

*Increased mortality
with dronedarone:
is digoxin the cause?*

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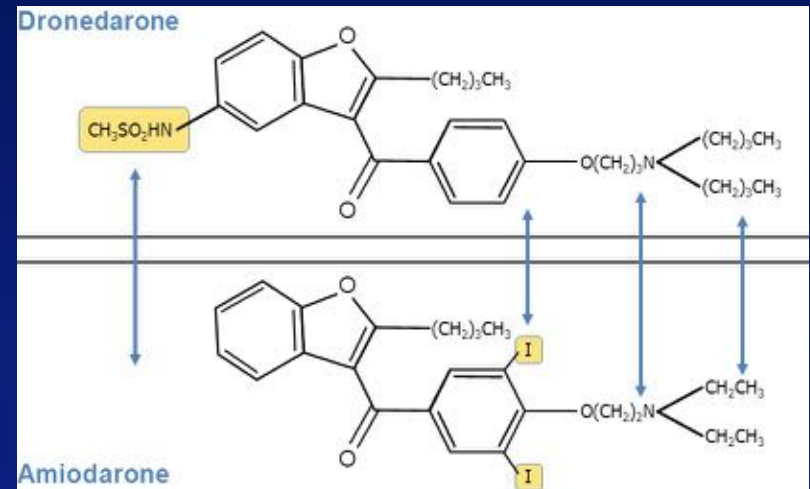


**NO CONFLICT OF
INTEREST TO
DECLARE**

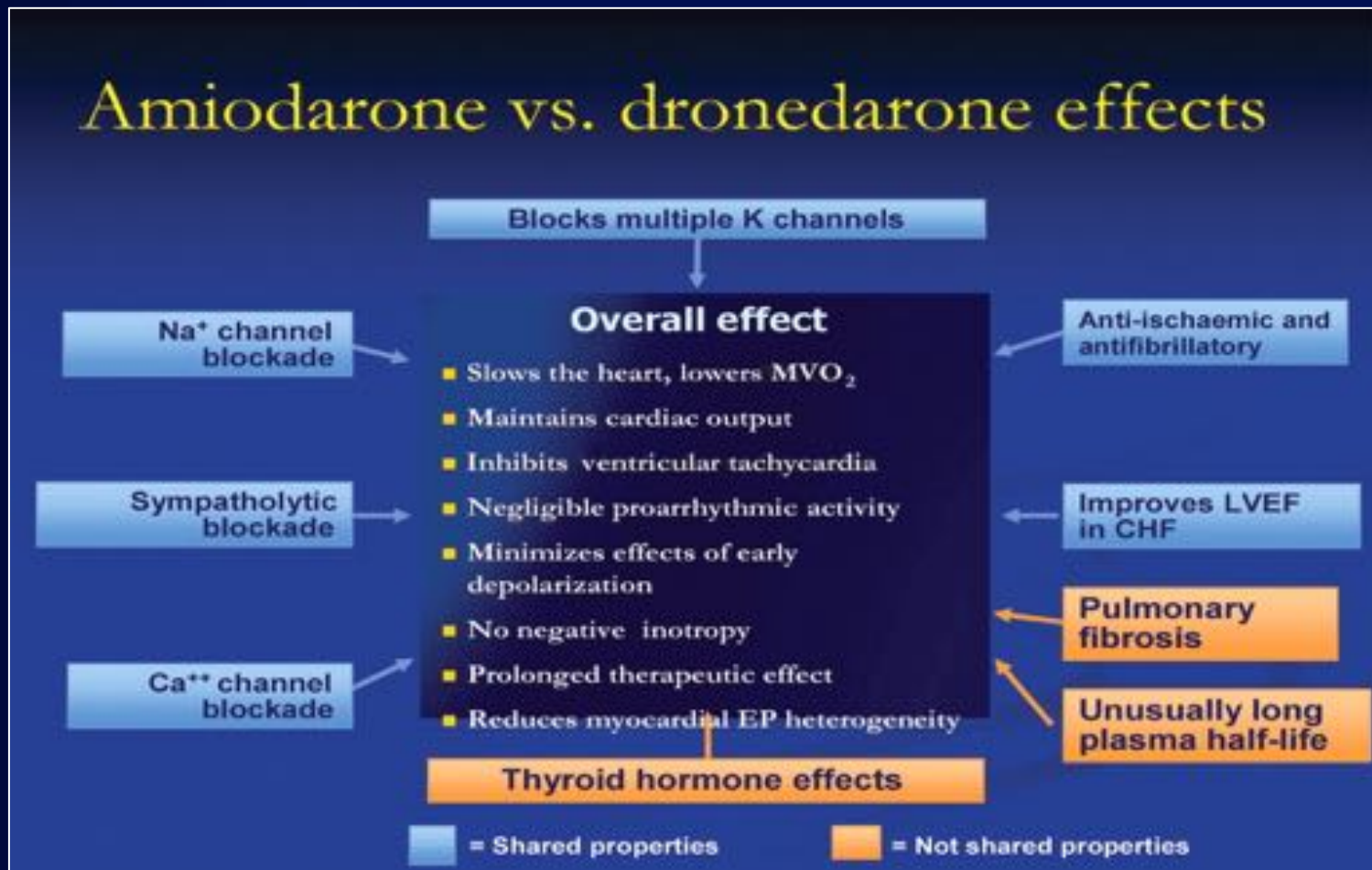
DRONEDARONE

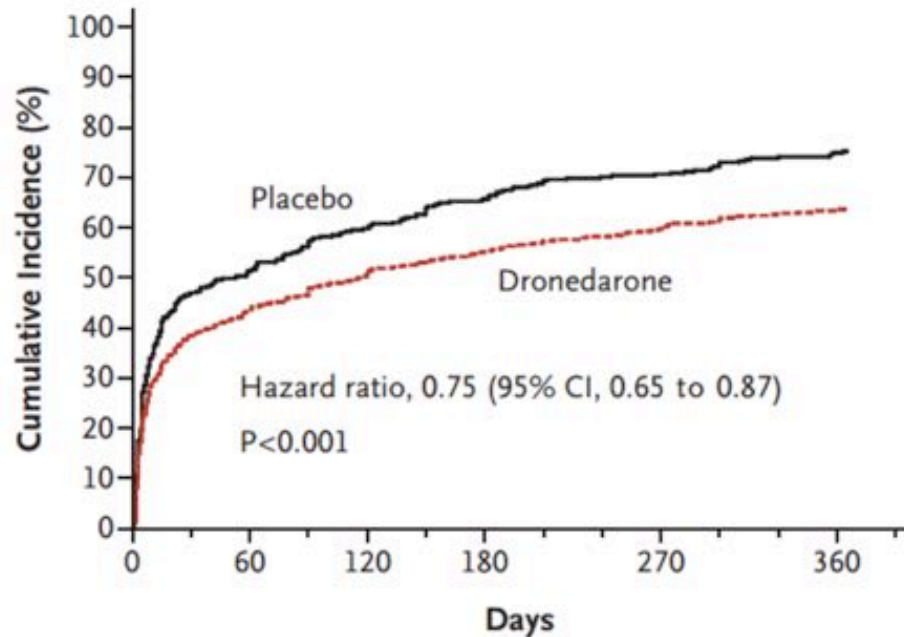
Dronedarone is a noniodinated benzofuran derivative related to amiodarone

- class I-IV antiarrhythmic activity
- antiadrenergic effects
- antifibrillatory effects on the atrial and ventricular myocardium
- no iodine-related organ toxicity, a decreased lipophilicity and a shortened half-life



Comparison of some major pharmacodynamic properties of dronedarone and amiodarone





**Dronedarone
Showed a Significant
Reduction
in First AF
Recurrence in
Combined Analysis**

No. at Risk						
Placebo	409	192	156	133	112	90
Dronedarone	828	450	389	347	307	262

Efficacy and Safety of Dronedarone in Patients Previously Treated With Other Antiarrhythmic Agents

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POST HOC analysis of data from the EURIDIS and ADONIS trials

The aim of this post hoc analysis was to evaluate the efficacy and safety of dronedarone in patients previously treated with AADs, with a specific focus on class Ic AADs or sotalol

The primary end point was AF/AFL recurrence in patients previously treated with another AAD that was discontinued for whatever reason prior to randomization.

Results

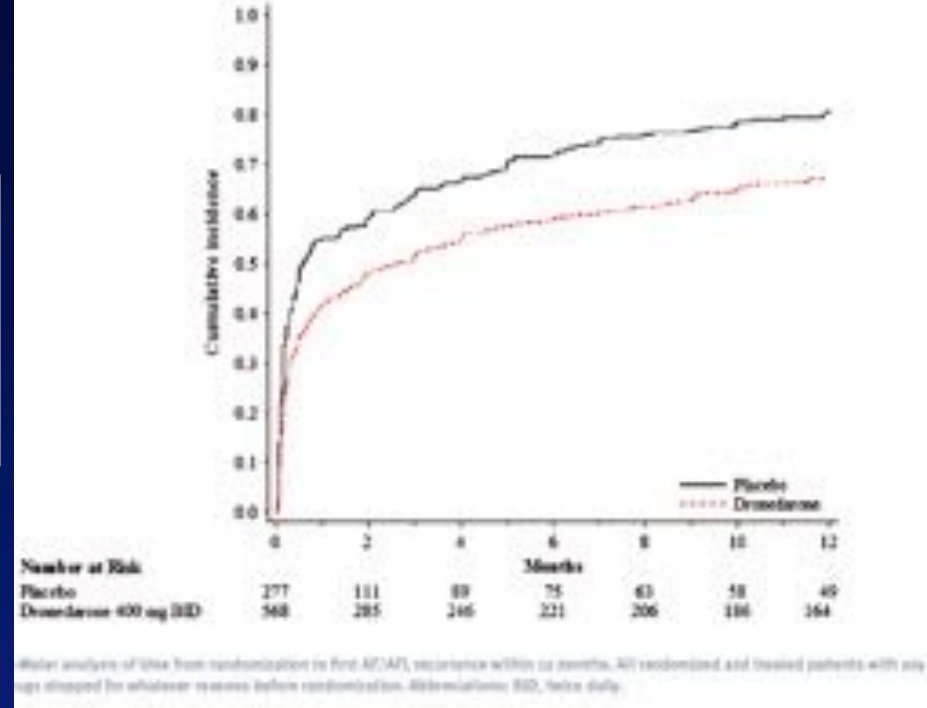
*In patients previously treated with **any AADs**, dronedarone decreased the risk of AF recurrence by 30.4% vs placebo (HR 0.70; $P < 0.001$)*



*In patients previously treated with a **class Ic** agent, dronedarone decreased the risk of recurrence by 31.4% (HR: 0.69; $P = 0.004$)*



*In patients previously treated with **sotalol**, dronedarone showed a trend toward a decrease of risk of recurrence (HR: 0.86; $P = 0.244$)*



Results (secondary end points)

In patients previously treated with another antiarrhythmic agent that was **discontinued for lack of efficacy** at any time prior to randomization, **dronedarone decreased the risk of AF/AFL recurrence by 22.9%** in comparison to placebo ($P=0.023$)

In patients previously treated with another antiarrhythmic agent that was **discontinued for an AE** at any time prior to randomization, **dronedarone decreased the risk of AF/AFL recurrence by 38.9%** in comparison to placebo ($P=0.006$)

The **relative risk of AEs in patients treated with dronedarone** was similar to the relative risk of patients randomized to placebo, irrespective of previous treatment with class Ic or sotalol, as shown by the confidence intervals

Table 2. Overview of Adverse Events, Excluding AF/AFL Events, According to Class Ic or Sotalol Before Randomization

	Class Ic or Sotalol Before Randomization			No Class Ic or Sotalol Before Randomization		
	Placebo, n = 379	Dronedarone, 400 mg BID, n = 332	RR [95% CI] ^a	Placebo, n = 230	Dronedarone, 400 mg BID, n = 496	RR [95% CI] ^a
TEAE ^b	102 (57.0%)	200 (60.2%)	1.06 [0.91-1.23]	155 (67.4%)	358 (72.2%)	1.07 [0.96-1.19]
Serious TEAE	23 (12.8%)	31 (9.3%)	0.73 [0.44-1.21]	41 (17.8%)	87 (17.5%)	0.98 [0.70-1.38]
AE leading to premature study drug discontinuation ^b	8 (4.5%)	27 (8.1%)	1.82 [0.84-3.92]	17 (7.4%)	53 (10.7%)	1.45 [0.86-2.44]
Serious TEAE leading to hospitalization	22 (12.3%)	29 (8.7%)	0.71 [0.42-1.20]	38 (16.5%)	79 (15.9%)	0.96 [0.68-1.37]
Serious TEAE leading to death	0	2 (0.6%)	NA	4 (1.7%)	7 (1.4%)	0.81 [0.24-2.74]

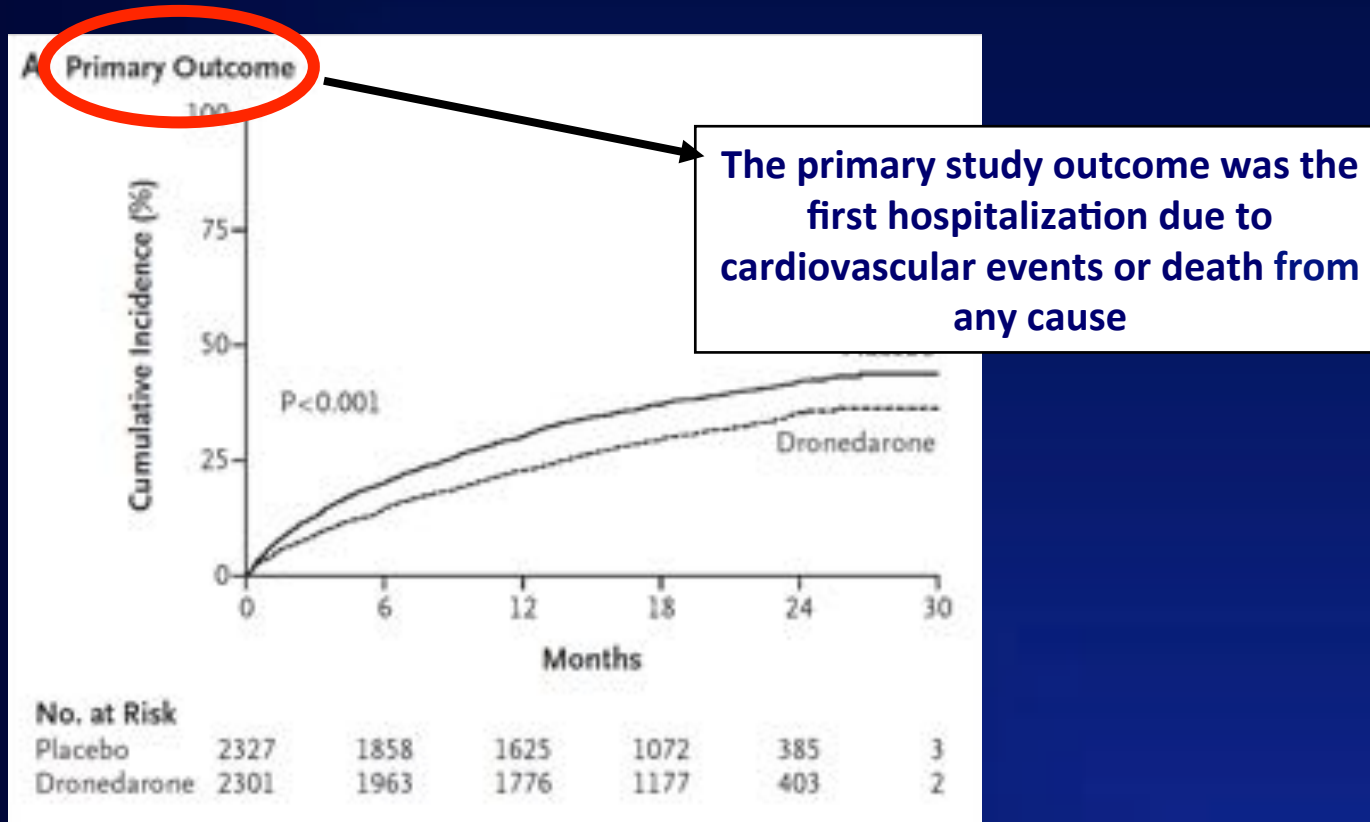
Abbreviations: AE, adverse event; AF, atrial fibrillation; AFL, atrial flutter; BID, twice daily; CI, confidence interval; NA, not applicable; RR, relative risk; SAEs, serious adverse events; TEAE, treatment-emergent adverse event.

^aRR estimates with 95% CI: dronedarone 400 mg BID vs placebo. ^b Including SAEs.

- In this post hoc analysis, dronedarone was shown to be effective in maintaining sinus rhythm in patients who suspended other AADs, irrespective of reason (including tolerability issues or lack of efficacy).
- As AF patients frequently switch antiarrhythmic agents for rhythm control, the present benefit/risk data provide further evidence to suggest that *dronedarone is an important therapeutic option also in non-naïve patients*
- This crucial last point underlines the role of dronedarone as a possible therapeutic option even in eligible patients who had already experienced a recurrence with another antiarrhythmic drug, whether amiodarone, sotalol, or class Ic agents.

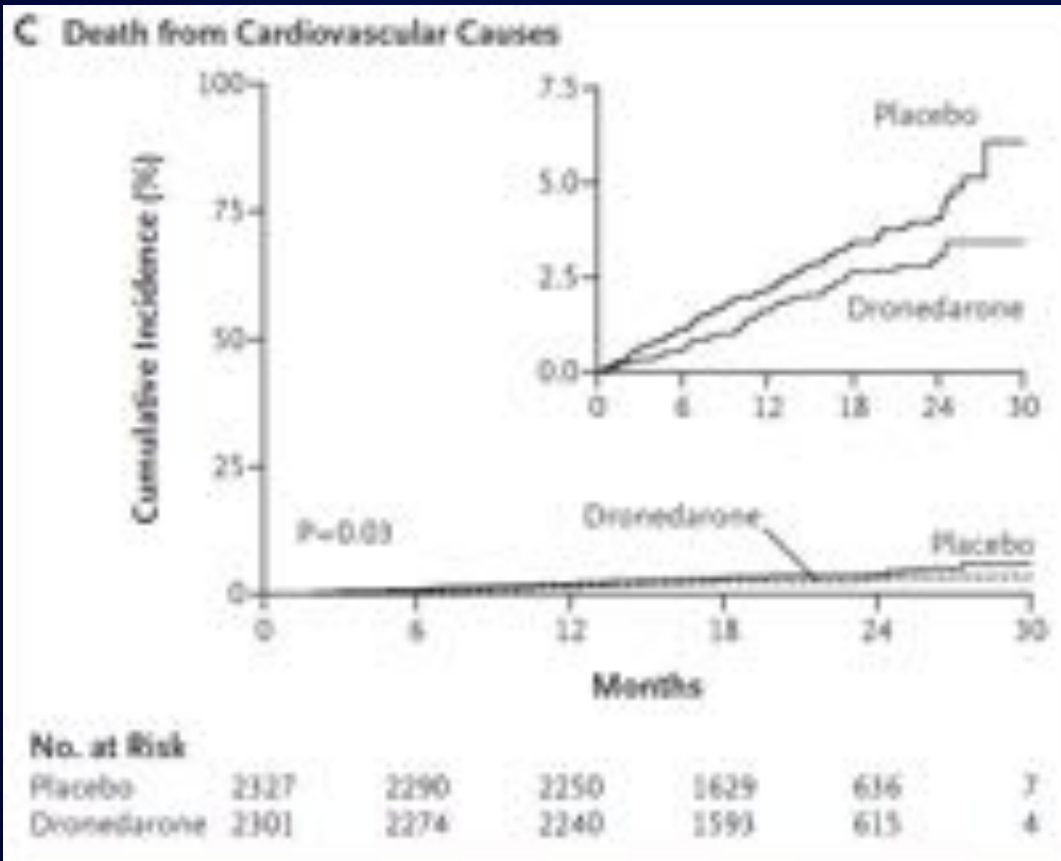
ATHENA

(A placebo-controlled, double-blind, parallel arm Trial to assess the efficacy of Dronedarone 400 mg bid for the prevention of cardiovascular Hospitalization or death from any cause in patients with Atrial fibrillation/Atrial flutter)



Dronedarone Significantly Decreased Risk of CV Hospitalisation or Death by 24% (HR 0.76, $p < 0.001$)

ATHENA

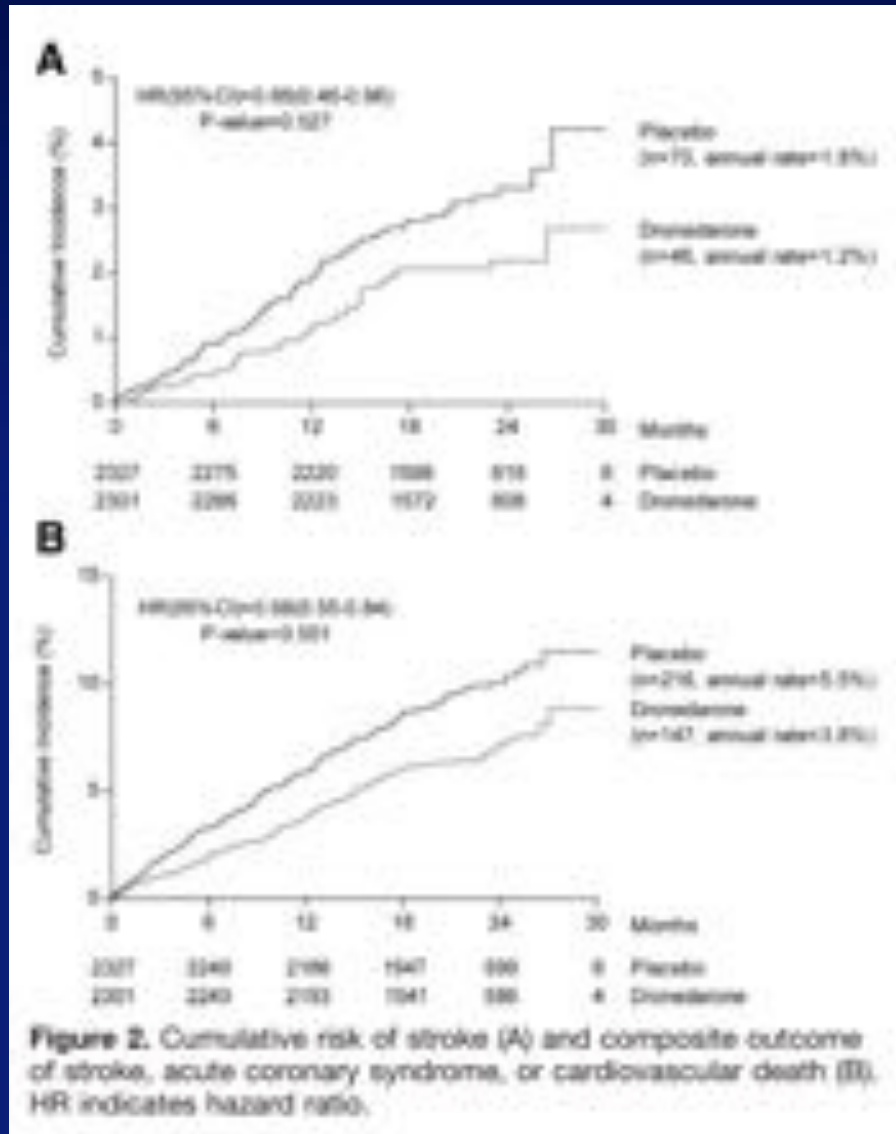


Dronedaron Significantly Decreased Risk of Death from CV causes by 29% (HR 0.71, $p=0.03$)

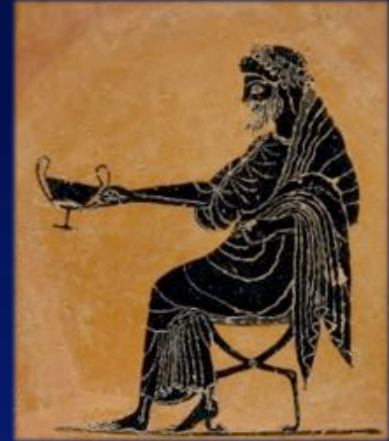
**Dronedarone Significantly
Decreased Risk of First CV
Hospitalization by 26%**
(HR 0.74, $p < 0.001$)



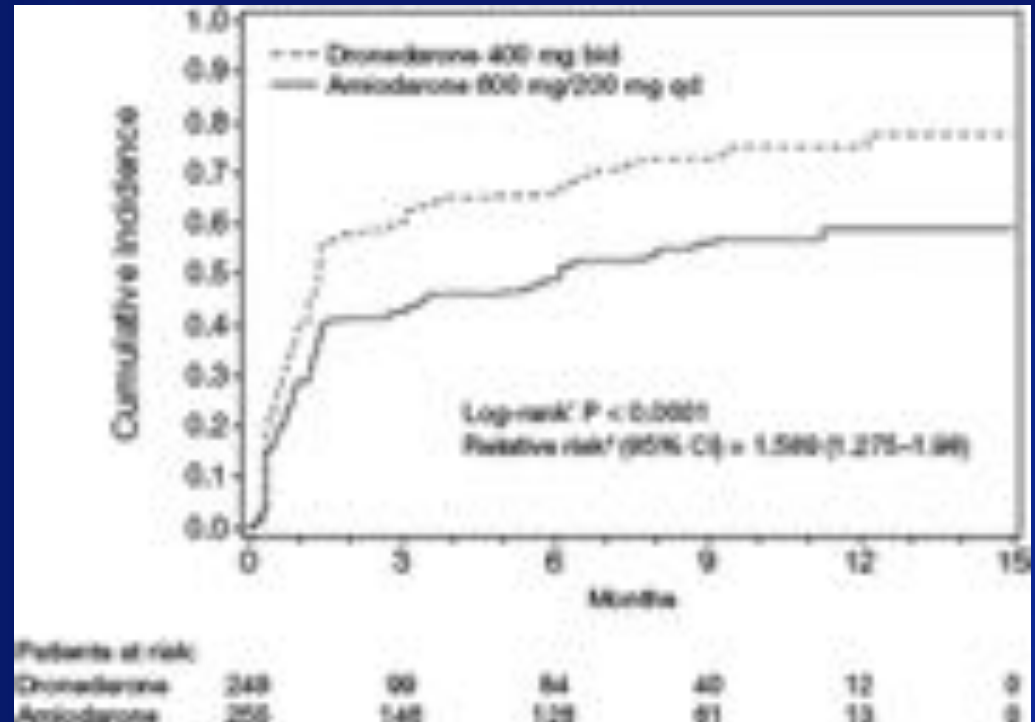
Dronedaronne Significantly Decreased Risk of Stroke by 34%



and Safety of Dronedarone **versus** Amiodarone in Patients with Persistent Atrial Fibrillation: The **DIONYSOS** Study

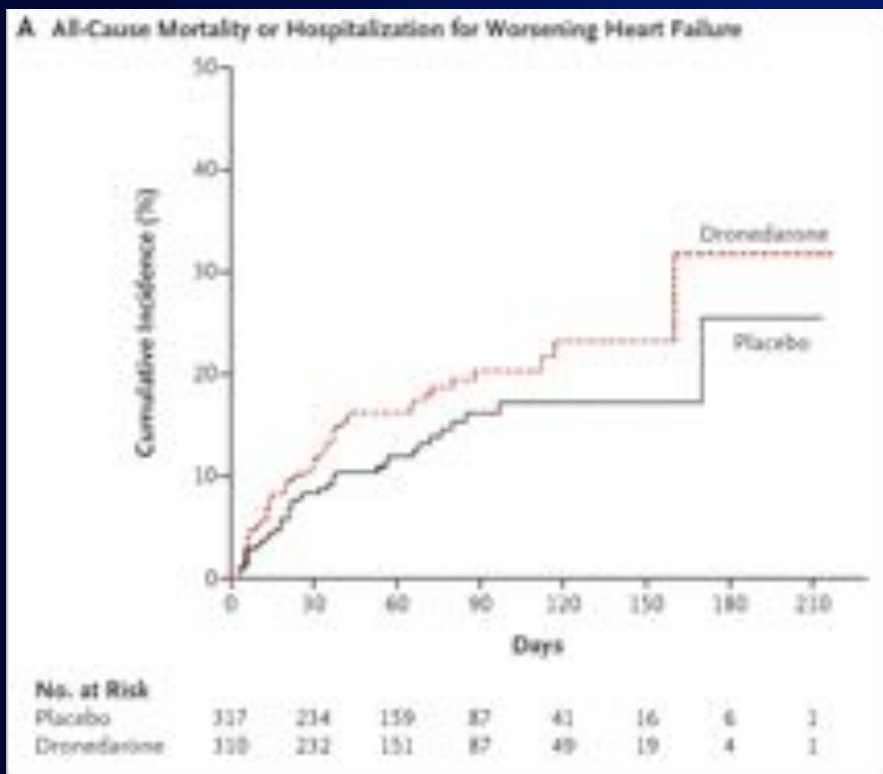


**Primary Endpoint: More AF Events
But Less
Early Discontinuation With
Dronedarone**



ANDROMEDA (ANTIarrhythmic trial with DRonedarone in Moderate to severe congestive heart failure Evaluating morbidity Decrease)

Double blind, randomized placebo controlled trial in patients recently hospitalized with congestive cardiac failure and severe impairment of left ventricular systolic function (EF 35%)



The primary outcome was a composite of all cause mortality and hospitalization for heart failure

The study was terminated prematurely 7 months after commencing due to excess mortality in the Dronedarone group

ANDROMEDA (ANtiarrhythmic trial with DRonedarone in Moderate to severe congestive heart failure Evaluating Morbidity Decrease)

Table 2. Cause of Death.

Cause	Dronedarone Group (N = 316) no. (%)	Placebo Group (N = 317)
Cardiovascular	24 (7.7)	9 (2.8)
Myocardial infarction	0	2 (0.6)
Progressive heart failure	10 (3.2)	2 (0.6)
Documented arrhythmia	6 (1.9)	2 (0.6)
Other cardiovascular cause	3 (1.0)	0
Presumed cardiovascular cause	5 (1.6)	3 (0.9)
Arrhythmia or sudden death*	10 (3.2)	6 (1.9)
Noncardiovascular	1 (0.3)	3 (0.9)
Total	25 (8.1)	12 (3.8)

There was no significant difference between the two groups in the rates of arrhythmic or sudden death

Worsening heart failure contributed to the majority of the excess events

Methods In this randomized, double-blind, multinational trial, dronedarone, 400 mg twice a day (n = 85), or matching placebo (n = 89) was administered for 6 months to adult patients with permanent AF, in addition to standard therapy

Conclusion In addition to its reported rhythm-targeting and rate-targeting therapeutic actions in paroxysmal and persistent AF, dronedarone improves ventricular rate control in patients with permanent AF

Dronedarone was well tolerated with no evidence of organ toxicities or proarrhythmias in this short-term study

Table 1. Patient characteristics at baseline

	Dronedarone, 400 mg twice a day (n = 85)	Placebo (n = 89)
Demographics		
Male/Female (%)	58/27 (68/32)	62/27 (70/30)
White (%)	84 (99)	86 (97)
Mean age (range), yr	65.2 (21-86)	64.8 (29-86)
Mean weight (range), kg	82.3 (48.0-123.0)	83.1 (34.0-133.2)
Cardiovascular history		
Hypertension (%)	44 (52)	41 (46)
Structural heart disease (%)	21/80 (26)	24/85 (28)
Coronary heart disease (%)	27 (32)	22 (25)
Heart failure (%)	12 (14)	8 (9)
MI/HA, class I (potential) (%)	25 (29)	24 (27)
MI/HA, class II (actual) (%)	14 (17)	16 (18)
Stroke (%)	14 (17)	14 (16)
Coronary heart disease (%)	14 (17)	14 (16)
Diabetes (%)	8 (9)	10 (11)
Concomitant medications		
Oral anticoagulants (%)	73 (86)	80 (90)
Beta-blockers (except atenolol) (%)	40 (47)	40 (45)
ACE or ARB (%)	30 (35)	35 (39)
ARB (%)	11 (13)	8 (9)
Diuretics (%)	40 (47)	38 (43)
Digoxin (%)	34 (40)	41 (46)
Calcium antagonists with HR lowering effects (%)	25 (29)	15 (17)
Statins (%)	19 (22)	20 (23)
Chronic antiplatelet therapy (%)	17 (20)	10 (11)
NSAIDs (%)	5 (6)	5 (6)

Based on the excellent results of the ATHENA trial (even in the subgroup of patients that developed permanent AF during the study)

PALLAS was designed to determine if dronedarone would reduce major vascular events or unplanned hospitalization for cardiovascular causes in patients with permanent AF

Two co-primary
outcomes



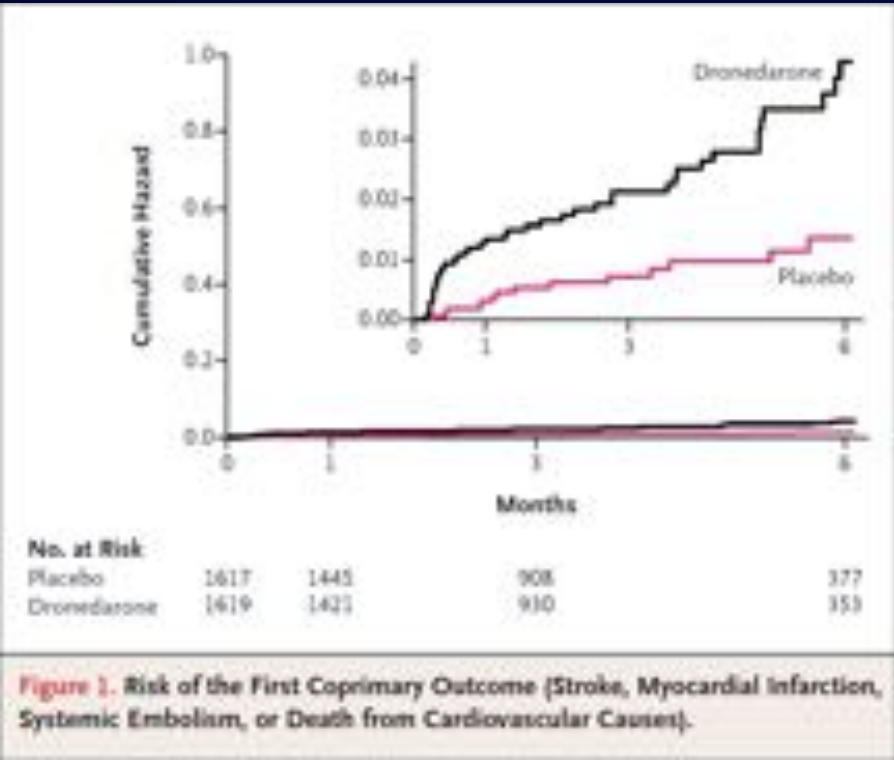
a composite of stroke, myocardial infarction, systemic embolism or cardiovascular death

unplanned hospitalization for cardiovascular causes or death

Table 3. Characteristics of the Patients at Baseline.^a

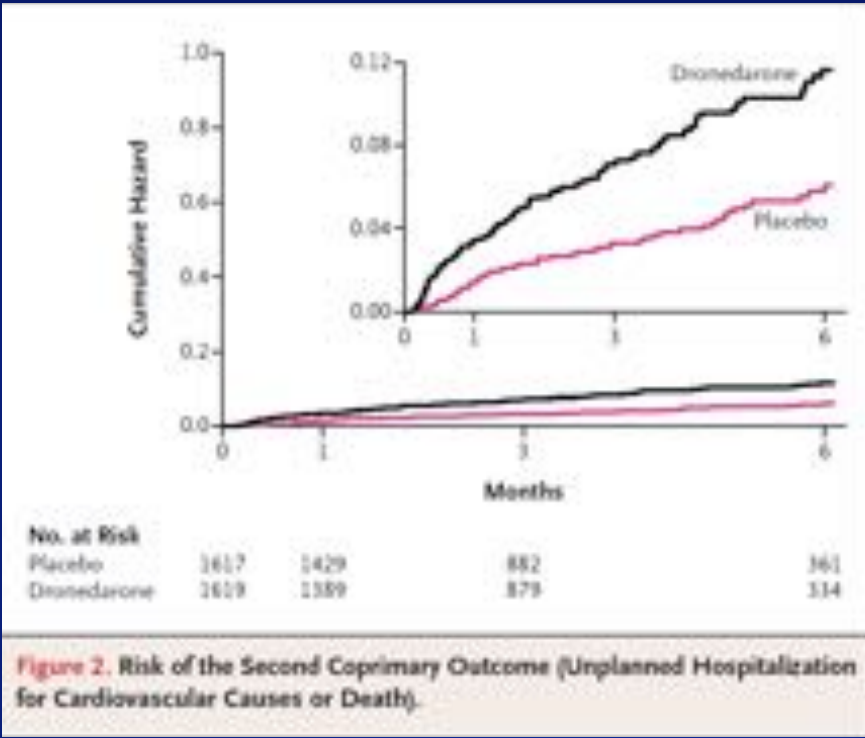
Characteristic	Dronedaron (N = 1415)	Placebo (N = 1417)
Age		
Mean — yr	75.5±2.9	71.5±2.9
<65 to <75 yr — no. (%)	783 (46.4)	779 (48.2)
≥75 yr — no. (%)	634 (31.8)	638 (31.8)
Male sex — no. (%)	1081 (64.8)	1040 (64.5)
Heart rate — bpm	77±14	78±10
Systolic blood pressure — mm Hg	133±17	135±17
Inclusion risk criteria — no. (%)		
Coronary artery disease	661 (40.8)	666 (41.2)
Symptomatic heart failure ^b	211 (14.6)	240 (14.6)
Left ventricular ejection fraction <40%	140 (21.3)	130 (20.7)
Previous stroke or transient ischemic attack	434 (28.9)	408 (28.5)
Peripheral arterial disease	187 (11.4)	210 (13.2)
Age ≥75 yr plus hypertension and diabetes	294 (18.2)	279 (17.1)
CHADS ₂ score ^c		
Mean	1.8±1.2	1.9±1.2
≥2 — no. (%)	1427 (88.1)	1446 (88.5)
Duration of permanent atrial fibrillation ≥2 yr — no. (%)	1129 (69.1)	1126 (69.3)
Heart failure — no. (%)		
No history	311 (31.4)	305 (31.2)
New York Heart Association class I	214 (14.5)	209 (12.9)
New York Heart Association class II	711 (45.2)	746 (46.3)
New York Heart Association class III	141 (8.7)	129 (7.7)
Other risk factors		
Previous myocardial infarction	382 (24.2)	400 (29.0)
Prior coronary artery bypass grafting	136 (9.4)	206 (13.7)
Permanent pacemaker	129 (9.1)	218 (13.3)
Hypertension	1312 (80.3)	1380 (83.7)
Diabetes mellitus	171 (10.4)	196 (11.9)

Compared to ATHENA patients, PALLAS patients were older, had more coronary artery disease, stroke and had more evidence of left ventricular dysfunction



PALLAS was terminated prematurely after the enrollment of 3236 patients, well short of the planned 10,800 patients, because of safety concerns and an increase in the first co-primary outcome (HR 2.29, p= 0.002)

There were also statistically significant increases in death of any cause, death from cardiovascular causes, death from cardiac arrhythmia, stroke, unplanned hospitalization for cardiovascular causes, hospitalization for heart failure and heart failure episodes of hospitalization (HR 1.95, p<0.001)



The increased mortality in the ANDROMEDA trial was predominantly due to worsening heart failure without an increase in arrhythmic death

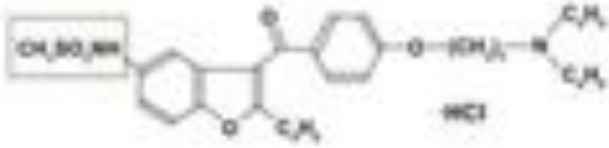
In contrast excess mortality in the PALLAS trial was attributed primarily to arrhythmic death

Table 2. Study Outcomes.*

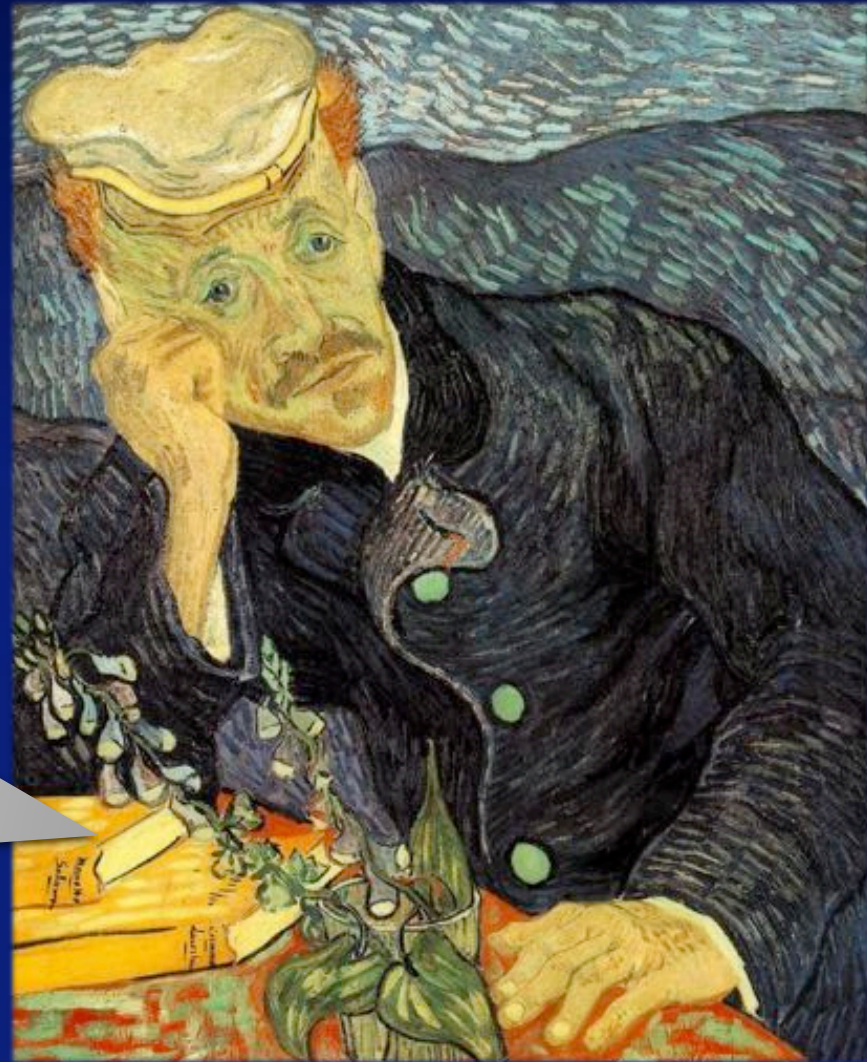
Outcome	Dronedaron		Placebo		Hazard Ratio (95% CI)†	P Value
	No. of Events	Rate/100 Patient-Yr	No. of Events	Rate/100 Patient-Yr		
First coprimary outcome	43	8.2	19	3.6	2.29 (1.34–3.94)	0.002
Second coprimary outcome	127	25.3	67	12.9	1.95 (1.45–2.62)	<0.001
Death						
From any cause	25	4.7	13	2.4	1.94 (0.99–3.79)	0.049
From cardiovascular causes	21	4.0	10	1.9	2.11 (1.00–4.49)	0.046
From arrhythmia	13	2.5	4	0.8	3.26 (1.06–10.0)	0.03
Stroke						
Any‡	23	4.4	10	1.9	2.32 (1.11–4.88)	0.02
Ischemic	18	3.4	9	1.7	2.01 (0.90–4.48)	0.08
Systemic embolism	1	0.2	0	0.0	NA	NA
Myocardial infarction or unstable angina	15	2.9	8	1.5	1.89 (0.80–4.45)	0.14
Myocardial infarction	3	0.6	2	0.4	1.54 (0.26–9.21)	0.63
Unplanned hospitalization for cardiovascular causes	113	22.5	59	11.4	1.97 (1.44–2.70)	<0.001
Hospitalization for heart failure	43	8.3	24	4.6	1.81 (1.10–2.99)	0.02
Heart-failure episode or hospitalization§	115	23.2	55	10.7	2.16 (1.57–2.98)	<0.001

This may not be solely due to the use of Dronedaron in the presence of LV dysfunction and CHF

Dronedarone



HOW DO DRONEDARONE AND DIGOXIN INTERACT WITH EACH OTHER?



One hypothesis is the proposed metabolic interaction between Dronedarone and Digoxin



Dronedarone increases the serum digoxin level through a P-glycoprotein interaction, and digoxin toxicity is associated with life-threatening ventricular arrhythmia and conduction block.

....and we know that digoxin has a **narrow therapeutic index...**



Table 1 Patient demographics and baseline medication in the different trials

	DAFNE (N = 142)	ELIOT (N = 411)	ADONIS (N = 429)	ERATO (N = 174)	ANDROMEDA (N = 240)	ATHENA (N = 442)	PALLAS (N = 1134)
Age (mean), Year (SD)	64.4 (70.8)	63.5 (70.2)	64.1 (71.3)	63.8 (70.0)	71.7 (76.2)	71.6 (76)	75.0 (74)
Female sex [n (%)]	46 (32.4%)	189 (46.2%)	171 (40.1%)	54 (31.2%)	52 (21.7%)	214 (48.4%)	1145 (55.4%)
Prior permanent AF [n (%)]	142 (100%)	405 (98.5%)	429 (100%)	0 (0%)	161 (67.1%)	408 (92.3%)	0 (0%)
Permanent AF [n (%)]	0	0	0	174 (100%)	44 (18.4%)	0	1134 (100%)
Hypertension [n (%)]	76 (53.5%)	366 (89.3%)	341 (79.5%)	85 (48.9%)	93 (38.8%)	395 (89.4%)	1717 (84.4%)
CAD [n (%)]	31 (21.8%)	153 (37.2%)	151 (35.2%)	30 (17.2%)	152 (63.3%)	108 (24.4%)	1127 (55.3%)
Diastolic cardiomyopathy [n (%)]	1 (0.7%)	17 (4.1%)	34 (7.9%)	18 (10.3%)	40 (16.7%)	146 (33%)	146 (5.7%)
NYHA class (mean) [n (%)]							
No CHF or I	122 (86.0%)	347 (84.4%)	322 (75.1%)	155 (88.5%)	0	364 (82.3%)	1490 (69.7%)
II-IV	17 (12.0%)	64 (15.6%)	107 (24.9%)	19 (10.7%)	239 (100%)	979 (22.1%)	1744 (80.3%)
LVEF, mean (SD)	55.1 (8.2)	56.7 (10.0)	57.7 (11.4)	54.8 (10.8)	57.1 (8.5)	57.3 (11.2)	55.4 (10.7)
LVEF [n (%)] ≤ 40%	8 (5.6%)	27 (6.6%)	45 (10.5%)	18 (10.3%)	238 (100%)	422 (95.2%)	177 (8.1%)
LVEF [n (%)] > 40%	130 (94.4%)	344 (83.4%)	384 (89.5%)	156 (89.7%)	0	47 (10.5%)	2467 (71.9%)
Prior stroke or TIA [n (%)]	7 (4.9%)	33 (8.0%)	36 (8.4%)	10 (5.7%)	26 (10.8%)	416 (94.1%)	894 (40.9%)
Creatinine clearance (ml/min) [n (%)]							
< 30	1 (0.7%)	79 (19.2%)	1 (0.2%)	1 (0.6%)	4 (1.7%)	30 (6.8%)	117 (5.1%)
30–50	18 (12.7%)	403 (98.8%)	35 (8.1%)	34 (19.5%)	72 (30.0%)	77 (17.4%)	900 (40.4%)
50–80	71 (50.0%)	1540 (37.7%)	348 (80.4%)	75 (42.5%)	155 (64.5%)	81 (18.3%)	1111 (50.5%)
> 80	49 (34.3%)	876 (21.3%)	300 (69.3%)	58 (33.2%)	294 (122.5%)	46 (10.3%)	1110 (50.6%)
Medications at baseline							
Beta Blockers [n (%)]	43 (30.3%)	304 (74.2%)	317 (74.1%)	40 (22.9%)	113 (47.1%)	324 (73.3%)	1402 (62.8%)
Calcium channel blockers [n (%)]	1 (0.7%)	43 (10.5%)	114 (26.6%)	10 (5.7%)	18 (7.5%)	408 (92.3%)	111 (5.0%)
ACEIs or ARBs [n (%)]	42 (29.6%)	279 (67.9%)	331 (77.2%)	40 (22.9%)	106 (44.2%)	314 (71.0%)	1441 (65.4%)
Diuretics [n (%)]	36 (25.4%)	188 (45.7%)	147 (34.3%)	70 (39.9%)	130 (54.2%)	389 (88.0%)	1139 (51.9%)
Digitalis [n (%)]	112 (78.9%)	380 (92.5%)	408 (95.1%)	152 (87.3%)	143 (59.6%)	2787 (62.8%)	1799 (80.2%)
Statins [n (%)]	20 (14.1%)	168 (40.9%)	181 (42.2%)	10 (5.7%)	48 (20.0%)	1090 (24.7%)	1830 (83.8%)
Digitalis [n (%)]	31 (21.8%)	165 (40.1%)	181 (42.2%)	45 (25.8%)	125 (52.1%)	429 (97.1%)	1070 (49.4%)
Duration of study (days)							
Mean	142	405	429	174	240	442	1134
Mean (SD)	75.4 (73.4)	286.2 (111.7)	247.7 (140.1)	190.7 (108.1)	275.4 (98.3)	374.2 (111.4)	107.1 (76.2)
Median	170	170	170	194	228	400	117.5
Q1–Q3	110–148	180–216	180–216	180–216	180–216	180–216	400–117.5
Max. Day	10–225	1–417	1–444	0–341	0–388	0–414	0–371

In PALLAS, almost one third of patients were receiving digoxin and in these patients dronedarone increased digoxin serum levels by 33% (1.2 ng/ml vs 0.9 ng/ml; $p < 0.001$) *



Interaction Between Digoxin and Dronedarone in the PALLAS Trial

SUBGROUP ANALYSIS

Stefan H. Hohnloser, MD; Jonathan L. Halperin, MD; A. John Camm, MD; Peggy Gao, MSc; David Radzik, MD; Stuart J. Connolly, MD; on behalf of the PALLAS investigators*

Table 1. Baseline Data

Variable	Dronedarone (n=1617)			Placebo (n=1617)		
	Baseline Digoxin Use		P Value	Baseline Digoxin Use		P Value
	Yes	No		Yes	No	
Age, y (mean, SD)	74.6 (5.8)	75.1 (5.3)	0.12	75.1 (5.8)	74.9 (5.3)	0.48
Heart rate, beats per minute (mean, SD)	79.0 (16.8)	76.8 (14.7)	0.004	78.3 (15.3)	77.7 (15.8)	0.46
Blood pressure, systolic, mm Hg (mean, SD)	133.2 (16.9)	133.1 (16.9)	0.96	132.1 (16.2)	133.0 (17.3)	0.31
Duration of permanent AF ≥ 2 y	392 (23.1%)	727 (87.8%)	0.08	374 (21.2%)	730 (88.9%)	0.33
Male sex	323 (59.4%)	728 (87.7%)	0.001	296 (56.3%)	744 (88.2%)	<0.0001
Heart Failure			Overall P<0.0001			<0.0001
No history	139 (25.8%)	373 (54.7%)	<0.0001	142 (27.3%)	390 (56.0%)	<0.0001
NYHA Class I	78 (14.3%)	156 (18.9%)	0.33	82 (11.8%)	147 (17.5%)	0.34
NYHA Class II	258 (47.4%)	474 (56.1%)	0.20	281 (49.8%)	488 (58.7%)	0.87
NYHA Class III	69 (12.7%)	72 (8.7%)	<0.0001	61 (11.8%)	63 (8.8%)	<0.0001
LVEF $\leq 40\%$	151 (27.8%)	194 (23.0%)	<0.0001	133 (25.3%)	202 (24.5%)	0.802
CAD	182 (33.5%)	479 (56.8%)	<0.0001	181 (34.4%)	485 (58.3%)	<0.0001
Prior myocardial infarction	117 (21.5%)	275 (32.6%)	0.87	138 (26.2%)	282 (33.8%)	0.87
Permanent pacemaker	69 (12.7%)	160 (19.4%)	0.23	61 (11.8%)	117 (14.4%)	0.12
Hypertension	447 (82.2%)	905 (89.2%)	0.30	440 (83.7%)	946 (86.8%)	0.111
Receiving a β -blocker	403 (74.1%)	798 (94.2%)	0.95	375 (71.3%)	826 (97.7%)	0.06
Receiving either verapamil or diltiazem	57 (10.5%)	113 (13.5%)	0.39	59 (11.2%)	103 (12.4%)	0.27
Receiving a diuretic	387 (73.0%)	796 (95.7%)	0.003	386 (73.4%)	797 (88.8%)	0.001
Receiving an ACE inhibitor	296 (54.4%)	530 (63.3%)	0.05	260 (49.4%)	569 (63.2%)	0.31
Receiving an angiotensin receptor blocker	131 (24.1%)	296 (35.2%)	0.21	125 (23.8%)	296 (35.2%)	0.29

There were no significant differences in patient characteristics for dronedarone vs placebo in the digoxin and in the no-digoxin subgroups. The rate of prior myocardial infarction is not significantly different in the dronedarone and placebo group within the digoxin subgroup (21.5% vs 26.2%, $P=0.07$). ACE indicates angiotensin-converting enzyme; AF, atrial fibrillation; CAD, coronary artery disease; NYHA, New York Heart Association; and LVEF, left ventricular ejection fraction.

Table 3. Fatal Events According to Baseline Digoxin Use

Outcome	Placebo		Dronedarone		Dronedarone vs Placebo		
	Events/N	Number of Events per 100 Patient-Months ^a	Events/N	Number of Events per 100 Patient-Months ^a	HR	95% CI	P Value
All-cause mortality (interaction $P=0.02$)							
Overall	13/1617	0.2	25/1619	0.39	1.94	0.99–3.79	0.05
No digoxin	10/1091	0.23	8/1075	0.19	0.82	0.32–2.08	0.67
Digoxin at baseline	3/526	0.15	17/544	0.81	5.47	1.80–16.66	0.007
Cardiovascular death (interaction $P=0.02$)							
Overall	10/1617	0.36	21/1619	0.33	2.11	1.00–4.49	0.05
No digoxin	8/1091	0.16	6/1075	0.14	0.78	0.26–2.19	0.67
Digoxin at baseline	2/526	0.10	15/544	0.72	7.24	1.65–31.67	0.008
Arrhythmic death (interaction $P=0.002$)							
Overall	4/1617	0.06	12/1619	0.21	3.26	1.06–10.00	0.04
No digoxin	4/1091	0.09	3/1075	0.08	0.91	0.09–2.76	0.43
Digoxin at baseline	0/526	0.0	11/544	0.53	22.79 ^b	1.35–366.17 ^b	0.03
Non-cardiovascular mortality (interaction $P=0.882$)							
Overall	3/1617	0.05	4/1619	0.06	1.35	0.30–6.04	0.69
No digoxin	2/1091	0.05	2/1075	0.05	1.06	0.15–7.51	0.96
Digoxin at baseline	1/526	0.05	2/544	0.18	1.93	0.18–21.29	0.59

CI indicates confidence interval, and HR, hazard ratio.

^aTotal number of events/total patient-months $\times 100$.

^bRisk was estimated as an odds ratio from a logistic regression with 0.5 added to each group.

Significant effect of digoxin use on the hazard of dronedarone for fatal outcomes

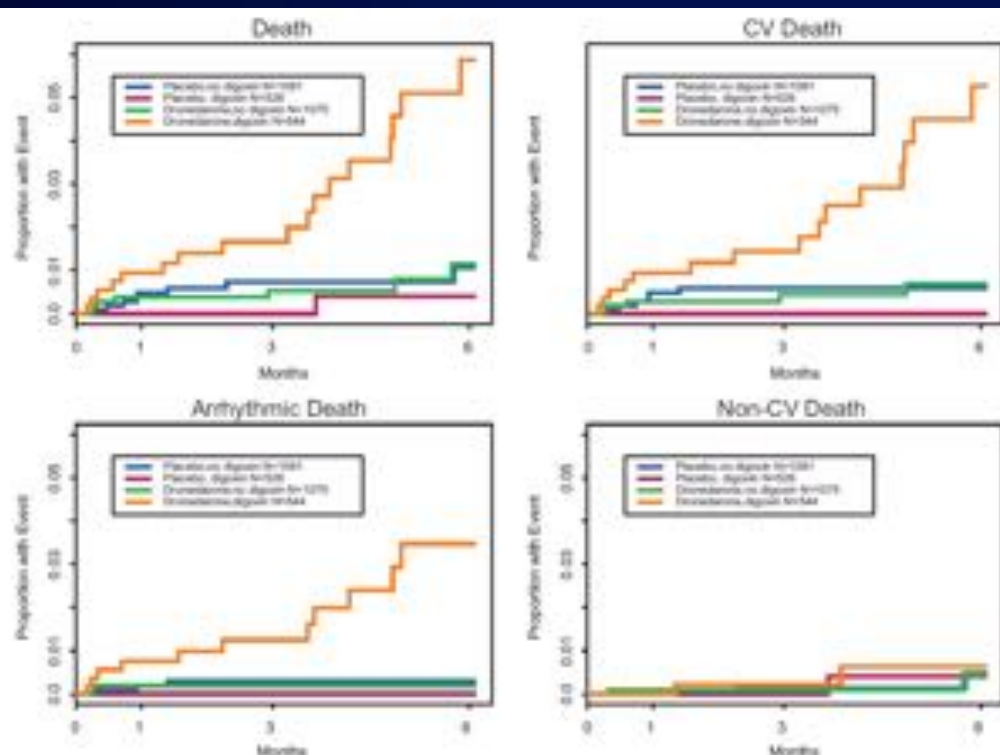


Figure 1. Kaplan-Meier plots for the 4 mortality outcomes in patients on dronedarone and placebo with or without concomitant digoxin therapy. CV indicates cardiovascular.

The significant dronedarone–digoxin interaction related to mortality persisted unchanged after adjustment for differences in baseline variables.

No effect of digoxin use on the hazard of dronedarone for heart failure

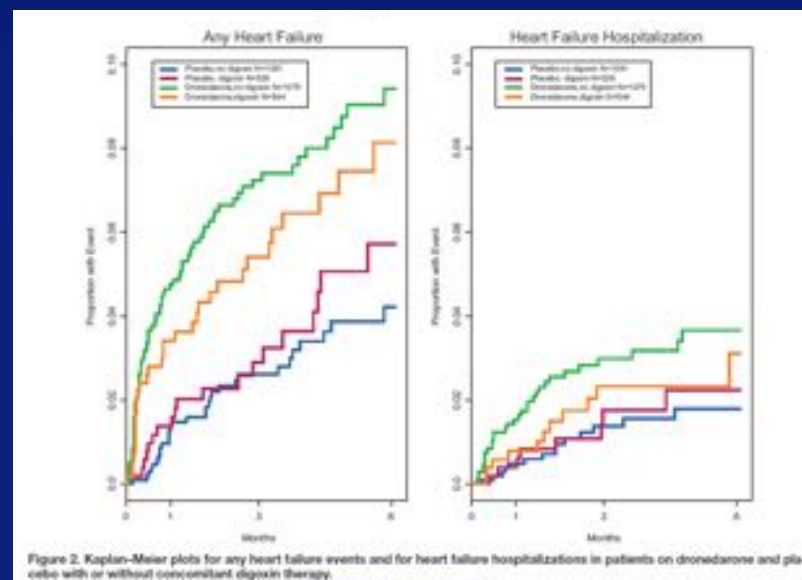


Figure 2. Kaplan-Meier plots for any heart failure events and for heart failure hospitalizations in patients on dronedarone and placebo with or without concomitant digoxin therapy.

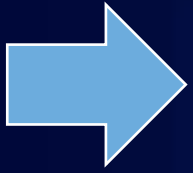
LIMITATIONS

- Digoxin therapy was not randomized
- IT IS POSSIBLE THAT DIGOXIN USE IS MERELY A MARKER FOR HIGHER RISK PATIENTS who would be more likely to display the adverse effects of dronedarone
- In support of this argument is the fact that PATIENTS ON DIGOXIN were OLDER and, in general, SICKER than other patients

IN FAVOR of the observed interaction being a direct effect of digoxin is the fact that we observed NO INTERACTION RELATED TO COMBINED USE OF DIGOXIN AND DRONEDARONE RELATED TO HEART FAILURE

The specificity of the observed interaction for mortality, specifically arrhythmic death, together with the known potential for digoxin toxicity to cause serious brady- and tachyarrhythmias, suggests that the observed interaction is indeed directly related to digoxin





WHAT IS THE UNDERLYING MECHANISM?

1) Increased digoxin itself is the driver of increased mortality in patients receiving dronedarone

Higher serum digoxin concentrations were significantly associated with all-cause mortality rates with particularly high mortality among subjects with serum digoxin concentrations ≥ 1.2 ng/mL (the DIG trial).

Dronedarone increased serum digoxin concentration in PALLAS patients to a mean concentration of 1.2 ng/mL, a level well above the range recommended by the DIG study post hoc analysis.

Despite these precautions, 6 of 8 serum digoxin concentrations available at day 7 in patients who suffered from arrhythmic death in PALLAS were ≥ 1.2 ng/mL.

2) Dronedarone increases arrhythmic death but only in patients on digoxin unique toxicity

What remains unexplained...

Table 2. Study Outcomes.^a

Outcome	Dronedarone		Placebo		Hazard Ratio (95% CI) [†]	P Value
	No. of Events	Rate/100 Patient-Yr	No. of Events	Rate/100 Patient-Yr		
First coprimary outcome	43	8.2	19	3.6	2.29 (1.34–3.94)	0.002
Second coprimary outcome	127	25.3	67	12.9	1.95 (1.45–2.62)	<0.001
Death						
From any cause	25	4.7	13	2.4	1.94 (0.99–3.79)	0.049
From cardiovascular causes	21	4.0	10	1.9	2.11 (1.00–4.49)	0.046
From arrhythmia	13	2.5	4	0.8	3.26 (1.06–10.0)	0.03
Stroke						
Any‡	23	4.4	10	1.9	2.32 (1.11–4.88)	0.02
Ischemic	18	3.4	9	1.7	2.01 (0.90–4.48)	0.08
Systemic embolism	1	0.2	0	0.0	NA	NA
Myocardial infarction or unstable angina	15	2.9	8	1.5	1.89 (0.80–4.45)	0.14
Myocardial infarction	3	0.6	2	0.4	1.54 (0.26–9.21)	0.63
Unplanned hospitalization for cardiovascular causes	113	22.5	59	11.4	1.97 (1.44–2.70)	<0.001
Hospitalization for heart failure	43	8.3	24	4.6	1.81 (1.10–2.99)	0.02
Heart-failure episode or hospitalization§	115	23.2	55	10.7	2.16 (1.57–2.98)	<0.001

...increased risk of heart failure seen with dronedarone in PALLAS

Dronedarone and digitalis: individually reduced post-repolarization refractoriness enhances life-threatening arrhythmias.

Frommeyer G¹, Milberg P², Schulze Grotthoff J², Dechering DG², Kochhäuser S², Stypmann J³, Fehr M⁴, Breithardt G², Eckardt L².

The aim of this study was to assess possible proarrhythmic effects of dronedarone in combination with digitalis in an experimental whole heart model.

In this study, ouabain treatment resulted in an increased ventricular vulnerability in chronically dronedarone pretreated control and failing hearts.

Ouabain led to a significant abbreviation of ventricular repolarization.

This was more marked in dronedarone pretreated hearts and resulted in an elevated incidence of VF.

This may help to interpret the results of the PALLAS trial

Digoxin-associated mortality: a systematic review and meta-analysis of the literature

2015

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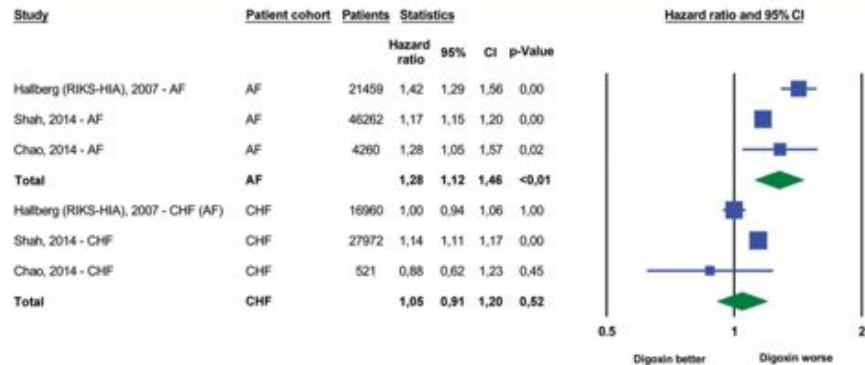


Figure 4 Forest plot of three large studies reporting data on patient populations with atrial fibrillation (upper half) and congestive heart failure (lower half) relying on the same databases and applying identical analytic methodology.

2015

Safety and efficacy of digoxin: systematic review and meta-analysis of observational and controlled trial data

Oliver J Zile,^{1,2} Deirdre A Lane,^{1,2} Monica Samra,² Michael Griffith,⁴ Paulus Kirchhof,^{1,3} Gregory Y H Lip,^{1,2} Richard P Steeds,⁴ Jonathan Townsend,^{1,2} Dipak Kotecha^{1,2,3}

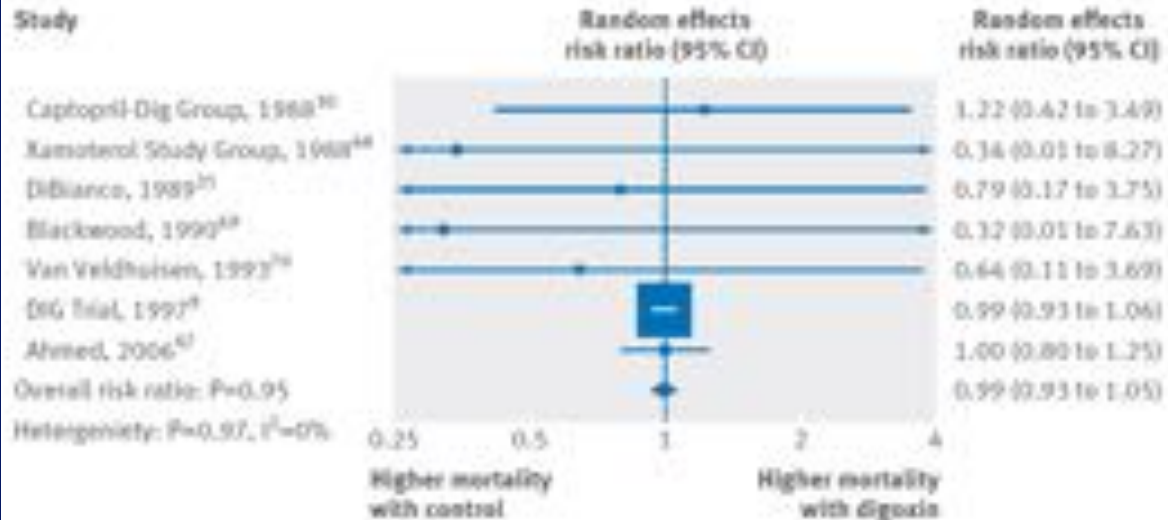
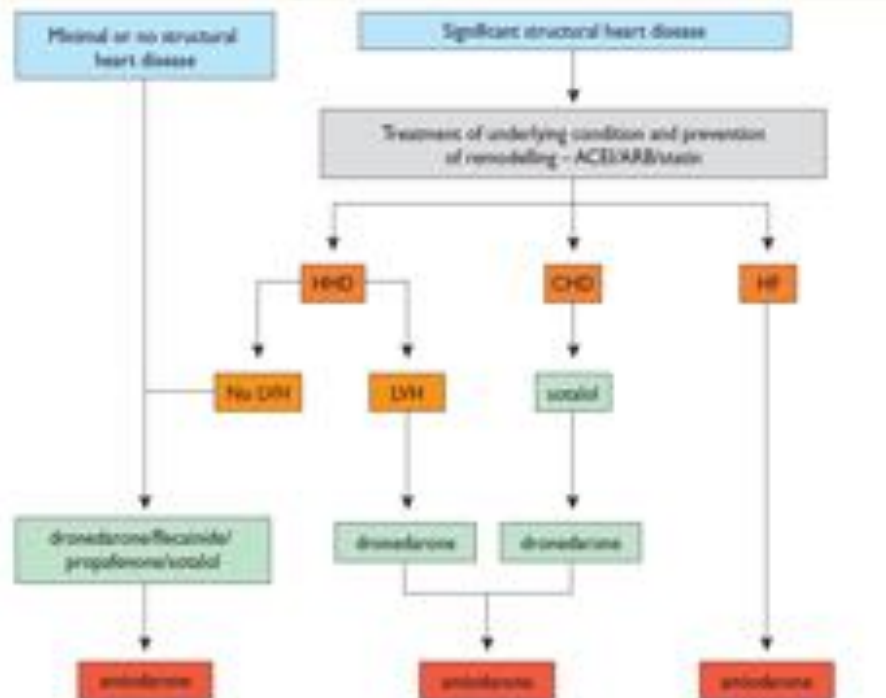


Fig 4 | Meta-analyses of all cause mortality in randomised controlled trials on safety and efficacy of digoxin

(*)Digoxin-associated mortality: asystematic review and meta-analysis of the literature.

MateVamos, Julia W. Erath, and Stefan H. Hohnloser

(**) BMJ 2105;351:h4451



ACEI = angiotensin converting enzyme inhibitor, ARB = angiotensin receptor blocker, HFrEF = heart failure with reduced ejection fraction, LVEF = left ventricular ejection fraction, HF = heart failure, (LVEF) = left ventricular ejection fraction, NYHA = New York Heart Association. Antiarrhythmic agents are listed in alphabetical order within each treatment box.

Figure 4 Choice of antiarrhythmic drug according to underlying pathology

Recommendations for oral antiarrhythmic agents

Recommendations	Class ^a	Level ^b	Ref ^c
Dronedronone is recommended in patients with recurrent AF as a moderately effective antiarrhythmic agent for the maintenance of sinus rhythm.	I	A	142, 146, 110
Short-term (4 weeks) antiarrhythmic therapy after cardioversion may be considered in selected patients e.g. those at risk for therapy-associated complications.	IIb	B	145
Dronedronone is not recommended in patients with permanent AF	III	B	5

CONCLUSIONS

In ANDROMEDA and to a lesser extent in PALLAS, patients had more advanced cardiovascular disease and more comorbidities at enrolment than was seen in ATHENA patients

In the ANDROMEDA and PALLAS trials there was an increase in the rates of heart failure events or hospitalizations, which were clearly increased by dronedarone

The increased mortality in the ANDROMEDA trial was predominantly due to worsening heart failure without showing any increase in arrhythmic death

In contrast excess mortality in the PALLAS trial was attributed primarily to arrhythmic death and digoxin was present in the majority of those dead pts

Digoxin toxicity does not adequately explain the increased prevalence of stroke and heart failure seen in the PALLAS trial

The smaller trial ERATO had an even higher prevalence of Digoxin use (43%) without any observed increased mortality in the treatment arm but with a short follow up.

CONCLUSIONS

The difference in the prevalence of Digoxin use amongst the trials is insufficient to explain the diametric response to Dronedarone...

...however the less-than-rigorous monitoring of serum levels of digoxin can lead to dangerous sequelae in clinical practice...

Thank you
for your
attention