 334±112 minutes, and 278±91 minutes involved deployment and use of the catheter.

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### **Clinical Phase**

#### ***Study Design***

The study was a prospective, open-label, nonrandomized study of patients with symptomatic, recurrent, paroxysmal AF who had previously failed at least one class I or III antiarrhythmic drug. Patients were included if they met the following criteria: (1) age >75 years of age, ECG documentation of AF in the prior 2 months, and (2) at least 2 symptomatic AF episodes lasting >1 minute in the prior 2 months. The major exclusion criteria were (1) current use of antiarrhythmic drugs, (2) current use of anticoagulants, (3) current use of beta-blockers, (4) current use of calcium channel blockers, (5) current use of digoxin, (6) current use of diuretics, (7) current use of statins, (8) current use of antiplatelet agents, (9) current use of immunosuppressants, (10) current use of anti-infective agents, (11) current use of anti-neoplastic agents, (12) current use of anti-hypertensive agents, (13) current use of anti-diabetic agents, (14) current use of anti-epileptic agents, (15) current use of anti-psychotic agents, (16) current use of anti-depressant agents, (17) current use of anti-anxiety agents, (18) current use of anti-nausea agents, (19) current use of anti-pain agents, (20) current use of anti-spasmodic agents, (21) current use of anti-secretory agents, (22) current use of anti-asthma agents, (23) current use of anti-allergic agents, (24) current use of anti-inflammatory agents, (25) current use of anti-oxidant agents, (26) current use of anti-viral agents, (27) current use of anti-fungal agents, (28) current use of anti-parasitic agents, (29) current use of anti-bacterial agents, (30) current use of anti-microbial agents, (31) current use of anti-cancer agents, (32) current use of anti-aging agents, (33) current use of anti-aging agents, (34) current use of anti-aging agents, (35) current use of anti-aging agents, (36) current use of anti-aging agents, (37) current use of anti-aging agents, (38) current use of anti-aging agents, (39) current use of anti-aging agents, (40) current use of anti-aging agents, (41) current use of anti-aging agents, (42) current use of anti-aging agents, (43) current use of anti-aging agents, (44) current use of anti-aging agents, (45) current use of anti-aging agents, (46) current use of anti-aging agents, (47) current use of anti-aging agents, (48) current use of anti-aging agents, (49) current use of anti-aging agents, (50) current use of anti-aging agents, (51) current use of anti-aging agents, (52) current use of anti-aging agents, (53) current use of anti-aging agents, (54) current use of anti-aging agents, (55) current use of anti-aging agents, (56) current use of anti-aging agents, (57) current use of anti-aging agents, (58) current use of anti-aging agents, (59) current use of anti-aging agents, (60) current use of anti-aging agents, (61) current use of anti-aging agents, (62) current use of anti-aging agents, (63) current use of anti-aging agents, (64) current use of anti-aging agents, (65) current use of anti-aging agents, (66) current use of anti-aging agents, (67) current use of anti-aging agents, (68) current use of anti-aging agents, (69) current use of anti-aging agents, (70) current use of anti-aging agents, (71) current use of anti-aging agents, (72) current use of anti-aging agents, (73) current use of anti-aging agents, (74) current use of anti-aging agents, (75) current use of anti-aging agents, (76) current use of anti-aging agents, (77) current use of anti-aging agents, (78) current use of anti-aging agents, (79) current use of anti-aging agents, (80) current use of anti-aging agents, (81) current use of anti-aging agents, (82) current use of anti-aging agents, (83) current use of anti-aging agents, (84) current use of anti-aging agents, (85) current use of anti-aging agents, (86) current use of anti-aging agents, (87) current use of anti-aging agents, (88) current use of anti-aging agents, (89) current use of anti-aging agents, (90) current use of anti-aging agents, (91) current use of anti-aging agents, (92) current use of anti-aging agents, (93) current use of anti-aging agents, (94) current use of anti-aging agents, (95) current use of anti-aging agents, (96) current use of anti-aging agents, (97) current use of anti-aging agents, (98) current use of anti-aging agents, (99) current use of anti-aging agents, (100) current use of anti-aging agents.

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**This study introduces experimental feasibility and early clinical experience for a novel paradigm to AF catheter ablation:**

***direct endoscopic visualization.***

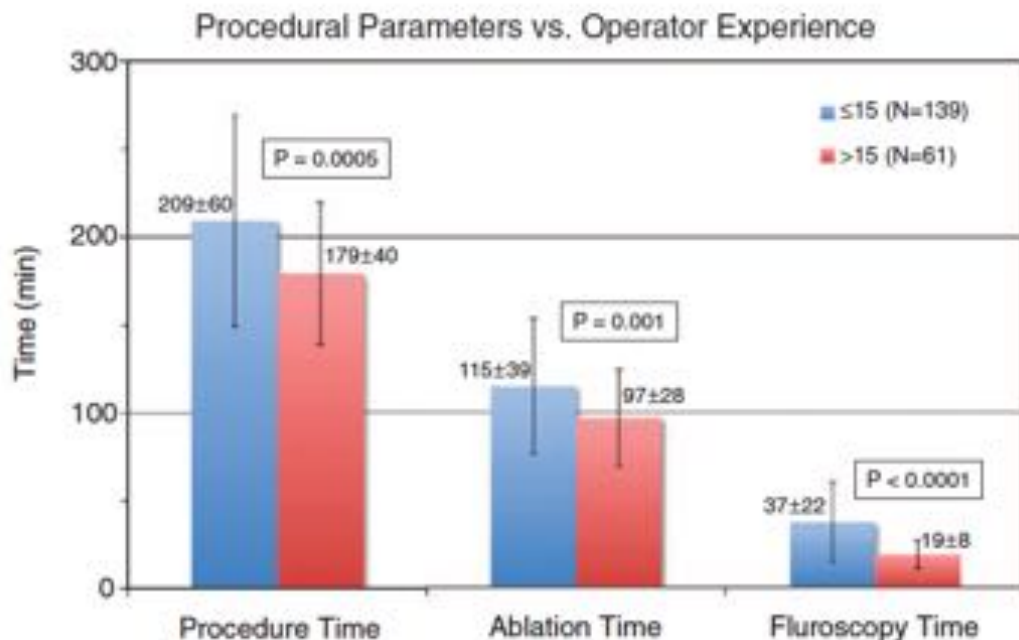
**Directly visualize the tissue being targeted for ablation, an approach moving ever so closer to approximating the surgical experience.**



# Pulmonary Vein Isolation Using a Visually Guided Laser Balloon Catheter

## The First 200-Patient Multicenter Clinical Experience

Srinivas R. Dukkipati, MD; Karl-Heinz Kuck, MD; Petr Neuzil, MD, PhD; Ian Woollett, MD; Josef Kautzner, MD, PhD; H. Thomas McElderry, MD; Boris Schmidt, MD; Edward P. Gerstenfeld, MD; Shephal K. Doshi, MD; Rodney Horton, MD; Andreas Metzner, MD; Andre d'Avila, MD, PhD; Jeremy N. Ruskin, MD; Andrea Natale, MD; Vivek Y. Reddy, MD



**Table 2. Ablation Data (N=200)**

No. of PVs isolated, n (%)	761/770 (98.8)
No. of PVs isolated on first attempt, n (%)	604 (78.4)
No. of attempts to isolate/PV, mean	1.3
No. of ablation lesions per patient	147 ± 35
No. of catheters per patient	1.07
Fluoroscopy time, min (limits)	31 ± 21 (3–135)
Laser ablation time, min (limits)	108 ± 36 (34–236)
Procedure time, min (limits)	200 ± 54 (85–358)

PV indicates pulmonary vein.

**Table 5. VGLA-Related Complications**

Complication Types		
Phrenic nerve injury	5	(2.5%)
Transient ischemic attack	0	(0%)
Stroke	0	(0%)
Cardiac tamponade	4	(2%)
Atrioesophageal fistula	0	(0%)
Bleeding		
Major	3	(1.5%)
Minor	7	(3.5%)

VGLA indicates visually guided laser ablation catheter.

**Conclusions**—In this multicenter experience of the first 200 patients treated with the VGLA catheter, PV isolation can be achieved in virtually all patients using a single VGLA catheter with an efficacy similar to radiofrequency ablation. (*Circ Arrhythm Electrophysiol.* 2013;6:467-472.)

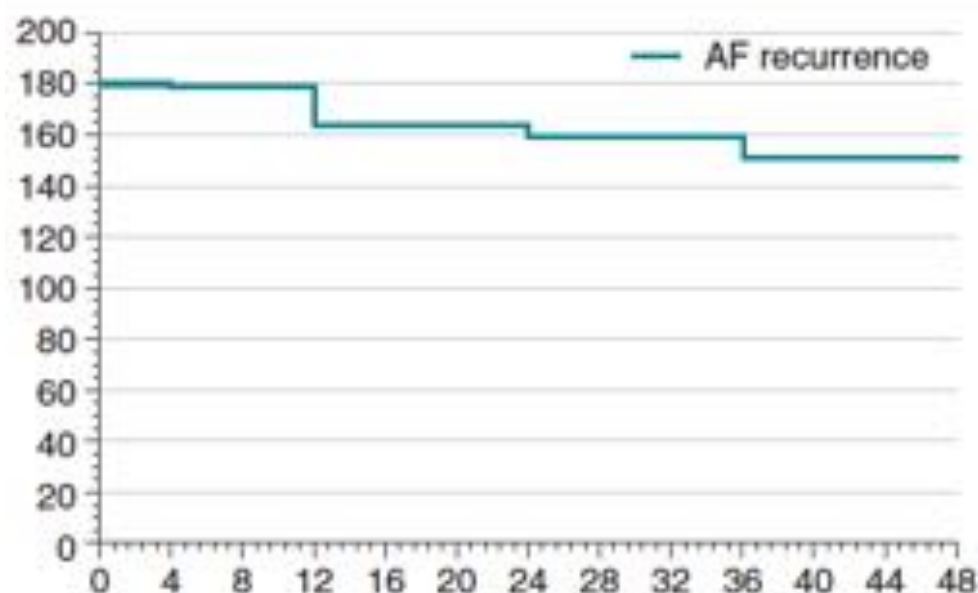
# Visually guided laser ablation: a single-centre long-term experience

Lucie Šedivá<sup>1\*</sup>, Jan Petru<sup>1</sup>, Jan Škoda<sup>1</sup>, Marek Janotka<sup>1</sup>, Milan Chovanec<sup>1</sup>, Vivek Reddy<sup>2</sup>, and Petr Neuzil<sup>1</sup>

AF type	Number of patients	Percentage	Mean duration
Paroxysmal	178	91.75%	60.73 (11–300) months
Persistent	16	8.25%	62.75 (12–200) months

Total number of veins targeted	698
Number of common veins	23
Procedure time	226 (90–360) min
Fluoroscopy time	20.4 (6–42) min
Total ablation time per patient	121.6 min (36–157)
Average time application per vein	33.6 min
% of veins isolated acutely	99.2%
% of veins isolated at first attempt	95.3%

Complication	Occurrence	Percentage
Stroke/TIA	1	0.51%
Tamponade/pericardial effusion	1	0.51%
Acute phrenic nerve injury	4	2.06%
Persistent phrenic nerve injury (> 6 months)	0	0%
Vascular injury	6	3.09%
PV stenosis	0	0%
Atrio-oesophageal fistula	0	0%



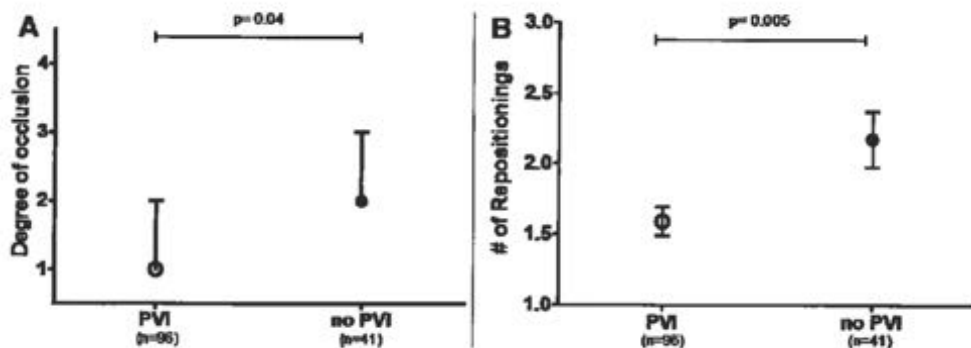
# Visually Guided Sequential Pulmonary Vein Isolation: Insights into Techniques and Predictors of Acute Success

BORIS SCHMIDT, M.D., MELANIE GUNAWARDENE, M.D., VERENA URBAN, M.D., MEHMET KULIKOGLU, M.D., BRITTA SCHULTE-HAHN, M.D., BERND NOWAK, M.D., STEFANO BORDIGNON, M.D., and KR J. CHUN, M.D.

Predictor of acute isolation:

- degree of PV occlusion
- number of catheter repositionings

but not total ablation energy or the number of laser applications. Conduction gaps were detected at sites of suboptimal occlusion as well as esophageal temperature elevations.



**Optimal PV occlusion and few controlled repositionings facilitate reproducible electrical PVI**

**77% of pts free from any tachyarrhythmia off AADs**

# Cardiac Arrhythmia Research Center-Centro Cardiologico

## Single Center experience

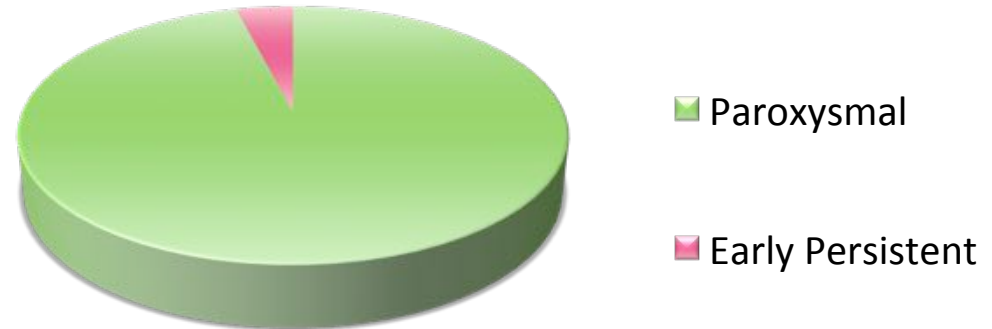
**64 patients**

**49♀ 15♂**

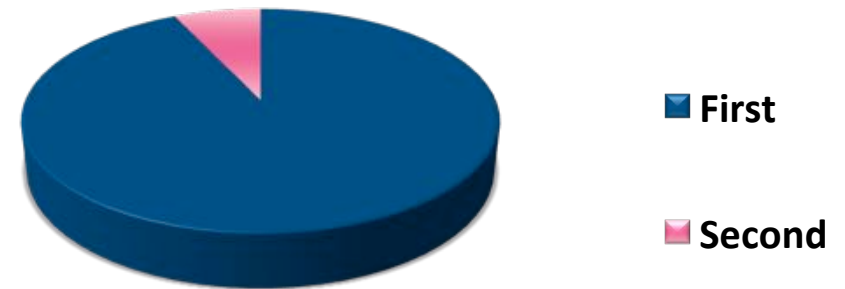
**mean age 58 yo**

CAD	13.2 %
HCM	1.9 %
Cardiac surgery	3.7 %
Valve disease	5.6 %
LA area (mean±SD)	21.7±4.7
LVEF (mean±SD)	62±6.8
AADs failure	96.3 %
AADs / pts	1.4

**Patients**



**Procedure / pts**



# Visually-guided Laser Ablation

Cardiac Arrhythmia Research Center-Centro Cardiologico

Single Center experience



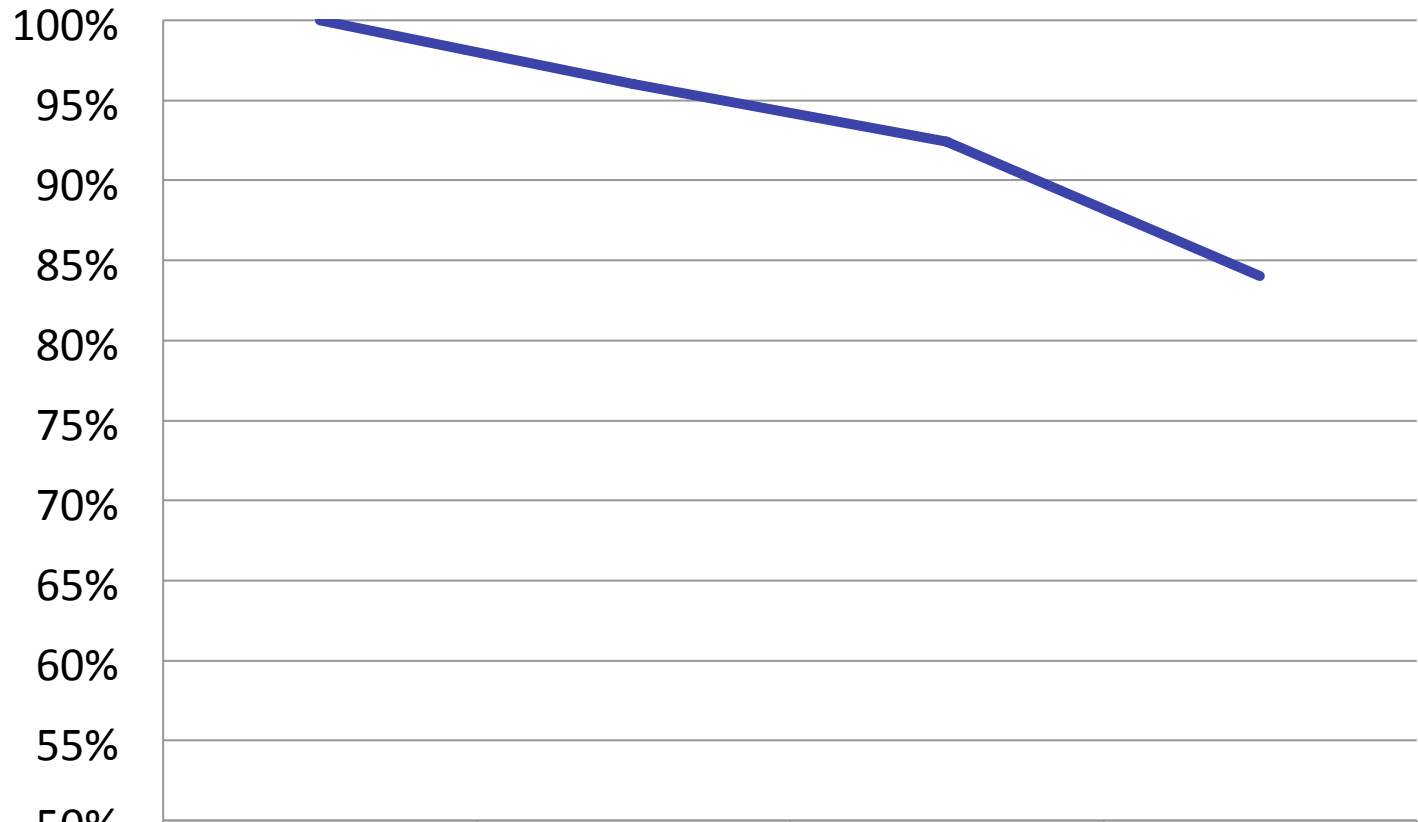
Persona Data

Complications	n (%)
Stroke / TIA	0
Pericardial effusion	1 (1.9%)
Cardiac tamponade	1 (1.9%)
Vascular injury	1 (1.9%)
PV stenosis	0
Phrenic nerve damage	0

# Cardiac Arrhythmia Research Center-Centro Cardiologico

## Single Center experience

### Freedom-from-AF



	30 days	90 days	180 days	360 days
Freedom-from-AF	100%	96,0%	92,4%	84,0%



# Multicenter Evidence of Durable PVI

**86% of > 200 Remapped Veins Chronically Isolated**

**The durability of pulmonary vein isolation using the visually guided laser balloon catheter: Multicenter results of pulmonary vein remapping studies**

Srinivas R. Dukkupati, MD,\* Petr Neuzil, MD, PhD,<sup>†</sup> Josef Kautzner, MD, PhD,<sup>‡</sup> Jan Petru, MD,<sup>†</sup> Dan Wichterle, MD,<sup>‡</sup> Jan Skoda, MD,<sup>†</sup> Robert Cihak, MD,<sup>‡</sup> Petr Peichl, MD,<sup>‡</sup> Antonio Dello Russo, MD, PhD,<sup>§¶</sup> Gemma Pelargonio, MD, PhD,<sup>§</sup> Claudio Tondo, MD, PhD,<sup>§¶</sup> Andrea Natale, MD, FHRS,<sup>||</sup> Vivek Y. Reddy, MD\*<sup>†</sup>

**BACKGROUND** The visually guided laser ablation (VGLA) catheter is a compliant, variable-diameter balloon that delivers laser energy around the pulmonary vein (PV) under endoscopic visualization. While acute PV isolation is feasible, limited data exist regarding the long-term durability of PV isolation using this technology.

**OBJECTIVE** We sought to determine the long-term durability of PV isolation following ablation using the balloon-based VGLA catheter.

**METHODS** The VGLA catheter was evaluated in 56 patients with paroxysmal atrial fibrillation (3 sites, 10 septal puncture, the VGLA catheter was inserted through a deflectable sheath and inflated at the endoscopic guidance, the 30° aiming catheter was positioned at the PV and laser energy was delivered in a contiguous/overlapping manner. At -3 months, patients underwent a PV remapping procedure.

**RESULTS** In 56 patients, 202 of 206 PVs (98%) were acutely isolated. At 105 ± 44 (mean ± SD) days, 52 patients returned for

PV remapping at which time 162 of 189 PVs (86%) remained isolated and 32 of 52 patients (62%) had all PVs still isolated. On multivariate analysis, performing <10 vs ≥10 procedures, the percentage of patients with all PVs isolated was 73% vs 89% (P = .011) and 57% vs 73% (P = .002), respectively. After 2 procedures and 12.0 ± 1.9 months, the drug-free rate of freedom from atrial fibrillation was 86%.

**CONCLUSION** This multicenter, multioperator experience, demonstrating a high rate of durable PV isolation with a catheter-based VGLA catheter that is comparable to that of radiofrequency ablation.

**KEY WORDS:** Ablation; Laser; Paroxysmal; Pulmonary Vein Isolation

**ABBREVIATIONS** AF = atrial fibrillation; PV = pulmonary vein; VGLA = visually guided laser ablation

(Heart Rhythm 2012;9:919-925) © 2012 Heart Rhythm Society. All rights reserved.

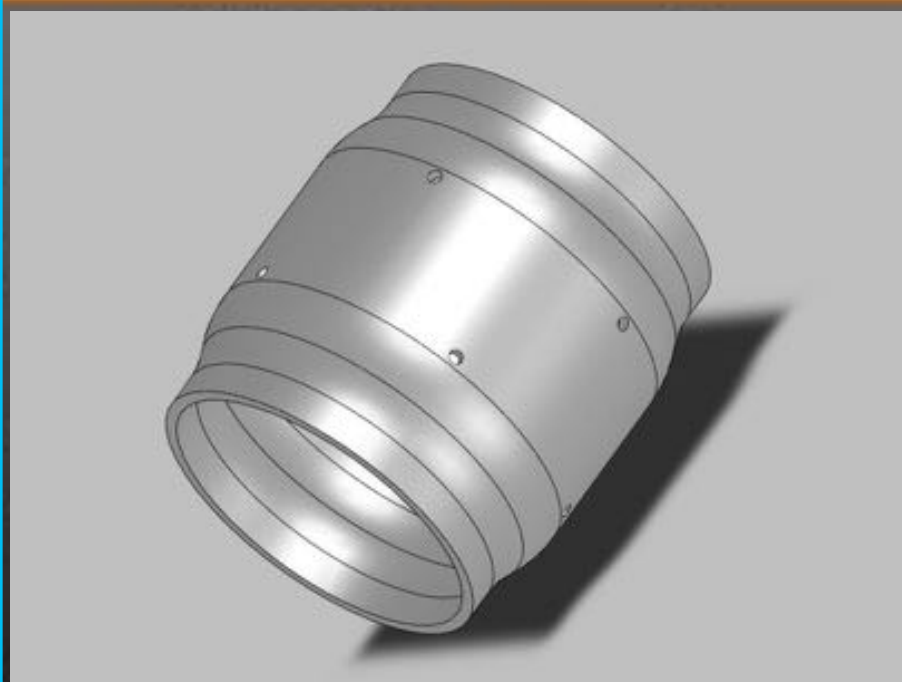
**Effective PVI:  
98% Acute Success  
And  
86% Chronic Success**



# nMARQ™ Catheter selection

## nMARQ™ Circular

- Centered helical design
- Ten, 3 mm long irrigated electrodes
- 2.5mm effective surface area
- 10 irrigation ports per electrode
- 4 mm inter-electrode spacing
- Compatible with 8.5 Fr Sheath
- 20-35 mm loop diameter range



# *nMarq Circular catheter*



# nMARQ Circular: PV mapping techniques

**Ostial**

- Too much distal for ablation
- Optimal during FAM



**Segmental**

- Precise evaluation for segmental targeting
- PV carena ideal targetting/avoid Esophagus

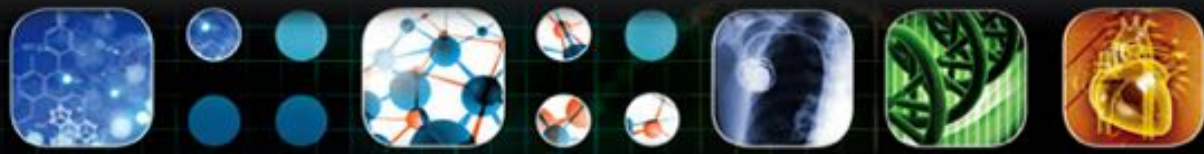


**Antral**

- Ideal for small veins
- Extensive Lesion but requires stability







## Final Outcomes of REVOLUTION: A Prospective, Multi-Center Clinical Study of Pulmonary Vein Isolation Using the nMARQ™ Circular and Crescent Multi-Electrode Irrigated Ablation Catheter (186 Pts)

- Acute effectiveness (PVI) in 98.7% of patients.

- Freedom from symptomatic AF in 70.8% at 8 months

- In the SNA group 13.9% of subjects exhibited asymptomatic CME with 4 occurrences in the nMARQ™ (21.1%) and 1 in the ThermoCool® group (5.9%).

# Safety :

- **Esophageal monitoring**
- **Phrenic nerve mapping**



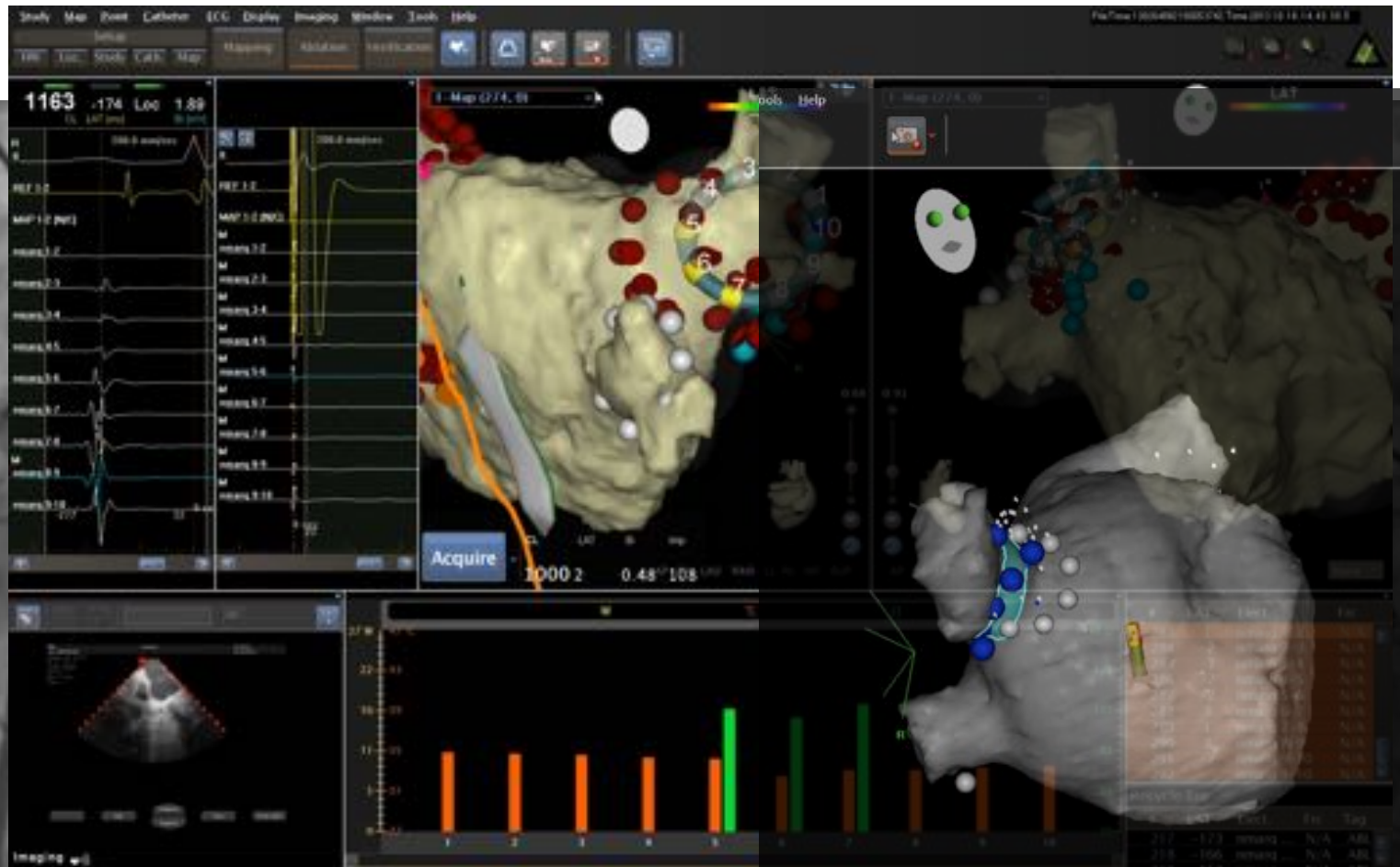
## **URGENT FIELD SAFETY NOTICE MEDICAL DEVICE – VOLUNTARY FIELD REMOVAL**

**Biosense Webster, a division of Johnson & Johnson Medical NV/SA  
nMARQ® Circular Irrigated Catheter  
Catalog No: D132214**

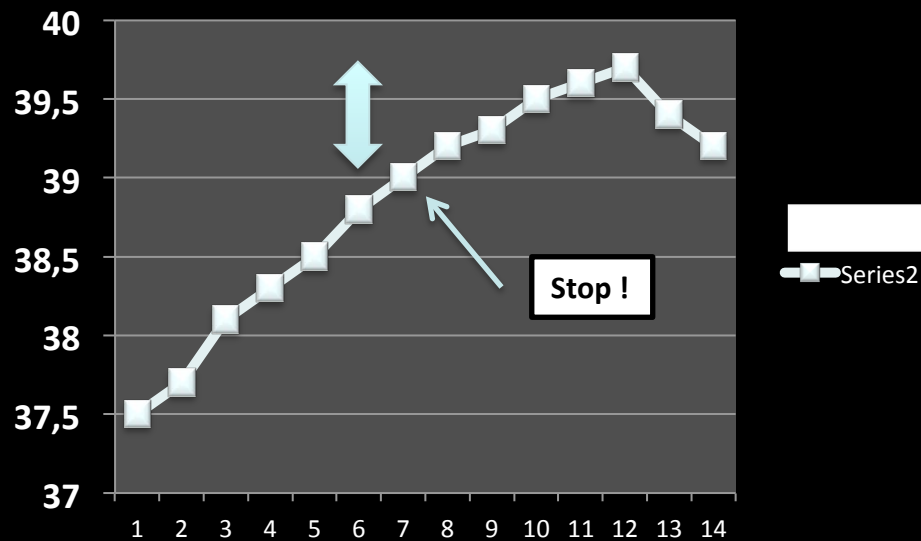
This removal is due to an increased number of complaints related to low temperature issues due to thermocouple malfunction of the nMARQ® Circular Irrigated Catheter, which occurred during the same time period as reports of three (3) deaths. Two (2) of these deaths have been confirmed to be due to Atrio-Esophageal Fistula (AEF).



# Pacemapping of phrenic nerve



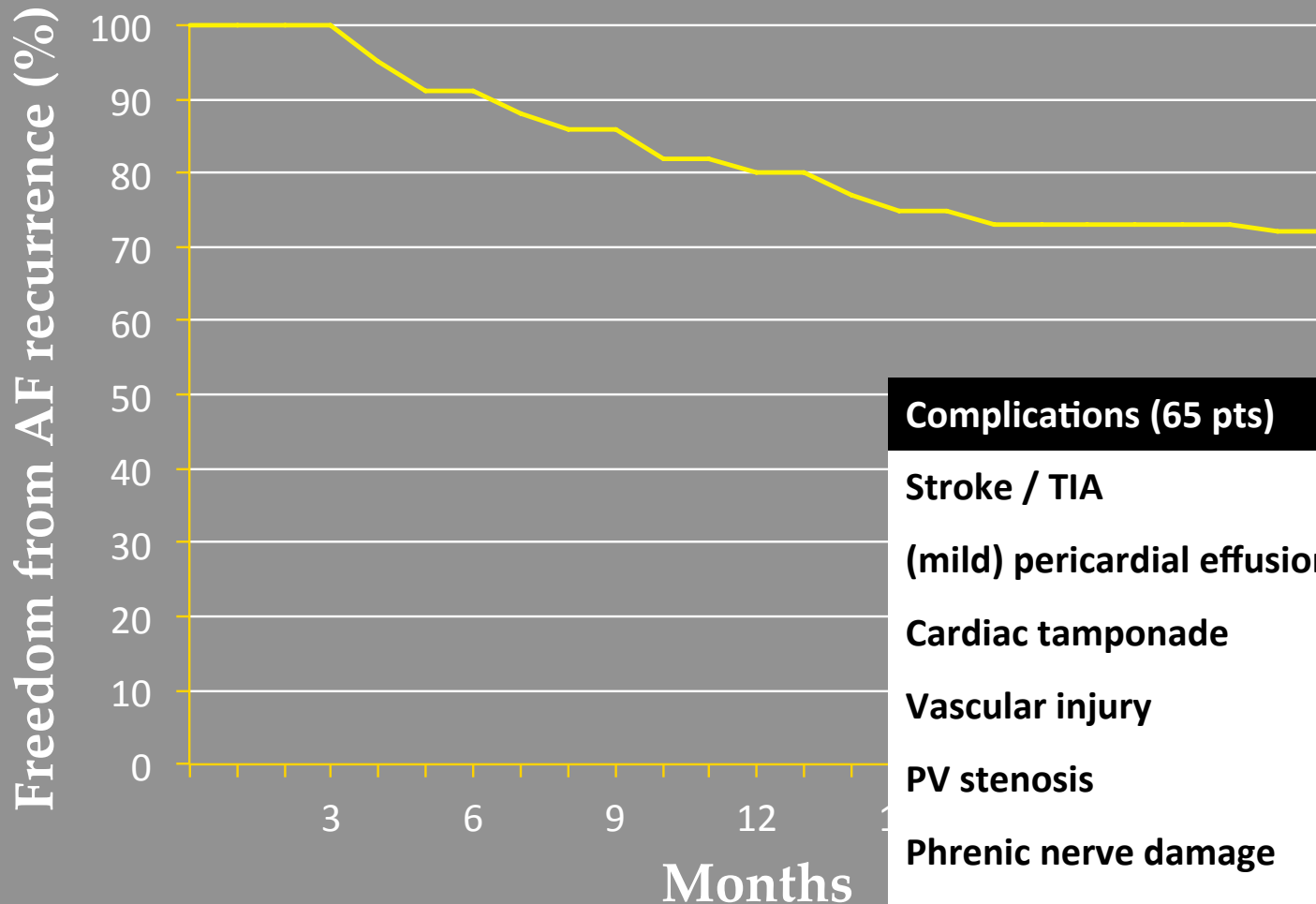
# PROXIMITY LPVS/RIPV-ESOPHAGUS



- Cut off value 39°
- Power setting at 15-18 targeting posterior wall

65 Pts; mean FU 20.6<sub>+9</sub> m

## *Follow up*



### Complications (65 pts)

N

Stroke / TIA

0/1

(mild) pericardial effusion

2

Cardiac tamponade

0

Vascular injury

0

PV stenosis

0

Phrenic nerve damage

0

AE fistula

0

Esophageal lesion\*

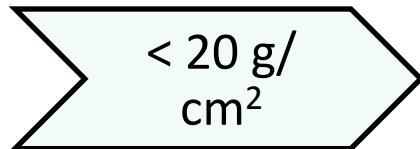
0

# Contact Force Sensing Technology a compromise between efficacy and safety

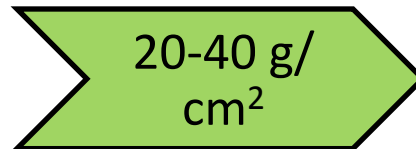
## Relationship Between Catheter Forces, Lesion Characteristics, “Popping,” and Char Formation: Experience with Robotic Navigation System

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CARMELA TAN, M.D.,<sup>\*</sup> CLAUDE S. ELAYI, M.D.,<sup>\*</sup> CHI KEONG CHING, M.D.,<sup>\*</sup>  
PAUL WANG, M.D.,<sup>§</sup> AMIN AL-AHMAD, M.D.,<sup>§</sup> MAURICIO ARRUDA, M.D.,<sup>\*</sup>  
J. DAVID BURKHARDT, M.D.,<sup>\*</sup> BRIAN J. WISNOSKEY, Ph.D.,<sup>¶</sup> PUNAM CHOWDHURY, M.D.,<sup>\*</sup>  
SHARI DE MARCO, R.N.,<sup>\*</sup> LUCIANA ARMAGANJAN, M.D.,<sup>\*</sup> KENNETH N. LITWAK, M.D.,<sup>\*</sup>  
ROBERT A. SCHWEIKERT, M.D.,<sup>\*</sup> and JENNIFER E. CUMMINGS, M.D.,<sup>\*</sup>

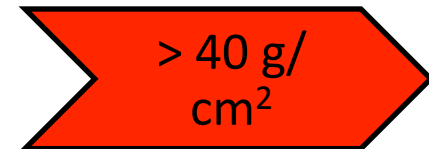
From the <sup>\*</sup>Cleveland Clinic, Cleveland, Ohio, USA; <sup>†</sup>Department of Cardiology, University of Foggia, Foggia, Italy; <sup>‡</sup>Texas Cardiac Arrhythmia Institute at St. David's Medical Center, Austin, Texas, USA; <sup>§</sup>Stanford University, Palo Alto, California, USA; and <sup>¶</sup>Employee of Saint Jude Medical



**Non Transmural Lesion**  
**Ineffective procedure**

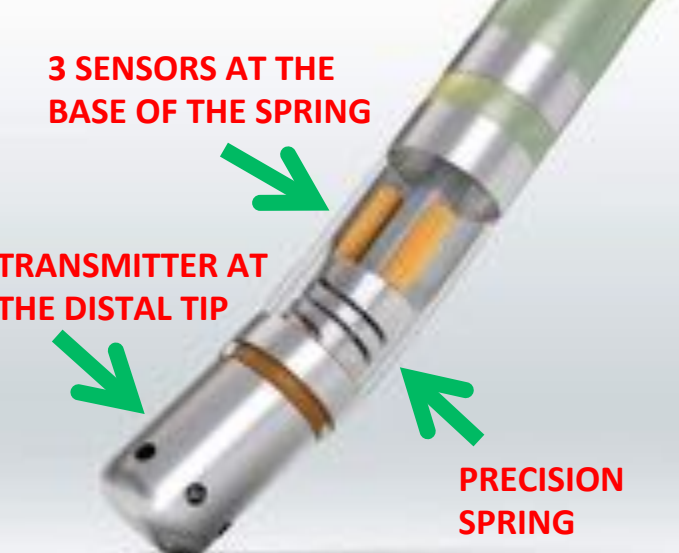


**Transmural Lesion**  
**Effective Porcedure**

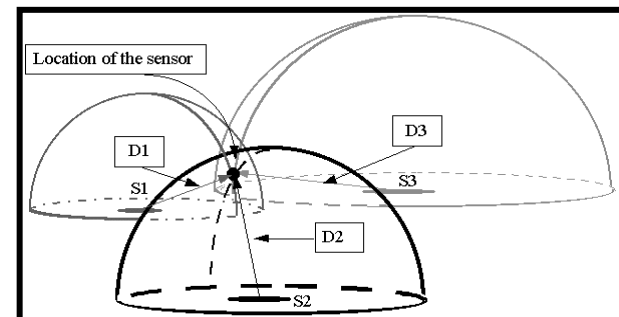
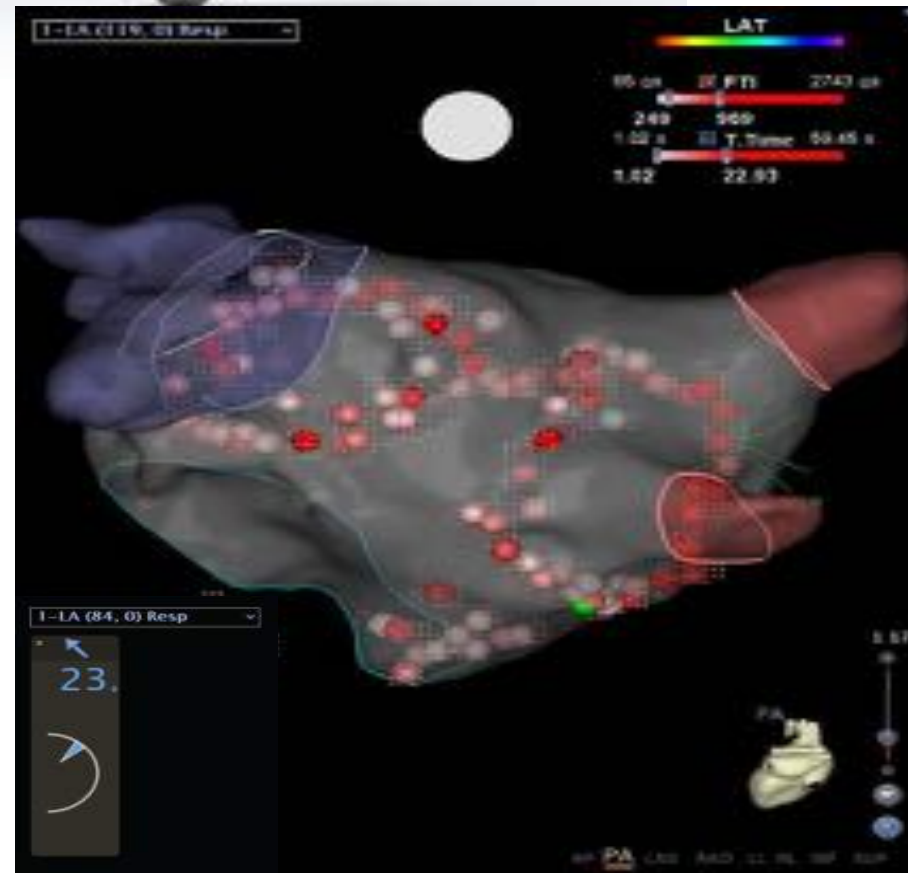


**Increased complications**  
**Effective Procedure**  
**with higher risk**

# ThermoCool SmartTouch



- O-I-C 3.5 mm. Tiny spring at the distal tip connected to the proximal ring electrode..
- The force applied to the tissue results in the spring compression and/or stretching.
- Magnetic signal between a transmitter located in the tip and 3 receiving sensors at the base of the spring.
- The real-time force is measured in grams and can be displayed as a chronological curve in the independent “real-time graph” window on the CARTO 3 screen.
- The direction of the force can be displayed as a color-coded arrow vector on the tip of catheter image on the main view of the CARTO 3 system.





# Increasing evidences

TOCCASTAR

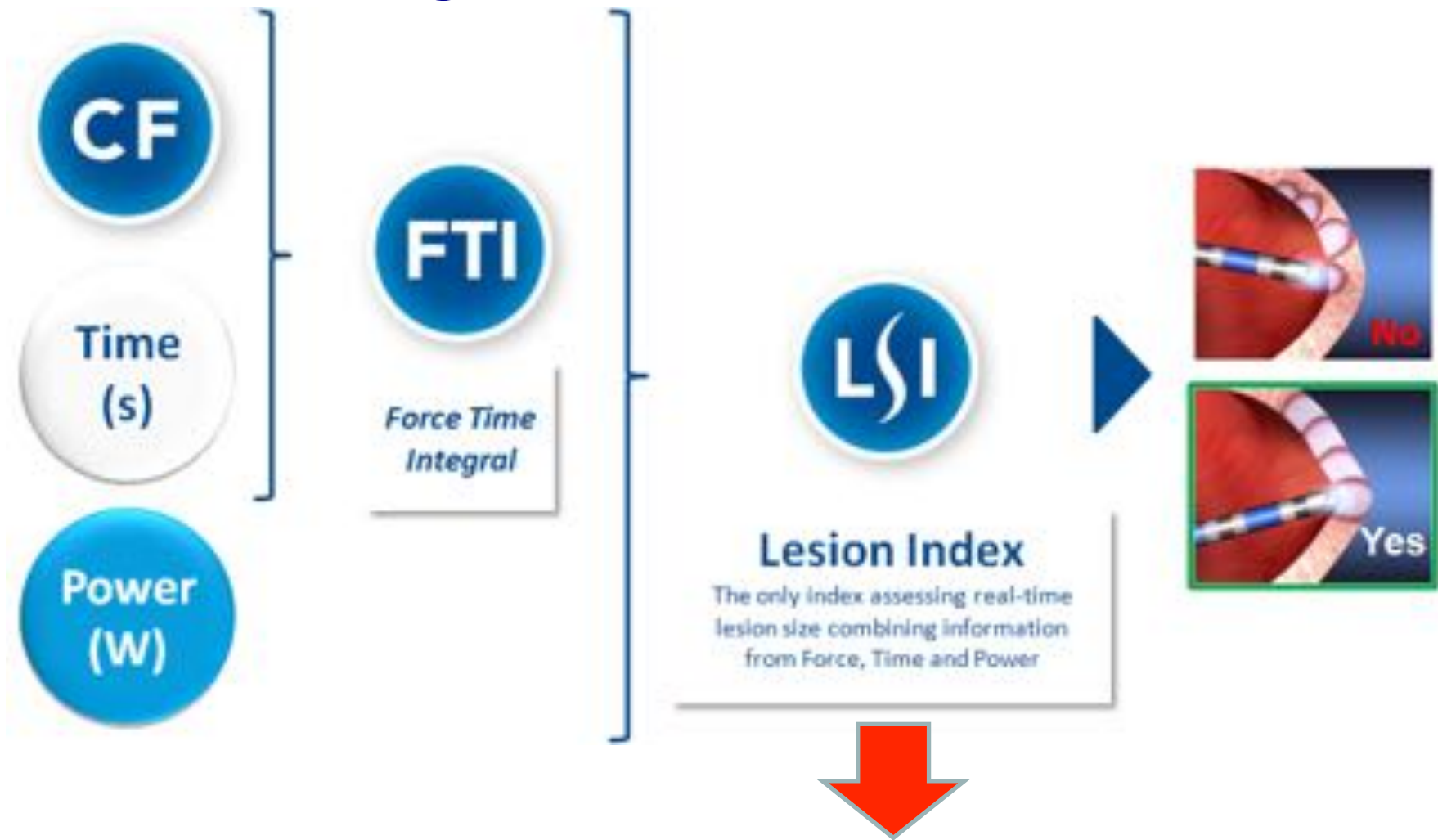
- TARGET **CF** 20 g with range [10 g , 30 g]
- Min **CF** > 10 g for any ablation points
- Min **FTI** > 400 gs for any ablation points
- **ONE SHOT** → Transmurality should be achieved in one shot

TOCC

- Safety and feasibility of Force Sensing
- Importance of average Contact Force and Force Time Integral



# Force Time Integral (FTI) and Lesion Index (LSI™)



study<sup>10</sup> described in detail EGM morphological changes as being highly predictive of TL. Nevertheless, artefacts during RF delivery may render EGM morphological changes difficult to assess.

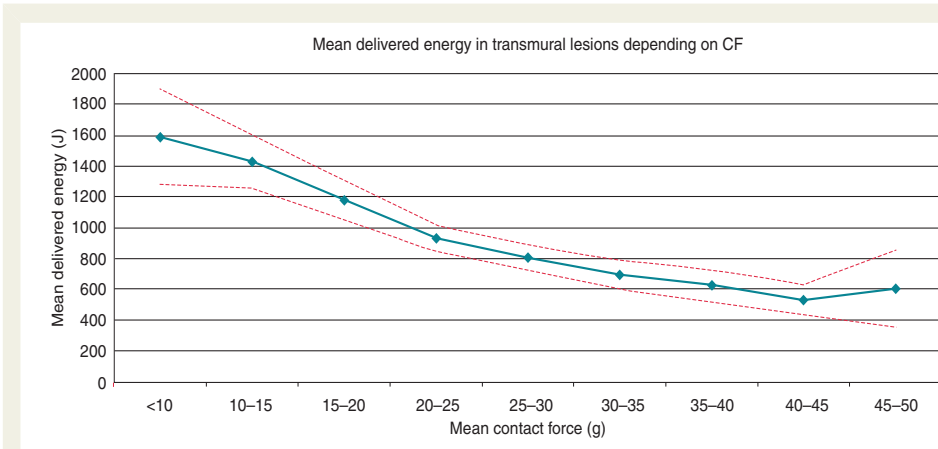
... (abstract, introduction) were included in the performed at the Princess Grace Hospital in Monaco gave written informed consent. Ablation strategy: conventional PV ablation with an endpoint of lasso-proven PV

† The first two authors contributed equally to this paper.

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Figure 3 Comparison of the mean delivered energy per RF pulse (J), mean contact force (g), RF pulse duration (s), and delivered energy (J) for transmural and non-transmural lesions. Outside values are excluded.



**Figure 4** Mean delivered energy per RF pulse in the TL group, depending on the contact force (CF). Dashed lines represent the 95% confidence interval. Mean delivered energy quickly decreases as the CF increases from <10 to 20–25 g. Between 20–25 and 35–40 g, mean delivered energy decreases slowly, whereas it remains stable above 40 g.

... (abstract, introduction) were included in the performed at the Princess Grace Hospital in Monaco gave written informed consent. Ablation strategy: conventional PV ablation with an endpoint of lasso-proven PV

... (abstract, introduction) were included in the performed at the Princess Grace Hospital in Monaco gave written informed consent. Ablation strategy: conventional PV ablation with an endpoint of lasso-proven PV

minimal distance to the curve of the FTI was positive predictive and the negative predictive value (NPV) of the FTI threshold (700 Se (0.39) and NPV

### Smooth position

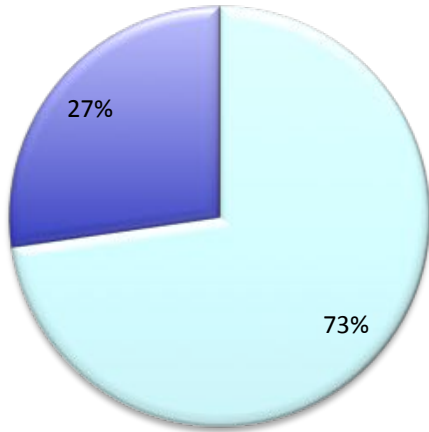
Subgroup analysis of the ablated portions of the

# Tacticath LTI-FTI study

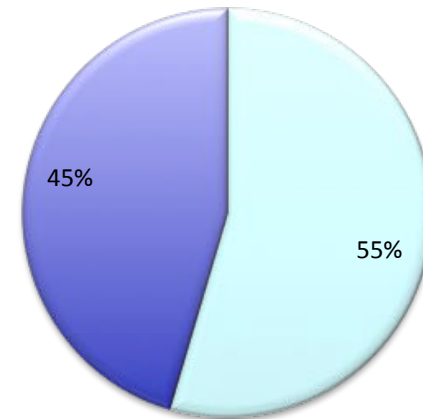
## *LSI-FTI Guided vs Blind procedure*

n=33

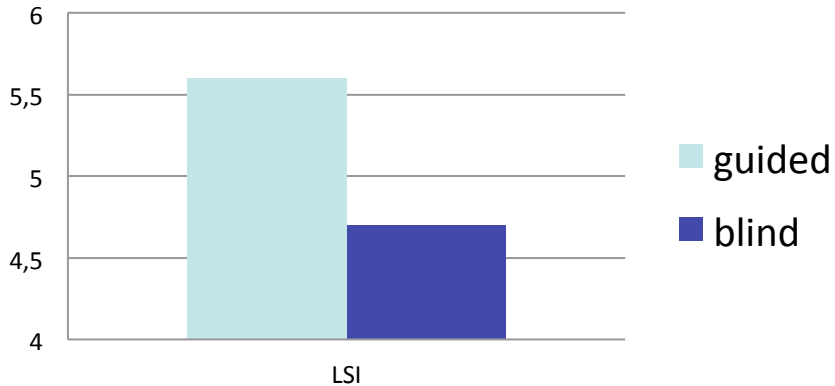
Male Female



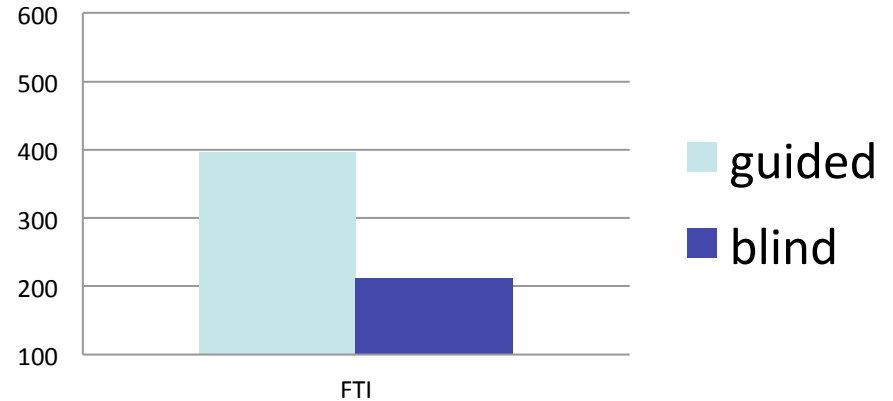
Guided Blind



### Average LSI per procedure



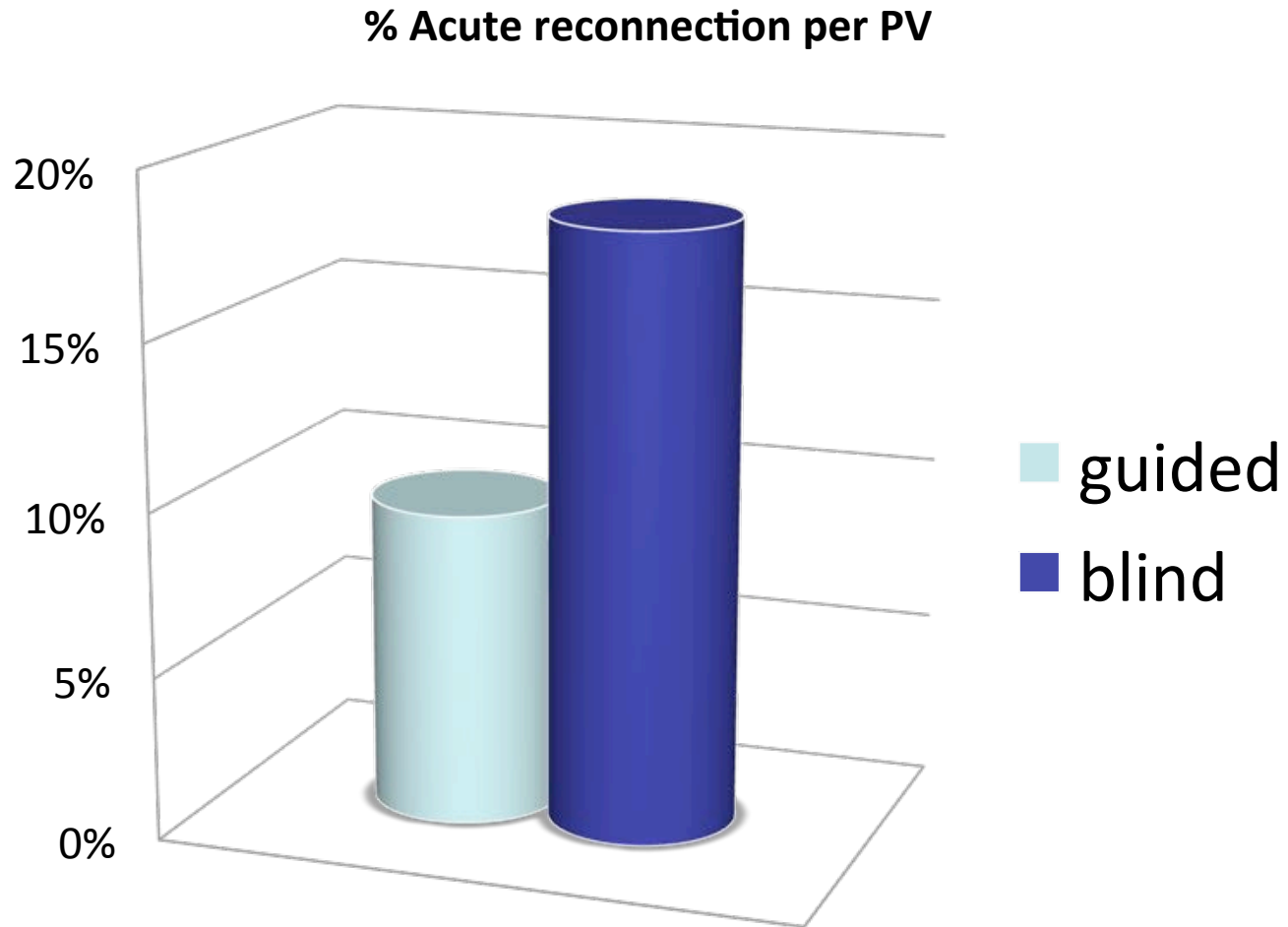
### Average FTI per procedure



*Personal data*

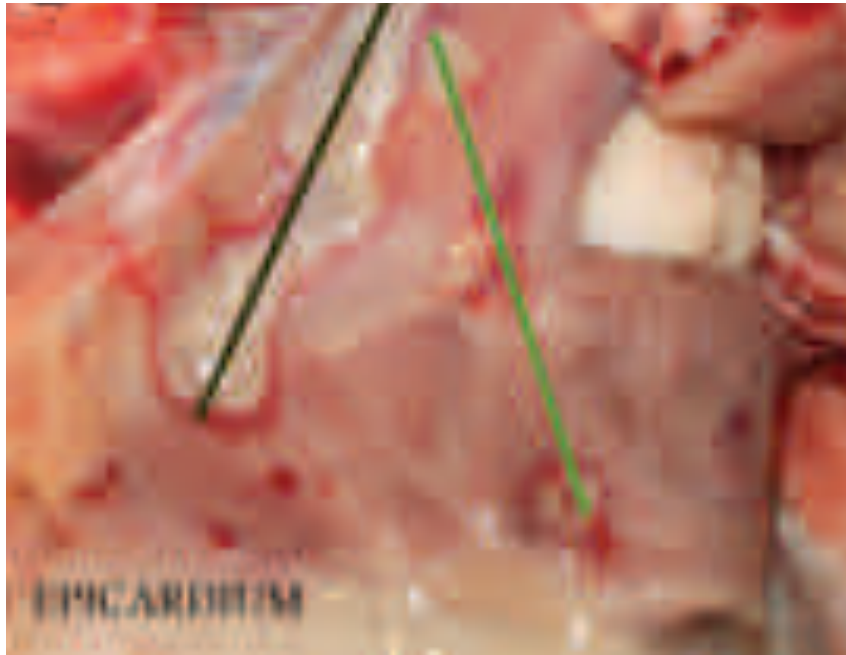
# Tacticath LTI-FTI study

*LSI-FTI Guided vs Blind procedure*



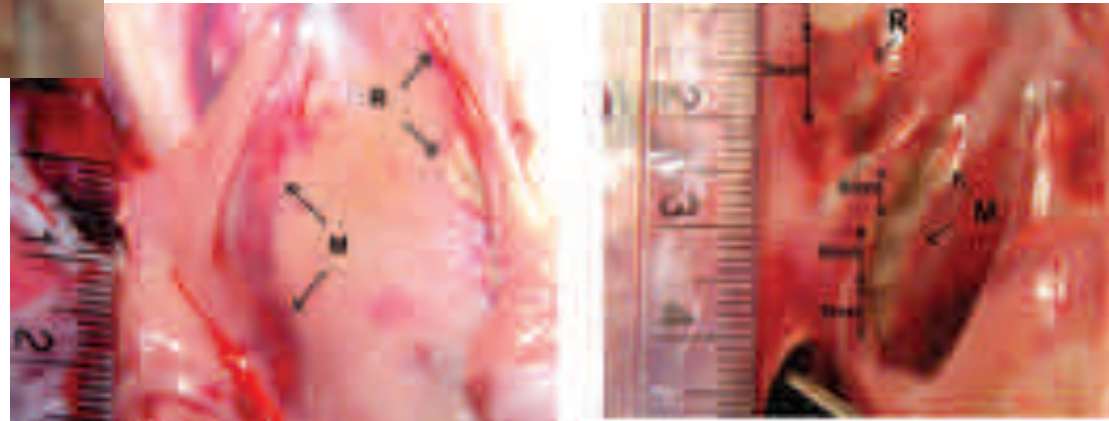
*Personal data*

# Lessons from robotic AF ablation



Transmurular and continuous lesions using the Robotic System (black line) compared to manual lesions (green line)

Robotic lesions (R) are necrotic and transmural, while manual lesions (M) appear haemorrhagic. On the right panel, endocardically, robotic lesions (R) are wider compared to manual lesions (M)



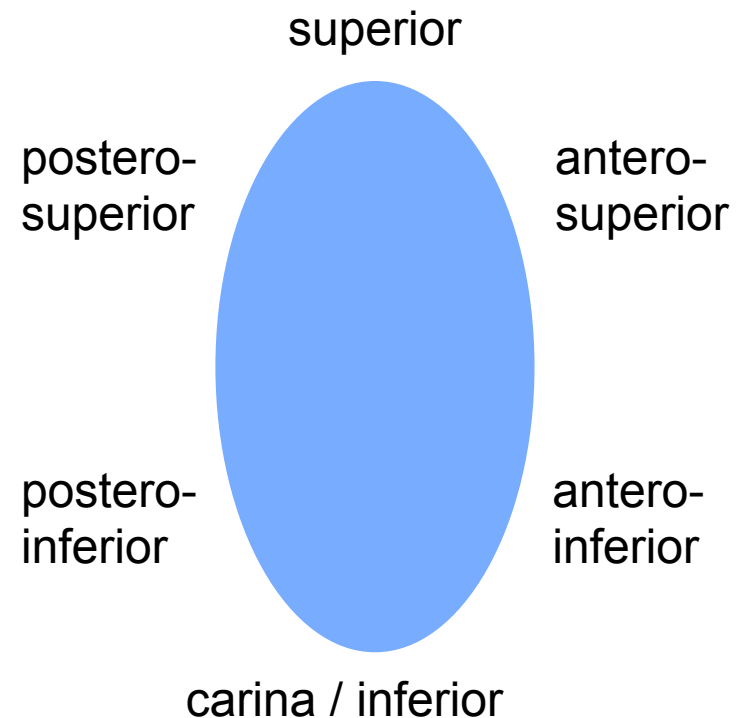
**Aim of this study was to investigate the effect of RNS on CF using information provided by ThermoCool SmartTouch ablation catheter and to assess if CF values are increased when compared to manual approach. We sought also to determine if increased CF values could affect clinical follow-up.**

**Pts randomized 1:1 in 2 groups**

- **Hansen + SmartTouch (40 pts)**
- **Manual + SmartTouch (40 pts)**

*Personal data [under review]*

**Assessment of catheter CF on different PVs segment**





59

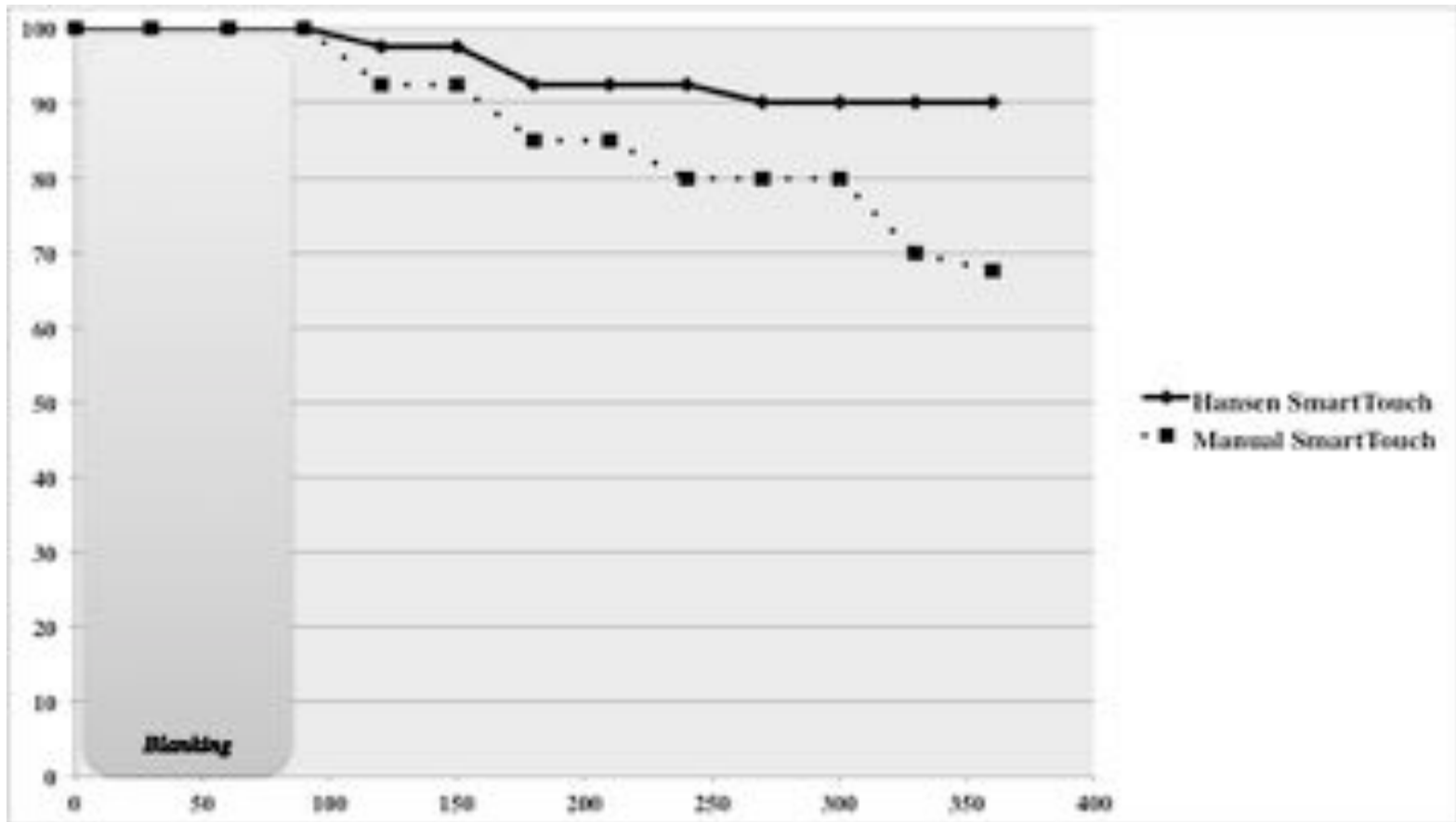
60

	Hansen (n=40)	manual (n=40)	<i>p</i>
<b>Male sex, n (%)</b>	<b>32 (80)</b>	<b>24 (60)</b>	<b>0.12</b>
<b>Mean age (years)</b>	<b>61 ± 10</b>	<b>62 ± 9</b>	<b>0.51</b>
<b>Paroxysmal atrial fibrillation, n (%)</b>	<b>29 (72.5)</b>	<b>28 (70)</b>	<b>0.63</b>
<b>Persistent atrial fibrillation, n (%)</b>	<b>11 (27.5)</b>	<b>12 (30)</b>	<b>0.54</b>
<b>Left atrial diameter, (mm)</b>	<b>43 ± 8</b>	<b>41 ± 7</b>	<b>0.33</b>
<b>Diabetes mellitus, n (%)</b>	<b>1 (2.5)</b>	<b>2 (5)</b>	<b>0.53</b>
<b>Hypertension, n (%)</b>	<b>17 (42.5)</b>	<b>15 (37.5)</b>	<b>0.77</b>
<b>Hypercholesterolemia, n (%)</b>	<b>8 (20)</b>	<b>10 (25)</b>	<b>0.60</b>
<b>Hypertriglyceridemia, n (%)</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Active smoking, n (%)</b>	<b>12 (30)</b>	<b>12 (30)</b>	<b>0.56</b>
<b>Body mass index, (Kg/m<sup>2</sup>)</b>	<b>26 ± 2</b>	<b>26 ± 3</b>	<b>0.59</b>
<b>Coronary artery disease, n (%)</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Previous ischemic stroke, n (%)</b>	<b>-</b>	<b>1 (2.5)</b>	<b>0.53</b>
<b>Chronic renal failure, n (%)</b>	<b>6 (15)</b>	<b>8 (20)</b>	<b>0.33</b>
<b>LVEF, (mean ± SD)</b>	<b>62 ± 6</b>	<b>61 ± 7</b>	<b>0.72</b>
<b>CHA2DS2-VASc</b>	<b>1.5 ± 1.3</b>	<b>1.6 ± 1.1</b>	<b>0.86</b>

*Personal data [under review]*

	Contact force on Left Pulmonary veins			Contact force on Right Pulmonary veins		
	Hansen (n=40)	manual (n=40)	<i>p</i>	Hansen (n=40)	manual (n=40)	<i>p</i>
<b>Superior</b>	26 (14-31)	18 (11-21)	0.004	26 (13-30)	18 (9-21)	0.002
<b>Antero-superior</b>	26 (14-32)	12 (9-14)	<0.001	23 (12-28)	10 (7-15)	<0.001
<b>Postero-superior</b>	23 (13-29)	15 (7-25)	0.001	24 (10-30)	13 (7-21)	<0.001
<b>Carina</b>	25 (12-28)	10 (7-15)	<0.001	26 (10-30)	12 (8-18)	<0.001
<b>Antero-inferior</b>	24 (16-28)	10 (8-13)	0.001	24 (11-28)	11 (8-17)	<0.001
<b>Postero-inferior</b>	23 (17-29)	11 (7-15)	0.02	23 (12-30)	10 (8-15)	<0.001
<b>Inferior</b>	21 (14-30)	9 (6-12)	<0.001	25 (11-28)	11 (8-14)	<0.001

*Personal data [under review]*



**In this randomized study, concerning a mixed population of paroxysmal and persistent AF patients, we demonstrated that the use of ThermoCool SmartTouch ablation catheter with the RNS is associated with increased contact between the ablation catheter and myocardial tissue and to a lower AF recurrence rate at clinical follow-up.**

*Personal data [under review]*

# Electrical Reconnection After Pulmonary Vein Isolation Is Contingent on Contact Force During Initial Treatment

## Results From the EFFICAS I Study

Petr Neuzil, MD, PhD; Vivek Y. Reddy, MD; Josef Kautzner, MD, PhD; Jan Petru, MD;  
Dan Wichterle, MD, PhD; Dipen Shah, MD; Hendrik Lambert, PhD; Aude Yulzari, MSc;  
Erik Wissner, MD; Karl-Heinz Kuck, MD, PhD, FHRS

2013

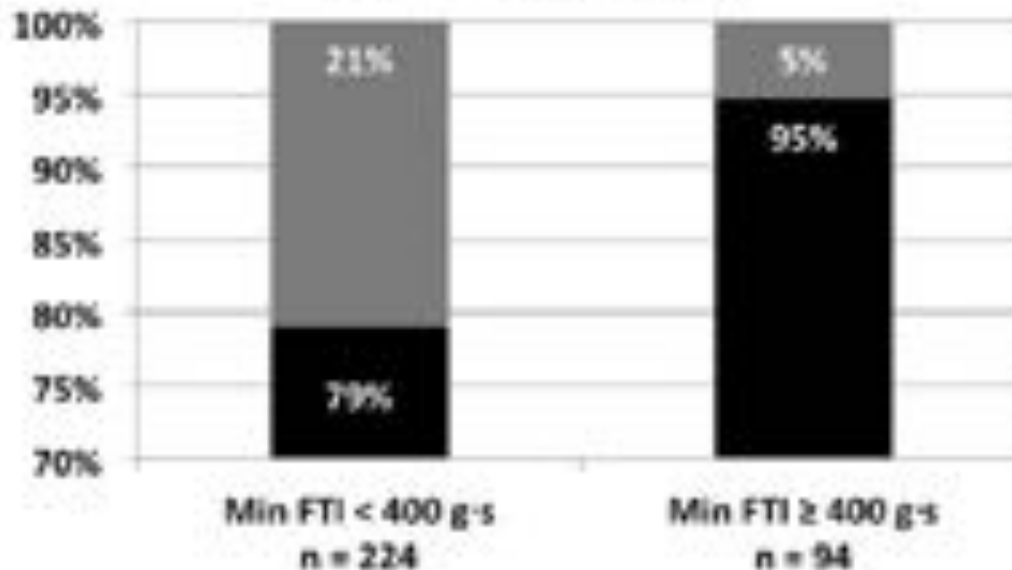
**C** Average Contact Force [g] per position  
46 patients



**D** Average FTI [g·s] per position  
46 patients



Minimum FTI (g·s) success ratio per segment  
 $p = 0.0004$  - OR = 0.21



# PV LESION DURABILITY WITH RF AND CRYOBALLOON

## STUDIES EVALUATING PV RECONDUCTION USING REPEAT ELECTROPHYSIOLOGY AND MAPPING AFTER THE INDEX PROCEDURE

CB1 - Arctic Front Cryoballoon  
 CB2 - Arctic Front Advance Cryoballoon

### % of Patients without Gaps During Remapping Procedure



\* Calculated rate from manuscript data reporting 9/24 patients with gaps.

\*\* Time between index procedure and re-mapping procedure. All patients were evaluated regardless of clinical symptoms.

1 Late Breaking Clinical Trials session I at the EHRA/EUROPACE 2013 meeting in Athens, Greece; 2 Willemns, et al. *J Cardiovasc Electrophysiol*. 2010; 21(10):1079-84; 3 Jiang, et al. *Heart Rhythm*. 2014; 11(6):969-76; 4 Neuzil et al. *Circ Arrhythm Electrophysiol*. [25]:327-33; 5 Kautzner, J, et al. *Eurpace*. 2013; In Press; 6 Ahmed, et al. *J Cardiovasc Electrophysiol*. 2010; 21(7):731-7; 7 Reddy VY, et al. *J Cardiovasc Electrophysiol*. 2015 May; 26(5):493-500.

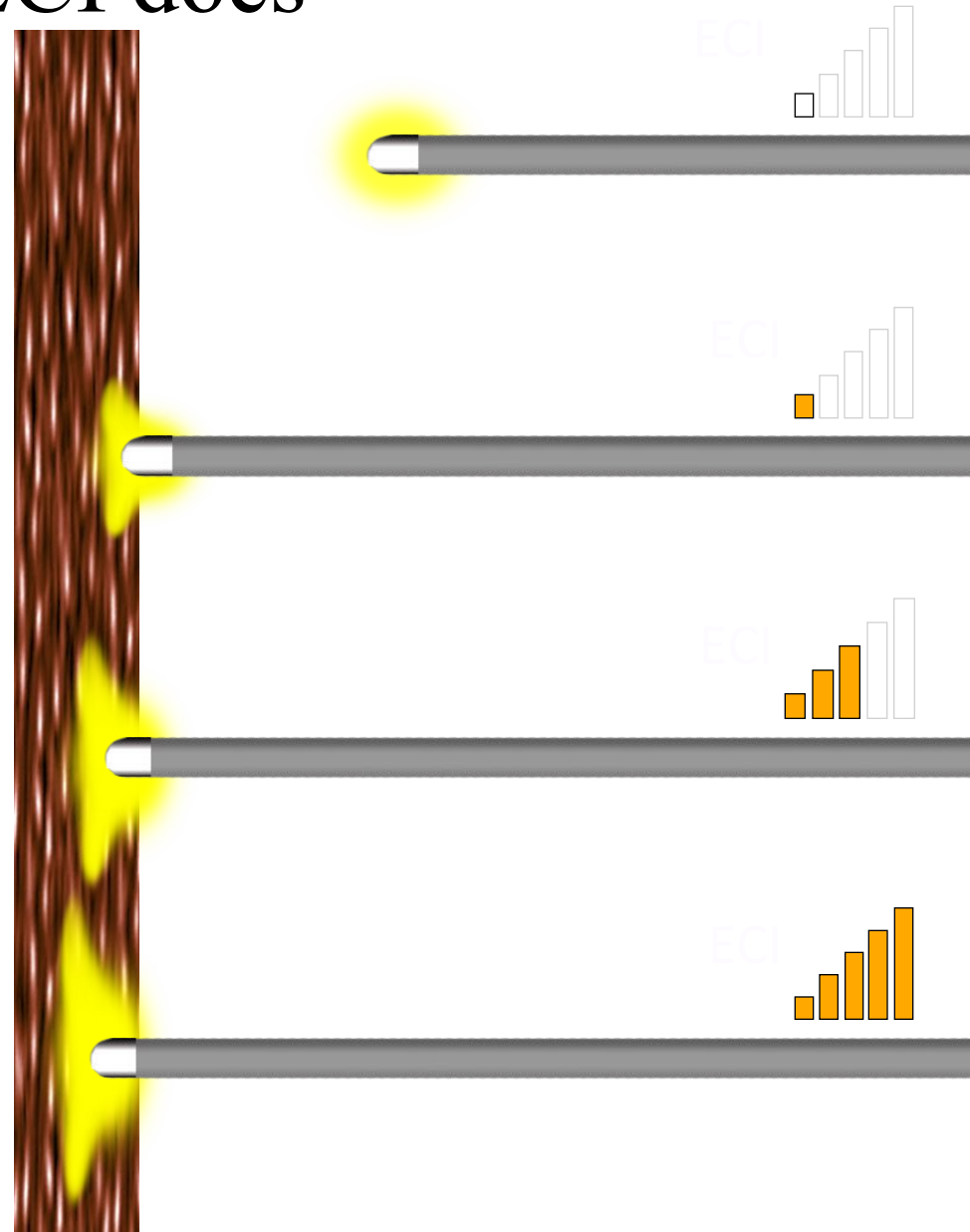
# What ECI does

ECI measures the electrical coupling of the catheter and nearby tissue.

The detection is limited within 2 mm around the catheter tip.

- This is why ECI is a good predictor of therapeutic RF energy transfer to tissue.

ECI is independent of tip angle.





# Simultaneous assessment of contact pressure and local Electrical Coupling Index using Robotic navigation

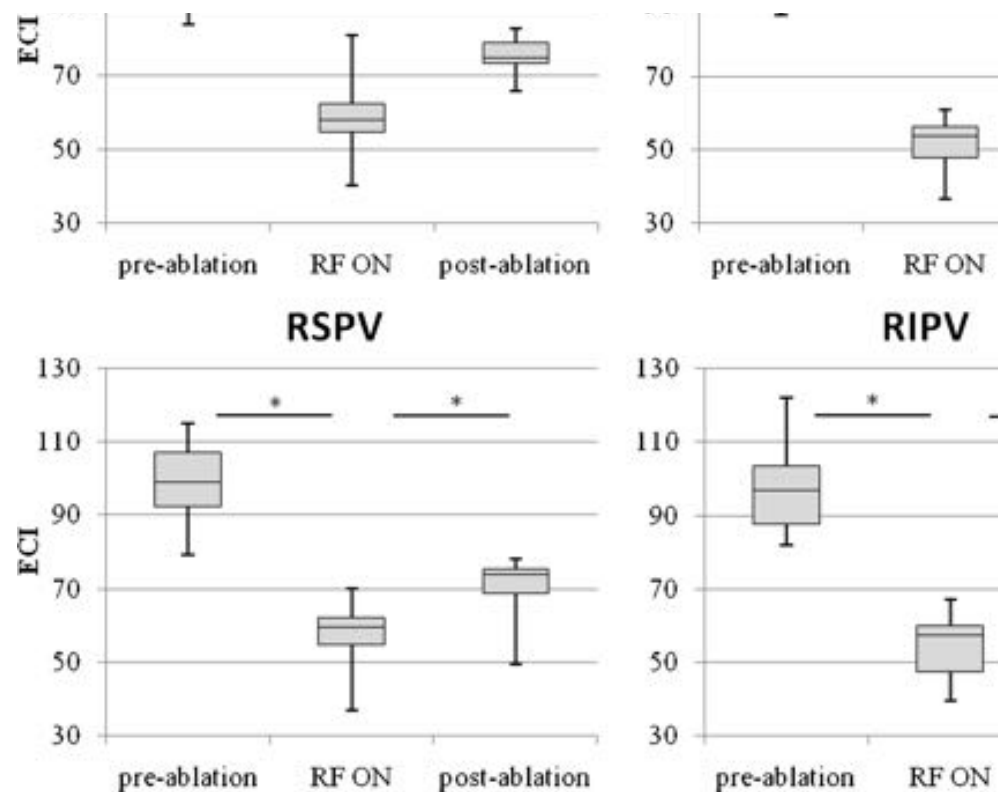
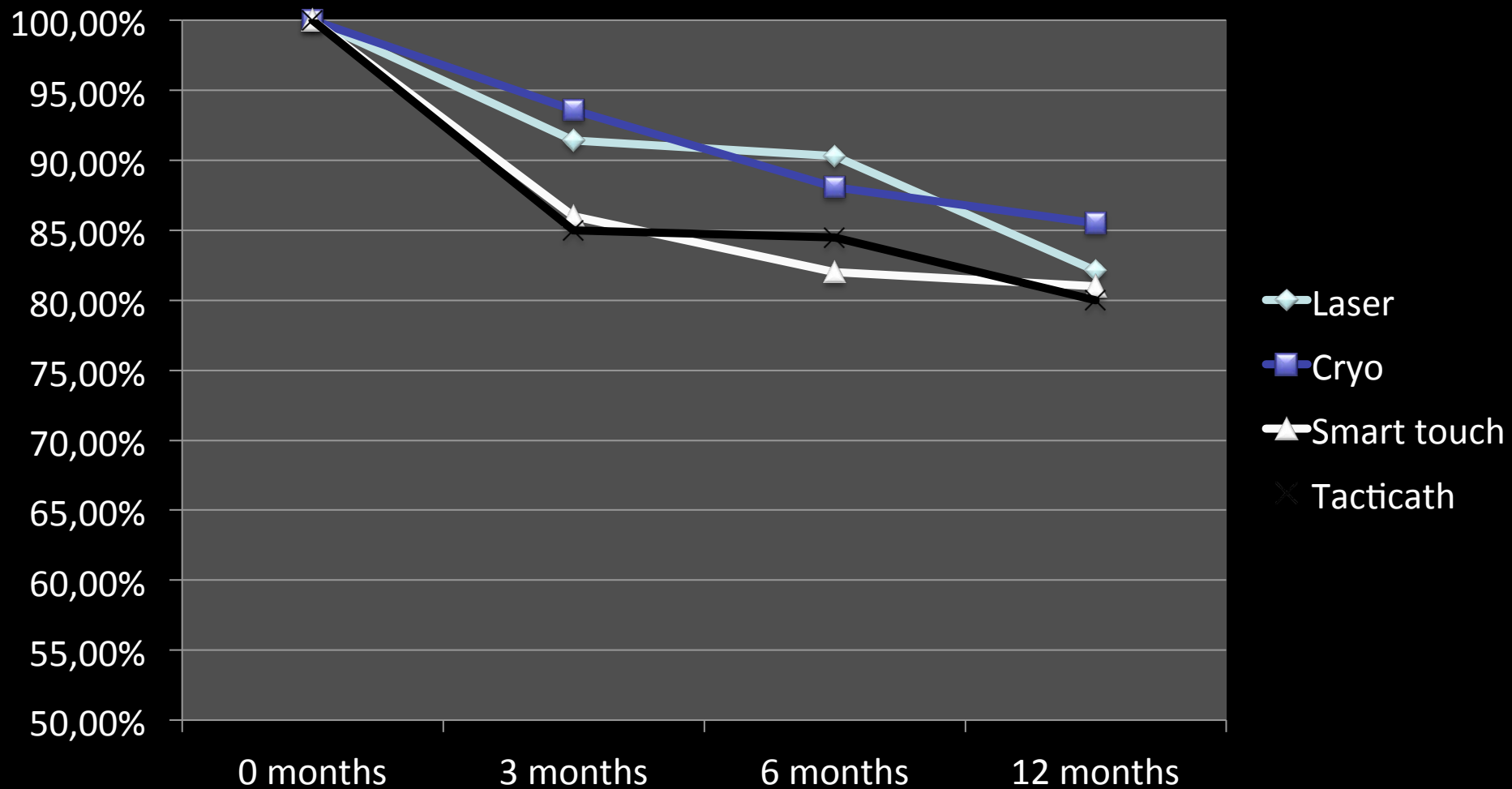


Fig. 2 Trend of ECI features for each of the four veins. Asterisk indicates a statistically significant difference

The main findings of our work is both, the evidence, in vivo, that ECI is a marker of tissue characteristics and, the identification of a cut-off in ECI decrease able to predict the formation of a transmural and stable atrial tissue lesion. Thus, ECI monitoring during RF delivery may provide the clinician with valuable feedback regarding lesion depth. This may increase the efficacy and safety of AF catheter ablation procedures.

# Paroxysmal AF ablation; mid term outcome Balloon Vs. focal RF



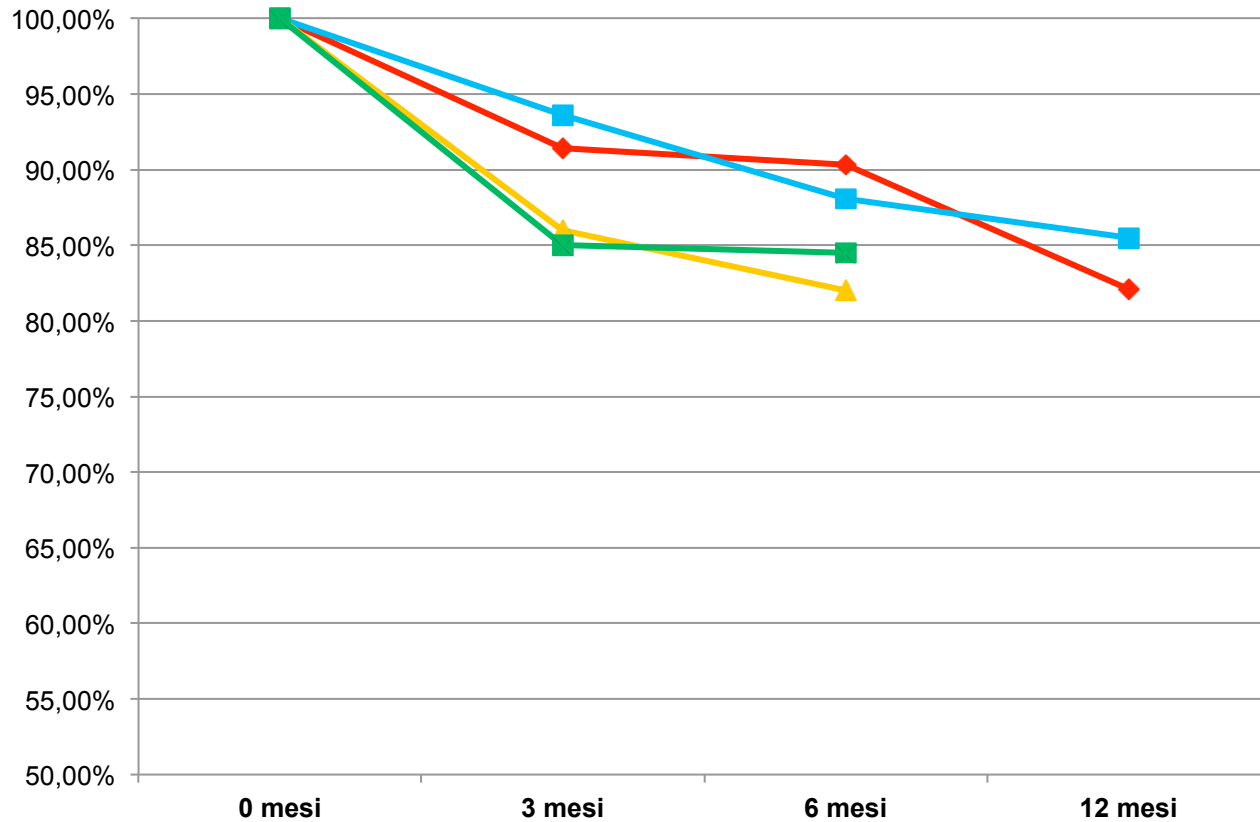
# Conclusive Remarks

Will new technologies improve ablation of AF?

- 2<sup>nd</sup>/3<sup>rd</sup> generations CB provide high rate of acute PVI and offer a promising success rate at the mid-term follow up
- Visually-guided Laser ablation is equally effective for acute PVI and maintenance of sinus rhythm at mid-term follow up
- Loop-shaped ablation catheters are very effective and, still under investigation (N-Marq). They require technical improvement to ensure a high safety profile
- Sensing-force technology is the most critical advancement employed in conventional RF approach and it might play a critical role for durable PVI over the follow up

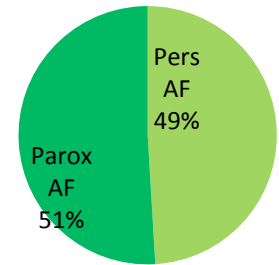
# Ablation Technologies for Atrial Fibrillation Ablation

## Follow up: Overall results



Personal Data

### Tacticath



- ◆ Laser
- Cryo
- ▲ Smart touch
- Tacticath

### Cryo

