

A rare case of flecainide poisoning complicated by cardiogenic shock

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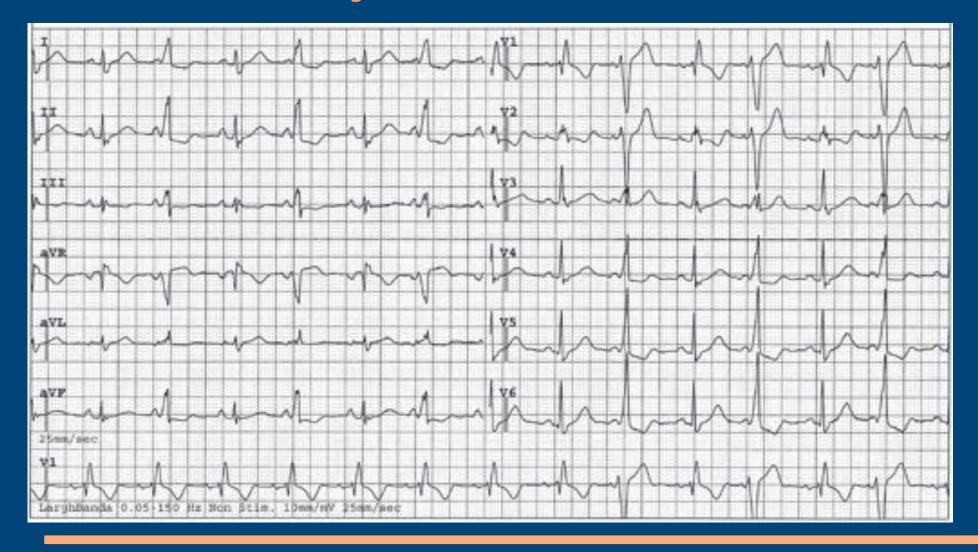
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Clinical history

- Woman, 38 years old
- Congenital hydrocephalus with slight reduction of mental abilities
- WPW syndrome due to a parahisian AP, refractory to propafenone, amiodarone and flecainide
- Successful cryoablation of the AP on Sep. 2014
- Pharmacological therapy discontinued after ablation



EKG before cryoablation



Baseline EKG (after cryoablation)

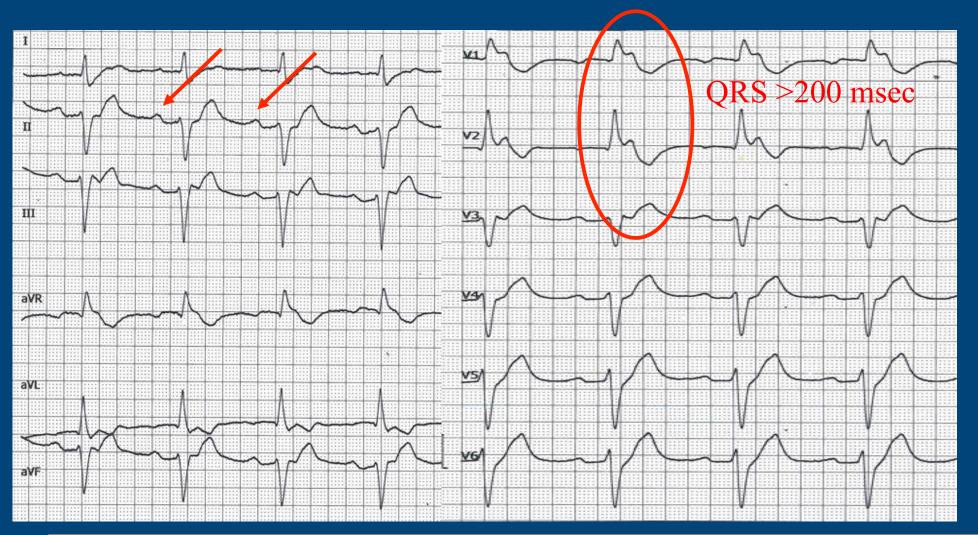


Admission to ER (April 2015)

- Patient obnubilated, no informations about drug assumption available
- Hypotension (SBP 60 mmHg)
- Routine laboratory tests unremarkable, including cTnI

- Severe biventricular disfunction (LVEF 35%)
- Total CT scan excluded cerebral events or pulmonary embolism
- And...

EKG on admission:

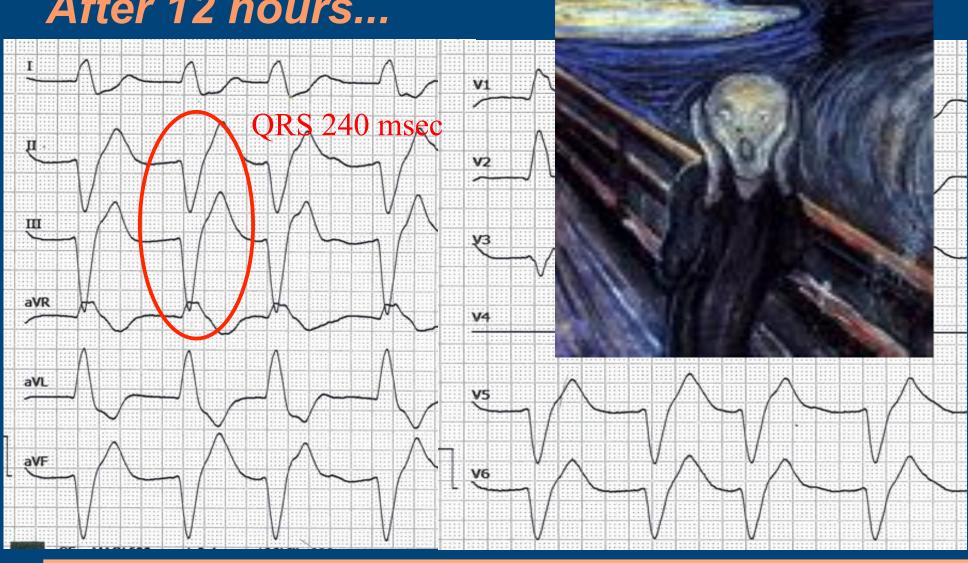


Support therapy started

- Fluid replacement and low doses of inotropic drugs (norepinephrine and dobutamine) with haemodynamic improvement
- Administration of activated charcoal
- Patient intubated and admitted to ICU



After 12 hours...



After 12 hours...

- No improvement in LVEF
- Good response to inotropic therapy (PAS >100 mmHg) with rapid wash-out of arterial lactate, no signs of liver or renal failure
- Routine toxicological screening negative (opioids, BDZ and TCAs)

Previous treatment with antiarrhythmic drugs

QRS widening

Cardiac dysfunction

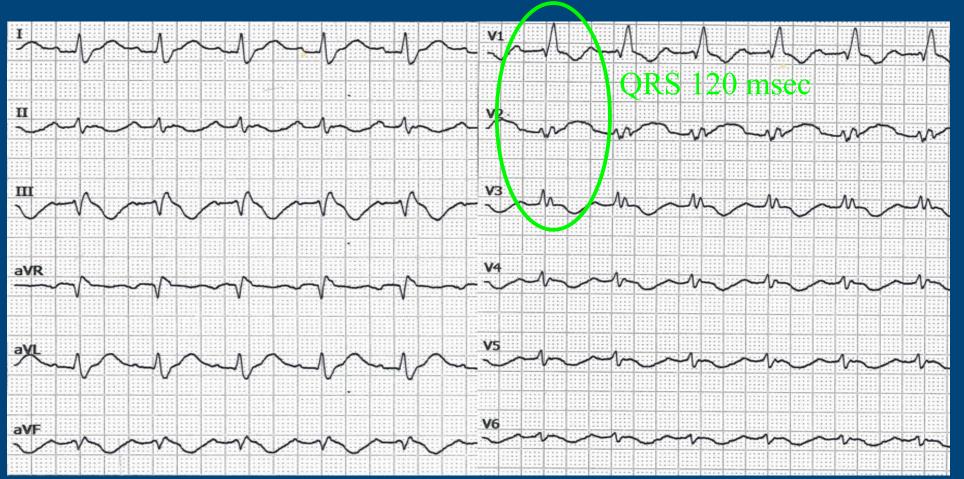
Cognitive impairment ——

FLECAINIDE?



Over the next 36 hours...

EKG returned near to baseline



Over the next 36 hours...

- Flecainide serum levels were 2000 ng/ml at 12 hours and 1000 ng/ml at 26 hours from admission (NR 200-1000 ng/ml)
- LVEF improved to 50%
- Inotropic drugs and ventilatory support were discontinued
- After recovery, patient confessed inappropriate flecainide assumption and was referred for psychiatric consult.

Flecainide: pharmacokinetics

- High oral bioavailability (85%)
- Large volume of distribution (5-13 L/kg)
- Peak serum concentrations up to 6 hours after ingestion
- No specific antidotes, haemodialysis uneffective



Acute intoxication is a life threatening event (reported mortality rate 22%)



Literature review

Arrhythmogenic effect of flecainide toxicity

Pierre-Yves Courand¹, Franck Sibellas¹, Sylvain Ranc¹, Audrey Mullier², Gilbert Kirkorian¹, Eric Bonnefoy¹

Case Report Open Access

Electrocardiographic changes in a rare case of flecainide poisoning: a case report

Andrea Rognoni*1, Marzia Bertolazzi1, Marzia Peron2, Sergio Macciò1, Gemma Ternavasio Cameroni2, Angelo Gratarola2 and Giorgio Rognoni1

A Life-Threatening Flecainide Overdose Treated with Intravenous Fat Emulsion

HEATHER ELLSWORTH, M.D.,**+ SAMUEL J. STELLPFLUG, M.D.,**+ JON B. COLE, M.D.,**+ JOSEPH A. DOLAN, M.D.,‡ and CARSON R. HARRIS, M.D.**+

Case Report

Irreversible third-degree heart block and pacemaker implant in a case of flecainide toxicity

Take home message

Patient presenting cardiogenic shock & QRS widening



- Consider intoxication by 1c agents
- Refer to closest poison centre for drug dosing



Flecainide poisoning

Negative inotropic effect



Management of haemodynamic impairment

Flecainide poisoning

Arrythmogenic effect



Consider hypertonic sodium bicarbonate infusion



Thank you for your attention!